

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Tue - 09/04/2018																	
* MS lunch	Total	100															
Chicken, Mandarin Orange	1 Each	20	163	44	305	0.00	0.78	0.0	0	1.31	11	11.98	20.69	3.27	0.54	0.00	0.000
Rice,Brown(M.S&Ele)	1/2 cup	1	125	0	14	2.09	0.50	16.9	0	0.0	*0	2.91	25.91	1.02	0.20	*0.00	0.000
*Sandwich, Chicken Variety	Sandwich	70	357	54	576	4.22	3.85	71.1	517	14.44	*4	21.51	45.0	10.7	2.71	*0.00	0.796
GRAB N GO LUNCH	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Fruit, Fresh (.5 c serv)	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Condiment Variety@\$\$%^+	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average % of Calories			618	66	960	7.47	*5.02	*461.4	*4772	*40.91	*36 *23.2%	33.14 21.5%	89.73 58.1%	15.58 22.7%	3.71 5.4%	*0.00 *0.0%	1.166
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

Wed - 09/05/2018																	
* MS lunch	Total	100															
Chicken, Sriracha Honey	1 Each	50	331	56	1065	2.67	1.20	0.0	270	0.0	13	25.33	33.5	10.67	1.33	0.00	0.000
*Salad, Taco Chic	Salad	40	101	28	293	1.30	0.77	58.3	*329	7.84	*1	7.56	4.55	5.81	1.45	*0.00	0.267
GRAB N GO LUNCH	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
Cheese Bites	Ounce	50	70	5	135	1.00	0.36	60.0	100	0.0	0	4.0	7.0	3.0	1.00	0.00	0.000
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Fruit, Fresh (.5 c serv)	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Cookie, Choc Chip IW 1 Oz	1 each	75	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00	0.178
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@\$\$%^+	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			653	69	1242	7.60	*3.77	*464.8	*4721	*34.57	*45 *27.4%	34.85 21.4%	88.89 54.5%	19.31 26.6%	4.20 5.8%	*0.00 *0.0%	0.847
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 09/06/2018																	
* MS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	40	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
Chicken, Nuggets (SEC)	Serving (7 Ea)	50	286	52	505	0.00	1.71	19.0	95	0.0	0	14.29	16.19	19.05	4.29	0.00	0.000
GRAB N GO LUNCH	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Potato, Tater Tots	1 Each	75	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@\$%^+	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			695	53	1223	7.59	*4.08	*611.0	*4752	*35.64	*32	32.90	89.02	24.57	6.10	*0.00	0.607
% of Calories											*18.6%	18.9%	51.2%	31.8%	7.9%	*0.0%	
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

Fri - 09/07/2018																	
* MS lunch	Total	100															
Quesadilla, Chi & Cheese	1 Each	40	450	84	791	6.97	*2.16	*311.7	*850	*0.0	2	27.84	42.27	18.58	8.00	0.00	0.000
*Cheeseburger With The Works	Cheeseburger	50	331	38	531	3.97	3.40	165.3	554	14.17	*4	21.07	33.85	13.03	4.90	*0.00	0.131
GRAB N GO LUNCH	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Fruit, Fresh (.5 c serv)	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@\$%^+	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			675	71	1062	9.27	*4.70	*618.8	*5021	*37.62	*34	37.33	87.16	21.10	7.35	*0.00	0.672
% of Calories											*20.1%	22.1%	51.7%	28.1%	9.8%	*0.0%	
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

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Mon - 09/10/2018																	
* MS lunch	Total	100															
Sandwich, Spicy Chic (SEC)	Sandwich	50	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00	0.350
*Pizza, Domino's Ch & Pepp	1 Each	40	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
GRAB N GO LUNCH	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Chip, Variety	1 Each	75	127	0	150	6.03	0.16	8.0	20	0.72	1	2.03	20.93	3.66	0.10	0.00	0.168
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@\$\$%^+	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			728	40	1170	12.03	*4.95	*637.5	*4804	*20.67	*31	35.96	98.85	21.67	4.78	*0.00	0.808
% of Calories											*17.2%	19.8%	54.3%	26.8%	5.9%	*0.0%	
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

