

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Mon - 01/06/2020																	
*Ele Lunch	Total	100															
*Cheeseburger Twins*	1 Each	75	272	31	475	2.39	3.09	114.2	79	10.3	3	18.65	29.82	9.0	3.00	0.00	0.000
*Sandwich, PBJ, Grape @\$^+*	1 Each	25	394	0	267	5.55	1.20	599.9	0	0.0	11	12.64	49.78	18.83	2.77	0.00	0.114
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Applesauce, Unsweetened Cups*	1 each	50	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00	0.000
*Chip, Variety*	1 Each	75	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00	0.185
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			626	32	847	6.57	4.14	591.6	3016	19.08	*34	29.26	89.44	18.60	4.00	*0.00	0.565
% of Calories											*21.5%	18.7%	57.1%	26.7%	5.7%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Tue - 01/07/2020																	
*Ele Lunch	Total	100															
*Brk Bowl Waffles ELE*	Serving	75	210	29	244	3.02	2.74	95.1	378	0.0	8	8.88	26.46	7.68	2.11	0.00	0.000
*Sandwich, Grilled Cheese CC*	Sandwich	25	285	23	845	4.00	2.16	380.0	450	0.0	*7	16.5	39.0	8.0	3.75	0.00	0.255
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Yogurt, Nonfat Recipe*	1 Each	75	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Condiment Variety @\$%^+*	serving	25	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Syrup, Maple*	1.5 oz	75	120	0	30	0.00	0.00	0.0	0	0.0	21	0.0	30.0	0.0	0.00	0.00	0.201
Weighted Daily Average			584	37	774	4.74	3.98	741.3	3330	4.92	*56	23.63	97.18	11.92	3.41	*0.00	0.614
% of Calories											*38.2%	16.2%	66.5%	18.4%	5.3%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Wed - 01/08/2020																	
*Ele Lunch	Total	100															
*Chicken, Nuggets, ELE*	5 Ea	75	160	20	270	2.00	1.80	0.0	100	0.0	0	14.0	10.0	7.0	1.50	0.00	0.000
*Sandwich, PBJ, Grape @\$^+*	1 Each	25	394	0	267	5.55	1.20	599.9	0	0.0	11	12.64	49.78	18.83	2.77	0.00	0.114
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Raisins*	1.33 OZ	75	114	0	4	1.40	0.71	19.0	0	0.87	*N/A*	1.17	30.09	0.17	0.02	0.00	0.027
*Chip, Variety*	1 Each	75	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00	0.185
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			599	24	695	6.77	3.71	520.2	3032	5.26	*25	26.65	89.27	17.23	2.89	*0.00	0.585
% of Calories											*16.9%	17.8%	59.6%	25.9%	4.3%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Thu - 01/09/2020																	
*Ele Lunch	Total	100															
*Picnic in a Box!*	1 Each	75	586	66	1162	13.90	3.57	164.6	336	39.12	*26	28.58	90.24	13.72	3.14	0.00	0.602
*Burrito, WG Crispy B & C	1 Each	25	270	0	410	8.00	3.60	100.0	500	3.6	2	15.0	43.0	5.0	0.00	0.00	0.000
*Salad Bar	.5 cups	25	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Milk, Chocolate Non Fat*	8 oz	25	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Milk, 1%*	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Taco sauce	Packet	25	5	0	110	0.00	0.00	0.0	0	1.2	0	0.0	1.0	0.0	0.00	0.00	0.022
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			667	60	1235	12.94	4.05	504.4	1698	33.63	*37	35.57	99.14	15.51	3.82	*0.00	0.763
% of Calories											*22.1%	21.3%	59.5%	20.9%	5.2%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Fri - 01/10/2020																	
*Ele Lunch	Total	100															
*Pizza, French bread Variety*	Servings	75	307	29	588	3.38	0.31	371.3	432	9.36	2	17.12	31.66	13.95	6.38	0.00	0.807
*Sandwich, PBJ, Grape @\$^+*	1 Each	25	394	0	267	5.55	1.20	599.9	0	0.0	11	12.64	49.78	18.83	2.77	0.00	0.114
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Cookie, Dick & Jane Capitals	1 Each	75	130	0	95	1.00	1.80	0.0	0	0.0	8	2.0	22.0	4.0	1.00	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Weighted Daily Average			620	30	882	6.14	3.24	778.4	3251	11.27	*32	28.09	83.01	22.05	7.12	*0.00	1.031
% of Calories											*20.4%	18.1%	53.6%	32.0%	10.3%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Mon - 01/13/2020																	
*Ele Lunch	Total	100															
*Chicken, Popcorn	1 Each	75	290	40	290	2.00	0.90	0.0	0	0.0	0	15.0	17.0	18.0	3.50	0.00	0.000
