

**RESOLUTION #21/22-30**  
**IN SUPPORT OF**  
**MENTAL HEALTH AWARENESS MONTH**

**WHEREAS**, Mental Health Awareness Month is a time to raise awareness of those living with mental health issues and to help reduce the stigma associated with mental illness; and

**WHEREAS**, after the last two years of living with the pandemic, many people are experiencing stress, isolation, and uncertainty, and it is taking a toll on their well-being; and

**WHEREAS**, mental illnesses are real and prevalent in our District and our Nation; and

**WHEREAS**, with early identification and effective treatment, those individuals with mental illnesses can recover and lead full, productive lives; and

**WHEREAS**, prevention is an effective way to reduce the burden of mental illnesses; and

**WHEREAS**, improving mental health outcomes, and the need for comprehensive, coordinated mental health services for children, youth, and families are priorities for Conejo Valley Unified School District; and

**WHEREAS**, each school, government agency, healthcare provider, organization, and resident in our community share the responsibility of strengthening mental health services and developing and implementing an integrated plan to support student mental health; and

**NOW, THEREFORE, BE IT RESOLVED** that the Governing Board of Conejo Valley Unified School District does hereby recognize May 2022 as National Mental Health Awareness Month and encourages students, staff, and parents to increase their awareness and understanding of mental health, the steps our students, staff, and families can take to protect their mental health, and the need for appropriate and accessible services for all people with mental illnesses.

  
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Rocky Capobianco, Clerk, Board of Education

  
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Mark W. McLaughlin, Ed.D., Superintendent  
and Secretary to the Board