

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Tue - 09/01/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Pillsbury Mini Cinnis	1 Each	100			300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	240	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Fruit, Fresh (.5 c serv)*	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			452	6	445	3.88	1.62	403.5	1194	88.38	*46	15.18	79.82	9.46	2.79	*0.00	0.333
% of Calories											*40.7%	13.4%	70.6%	18.8%	5.5%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Wed - 09/02/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Muffin Top, Chocolate Chip*	1 Each	100	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
*Apple Slices*	1 Each	100	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			450	35	257	5.10	1.56	409.0	1920	99.80	51	13.40	80.80	7.25	1.65	0.00	0.200
% of Calories											45.3%	11.9%	71.8%	14.5%	3.3%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Thu - 09/03/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Bun, Oatmeal Breakfast	1 Each	100	230	0	340	3.00	2.70	80.0	200	0.0	10	6.0	39.0	7.0	2.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Fruit, Fresh (.5 c serv)*	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			442	6	485	4.88	2.88	443.5	1394	88.38	*41	16.18	78.82	8.46	2.79	*0.00	0.333
% of Calories											*37.1%	14.6%	71.3%	17.2%	5.7%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Fri - 09/04/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Tony Roberts 2.24 Oz.*	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
*Cheese, Cream*	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Fruit, Fresh (.5 c serv)*	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			435	21	402	5.88	1.98	433.5	1394	88.38	*36	20.08	75.32	6.07	2.85	*0.00	0.333
% of Calories											*33.1%	18.4%	69.2%	12.6%	5.9%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Mon - 09/07/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Cereal, Asst. w/String Cheese	1 Each	100	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Applesauce, Unsweetened Cups*	1 each	100	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00	0.000
Weighted Daily Average			387	16	510	7.91	4.89	640.0	1643	83.34	46	17.25	66.85	5.95	3.00	0.00	0.200
% of Calories											47.5%	17.8%	69.0%	13.8%	7.0%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Tue - 09/08/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Pillsbury Mini Cinnis	1 Each	100			300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Fruit, Fresh (.5 c serv)*	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			452	6	445	3.88	1.62	403.5	1194	88.38	*46	15.18	79.82	9.46	2.79	*0.00	0.333
% of Calories											*40.7%	13.4%	70.6%	18.8%	5.5%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Wed - 09/09/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Muffin, Apple Cinnamon WG*	1 Each	100	250	25	270	2.00	*N/A*	20.0	0	0.0	17	4.0	44.0	7.0	0.50	0.00	0.000
*Apple Slices*	1 Each	100	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			465	31	419	4.00	*0.36	425.0	1100	98.40	51	13.50	83.80	8.25	1.25	0.00	0.200
% of Calories											43.9%	11.6%	72.1%	16.0%	2.4%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Thu - 09/10/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Cereal, Asst. w/String Cheese	1 Each	100	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Banana*	1 Each	100	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00	0.002
Weighted Daily Average			420	16	508	9.41	5.15	645.0	1708	78.63	46	18.35	74.17	6.28	3.11	0.00	0.202
% of Calories											43.8%	17.5%	70.6%	13.5%	6.7%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Fri - 09/11/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Tony Roberts 2.24 Oz.*	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
*Cheese, Cream*	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Fruit, Fresh (.5 c serv)*	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			435	21	402	5.88	1.98	433.5	1394	88.38	*36	20.08	75.32	6.07	2.85	*0.00	0.333
% of Calories											*33.1%	18.4%	69.2%	12.6%	5.9%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Mon - 09/14/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Cereal, Asst. w/String Cheese	1 Each	100	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Applesauce, Unsweetened CUPS*	1 each	100	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00	0.000
Weighted Daily Average			387	16	510	7.91	4.89	640.0	1643	83.34	46	17.25	66.85	5.95	3.00	0.00	0.200
% of Calories											47.5%	17.8%	69.0%	13.8%	7.0%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Tue - 09/15/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Pillsbury Mini Cinnis	1 Each	100		0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Fruit, Fresh (.5 c serv)*	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			452	6	445	3.88	1.62	403.5	1194	88.38	*46	15.18	79.82	9.46	2.79	*0.00	0.333
% of Calories											*40.7%	13.4%	70.6%	18.8%	5.5%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Wed - 09/16/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Muffin, Choc. Chip	1 Each	100	118	18	74	1.70	0.70	3.7	30	0.5	8	2.4	19.8	3.2	0.00	0.00	0.000
*Apple Slices*	1 Each	100	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			333	24	223	3.70	1.06	408.7	1130	98.90	42	11.90	59.60	4.45	0.75	0.00	0.200
% of Calories											49.9%	14.3%	71.6%	12.0%	2.0%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Thu - 09/17/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Bun, Oatmeal Breakfast	1 Each	100	230	0	340	3.00	2.70	80.0	200	0.0	10	6.0	39.0	7.0	2.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Banana*	1 Each	100	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00	0.002
Weighted Daily Average			485	6	485	5.63	2.96	430.0	1265	71.19	47	16.60	89.87	8.58	2.86	0.00	0.202
% of Calories											39.1%	13.7%	74.1%	15.9%	5.3%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Fri - 09/18/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Tony Roberts 2.24 Oz.*	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
*Cheese, Cream*	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Fruit, Fresh (.5 c serv)*	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			435	21	402	5.88	1.98	433.5	1394	88.38	*36	20.08	75.32	6.07	2.85	*0.00	0.333
% of Calories											*33.1%	18.4%	69.2%	12.6%	5.9%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Mon - 09/21/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Cereal, Asst. w/String Cheese	1 Each	100	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Applesauce, Unsweetened Cu ps*	1 each	100	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00	0.000
Weighted Daily Average			387	16	510	7.91	4.89	640.0	1643	83.34	46	17.25	66.85	5.95	3.00	0.00	0.200
% of Calories											47.5%	17.8%	69.0%	13.8%	7.0%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
<b>Tue - 09/22/2020</b>																	
Elem. Grab & Go Breakfast	Total	100															
*Pillsbury Mini Cinnis	1 Each	100			300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	240	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Fruit, Fresh (.5 c serv)*	.5 Cups	100	60	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, Non Fat*	8 oz	50	47	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	90	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			452	6	445	3.88	1.62	403.5	1194	88.38	*46	15.18	79.82	9.46	2.79	*0.00	0.333
% of Calories											*40.7%	13.4%	70.6%	18.8%	5.5%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

