

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Tue - 05/01/2018																	
Lunch, Sycamore	Total	100															
*Sandwich, Spicy Chic (SEC)*	Sandwich	40	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00	0.350
*Burrito, Variety*	Servings	40	378	17	550	4.58	3.09	90.7	0	0.0	1	17.17	46.9	13.19	4.88	0.00	0.673
*GRAB N GO LUNCH*	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (.5 c serv)*	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Condiment Variety@\$\$^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average			708	44	1056	9.47	*4.91	*517.0	*6085	*35.90	*36	34.85	97.88	20.69	5.48	*0.00	1.037
% of Calories											*20.1%	19.7%	55.3%	26.3%	7.0%	*0.0%	
Nutrient Guideline			600-700		1360											<10.00	

Wed - 05/02/2018																	
Lunch, Sycamore	Total	100															
*Chicken, Sriracha Honey*	1 Each	60	331	56	1065	2.67	1.20	0.0	270	0.0	13	25.33	33.5	10.67	1.33	0.00	0.000
*Cheese Bites*	Ounce	60	70	5	135	1.00	0.36	60.0	100	0.0	0	4.0	7.0	3.0	1.00	0.00	0.000
*Pizza, French bread Variety*	Servings	20	307	29	588	3.38	0.31	371.3	432	9.36	2	17.12	31.66	13.95	6.38	0.00	0.807
*GRAB N GO LUNCH*	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (.5 c serv)*	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			679	68	1386	8.26	*3.23	*555.8	*6197	*32.42	*41	40.46	90.13	19.01	4.98	*0.00	0.784
% of Calories											*24.3%	23.8%	53.1%	25.2%	6.6%	*0.0%	
Nutrient Guideline			600-700		1360											<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Thu - 05/03/2018																	
Lunch, Sycamore	Total	100															
*Cheeseburger With The Works	Cheeseburger	40	331	38	531	3.97	3.40	165.3	554	14.17	*4	21.07	33.85	13.03	4.90	*0.00	0.131
*Chicken Fritter WG*	1 Each	40	291	40	791	1.61	2.32	16.1	0	0.0	2	12.91	22.6	17.76	4.04	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Apple Slices*	1 Each	50	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Potato, Tater Tots*	1 Each	75	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
*Milk, Variety*	8 oz	75	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Condiment Variety@\$\$%^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average % of Calories			705	56	1318	9.18	*4.68	*457.6	*5957	*43.48	*32 *18.2%	32.07 18.2%	89.86 51.0%	25.26 32.3%	6.43 8.2%	*0.00 *0.0%	0.568
Nutrient Guideline			600-700		1360										<10.00		

Fri - 05/04/2018																	
Lunch, Sycamore	Total	100															
*Nachos w/meat&Chips(SEC)*	servings	70	482	24	769	6.92	*1.36	*63.4	*50	*0.6	2	14.78	52.9	21.6	2.75	0.54	0.371
*Burrito, Ultra Bean & Cheese*	1 Each	20	363	16	528	4.40	2.97	110.0	0	0.0	1	16.5	46.2	12.1	4.40	0.00	0.648
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit Basket POK	1 each	50	79	0	1	3.14	0.25	17.0	131	35.07	*12	0.91	20.3	0.27	0.05	*0.00	0.154
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			712	37	1047	10.12	*3.21	*463.5	*4573	*28.71	*33 *18.6%	28.64 16.1%	96.95 54.4%	23.04 29.1%	4.33 5.5%	*0.38 *0.5%	0.918
Nutrient Guideline			600-700		1360										<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Mon - 05/07/2018																	
Lunch, Sycamore	Total	100															
*Pizza, Cheese 8 cut WG*	Slice	40	340	35	670	4.00	1.80	350.0	400	0.0	*N/A*	18.0	36.0	15.0	7.00	0.00	0.015
*Sandwich, Spicy Chic (SEC)*	Sandwich	40	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00	0.350
*GRAB N GO LUNCH*	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (.5 c serv)*	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Condiment Variety@\$\$%^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average			698	52	1120	9.24	*4.42	*620.7	*6251	*35.90	*35	35.18	94.04	21.69	6.33	*0.00	0.776
% of Calories											*20.3%	20.2%	53.9%	28.0%	8.2%	*0.0%	
Nutrient Guideline			600-700		1360										<10.00		

