

CHILD CARE PM SNACK

JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6	7	8	9	10
Bagel [^] + 2ozG Yogurt @ 4ozM	Applesauce 1/2 cupF String Cheese @ 1ozM	Graham Crackers [^] + 1ozG Milk @ 8ozM	Carrots 1/2 cupV Ranch Dressing Cinnamon Pretzel 1ozG	Peach Cup 1/2 cupF MiniMuffin 1ozG
13	14	15	16	17
Strawberry Cup 1/2 cupF Milk @ 8ozM	Animal Crackers [^] + 1ozG Milk @ 8ozM	Bagel 1ozG Milk @ 8ozM	MiniMuffin 1ozG Milk @ 8ozM	Cinnamon Toast [^] + 1ozG Milk @ 8ozM
20	21	22	23	24
NO SCHOOL	Choc. Elf Grahams [^] + 1ozG Tangerine 1/2 cup F	Apple Slices 1/2 cupF String Cheese @ 1ozM	Honey Grahams [^] + 1ozG Milk @ 8ozM	Peach Cup 1/2 cupF Muffin Top [^] +%1ozG
27	28	29	30	31
Strawberry Cup 1/2 cupF Milk @ 8ozM	Choc. Elf Grahams [^] + 1ozG Tangerine 1/2 cup F	Apple Slices 1/2 cupF String Cheese @ 1ozM	Honey Grahams [^] + 1ozG Milk @ 8ozM	Peach Cup 1/2 cupF Muffin Top [^] +%1ozG

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ALL GRAINS ARE WHOLE GRAIN RICH

MILK IS NON FAT OR 1%