FLU SHOTS

October 2019

Good Afternoon,

Please be aware that flu vaccines are offered at many locations, including your doctor's offices, clinics, health departments, pharmacies, and urgent care locations.

Below are links to some locations that provide flu shots at little or no cost (click on the link to go to their website).

- ✓ Exer More Than Urgent Care Exer offers **flu shots to all CVUSD employees** with proof of employment, bring your badge. Please call first to ensure availability. Nearest location: 701 N Wendy Drive, Newbury Park CA 91320.
- ✓ <u>Conejo Free Clinic</u> A donation in the range of \$10 to \$25 is appreciated but <u>not required</u>. Serving individuals and families in need. Please call first to ensure availability.
- ✓ <u>Kaiser</u>– Free walk-in clinics for Kaiser members. See attached document with flu shot clinic information.
- ✓ <u>Anthem</u>— This is the link to the Anthem portal. You will need to set up login information to access benefit information. See attached document with Anthem Blue Cross flu shot information.

Other Options:

Ventura County Health Care Agency

CVS Pharmacy

Walgreens

Costco

For more information on the flu vaccine, see <u>the Centers for Disease Control and Prevention</u> website.