

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Tue - 09/01/2020																	
ELEM. G & G LUNCH	Total	1															
Sandwich, Turkey	Sandwich	1	275	56	832	1.81	1.86	67.7	82	0.4	*3	24.66	32.93	5.67	2.05	0.00	0.022
Carrot sticks - ele snack	3 Ounce Serving	1	35	0	59	2.38	0.26	28.1	14208	5.02	4	0.79	8.15	0.2	0.03	0.00	0.158
Brownie, Double Chocolate	1 Each	1	198	20	85	2.40	1.26	20.0	50	0.0	18	2.8	32.3	7.6	1.30	0.00	0.000
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Weighted Daily Average % of Calories			623	82	1121	6.59	3.37	424.1	14841	7.41	*43 *27.3%	36.75 23.6%	92.37 59.3%	13.89 20.1%	3.63 5.2%	0.00 0.0%	0.368
Nutrient Guideline			550-650		1230											<10.00	

Wed - 09/02/2020																	
ELEM. G & G LUNCH	Total	1															
*Wrap, Deli	1 Each	1	311	54	665	4.00	1.68	353.2	300	0.39	1	17.24	27.13	16.36	6.49	0.00	0.000
Celery Sticks	1 Each	1	15	0	75	2.00	0.18	40.0	400	2.4	2	1.0	3.0	0.0	0.00	0.00	0.000
Chip, Variety	1 Each	1	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00	0.185
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Weighted Daily Average % of Calories			623	60	1046	9.69	2.26	728.1	1434	31.26	*29 *18.4%	29.44 18.9%	83.06 53.3%	21.35 30.8%	6.99 10.1%	*0.00 *0.0%	0.507
Nutrient Guideline			550-650		1230											<10.00	

Thu - 09/03/2020																	
ELEM. G & G LUNCH	Total	1															
Sandwich, PBJ (premade)	Servings	1	300	0	280	4.00	1.44	260.0	0	0.0	14	9.0	32.0	17.0	3.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Cookie, Choc Chip IW 1 Oz	1 each	1	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00	0.178
Weighted Daily Average % of Calories			572	15	486	6.88	2.34	586.8	694	29.18	*47 *32.6%	20.18 14.1%	81.02 56.6%	21.63 34.0%	4.29 6.7%	*0.00 *0.0%	0.499
Nutrient Guideline			550-650		1230											<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Fri - 09/04/2020																	
ELEM. G & G LUNCH	Total	1															
*Sandwich-"Flying Saucer"	1 Each	1	338	97	1088	3.20	2.14	29.4	82	1.96	*1	23.71	30.49	14.47	1.99	0.00	0.027
Celery Sticks	1 Each	1	15	0	75	2.00	0.18	40.0	400	2.4	2	1.0	3.0	0.0	0.00	0.00	0.000
Applesauce, Unsweetened Cups	1 each	1	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00	0.000
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Weighted Daily Average % of Calories			525	103	1310	6.32	2.32	377.8	982	19.86	*33 *25.2%	33.21 25.3%	68.24 52.0%	14.89 25.5%	2.24 3.8%	0.00 0.0%	0.215
Nutrient Guideline			550-650		1230											<10.00	

Mon - 09/07/2020																	
ELEM. G & G LUNCH	Total	1															
*Sandwich, Turkey & Ch Hoagie	Sandwich	1	336	71	1186	2.60	1.56	235.3	382	0.4	*4	32.41	33.11	9.26	4.54	0.00	0.022
Chip, Variety	1 Each	1	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00	0.185
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Weighted Daily Average % of Calories			633	77	1491	6.29	1.96	570.1	1116	28.86	*30 *18.6%	43.62 27.5%	86.03 54.3%	14.25 20.2%	5.05 7.2%	*0.00 *0.0%	0.529
Nutrient Guideline			550-650		1230											<10.00	

Tue - 09/08/2020																	
ELEM. G & G LUNCH	Total	1															
*Salad, Popcorn Chicken	Salad	1	474	45	967	*4.61	3.90	249.2	*773	*3.62	*2	25.41	52.09	16.98	4.22	*0.00	0.583
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Weighted Daily Average % of Calories			636	50	1113	*6.49	4.07	576.1	*1467	*31.60	*25 *16.0%	34.59 21.8%	83.10 52.3%	17.61 24.9%	4.51 6.4%	*0.00 *0.0%	0.905
Nutrient Guideline			550-650		1230											<10.00	