Tue - 05/08/2018																	
Lunch, Sycamore	Total	100															
*Chicken, Mandarin Orange*	1 Each	60	163	44	305	0.00	0.78	0.0	0	1.31	11	11.98	20.69	3.27	0.54	0.00	0.000
*Rice,Brown(M.S&Ele)*	2/3 cup	60	167	0	18	2.78	0.67	22.6	0	0.0	*0	3.89	34.55	1.36	0.27	*0.00	0.000
*Sandwich, Grilled Cheese CC*	Sandwich	30	285	23	845	4.00	2.16	380.0	450	0.0	*7	16.5	39.0	8.0	3.75	0.00	0.255
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Fruit, Fresh (.5 c serv)*	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Cookie, Choc Chip, 1.3 Oz IW*	1 Each	75	140	0	100	2.00	1.08	20.0	0	0.0	12	2.0	26.0	4.0	1.50	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			675	50	926	8.13	*3.95	*540.4	*4705	*24.53	*46	30.85	110.88	13.65	4.27	*0.00	0.595
% of Calories											*27.3%	18.3%	65.7%	18.2%	5.7%	*0.0%	
Nutrient Guideline			600-700		1360										<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Wed - 05/09/2018																	
Lunch, Sycamore	Total	100															
*Chicken, Nuggets (SEC)*	7 Ea	60	286	52	505	0.00	1.71	19.0	95	0.0	0	14.29	16.19	19.05	4.29	0.00	0.000
*Potato, Tater Tots*	1 Each	60	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
*Cheeseburger With The Works	Cheeseburger	20	331	38	531	3.97	3.40	165.3	554	14.17	*4	21.07	33.85	13.03	4.90	*0.00	0.131
*GRAB N GO LUNCH*	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (.5 c serv)*	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Condiment Variety @\$%^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average			702	66	1175	7.38	*3.99	*490.0	*6069	*35.54	*34	33.42	86.61	26.22	6.46	*0.00	0.654
% of Calories											*19.4%	19.0%	49.3%	33.6%	8.3%	*0.0%	
Nutrient Guideline			600-700		1360										<10.00		

Thu - 05/10/2018																	
Lunch, Sycamore	Total	100															
*Sandwich, Hot Ham & Cheese*	Sandwich	40	300	68	867	1.92	1.45	188.4	147	8.65	3	24.69	28.37	11.6	5.34	0.00	0.000
*Enchilada, 3 Cheese*	1 Each	40	131	17	201	0.89	0.20	213.6	235	0.0	1	7.61	11.73	6.5	4.16	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Fruit, Fresh (.5 c serv)*	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Potato, Tater Tots*	1 Each	75	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			647	60	1208	8.01	*2.89	*606.3	*6041	*36.71	*34	33.86	87.54	19.76	6.86	*0.00	0.622
% of Calories											*21.2%	20.9%	54.1%	27.5%	9.5%	*0.0%	
Nutrient Guideline			600-700		1360										<10.00		

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Fri - 05/11/2018																	
Lunch, Sycamore	Total	100															
*Pizza, French Brd Pepperoni*	1 Each	60	293	33	559	2.15	1.08	341.7	86	10.27	4	19.6	29.87	9.43	4.85	0.00	0.000
*Burrito, Ultra Bean & Cheese*	1 Each	20	363	16	528	4.40	2.97	110.0	0	0.0	1	16.5	46.2	12.1	4.40	0.00	0.648
*GRAB N GO LUNCH*	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Cookie, Choc Chip Dough 1 O	1 Each	75	110	0	60	1.00	0.72	0.0	0	0.0	9	1.0	18.0	4.0	1.00	0.00	0.000
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (.5 c serv)*	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			708	49	1034	8.30	*4.01	*672.5	*5940	*36.71	*42	35.25	100.16	19.10	6.85	*0.00	0.752
% of Calories											*23.7%	19.9%	56.6%	24.3%	8.7%	*0.0%	
Nutrient Guideline			600-700		1360										<10.00		