Tue - 09/11/2018																	
* MS lunch	Total	100															
Burrito, Variety	Servings	50	378	17	550	4.58	3.09	90.7	0	0.0	1	17.17	46.9	13.19	4.88	0.00	0.673
Sandwich, Meatball (SEC)	1 each	40	514	60	654	5.33	*3.45	*261.4	*346	*6.14	4	22.63	39.61	29.65	13.06	0.00	5.273
GRAB N GO LUNCH	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@\$\$%^+	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			740	52	1016	9.85	*5.15	*567.5	*4499	*49.94	*37	33.55	96.82	25.66	9.37	*0.00	3.086
% of Calories											*20.1%	18.1%	52.3%	31.2%	11.4%	*0.0%	
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

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Wed - 09/12/2018																	
* MS lunch	Total	100															
*California Rice Bowl	3 cup	50	436	41	504	10.57	*4.76	*244.2	*165	*9.86	*6	19.61	66.06	11.55	1.01	0.00	0.220
Sandwich, Hot Ham & Cheese	Sandwich	40	300	68	867	1.92	1.45	188.4	147	8.65	3	24.69	28.37	11.6	5.34	0.00	0.000
GRAB N GO LUNCH	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
Potato, Tater Tots	1 Each	50	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Fruit, Fresh (.5 c serv)	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@%^*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			732	67	1233	11.55	*5.10	*608.9	*4545	*40.73	*35 *19.0%	36.34 19.9%	105.70 57.8%	20.57 25.3%	4.85 6.0%	*0.00 *0.0%	0.717
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

Thu - 09/13/2018																	
* MS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	50	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
Salad, Cae Chic/BStk (SEC)	Salad	40	424	67	826	4.54	7.13	411.7	840	3.07	*3	32.92	37.87	17.31	9.65	0.00	0.308
GRAB N GO LUNCH	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Fruit, Fresh (.5 c serv)	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Cookie, Choc Chip Dough 1 O	1 Each	75	110	0	60	1.00	0.72	0.0	0	0.0	9	1.0	18.0	4.0	1.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@%^*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			739	56	1177	9.06	*6.88	*813.6	*5115	*34.77	*41 *22.1%	40.33 21.8%	101.47 54.9%	21.32 26.0%	8.19 10.0%	*0.00 *0.0%	0.730
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

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Fri - 09/14/2018																	
* MS lunch	Total	100															
*Cheeseburger With The Works	Cheeseburger	50	331	38	531	3.97	3.40	165.3	554	14.17	*4	21.07	33.85	13.03	4.90	*0.00	0.131
Enchiladas, Cheese (SEC)	3-each	40	404	55	2115	1.30	0.29	512.5	5740	73.39	5	22.21	30.4	24.63	12.09	0.00	0.412
GRAB N GO LUNCH	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
Fruit, Fresh (.5 c serv)	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@\$\$%^+	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			661	60	1602	7.34	*4.00	*704.4	*8531	*67.69	*36 *21.6%	35.20 21.3%	83.45 50.5%	23.55 32.1%	8.99 12.2%	*0.00 *0.0%	0.866
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

