

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 12/01/2021																
MOBILE GRAB N GO BRKF	Total	100														
*Mini Breakfast Bites, Apple	4 Each	100	270	0	160	3.00	1.50	20.0	0	0.0	2	4.0	41.0	10.0	4.50	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			492	5	315	4.88	1.68	366.8	1194	87.98	*38	13.18	86.82	10.63	4.79	*0.00
% of Calories											*30.6%	10.7%	70.5%	19.4%	8.8%	*0.0%
Nutrient Guideline			450-500		540											<10.00

Thu - 12/02/2021																
MOBILE GRAB N GO BRKF	Total	1														
*Bun, Oatmeal Breakfast	1 Each	1	230	0	340	3.00	2.70	80.0	200	0.0	10	6.0	39.0	7.0	2.00	0.00
Juice, Fruit, Assorted 2018	1 Each	1	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			452	5	495	4.88	2.88	426.8	1394	87.98	*46	15.18	84.82	7.63	2.29	*0.00
% of Calories											*40.4%	13.4%	75.0%	15.2%	4.5%	*0.0%
Nutrient Guideline			450-500		540											<10.00

Fri - 12/03/2021																
MOBILE GRAB N GO BRKF	Total	1														
*Bar, Granola	1 Each	1	90	0	80	1.00	0.36	0.0	0	0.0	6	2.0	15.0	3.0	0.00	0.00
Juice, Fruit, Assorted 2018	1 Each	1	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Cereal, Golden Grms Bowlpak	1 Each	1	100	0	220	1.00	3.60	80.0	400	4.8	9	1.0	24.0	1.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			412	5	455	3.88	4.14	426.8	1594	92.78	*51	12.18	84.82	4.63	0.29	*0.00
% of Calories											*49.2%	11.8%	82.3%	10.1%	0.6%	*0.0%
Nutrient Guideline			450-500		540											<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 12/06/2021																
MOBILE GRAB N GO BRKF	Total	100														
*Cereal, Asst. w/String Cheese	1 Each	100	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk, Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			387	15	518	8.66	5.06	641.8	1837	95.43	*44	16.93	69.12	5.33	2.54	*0.00
% of Calories											*45.8%	17.5%	71.4%	12.4%	5.9%	*0.0%
Nutrient Guideline			450-500		540											<10.00

Tue - 12/07/2021																
MOBILE GRAB N GO BRKF	Total	100														
*Pillsbury Mini Cinnis	1 Each	100	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk, Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			462	5	455	3.88	1.62	386.8	1194	87.98	*51	14.18	85.82	8.63	2.29	*0.00
% of Calories											*43.9%	12.3%	74.2%	16.8%	4.5%	*0.0%
Nutrient Guideline			450-500		540											<10.00

Wed - 12/08/2021																
MOBILE GRAB N GO BRKF	Total	100														
*Breakfast Apple Bar	1 Each	100	275	19	127	2.80	1.60	32.2	32	0.9	21	3.2	49.0	7.2	1.10	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			497	24	282	4.68	1.77	379.0	1226	88.88	*57	12.38	94.82	7.83	1.39	*0.00
% of Calories											*45.6%	10.0%	76.3%	14.2%	2.5%	*0.0%
Nutrient Guideline			450-500		540											<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 12/09/2021																
MOBILE GRAB N GO BRKF	Total	1														
*Ultimate Brkfst Bar	1 Each	1	280	5	190	6.00	0.68	29.0	8	0.0	19	5.0	44.0	8.0	3.00	0.00
Juice, Fruit, Assorted 2018	1 Each	1	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			502	10	345	7.88	0.86	375.8	1202	87.98	*55	14.18	89.82	8.63	3.29	*0.00
% of Calories											*43.6%	11.3%	71.5%	15.5%	5.9%	*0.0%
Nutrient Guideline			450-500		540											<10.00

Fri - 12/10/2021																
MOBILE GRAB N GO BRKF	Total	100														
*Bun, Oatmeal Breakfast	1 Each	100	230	0	340	3.00	2.70	80.0	200	0.0	10	6.0	39.0	7.0	2.00	0.00
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk, Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			452	5	495	4.88	2.88	426.8	1394	87.98	*46	15.18	84.82	7.63	2.29	*0.00
% of Calories											*40.4%	13.4%	75.0%	15.2%	4.5%	*0.0%
Nutrient Guideline			450-500		540											<10.00