Mon - 05/14/2018																	
Lunch, Sycamore	Total	100															
*Quesadilla, Chi & Cheese*	1 Each	70	450	84	791	6.97	*2.16	*311.7	*850	*0.0	2	27.84	42.27	18.58	8.00	0.00	0.000
*Pizza, Cheese 8 cut WG*	Slice	20	340	35	670	4.00	1.80	350.0	400	0.0	*N/A*	18.0	36.0	15.0	7.00	0.00	0.015
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit Basket POK	1 each	50	79	0	1	3.14	0.25	17.0	131	35.07	*12	0.91	20.3	0.27	0.05	*0.00	0.154
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			686	83	1092	10.07	*3.53	*685.3	*5213	*28.29	*33	38.08	87.47	21.51	8.53	*0.00	0.531
% of Calories											*19.2%	22.2%	51.0%	28.2%	11.2%	*0.0%	
Nutrient Guideline			600-700		1360										<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Tue - 05/15/2018																	
Lunch, Sycamore	Total	100															
*Sandwich, Chicken Variety	Sandwich	50	357	54	576	4.22	3.85	71.1	517	14.44	*4	21.51	45.0	10.7	2.71	*0.00	0.796
*Ravioli w/ Red Sauce SEC.*	Portion	40	370	55	1090	6.27	*3.58	*228.8	*1809	*30.57	11	22.55	48.62	9.67	4.32	0.00	0.980
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (.5 c serv)*	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Cookie, Dough Cho Chp 1.5oz	1 Each	75	160	10	90	1.00	1.08	0.0	0	1.2	15	2.0	27.0	6.0	1.50	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Condiment Variety@\$\$^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average % of Calories			742	75	1227	9.13	*5.84	*524.9	*5565	*44.10	*46 *24.9%	36.15 19.5%	109.77 59.2%	19.75 23.9%	5.73 6.9%	*0.00 *0.0%	1.313
Nutrient Guideline			600-700		1360										<10.00		

Wed - 05/16/2018																	
Lunch, Sycamore	Total	100															
*Chicken, Sriracha Honey*	1 Each	65	331	56	1065	2.67	1.20	0.0	270	0.0	13	25.33	33.5	10.67	1.33	0.00	0.000
*Sandwich, Hot Ham & Cheese*	Sandwich	25	300	68	867	1.92	1.45	188.4	147	8.65	3	24.69	28.37	11.6	5.34	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (.5 c serv)*	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Cheese Bites*	Ounce	75	70	5	135	1.00	0.36	60.0	100	0.0	0	4.0	7.0	3.0	1.00	0.00	0.000
*Milk, 1%*	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	25	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			629	77	1414	6.73	*3.04	*515.0	*4857	*26.21	*35 *22.1%	41.52 26.4%	76.66 48.7%	18.80 26.9%	5.23 7.5%	*0.00 *0.0%	0.532
Nutrient Guideline			600-700		1360										<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Thu - 05/17/2018																	
Lunch, Sycamore	Total	100															
*Cheeseburger With The Works	Cheeseburger	40	331	38	531	3.97	3.40	165.3	554	14.17	*4	21.07	33.85	13.03	4.90	*0.00	0.131
*Chicken Fritter WG*	1 Each	40	291	40	791	1.61	2.32	16.1	0	0.0	2	12.91	22.6	17.76	4.04	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Fruit, Fresh (.5 c serv)*	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Potato, Tater Tots*	1 Each	75	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Condiment Variety@%+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average			737	59	1357	9.12	*4.59	*518.1	*6129	*38.92	*36	34.53	95.62	25.68	6.63	*0.00	0.682
% of Calories											*19.5%	18.7%	51.9%	31.4%	8.1%	*0.0%	
Nutrient Guideline			600-700		1360										<10.00		