Wed - 09/09/2020																	
ELEM. G & G LUNCH	Total	1															
Picnic in a Box!	1 Each	1	550	66	966	8.68	3.09	135.9	356	38.88	*23	27.05	82.75	13.72	3.26	0.00	0.385
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Weighted Daily Average % of Calories			665	72	1111	8.68	3.09	444.3	856	40.88	*40 *24.3%	35.55 21.4%	101.75 61.2%	14.13 19.1%	3.51 4.8%	0.00 0.0%	0.573
Nutrient Guideline			550-650		1230										<10.00		

Thu - 09/10/2020																	
ELEM. G & G LUNCH	Total	1															
*Sandwich, Deli Sub	Sandwich	1	419	114	1024	1.09	1.44	726.1	547	3.44	*2	38.65	15.8	24.23	7.64	0.00	0.067
Carrot sticks - ele snack	3 Ounce Serving	1	35	0	59	2.38	0.26	28.1	14208	5.02	4	0.79	8.15	0.2	0.03	0.00	0.158
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Weighted Daily Average % of Calories			616	119	1229	5.35	1.87	1081.0	15449	36.44	*29 *19.1%	48.61 31.5%	54.97 35.7%	25.07 36.6%	7.95 11.6%	*0.00 *0.0%	0.546
Nutrient Guideline			550-650		1230										<10.00		

Fri - 09/11/2020																	
ELEM. G & G LUNCH	Total	1															
*Cheese and Crackers - Summ	1 Each	1	305	25	745	3.00	7.65	410.0	500	0.0	5	17.0	32.0	12.0	5.00	0.00	0.000
Tomato, Grape 1.25 c	.5 Cup	1	25	0	7	0.73	1.45	0.0	7	14.55	*N/A*	0.73	4.36	0.73	0.00	0.00	0.148
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Cookie, Choc Chip IW 1 Oz	1 each	1	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00	0.178
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Weighted Daily Average % of Calories			603	40	958	6.60	10.00	736.8	1201	43.73	*38 *25.4%	28.90 19.2%	85.38 56.7%	17.36 25.9%	6.29 9.4%	*0.00 *0.0%	0.647
Nutrient Guideline			550-650		1230										<10.00		

Mon - 09/14/2020																	
ELEM. G & G LUNCH	Total	1															
*Salad, Chic.Taco - POK ELE	bowl	1	302	57	634	0.99	1.66	278.6	1085	12.71	*1	20.02	21.26	15.26	5.17	*0.00	0.465
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Crackers, Animal 1 oz.	1 Each	1	110	0	40	1.00	0.72	0.0	0	0.0	7	2.0	18.0	3.5	0.00	0.00	0.111

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Weighted Daily Average			574	63	819	3.87	2.55	605.4	1779	40.69	*31	31.20	70.28	19.39	5.46	*0.00	0.898
% of Calories											*21.9%	21.7%	48.9%	30.4%	8.6%	*0.0%	
Nutrient Guideline			550-650		1230										<10.00		

Tue - 09/15/2020																	
ELEM. G & G LUNCH	Total	1															
Sandwich, Turkey	Sandwich	1	275	56	832	1.81	1.86	67.7	82	0.4	*3	24.66	32.93	5.67	2.05	0.00	0.022
Carrot sticks - ele snack	3 Ounce Serving	1	35	0	59	2.38	0.26	28.1	14208	5.02	4	0.79	8.15	0.2	0.03	0.00	0.158
Brownie, Double Chocolate	1 Each	1	198	20	85	2.40	1.26	20.0	50	0.0	18	2.8	32.3	7.6	1.30	0.00	0.000
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Weighted Daily Average			623	82	1121	6.59	3.37	424.1	14841	7.41	*43	36.75	92.37	13.89	3.63	0.00	0.368
% of Calories											*27.3%	23.6%	59.3%	20.1%	5.2%	0.0%	
Nutrient Guideline			550-650		1230										<10.00		

Wed - 09/16/2020																	
ELEM. G & G LUNCH	Total	1															
*Wrap, Deli	1 Each	1	311	54	665	4.00	1.68	353.2	300	0.39	1	17.24	27.13	16.36	6.49	0.00	0.000
Celery Sticks	1 Each	1	15	0	75	2.00	0.18	40.0	400	2.4	2	1.0	3.0	0.0	0.00	0.00	0.000
Chip, Variety	1 Each	1	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00	0.185
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Weighted Daily Average			623	60	1046	9.69	2.26	728.1	1434	31.26	*29	29.44	83.06	21.35	6.99	*0.00	0.507
% of Calories											*18.4%	18.9%	53.3%	30.8%	10.1%	*0.0%	
Nutrient Guideline			550-650		1230										<10.00		