Mon - 09/17/2018																	
* MS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	50	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*Flauquito, Anaheim Chile&Chs	1 Ea	30	338	31	383	3.00	6.00	574.0	390	2.8	0	19.0	31.0	10.5	5.50	0.00	0.000
GRAB N GO LUNCH	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Sauce, Soy	Packet	25	61	0	3380	0.80	1.60	46.0	0	0.0	2	8.4	7.7	0.0	0.00	0.00	0.046
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Condiment Variety@\$\$%^+	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average % of Calories			710	47	1906	10.14	*6.38	*886.4	*6172	*58.12	*42 *23.7%	39.02 22.0%	101.20 57.0%	17.16 21.7%	6.02 7.6%	*0.00 *0.0%	0.756
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Tue - 09/18/2018																	
* MS lunch	Total	100															
Burrito Bar (HS)	Servings	20	638	113	789	12.08	*5.84	*474.4	*628	*0.0	*2	45.19	73.93	17.62	6.18	*0.00	0.085
Sandwich, Spicy Chic (SEC)	Sandwich	60	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00	0.350
GRAB N GO LUNCH	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Fruit, Fresh (.5 c serv)	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Taco sauce	Packet	50	5	0	110	0.00	0.00	0.0	0	1.2	0	0.0	1.0	0.0	0.00	0.00	0.022
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			797	64	1190	11.91	*5.97	*606.8	*6112	*45.96	*38	42.07	108.43	22.90	5.55	*0.00	0.944
% of Calories											*19.1%	21.1%	54.4%	25.9%	6.3%	*0.0%	
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

Wed - 09/19/2018																	
* MS lunch	Total	100															
Ravioli w/ Red Sauce SEC.	Portion	20	370	55	1090	6.27	*3.58	*228.8	*1809	*30.57	11	22.55	48.62	9.67	4.32	0.00	0.980
*Cheeseburger With The Works	Cheeseburger	60	331	38	531	3.97	3.40	165.3	554	14.17	*4	21.07	33.85	13.03	4.90	*0.00	0.131
GRAB N GO LUNCH	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Fruit, Fresh (.5 c serv)	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Cheese Bites	Ounce	50	70	5	135	1.00	0.36	60.0	100	0.0	0	4.0	7.0	3.0	1.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			718	63	1196	10.25	*5.64	*634.1	*6455	*51.96	*40	39.37	98.78	20.39	6.79	*0.00	0.980
% of Calories											*22.1%	21.9%	55.0%	25.5%	8.5%	*0.0%	
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 09/20/2018																	
* MS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	40	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
Chicken Fritter WG	1 Each	50	291	40	791	1.61	2.32	16.1	0	0.0	2	12.91	22.6	17.76	4.04	0.00	0.000
GRAB N GO LUNCH	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Potato, Tater Tots	1 Each	50	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@\$\$%^+	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			665	47	1288	7.90	*4.38	*609.5	*4704	*34.74	*33	31.72	88.22	22.43	5.72	*0.00	0.607
Nutrient Guideline			600-700		1360						*20.0%	19.1%	53.0%	30.3%	7.7%	*0.0%	

Fri - 09/21/2018																	
* MS lunch	Total	100															
Nachos w/meat&Chips(SEC)	servings	30	482	24	769	6.92	*1.36	*63.4	*50	*0.6	2	14.78	52.9	21.6	2.75	0.54	0.371
Chicken Nuggets, FF	Each (6)	60	300	55	530	0.00	1.80	20.0	100	0.0	0	15.0	17.0	20.0	4.50	0.00	0.000
GRAB N GO LUNCH	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Fruit, Fresh (.5 c serv)	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@\$\$%^+	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			654	59	1028	6.57	*3.63	*442.5	*4479	*30.72	*32	29.10	79.39	25.63	5.23	*0.16	0.718
Nutrient Guideline			600-700		1360						*19.3%	17.8%	48.6%	35.3%	7.2%	*0.2%	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 09/24/2018																	
* MS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	50	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
Sandwich, Hot Ham & Cheese	Sandwich	30	300	68	867	1.92	1.45	188.4	147	8.65	3	24.69	28.37	11.6	5.34	0.00	0.000
GRAB N GO LUNCH	1 EACH	20	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Sauce, Soy	Packet	25	61	0	3380	0.80	1.60	46.0	0	0.0	2	8.4	7.7	0.0	0.00	0.00	0.046
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Condiment Variety@\$\$^+	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average % of Calories			699	58	2051	9.82	*5.02	*770.7	*6099	*59.87	*43 *24.6%	40.73 23.3%	100.41 57.5%	17.49 22.5%	5.97 7.7%	*0.00 *0.0%	0.756
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