Fri - 05/18/2018																	
Lunch, Sycamore	Total	100															
*Sandwich, Hot Ham & Cheese*	Sandwich	40	300	68	867	1.92	1.45	188.4	147	8.65	3	24.69	28.37	11.6	5.34	0.00	0.000
*Pizza, Chees French Bread @	1 each	50	275	25	503	3.06	0.29	350.1	401	8.47	2	15.5	28.62	12.4	5.79	0.00	0.768
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Chip, Variety*	1 Each	75	127	0	150	6.03	0.16	8.0	20	0.72	1	2.03	20.93	3.66	0.10	0.00	0.168
*Salad Bar	Servings	50	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (.5 c serv)*	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Fruit, Frozen Sorbet, AllFlav.	1 Each	75	70	0	10	0.00	0.00	800.0	0	60.0	15	0.0	20.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			689	57	1115	10.36	*2.44	*1250.8	*3808	*76.51	*42	33.95	102.20	19.04	6.63	*0.00	1.009
% of Calories											*24.5%	19.7%	59.4%	24.9%	8.7%	*0.0%	
Nutrient Guideline			600-700		1360										<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Mon - 05/21/2018																	
Lunch, Sycamore	Total	100															
*Sandwich, Chicken*	Sandwich	40	283	42	591	3.77	2.94	70.5	479	13.06	*6	21.9	33.13	6.54	1.85	*0.00	0.143
*Pizza, Cheese 8 cut WG*	Slice	50	340	35	670	4.00	1.80	350.0	400	0.0	*N/A*	18.0	36.0	15.0	7.00	0.00	0.015
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Fruit, Fresh (.5 c serv)*	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Condiment Variety@\$\$%^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average			584	53	1023	7.27	*3.77	*601.1	*4980	*28.98	*31	32.64	79.34	16.43	5.76	*0.00	0.590
% of Calories											*21.5%	22.4%	54.4%	25.3%	8.9%	*0.0%	
Nutrient Guideline			600-700		1360											<10.00	

Tue - 05/22/2018																	
Lunch, Sycamore	Total	100															
*Sandwich, Meatball (SEC)*	1 each	65	514	60	654	5.33	*3.45	*261.4	*346	*6.14	4	22.63	39.61	29.65	13.06	0.00	5.273
*Burrito, Ultra Spicy*	1 Each	25	393	18	571	4.76	3.21	71.4	0	0.0	1	17.85	47.6	14.28	5.36	0.00	0.699
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (.5 c serv)*	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Potato, Tater Tots*	1 Each	90	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			836	60	1250	10.22	*4.67	*585.6	*4795	*30.98	*31	35.85	98.59	33.71	12.25	*0.00	4.120
% of Calories											*14.8%	17.2%	47.2%	36.3%	13.2%	*0.0%	
Nutrient Guideline			600-700		1360											<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Wed - 05/23/2018																	
Lunch, Sycamore	Total	100															
*Cheeseburger With The Works	Cheeseburger	65	331	38	531	3.97	3.40	165.3	554	14.17	*4	21.07	33.85	13.03	4.90	*0.00	0.131
*Chicken Nuggets, FF*	Each (6)	25	300	55	530	0.00	1.80	20.0	100	0.0	0	15.0	17.0	20.0	4.50	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (.5 c serv)*	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Chips, Tortilla Bulk*	ounce	75	135	0	55	2.00	0.00	20.0	0	0.0	0	2.0	19.0	5.0	0.00	0.00	0.127
*Milk, 1%*	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	25	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Condiment Variety@%+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average			692	59	970	7.84	*4.35	*550.3	*4974	*33.26	*29	34.82	84.59	24.78	6.58	*0.00	0.720
% of Calories											*16.6%	20.1%	48.9%	32.2%	8.6%	*0.0%	
Nutrient Guideline			600-700		1360										<10.00		

Thu - 05/24/2018																	
Lunch, Sycamore	Total	100															
*Sandwich, Spicy Chic (SEC)*	Sandwich	50	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00	0.350
*Sandwich, Hot Ham & Cheese*	Sandwich	25	300	68	867	1.92	1.45	188.4	147	8.65	3	24.69	28.37	11.6	5.34	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	25	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (.5 c serv)*	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Condiment Variety@%+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average			725	61	1205	9.49	*4.72	*560.4	*6833	*42.80	*39	38.57	97.86	21.57	5.56	*0.00	0.857
% of Calories											*21.4%	21.3%	54.0%	26.8%	6.9%	*0.0%	
Nutrient Guideline			600-700		1360										<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Fri - 05/25/2018																	
Lunch, Sycamore	Total	100															
*Enchilada, 3 Cheese*	1 Each	40	131	17	201	0.89	0.20	213.6	235	0.0	1	7.61	11.73	6.5	4.16	0.00	0.000
*Pizza, Chees French Bread @	1 each	50	275	25	503	3.06	0.29	350.1	401	8.47	2	15.5	28.62	12.4	5.79	0.00	0.768
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	50	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (.5 c serv)*	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Cookie, Chocolate Chip Dough	1 Each	75	166	26	157	0.80	0.54	10.0	200	0.0	14	1.5	22.5	8.0	4.90	0.00	0.000
*Fruit, Frozen Sorbet,AllFlav.	1 Each	75	70	0	10	0.00	0.00	800.0	0	60.0	15	0.0	20.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			651	56	854	6.02	*2.23	*1262.3	*3978	*72.51	*51	26.71	96.73	20.25	9.75	*0.00	0.883
Nutrient Guideline			600-700		1360						*31.2%	16.4%	59.5%	28.0%	13.5%	*0.0%	