Thu - 09/17/2020																	
ELEM. G & G LUNCH	Total	1															
Sandwich, PBJ (premade)	Servings	1	300	0	280	4.00	1.44	260.0	0	0.0	14	9.0	32.0	17.0	3.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Cookie, Choc Chip IW 1 Oz	1 each	1	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00	0.178

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Weighted Daily Average			572	15	486	6.88	2.34	586.8	694	29.18	*47	20.18	81.02	21.63	4.29	*0.00	0.499
% of Calories											*32.6%	14.1%	56.6%	34.0%	6.7%	*0.0%	
Nutrient Guideline			550-650		1230										<10.00		

Fri - 09/18/2020																	
ELEM. G & G LUNCH	Total	1															
*Sandwich-"Flying Saucer"	1 Each	1	338	97	1088	3.20	2.14	29.4	82	1.96	*1	23.71	30.49	14.47	1.99	0.00	0.027
Celery Sticks	1 Each	1	15	0	75	2.00	0.18	40.0	400	2.4	2	1.0	3.0	0.0	0.00	0.00	0.000
Applesauce, Unsweetened Cups	1 each	1	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00	0.000
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Weighted Daily Average			525	103	1310	6.32	2.32	377.8	982	19.86	*33	33.21	68.24	14.89	2.24	0.00	0.215
% of Calories											*25.2%	25.3%	52.0%	25.5%	3.8%	0.0%	
Nutrient Guideline			550-650		1230										<10.00		

Mon - 09/21/2020																	
ELEM. G & G LUNCH	Total	1															
*Sandwich, Turkey & Ch Hoagie	Sandwich	1	336	71	1186	2.60	1.56	235.3	382	0.4	*4	32.41	33.11	9.26	4.54	0.00	0.022
Chip, Variety	1 Each	1	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00	0.185
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Weighted Daily Average			633	77	1491	6.29	1.96	570.1	1116	28.86	*30	43.62	86.03	14.25	5.05	*0.00	0.529
% of Calories											*18.6%	27.5%	54.3%	20.2%	7.2%	*0.0%	
Nutrient Guideline			550-650		1230										<10.00		

Tue - 09/22/2020																	
ELEM. G & G LUNCH	Total	1															
*Salad, Popcorn Chicken	Salad	1	474	45	967	*4.61	3.90	249.2	*773	*3.62	*2	25.41	52.09	16.98	4.22	*0.00	0.583
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Weighted Daily Average			636	50	1113	*6.49	4.07	576.1	*1467	*31.60	*25	34.59	83.10	17.61	4.51	*0.00	0.905
% of Calories											*16.0%	21.8%	52.3%	24.9%	6.4%	*0.0%	
Nutrient Guideline			550-650		1230										<10.00		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Wed - 09/23/2020																	
ELEM. G & G LUNCH	Total	1															
Picnic in a Box!	1 Each	1	550	66	966	8.68	3.09	135.9	356	38.88	*23	27.05	82.75	13.72	3.26	0.00	0.385
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Weighted Daily Average			665	72	1111	8.68	3.09	444.3	856	40.88	*40	35.55	101.75	14.13	3.51	0.00	0.573
% of Calories											*24.3%	21.4%	61.2%	19.1%	4.8%	0.0%	
Nutrient Guideline			550-650		1230											<10.00	
Thu - 09/24/2020																	
ELEM. G & G LUNCH	Total	1															
*Sandwich, Deli Sub	Sandwich	1	419	114	1024	1.09	1.44	726.1	547	3.44	*2	38.65	15.8	24.23	7.64	0.00	0.067
Carrot sticks - ele snack	3 Ounce Serving	1	35	0	59	2.38	0.26	28.1	14208	5.02	4	0.79	8.15	0.2	0.03	0.00	0.158
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Weighted Daily Average			616	119	1229	5.35	1.87	1081.0	15449	36.44	*29	48.61	54.97	25.07	7.95	*0.00	0.546
% of Calories											*19.1%	31.5%	35.7%	36.6%	11.6%	*0.0%	
Nutrient Guideline			550-650		1230											<10.00	
Fri - 09/25/2020																	
ELEM. G & G LUNCH	Total	1															
*Cheese and Crackers - Summ	1 Each	1	305	25	745	3.00	7.65	410.0	500	0.0	5	17.0	32.0	12.0	5.00	0.00	0.000
Tomato, Grape 1.25 c	.5 Cup	1	25	0	7	0.73	1.45	0.0	7	14.55	*N/A*	0.73	4.36	0.73	0.00	0.00	0.148
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Cookie, Choc Chip IW 1 Oz	1 each	1	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00	0.178
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Weighted Daily Average			603	40	958	6.60	10.00	736.8	1201	43.73	*38	28.90	85.38	17.36	6.29	*0.00	0.647
% of Calories											*25.4%	19.2%	56.7%	25.9%	9.4%	*0.0%	
Nutrient Guideline			550-650		1230											<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 09/28/2020																	
ELEM. G & G LUNCH	Total	1															
*Salad, Chic.Taco - POK ELE	bowl	1	302	57	634	0.99	1.66	278.6	1085	12.71	*1	20.02	21.26	15.26	5.17	*0.00	0.465
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk,Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Crackers, Animal 1 oz.	1 Each	1	110	0	40	1.00	0.72	0.0	0	0.0	7	2.0	18.0	3.5	0.00	0.00	0.111
Weighted Daily Average			574	63	819	3.87	2.55	605.4	1779	40.69	*31	31.20	70.28	19.39	5.46	*0.00	0.898
% of Calories											*21.9%	21.7%	48.9%	30.4%	8.6%	*0.0%	
Nutrient Guideline			550-650		1230										<10.00		