Tue - 09/25/2018																	
* MS lunch	Total	100															
Mac & Cheese, POK, #2	# 6 Scoop	40	362	70	416	1.68	0.76	488.4	833	1.08	4	19.14	22.11	22.31	14.33	*0.00	0.074
*Cheeseburger With The Works	Cheeseburger	50	331	38	531	3.97	3.40	165.3	554	14.17	*4	21.07	33.85	13.03	4.90	*0.00	0.131
GRAB N GO LUNCH	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@\$\$^+	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			656	66	912	8.08	*4.23	*695.6	*4972	*55.00	*39 *23.7%	34.10 20.8%	83.29 50.8%	22.65 31.1%	9.89 13.6%	*0.00 *0.0%	0.735
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Wed - 09/26/2018																	
* MS lunch	Total	100															
Ravioli w/ Red Sauce SEC.	Portion	50	370	55	1090	6.27	*3.58	*228.8	*1809	*30.57	11	22.55	48.62	9.67	4.32	0.00	0.980
Sandwich, Meatball (SEC)	1 each	40	514	60	654	5.33	*3.45	*261.4	*346	*6.14	4	22.63	39.61	29.65	13.06	0.00	5.273
GRAB N GO LUNCH	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@\$\$%^+	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			736	71	1286	10.69	*5.40	*636.6	*5404	*65.22	*42	36.24	97.68	23.90	9.09	*0.00	3.239
% of Calories											*22.9%	19.7%	53.1%	29.2%	11.1%	*0.0%	
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

Thu - 09/27/2018																	
* MS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	50	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*Salad, Popcorn Chicken	Salad	40	474	45	967	*4.61	3.90	249.2	*773	*3.62	*2	25.41	52.09	16.98	4.22	*0.00	0.583
GRAB N GO LUNCH	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Variety (Sec)	Salads	10	378	61	597	5.59	2.89	287.9	1240	10.8	*0	22.78	35.44	16.94	5.72	*0.00	1.108
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Fruit, Fresh (.5 c serv)	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@\$\$%^+	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			714	53	1249	*8.90	*5.34	*777.4	*5212	*36.06	*34	38.85	97.20	19.88	5.84	*0.00	0.951
% of Calories											*18.8%	21.8%	54.5%	25.1%	7.4%	*0.0%	
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Fri - 09/28/2018																	
* MS lunch	Total	100															
Enchilada, 3 Cheese	3 Each	30	788	101	1206	5.34	1.20	1281.4	1408	0.0	6	45.66	70.38	39.0	24.96	0.00	0.000
Sandwich, Spicy Chic (SEC)	Sandwich	60	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00	0.350
GRAB N GO LUNCH	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
Fruit, Fresh (.5 c serv)	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@\$\$%^+	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			826	64	1237	9.82	*4.64	*853.9	*6656	*39.27	*36	42.30	103.38	29.12	11.03	*0.00	0.845
% of Calories											*17.3%	20.5%	50.1%	31.7%	12.0%	*0.0%	
Nutrient Guideline			600-700		1360									<=35.0	<10.00		

Weighted Average			706	59	1265	*9.25	*4.96	*652.7	*5422	*44.18	*37	36.48	94.69	21.83	6.77	*0.01	1.054
											*47.3%	20.7%	53.6%	27.8%	8.6%	*0.0%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	706		600 - 700	101%			6	Correction Required - Calories too High
Cholesterol (mg)	59							
Sodium (mg)	1265		1360					
Fiber (g)	9.25				Missing			
Iron (mg)	4.96				Missing			
Calcium (mg)	652.7				Missing			
Vitamin A (IU)	5422				Missing			
Sugars (g)	37	21.00%			Missing			
Vitamin C (mg)	44.18				Missing			
Protein (g)	36.48	20.66%						
Carbohydrate (g)	94.69	53.64%						
Total Fat (g)	21.83	27.83%	<=35.00%					
Saturated Fat (g)	6.77	8.63%	<10.00%					
Trans Fat ¹ (g)	0.01	0.01%			Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
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