

# SYCAMORE MIDDLE SCHOOL LUNCH

## JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
Bean & Cheese burrito Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit	Beef Hot Dog ^+ SALAD BAR Grab and Go Lunch Seasonal Fresh Fruit Chips	Cheese Enchiladas @ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit	Lasagna %^+@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit Brownie %\$^+	Cheese Pizza ^+%@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Popcorn Chicken Grab and Go Lunch SALAD BAR Choc Chip Cookie ^+.\$%@ Seasonal Fresh Fruit	Chicken Sandwich%\$^+ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit	Chicken Nuggets \$^+ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit Chips	Cheeseburger w/ the works !^+@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit Tater Tots	<b>NO SCHOOL</b>
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>NO SCHOOL</b>	Chicken Fritter^~@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit	Chicken Sandwich%\$^+ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit	Beef Hot Dog ^+ SALAD BAR Grab and Go Lunch Seasonal Fresh Fruit	French Bread Pizza^+.\$@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
Popcorn Chicken Grab and Go Lunch SALAD BAR Choc Chip Cookie ^+.\$%@ Seasonal Fresh Fruit	Cheese enchiladas @ SALAD BAR Grab and Go Lunch Seasonal Fresh Fruit	Orange Chicken W/Rice \$%^+ SALAD BAR Grab and Go Lunch Seasonal Fresh Fruit	Cheeseburger w/ the works !^+@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit	Cheese Pizza ^+%@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit

Peanuts!!	
Pork*	Beef#
Whey+	Soy\$
Corn>	Wheat+
Milk@	Gluten^
Eggs%	Fish

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