Tue - 09/29/2020																	
ELEM. G & G LUNCH	Total	1															
Sandwich, Turkey	Sandwich	1	275	56	832	1.81	1.86	67.7	82	0.4	*3	24.66	32.93	5.67	2.05	0.00	0.022
Carrot sticks - ele snack	3 Ounce Serving	1	35	0	59	2.38	0.26	28.1	14208	5.02	4	0.79	8.15	0.2	0.03	0.00	0.158
Brownie, Double Chocolate	1 Each	1	198	20	85	2.40	1.26	20.0	50	0.0	18	2.8	32.3	7.6	1.30	0.00	0.000
Milk,Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Weighted Daily Average			623	82	1121	6.59	3.37	424.1	14841	7.41	*43	36.75	92.37	13.89	3.63	0.00	0.368
% of Calories											*27.3%	23.6%	59.3%	20.1%	5.2%	0.0%	
Nutrient Guideline			550-650		1230										<10.00		

Wed - 09/30/2020																	
ELEM. G & G LUNCH	Total	1															
*Wrap, Deli	1 Each	1	311	54	665	4.00	1.68	353.2	300	0.39	1	17.24	27.13	16.36	6.49	0.00	0.000
Celery Sticks	1 Each	1	15	0	75	2.00	0.18	40.0	400	2.4	2	1.0	3.0	0.0	0.00	0.00	0.000
Chip, Variety	1 Each	1	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00	0.185
Milk,Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Weighted Daily Average			623	60	1046	9.69	2.26	728.1	1434	31.26	*29	29.44	83.06	21.35	6.99	*0.00	0.507
% of Calories											*18.4%	18.9%	53.3%	30.8%	10.1%	*0.0%	
Nutrient Guideline			550-650		1230										<10.00		

Weighted Average			609	68	1070	*6.81	3.33	609.7	*4360	*29.93	*35	34.10	81.26	17.93	5.02	*0.00	0.557
											*51.2%	22.4%	53.4%	26.5%	7.4%	*0.0%	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost	
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)										
Calories	609		550 - 650	100%														
Cholesterol (mg)	68																	
Sodium (mg)	1070		1230															
Fiber (g)	6.81				Missing													
Iron (mg)	3.33																	
Calcium (mg)	609.7																	
Vitamin A (IU)	4360				Missing													
Sugars (g)	35	22.77%			Missing													
Vitamin C (mg)	29.93				Missing													
Protein (g)	34.10	22.41%																
Carbohydrate (g)	81.26	53.41%																
Total Fat (g)	17.93	26.51%																
Saturated Fat (g)	5.02	7.42%	<10.00%															
Trans Fat ¹ (g)	0.00	0.00%			Missing													

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.