Tue - 05/29/2018																	
Lunch, Sycamore	Total	100															
*Sandwich, Spicy Chic (SEC)*	Sandwich	40	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00	0.350
*Burrito, Variety*	Servings	40	378	17	550	4.58	3.09	90.7	0	0.0	1	17.17	46.9	13.19	4.88	0.00	0.673
*GRAB N GO LUNCH*	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (.5 c serv)*	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Condiment Variety@\$\$^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average % of Calories			708	44	1056	9.47	*4.91	*517.0	*6085	*35.90	*36	34.85	97.88	20.69	5.48	*0.00	1.037
Nutrient Guideline			600-700		1360						*20.1%	19.7%	55.3%	26.3%	7.0%	*0.0%	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Wed - 05/30/2018																	
Lunch, Sycamore	Total	100															
*Chicken, Sriracha Honey*	1 Each	60	331	56	1065	2.67	1.20	0.0	270	0.0	13	25.33	33.5	10.67	1.33	0.00	0.000
*Cheese Bites*	Ounce	60	70	5	135	1.00	0.36	60.0	100	0.0	0	4.0	7.0	3.0	1.00	0.00	0.000
*Pizza, French bread Variety*	Servings	20	307	29	588	3.38	0.31	371.3	432	9.36	2	17.12	31.66	13.95	6.38	0.00	0.807
*GRAB N GO LUNCH*	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (.5 c serv)*	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			679	68	1386	8.26	*3.23	*555.8	*6197	*32.42	*41	40.46	90.13	19.01	4.98	*0.00	0.784
% of Calories											*24.3%	23.8%	53.1%	25.2%	6.6%	*0.0%	
Nutrient Guideline			600-700		1360										<10.00		

Thu - 05/31/2018																	
Lunch, Sycamore	Total	100															
*Cheeseburger With The Works	Cheeseburger	40	331	38	531	3.97	3.40	165.3	554	14.17	*4	21.07	33.85	13.03	4.90	*0.00	0.131
*Chicken Fritter WG*	1 Each	40	291	40	791	1.61	2.32	16.1	0	0.0	2	12.91	22.6	17.76	4.04	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Apple Slices*	1 Each	50	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
*Salad Bar (SEC)	Servings	50	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Potato, Tater Tots*	1 Each	75	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
*Milk, Variety*	8 oz	75	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Condiment Variety@\$\$^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average			705	56	1318	9.18	*4.68	*457.6	*5957	*43.48	*32	32.07	89.86	25.26	6.43	*0.00	0.568
% of Calories											*18.2%	18.2%	51.0%	32.3%	8.2%	*0.0%	
Nutrient Guideline			600-700		1360										<10.00		

Weighted Average			695	59	1161	8.69	*3.97	*614.0	*5509	*38.38	*37	34.76	93.67	21.59	6.43	*0.02	0.924
											*48.0%	20.0%	53.9%	27.9%	8.3%	*0.0%	

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	695		600 - 700		100%													
Cholesterol (mg)	59																	
Sodium (mg)	1161		1360															
Fiber (g)	8.69																	
Iron (mg)	3.97					Missing												
Calcium (mg)	614.0					Missing												
Vitamin A (IU)	5509					Missing												
Sugars (g)	37	21.32%				Missing												
Vitamin C (mg)	38.38					Missing												
Protein (g)	34.76	20.00%																
Carbohydrate (g)	93.67	53.88%																
Total Fat (g)	21.59	27.94%																
Saturated Fat (g)	6.43	8.33%	<10.00%															
Trans Fat <sup>1</sup> (g)	0.02	0.02%				Missing												

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