

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 12/01/2021																
* Ele Breakfast	Total	100														
*Chic Saus Bite, Pancake Flav	1 Each	75	220	40	360	2.00	1.08	0.0	0	0.0	4	10.0	17.0	13.0	3.00	0.00
*Cereal, Asst. w/String Cheese	1 Each	25	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Yogurt, Nonfat Recipe	1 Each	75	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00
Juice, Fruit, Assorted 2018	1 Each	50	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			410	38	509	4.14	2.12	568.0	883	47.33	*35	19.28	56.23	12.28	3.58	*0.00
% of Calories											*34.4%	18.8%	54.9%	27.0%	7.9%	*0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Thu - 12/02/2021																
* Ele Breakfast	Total	100														
*Pillsbury Mini Cinnis	1 Each	75	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00
*Cereal, Asst. w/String Cheese	1 Each	25	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Juice, Fruit, Assorted 2018	1 Each	50	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			369	8	426	4.60	2.43	377.6	931	53.15	*34	13.45	62.24	8.58	2.84	*0.00
% of Calories											*36.8%	14.6%	67.4%	20.9%	6.9%	*0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Fri - 12/03/2021																
* Ele Breakfast	Total	100														
Brk Bowl Pancakes Elementary	Serving	75	287	249	410	1.89	1.96	66.1	330	0.0	8	14.38	26.61	13.69	3.29	0.00
*Cereal, Asst. w/String Cheese	1 Each	25	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Yogurt, Nonfat Recipe	1 Each	75	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Juice, Fruit, Assorted 2018	1 Each	50	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			460	195	547	4.05	2.78	617.6	1130	47.33	*38	22.56	63.44	12.80	3.80	*0.00
% of Calories											*32.9%	19.6%	55.1%	25.0%	7.4%	*0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Mon - 12/06/2021																
* Ele Breakfast	Total	100														
*Ultimate Brkfst Bar	1 Each	50	280	5	190	6.00	0.68	29.0	8	0.0	19	5.0	44.0	8.0	3.00	0.00
*Cereal, Asst. w/String Cheese	1 Each	50	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Juice, Fruit, Assorted 2018	1 Each	50	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			359	13	387	7.33	2.87	431.3	1048	48.51	*33	13.96	57.06	7.70	3.39	*0.00
% of Calories											*36.6%	15.6%	63.6%	19.3%	8.5%	*0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Tue - 12/07/2021																
* Ele Breakfast	Total	100														
*French Toast Sticks WG, Rich	1 Each	75	270	0	280	3.00	2.00	235.0	0	431.0	11	6.0	35.0	12.0	2.00	0.00
*Cereal, Asst. w/String Cheese	1 Each	25	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Syrup, Maple	1.5 oz	50	120	0	30	0.00	0.00	0.0	0	0.0	21	0.0	30.0	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Juice, Fruit, Assorted 2018	1 Each	50	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			440	8	426	4.89	2.81	519.3	883	369.90	*40	14.03	70.48	11.53	2.83	*0.00
% of Calories											*36.3%	12.8%	64.1%	23.6%	5.8%	*0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 12/08/2021																
* Ele Breakfast	Total	100														
*Sandwich, Breakfast	1 Each	75	390	84	598	3.00	3.39	54.9	3	0.0	4	22.61	35.5	17.42	7.01	0.00
*Cereal, Asst. w/String Cheese	1 Each	25	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Juice, Fruit, Assorted 2018	1 Each	50	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			470	71	649	4.88	3.85	384.2	885	46.65	*24	26.48	55.86	15.59	6.59	*0.00
% of Calories											*20.6%	22.5%	47.5%	29.9%	12.6%	*0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Thu - 12/09/2021																
* Ele Breakfast	Total	100														
*Burrito, Breakfast Egg & Ch	1 Each	75	212	70	318	3.00	1.80	150.0	300	3.6	1	11.25	21.0	9.0	4.00	0.00
*Cereal, Asst. w/String Cheese	1 Each	25	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Yogurt, Nonfat Recipe	1 Each	75	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Juice, Fruit, Assorted 2018	1 Each	50	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			404	60	478	4.88	2.66	680.5	1108	50.03	*33	20.21	59.23	9.28	4.33	*0.00
% of Calories											*32.4%	20.0%	58.7%	20.7%	9.6%	*0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Fri - 12/10/2021																