*Potato, Tater Tots*	1 Each	75	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
*Sandwich, PBJ, Grape @\$^+*	1 Each	25	394	0	267	5.55	1.20	599.9	0	0.0	11	12.64	49.78	18.83	2.77	0.00	0.114
*Pineapple Tidbits*	1 Each	80	60	0	10	2.00	0.72	20.0	100	9.0	11	1.0	14.0	0.0	0.00	0.00	0.000
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Milk, Variety*	8 oz	75	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Weighted Daily Average			622	37	787	7.46	2.91	434.7	2882	13.70	*28	25.18	72.97	26.27	4.77	*0.00	0.378
% of Calories											*17.8%	16.2%	47.0%	38.0%	6.9%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Tue - 01/14/2020																	
*Ele Lunch	Total	100															
*Hot Dog, Turkey-ELE*	2 oz	75	280	45	930	1.00	1.44	120.0	0	9.0	1	12.0	29.0	13.0	3.00	0.00	0.188
*Sandwich, Grilled Cheese CC*	Sandwich	25	285	23	845	4.00	2.16	380.0	450	0.0	*7	16.5	39.0	8.0	3.75	0.00	0.255
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Tangerines, Fresh*	1 Each	75	52	0	2	1.76	0.15	36.1	664	26.03	10	0.79	13.01	0.3	0.03	0.00	0.221
*Chip, Variety*	1 Each	75	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00	0.185
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			615	48	1333	5.90	3.25	568.0	3568	30.88	*33	25.83	88.01	19.12	4.26	*0.00	0.906
% of Calories											*21.4%	16.8%	57.2%	28.0%	6.2%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Wed - 01/15/2020																	
*Ele Lunch	Total	100															
*Nachos w/meat-POK*	servings	75	338	31	425	3.91	1.72	52.9	25	1.78	1	12.41	34.74	15.99	3.93	*0.72	0.004
*Burrito, WG Crispy B & C	1 Each	25	270	0	410	8.00	3.60	100.0	500	3.6	2	15.0	43.0	5.0	0.00	0.00	0.000
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Apple Slices*	1 Each	75	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
*Crackers, Animal 1 oz.*	1 Each	50	110	0	40	1.00	0.72	0.0	0	0.0	7	2.0	18.0	3.5	0.00	0.00	0.111
*Milk, 1%*	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			578	34	711	8.41	4.17	409.6	3021	33.34	*24	23.65	75.63	20.12	4.59	*0.54	0.424
% of Calories											*17.0%	16.4%	52.4%	31.3%	7.2%	*0.8%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Thu - 01/16/2020																	
*Ele Lunch	Total	100															
*Hamburger, Ele*	Burger	75	300	37	479	2.00	3.48	60.6	1	9.0	3	22.14	30.41	10.18	0.00	0.00	0.212
*Sandwich, PBJ, Grape @\$^+*	1 Each	25	394	0	267	5.55	1.20	599.9	0	0.0	11	12.64	49.78	18.83	2.77	0.00	0.114
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Tangerines, Fresh*	1 Each	75	52	0	2	1.76	0.15	36.1	664	26.03	10	0.79	13.01	0.3	0.03	0.00	0.221
*Chip, Variety*	1 Each	75	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00	0.185
*Milk, Chocolate Non Fat*	8 oz	25	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Milk, 1%*	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			657	39	850	7.03	4.54	603.4	3456	31.18	*32	33.48	87.77	20.96	2.52	*0.00	0.904
% of Calories											*19.7%	20.4%	53.4%	28.7%	3.4%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Fri - 01/17/2020																	
*Ele Lunch	Total	100															
*Pizza,(Ele)*	Servings	75	220	10	502	2.89	*0.99	*9.9	*93	*1.01	*3	11.22	27.25	7.2	2.67	*0.00	0.286
*Sandwich, PBJ, Grape @\$^+*	1 Each	25	394	0	267	5.55	1.20	599.9	0	0.0	11	12.64	49.78	18.83	2.77	0.00	0.114
*Salad Bar	Servings	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Cookie, Choc Chip IW 1 Oz*	1 each	75	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135

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Weighted Daily Average % of Calories			540	24	791	5.78	*2.93	*507.3	*2997	*5.91	*33 *24.4%	23.67 17.5%	76.70 56.8%	16.98 28.3%	4.34 7.2%	*0.00 *0.0%	0.774
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Mon - 01/20/2020																	
*Ele Lunch	Total	100															
*Taco Nada*	1 Each	75	260	35	390	4.00	2.70	80.0	200	1.2	1	17.0	31.0	8.0	2.50	0.00	0.000
*Sandwich, PBJ, Grape @\$^+*	1 Each	25	394	0	267	5.55	1.20	599.9	0	0.0	11	12.64	49.78	18.83	2.77	0.00	0.114
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Frozen Bar Orange*	1 Each	75	50	0	10	0.00	0.00	0.0	0	0.0	11	0.0	12.0	0.0	0.00	0.00	0.000
