

SYCAMORE MIDDLE SCHOOL LUNCH MENU

FEBRUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Cheeseburger ^+@ Chicken Fritter^- Grab and Go Lunch SALAD BAR Tater Tots Seasonal Fresh Fruit	Nachos w/ meat\$^+@ Bean and Cheese Burrito\$^+@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit
5	6	7	8	9
Orange Chicken with Rice \$%^+ Chicken Sandwich%\$^+ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit Choc Chip Cookie	Bean and Cheese Burrito\$^+@ Cheeseburger ^+@ SALAD BAR Grab and Go Lunch Chips Seasonal Fresh Fruit	Chicken Nuggets\$^+ Nachos with Meat@\$^+> Tater Tots Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit	Hot Ham & Cheese Sandwich^+ Cheese Pizza^+%@ Grab and Go Lunch SALAD BAR Tater Tots Seasonal Fresh Fruit	French Bread Pizza^+ 3 Cheese Enchiladas @ Grab and Go Lunch SALAD BAR Chocolate Chip Cookie @%+ Seasonal Fresh Fruit
12	13	14	15	16
Nachos with Meat@\$^+> Mini Ravioli%^-@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit	Chicken Sandwich%\$^+ Bean and Cheese Burrito\$^+@ SALAD BAR Grab and Go Lunch Seasonal Fresh Fruit Choc Chip Cookie\$%^+@	Chicken & Cheese Quesadilla\$^+@ Hot Ham & Cheese Sandwich^+ SALAD BAR Grab and Go Lunch Seasonal Fresh Fruit Dbl Fudge Cookie	Cheeseburger ^+@ Chicken Fritter^-@ Grab and Go Lunch SALAD BAR Tater Tots Seasonal Fresh Fruit	NO SCHOOL
19	20	21	22	23
NO SCHOOL	Chicken Nuggets\$^+ Homemade Grilled Cheese Sandwich@\$^+ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit Tater Tots	French Bread Pizza ^@ Meatball Sub\$%^+ SALAD BAR Grab and Go Lunch Seasonal Fresh Fruit Tortilla Chips	Spicy Chicken Sandwich %\$^+ Homemade Grilled Cheese Sandwich@\$^+ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit Baked lays Chips	3 Cheese Enchiladas @ French Bread Pizza ^@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit Frozen Sorbet
26	27	28		
Cheese Enchiladas^+ Homemade Grilled Cheese Sandwich@\$^+ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit	Chicken Nuggets\$^+ Hot Ham & Cheese Sandwich^+ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit Chips	Spicy Chicken Sandwich %\$^+ Burrito Variety \$^+@ Grab and Go Lunch SALAD BAR Seasonal Fresh Fruit	Peanuts!! Pork* Beef# Whey+ Soy\$ Corn> Wheat+ Milk@ Gluten^ Eggs% Fish	