* Ele Breakfast	Total	100														
Bagel, 3 Oz.	1 Each	75	217	0	230	4.36	2.47	0.0	0	0.0	4	0.0	44.6	0.82	0.00	0.00
Cheese, Cream	1 Each	25	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00
*Peanut Butter Cup	1 Each	25	180	0	160	2.00	0.72	20.0	0	0.0	3	7.0	8.0	15.0	2.00	0.00
*Cereal, Asst. w/String Cheese	1 Each	25	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Juice, Fruit, Assorted 2018	1 Each	50	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			400	12	435	6.65	3.34	363.0	933	46.65	*25	12.28	65.18	7.90	2.33	*0.00
% of Calories											*25.4%	12.3%	65.2%	17.8%	5.2%	*0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Mon - 12/13/2021																
* Ele Breakfast	Total	100														
Pizza, Breakfast	1 EACH	75	182	19	373	2.49	1.76	181.0	49	6.25	3	11.0	22.0	5.47	2.36	0.00
*Cereal, Asst. w/String Cheese	1 Each	25	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Juice, Fruit, Assorted 2018	1 Each	50	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			314	22	481	4.50	2.63	478.8	920	51.34	*23	17.78	45.73	6.63	3.10	*0.00
% of Calories											*29.9%	22.6%	58.3%	19.0%	8.9%	*0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Tue - 12/14/2021																
* Ele Breakfast	Total	100														
Cinnamon Toast	1 Each	75	210	0	240	2.00	1.44	20.0	100	3.6	8	4.0	26.0	11.0	2.00	0.00
*Cereal, Asst. w/String Cheese	1 Each	25	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Syrup, Maple	1.5 oz	50	120	0	30	0.00	0.00	0.0	0	0.0	21	0.0	30.0	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Juice, Fruit, Assorted 2018	1 Each	50	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			395	8	396	4.14	2.39	358.0	958	49.35	*38	12.53	63.73	10.78	2.83	*0.00
% of Calories											*38.2%	12.7%	64.5%	24.6%	6.5%	*0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 12/15/2021																
* Ele Breakfast	Total	100														
*Chic Saus Bite, Pancake Flav	1 Each	75	220	40	360	2.00	1.08	0.0	0	0.0	4	10.0	17.0	13.0	3.00	0.00
*Cereal, Asst. w/String Cheese	1 Each	25	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Yogurt, Nonfat Recipe	1 Each	75	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00
Juice, Fruit, Assorted 2018	1 Each	50	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			410	38	509	4.14	2.12	568.0	883	47.33	*35	19.28	56.23	12.28	3.58	*0.00
% of Calories											*34.4%	18.8%	54.9%	27.0%	7.9%	*0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Thu - 12/16/2021																
* Ele Breakfast	Total	100														
*Pillsbury Mini Cinnis	1 Each	75	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00
*Cereal, Asst. w/String Cheese	1 Each	25	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Juice, Fruit, Assorted 2018	1 Each	50	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			369	8	426	4.60	2.43	377.6	931	53.15	*34	13.45	62.24	8.58	2.84	*0.00
% of Calories											*36.8%	14.6%	67.4%	20.9%	6.9%	*0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

Fri - 12/17/2021																
* Ele Breakfast	Total	100														
Brk Bowl Pancakes Elementary	Serving	75	287	249	410	1.89	1.96	66.1	330	0.0	8	14.38	26.61	13.69	3.29	0.00
*Cereal, Asst. w/String Cheese	1 Each	25	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Juice, Fruit, Assorted 2018	1 Each	50	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
Weighted Daily Average			393	195	508	4.05	2.78	392.6	1130	46.65	*27	20.31	49.19	12.80	3.80	*0.00
% of Calories											*27.3%	20.7%	50.1%	29.3%	8.7%	*0.0%
Nutrient Guideline			350-500		540									<=35.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			400	52	475	4.84	2.71	470.5	971	73.64	*32 *72.7%	17.35 17.4%	58.99 59.1%	10.52 23.7%	3.53 7.9%	*0.00 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	400		350 - 500	100%				
Cholesterol (mg)	52							
Sodium (mg)	475		540					
Fiber (g)	4.84							
Iron (mg)	2.71							
Calcium (mg)	470.5							
Vitamin A (IU)	971							
Sugars (g)	32	32.30%			Missing			
Vitamin C (mg)	73.64							
Protein (g)	17.35	17.37%						
Carbohydrate (g)	58.99	59.06%						
Total Fat (g)	10.52	23.70%	<=35.00%					
Saturated Fat (g)	3.53	7.94%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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