

December Breakfast



SERVED WITH CHOICE
of

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Granola Bar ^+ 1oz G Yogurt @ 4 oz M Seasonal Fresh Fruit 1/2 cup F Milk @	2 Pillsbury Cinnis @^+ 2 oz G Seasonal Fresh Fruit 1/2 cup F Milk@	3 Ch Chip Breakfast Bar ^+%@ 2 oz G Seasonal Fresh Fruit 1/2 cup F Milk @
6 Bagel ^+2 oz G Cream Cheese @ .5oz M Seasonal Fresh Fruit 1/2 cup F Milk @	7 Cereal w/String Cheese ^+@ 1 oz G 1 oz M Seasonal Fresh Fruit 1/2 cup F Milk @	8 Apple Cinnamon Mini Muffin ^+ 2oz G Yogurt @ 4 oz M Seasonal Fresh Fruit 1/2 cup F Milk @	9 Muffin Top ^+ 2oz G Seasonal Fresh Fruit 1/2 cup F Milk @	10 Granola Bar ^+ 1oz G Yogurt @ 4 oz M Seasonal Fresh Fruit 1/2 cup F Milk @
13 Ch Chip Breakfast Bar 2 oz G Seasonal Fresh Fruit 1/2 cup F Milk @	14 Cereal w/String Cheese ^+@ 1 oz G 1 oz M Seasonal Fresh Fruit 1/2 cup F Milk @	15 Cinnamon Bagel ^+3 oz G Seasonal Fresh Fruit 1/2 cup F Milk@	16 Breakfast Bun ^+\$\$%@ 2.5 oz G Seasonal Fresh Fruit 1/2 cup F Milk@	17 Cinnamon Bagel ^+ 3 oz G Seasonal Fresh Fruit 1/2 cup F Milk@

MILK

ALL GRAINS ARE WHOLE
GRAIN RICH

- Peanuts!!**
- Pork*
 - Whey=
 - Corn>
 - Milk@
 - Eggs%
 - Beef#
 - Soy\$
 - Wheat+
 - Gluten^
 - Fish~