Mon - 12/13/2021																
MOBILE GRAB N GO BRKF	Total	1														
*Bagel, Cinnamon Raisin	1 Each	1	230	0	280	3.00	2.70	20.0	0	0.0	0	8.0	47.0	1.0	0.00	0.00
Cheese, Cream	1 Each	1	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00
Juice, Fruit, Assorted 2018	1 Each	1	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			512	20	520	5.88	2.88	426.8	1394	87.98	*38	21.18	94.82	5.63	2.29	*0.00
% of Calories											*29.4%	16.5%	74.0%	9.9%	4.0%	*0.0%
Nutrient Guideline			450-500		540											<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 12/14/2021																
MOBILE GRAB N GO BRKF	Total	100														
Muffin, Apple Cinnamon WG	1 Each	100	250	25	270	2.00	*N/A*	20.0	0	0.0	17	4.0	44.0	7.0	0.50	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			472	30	425	3.88	*0.18	366.8	1194	87.98	*53	13.18	89.82	7.63	0.79	*0.00
% of Calories											*44.6%	11.2%	76.1%	14.5%	1.5%	*0.0%
Nutrient Guideline			450-500		540											<10.00

Wed - 12/15/2021																
MOBILE GRAB N GO BRKF	Total	100														
*Mini Breakfast Bites, Apple	4 Each	100	270	0	160	3.00	1.50	20.0	0	0.0	2	4.0	41.0	10.0	4.50	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Milk, Variety	8 oz	100	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			492	5	315	4.88	1.68	366.8	1194	87.98	*38	13.18	86.82	10.63	4.79	*0.00
% of Calories											*30.6%	10.7%	70.5%	19.4%	8.8%	*0.0%
Nutrient Guideline			450-500		540											<10.00

Thu - 12/16/2021																
MOBILE GRAB N GO BRKF	Total	1														
*Bun, Oatmeal Breakfast	1 Each	1	230	0	340	3.00	2.70	80.0	200	0.0	10	6.0	39.0	7.0	2.00	0.00
Juice, Fruit, Assorted 2018	1 Each	1	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			452	5	495	4.88	2.88	426.8	1394	87.98	*46	15.18	84.82	7.63	2.29	*0.00
% of Calories											*40.4%	13.4%	75.0%	15.2%	4.5%	*0.0%
Nutrient Guideline			450-500		540											<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 12/17/2021																
MOBILE GRAB N GO BRKF	Total	1														
*Bar, Granola	1 Each	1	90	0	80	1.00	0.36	0.0	0	0.0	6	2.0	15.0	3.0	0.00	0.00
Juice, Fruit, Assorted 2018	1 Each	1	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00
Cereal, Golden Grms Bowlpak	1 Each	1	100	0	220	1.00	3.60	80.0	400	4.8	9	1.0	24.0	1.0	0.00	0.00
Fruit, Fresh (.5 c serv)	.5 Cups	1	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
Milk, Variety	8 oz	1	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00
Weighted Daily Average			412	5	455	3.88	4.14	426.8	1594	92.78	*51	12.18	84.82	4.63	0.29	*0.00
% of Calories											*49.2%	11.8%	82.3%	10.1%	0.6%	*0.0%
Nutrient Guideline			450-500		540										<10.00	

Weighted Average			462	11	428	5.15	*2.51	418.9	1370	89.36	*47	14.48	86.30	7.47	2.28	*0.00
											*91.6%	12.5%	74.8%	14.6%	4.4%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	462		450 - 500	100%				
Cholesterol (mg)	11							
Sodium (mg)	428		540					
Fiber (g)	5.15							
Iron (mg)	2.51				Missing			
Calcium (mg)	418.9							
Vitamin A (IU)	1370							
Sugars (g)	47	40.72%			Missing			
Vitamin C (mg)	89.36							
Protein (g)	14.48	12.55%						
Carbohydrate (g)	86.30	74.79%						
Total Fat (g)	7.47	14.56%						
Saturated Fat (g)	2.28	4.44%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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