

CVUSD Board Policy

BP 5131.63

Students

Steroids

The Governing Board recognizes that the use of steroids and other performance-enhancing supplements presents a serious health and safety hazard. As part of the district's drug prevention and intervention efforts, the Superintendent or designee and staff shall make every reasonable effort to prevent students from using steroids or other performance-enhancing supplements.

Students in grades 7-12 shall receive a lesson on the effects of steroids as part of their health, physical education, or drug education program.

(cf. 5131.6 - Alcohol and Other Drugs)

(cf. 6142.8 - Comprehensive Health Education)

***Note: SB 37 (Ch. 673, Statutes of 2005) added Education Code 49030 which prohibits students participating in interscholastic high school athletics from using (1) steroids and dietary supplements banned by the U.S. Anti-Doping Agency and (2) synephrine. By March 30, 2006, the California Department of Health Services must provide a copy of the U.S. Anti-Doping Agency Guide to the California Department of Education (CDE) which will then notify districts when the guide has been posted on CDE's web site. The prohibition against use of products listed in the guide becomes effective 60 days after the CDE has posted the guide. In subsequent years, the Department of Health Services will annually notify the CDE by March 30 of any amendments to the guide. Amendments will become effective 60 days after the CDE has posted the revised guide on its web site and has notified districts of the revision. ***

***Note: California Interscholastic Federation (CIF) Bylaw 524 mandates, as a condition of membership, that all participating districts adopt policies prohibiting the use of steroids consistent with the requirements of Education Code 49030. ***

Students participating in interscholastic athletics are prohibited from using steroids and dietary supplements banned by the U.S. Anti-Doping Agency as well as the substance synephrine. (Education Code 49030)

(cf. 5131.61 - Drug Testing)

(cf. 6145.2 - Athletic Competition)

***Note: As added by SB 37 (Ch. 673, Statutes of 2005), Education Code 49033 requires the CIF to adopt a bylaw, effective July 1, 2006, requiring any student participating in athletics and his/her parent/guardian to sign a statement that the student will not use steroids and dietary supplements banned by the U.S. Anti-Doping Agency as well as the substance synephrine, unless the student has a written prescription from a licensed health care practitioner to treat a medical

condition. In 2005, the CIF adopted a bylaw requiring a similar pledge. However, SB 37 requires specific language in the pledge and CIF Bylaw 524 was modified accordingly. See the accompanying Exhibit for a sample pledge.***

Before participating in interscholastic athletics, a student athlete and his/her parent/guardian shall sign a statement that the student athlete pledges not to use androgenic/anabolic steroids and dietary supplements banned by the U.S. Anti-Doping Agency and the substance synephrine, unless the student has a written prescription from a licensed health care practitioner to treat a medical condition.

A student who is found to have violated the agreement or this policy shall be restricted from participating in athletics and shall be subject to disciplinary procedures including, but not limited to, suspension or expulsion in accordance with law, Board policy, and administrative regulation.

(cf. 5144 - Discipline)
(cf. 5144.1 - Suspension and Expulsion/Due Process)
(cf. 6145 - Extracurricular and Cocurricular Activities)

Note: Education Code 49032, as added by SB 37 (Ch. 673, Statutes of 2005), specifies that each high school coach must complete, by December 31, 2008, a coaching education program which includes training on the harmful effects of steroids. Paid and volunteer coaches who are authorized by a high school to be responsible for leading a school sports team are required to complete the education program. See BP/AR 4127/4227/4327 -Temporary Athletic Team Coaches.

Coaches shall educate students about the district's prohibition and the dangers of using steroids and other performance-enhancing supplements.

(cf. 4127/4227/4327 - Temporary Athletic Team Coaches)

Note: Pursuant to Education Code 49031, as added by SB 37 (Ch. 673, Statutes of 2005), districts are prohibited from accepting a sponsorship from any manufacturer or distributor whose name appears on the label of a dietary supplement banned by the U.S. Anti-Doping Agency. This prohibition is consistent with CIF Bylaw 22.B.12 which allows coaches and other school employees to provide only non-muscle-building nutritional supplements to students. See the accompanying administrative regulation.

The Superintendent or designee shall ensure that district schools do not accept sponsorships or donations from supplement manufacturers that offer muscle-building supplements to students.

(cf. 1325 - Advertising and Promotion)

Legal Reference:

EDUCATION CODE

49030-49034 Performance-enhancing supplements

51260-51269 Drug education, especially:

51262 Use of anabolic steroids; legislative finding and declaration

CIVIL CODE

1812.97 Warning statement; posting in athletic facilities

HEALTH AND SAFETY CODE

110423.2 Dietary supplements

Management Resources:

CALIFORNIA INTERSCHOLASTIC FEDERATION BYLAWS

California Interscholastic Federation Constitution and Bylaws 2005-06

WEB SITES

CSBA: <http://www.csba.org>

California Department of Education: <http://www.cde.ca.gov>

California Interscholastic Federation: <http://www.cifstate.org>

National Center for Drug Free Sport: <http://www.drugfreesport.com>

National Institute on Drug Abuse: <http://www.nida.nih.gov>

U.S. Anti-Doping Agency: <http://www.usantidoping.org>

CSBA: (10/96 7/05) 3/06

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