<b>Wed - 09/23/2020</b>																	
Elem. Grab & Go Breakfast	Total	100															
*Muffin, Apple Cinnamon WG*	1 Each	100	250	25	270	2.00	*N/A*	20.0	0	0.0	17	4.0	44.0	7.0	0.50	0.00	0.000
*Apple Slices*	1 Each	100	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			465	31	419	4.00	*0.36	425.0	1100	98.40	51	13.50	83.80	8.25	1.25	0.00	0.200
% of Calories											43.9%	11.6%	72.1%	16.0%	2.4%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

<b>Thu - 09/24/2020</b>																	
Elem. Grab & Go Breakfast	Total	100															
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Cereal, Asst. w/String Cheese	1 Each	100	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Banana*	1 Each	100	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00	0.002
Weighted Daily Average			420	16	508	9.41	5.15	645.0	1708	78.63	46	18.35	74.17	6.28	3.11	0.00	0.202
% of Calories											43.8%	17.5%	70.6%	13.5%	6.7%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Fri - 09/25/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Tony Roberts 2.24 Oz.*	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
*Cheese, Cream*	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Fruit, Fresh (.5 c serv)*	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			435	21	402	5.88	1.98	433.5	1394	88.38	*36	20.08	75.32	6.07	2.85	*0.00	0.333
% of Calories											*33.1%	18.4%	69.2%	12.6%	5.9%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Mon - 09/28/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Cereal, Asst. w/String Cheese	1 Each	100	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Applesauce, Unsweetened Cups*	1 each	100	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00	0.000
Weighted Daily Average			387	16	510	7.91	4.89	640.0	1643	83.34	46	17.25	66.85	5.95	3.00	0.00	0.200
% of Calories											47.5%	17.8%	69.0%	13.8%	7.0%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Tue - 09/29/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Pillsbury Mini Cinnis	1 Each	100	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Fruit, Fresh (.5 c serv)*	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			452	6	445	3.88	1.62	403.5	1194	88.38	*46	15.18	79.82	9.46	2.79	*0.00	0.333
% of Calories											*40.7%	13.4%	70.6%	18.8%	5.5%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Wed - 09/30/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Muffin Top, Chocolate Chip*	1 Each	100	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
*Apple Slices*	1 Each	100	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			450	35	257	5.10	1.56	409.0	1920	99.80	51	13.40	80.80	7.25	1.65	0.00	0.200
% of Calories											45.3%	11.9%	71.8%	14.5%	3.3%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Weighted Average			431	17	429	5.72	*2.57	479.6	1426	88.22	*45 *93.4%	16.38 15.2%	76.07 70.6%	7.29 15.2%	2.53 5.3%	*0.00 *0.0%	0.261
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	431		350 - 500	100%				
Cholesterol (mg)	17							
Sodium (mg)	429		540					
Fiber (g)	5.72							
Iron (mg)	2.57				Missing			
Calcium (mg)	479.6							
Vitamin A (IU)	1426							
Sugars (g)	45	41.52%			Missing			
Vitamin C (mg)	88.22							
Protein (g)	16.38	15.20%						
Carbohydrate (g)	76.07	70.59%						
Total Fat (g)	7.29	15.23%	<=35.00%					
Saturated Fat (g)	2.53	5.29%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.00	0.00%			Missing			

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