*Chips, Tortilla, Pkg	1 Each	75	140	0	100	3.00	1.80	40.0	100	0.0	0	2.0	19.0	6.0	1.00	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			630	35	745	8.11	5.03	589.9	3152	5.15	*33 *21.0%	28.00 17.8%	89.27 56.7%	19.08 27.3%	4.21 6.0%	*0.00 *0.0%	0.426
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Tue - 01/21/2020																	
*Ele Lunch	Total	100															
*Brk Bowl Pancakes Elementar	Serving	75	287	249	410	1.89	1.96	66.1	330	0.0	8	14.38	26.61	13.69	3.29	0.00	0.194
*Sandwich, Grilled Cheese CC*	Sandwich	25	285	23	845	4.00	2.16	380.0	450	0.0	*7	16.5	39.0	8.0	3.75	0.00	0.255
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Applesauce, Unsweetened Cu ps*	1 each	75	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Syrup, Maple*	1.5 oz	75	120	0	30	0.00	0.00	0.0	0	0.0	21	0.0	30.0	0.0	0.00	0.00	0.201
Weighted Daily Average % of Calories			614	202	846	4.73	3.36	494.5	3287	14.37	*54 *35.1%	25.50 16.6%	94.34 61.5%	16.14 23.7%	4.30 6.3%	*0.00 *0.0%	0.757
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Wed - 01/22/2020																	
*Ele Lunch	Total	100															
*Enchiladas, Cheese (Ele)*	2 ea	75	268	31	359	1.93	1.28	*321.3	*483	1.59	*2	11.83	16.65	18.3	8.10	*0.00	0.047
*Sandwich, PBJ, Grape @\$^+*	1 Each	25	394	0	267	5.55	1.20	599.9	0	0.0	11	12.64	49.78	18.83	2.77	0.00	0.114
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Cookie, Dick & Jane Capitals	1 Each	75	130	0	95	1.00	1.80	0.0	0	0.0	8	2.0	22.0	4.0	1.00	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			591	33	710	5.05	3.96	*740.9	*3290	5.44	*32	24.13	71.76	25.31	8.41	*0.00	0.461
% of Calories											*21.5%	16.3%	48.6%	38.6%	12.8%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Thu - 01/23/2020																	
*Ele Lunch	Total	100															
*Chicken, Nuggets, ELE*	Serving (5 Ea)	75	160	20	270	2.00	1.80	0.0	100	0.0	0	14.0	10.0	7.0	1.50	0.00	0.000
*Burrito, Bean & Ch.(Ele)*	Burrito 3.	25	222	11	359	6.07	2.70	150.0	200	1.2	1	11.84	31.39	6.28	2.71	0.00	0.000
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Raisins*	1.33 OZ	75	114	0	4	1.40	0.71	19.0	0	0.87	*N/A*	1.17	30.09	0.17	0.02	0.00	0.027
*Chips, Tortilla, Pkg	1 Each	75	140	0	100	3.00	1.80	40.0	100	0.0	0	2.0	19.0	6.0	1.00	0.00	0.000
*Cookie, Party IW 1 Oz*	1 Each	75	130	0	120	1.00	0.72	0.0	0	0.0	10	2.0	22.0	5.0	1.00	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			657	27	763	8.54	5.80	431.7	3127	5.20	*29	27.93	98.99	19.07	4.21	*0.00	0.417
% of Calories											*17.6%	17.0%	60.2%	26.1%	5.8%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Fri - 01/24/2020																	
*Ele Lunch	Total	100															
*Pizza, French Bread Tony's*	1 Each	75	340	45	810	4.00	1.80	400.0	750	0.0	6	18.0	35.0	15.0	8.00	0.00	0.000
*Sandwich, PBJ, Grape @\$^+*	1 Each	25	394	0	267	5.55	1.20	599.9	0	0.0	11	12.64	49.78	18.83	2.77	0.00	0.114
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Fruit, Frozen Bar Orange*	1 Each	75	50	0	10	0.00	0.00	0.0	0	0.0	11	0.0	12.0	0.0	0.00	0.00	0.000
Weighted Daily Average			585	43	985	5.86	3.00	799.9	3490	4.25	*37	27.25	78.02	19.83	7.59	*0.00	0.426
% of Calories											*25.2%	18.6%	53.4%	30.5%	11.7%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Mon - 01/27/2020																	
*Ele Lunch	Total	100															
*Chicken, Popcorn	1 Each	75	290	40	290	2.00	0.90	0.0	0	0.0	0	15.0	17.0	18.0	3.50	0.00	0.000
*Potato, Tater Tots*	1 Each	75	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
*Sandwich, Grilled Cheese CC*	Sandwich	25	285	23	845	4.00	2.16	380.0	450	0.0	*7	16.5	39.0	8.0	3.75	0.00	0.255
*Pineapple Tidbits*	1 Each	80	60	0	10	2.00	0.72	20.0	100	9.0	11	1.0	14.0	0.0	0.00	0.00	0.000
*Salad Bar (ELE)	.5 Cup	75	48	0	166	3.50	0.89	28.3	1056	14.81	*0	2.56	8.22	0.73	0.20	*0.00	0.102
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Milk, Variety*	8 oz	75	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Weighted Daily Average			598	42	1002	8.30	2.52	381.4	1395	22.75	*25	26.53	69.17	23.90	5.14	*0.00	0.383
% of Calories											*17.0%	17.7%	46.2%	36.0%	7.7%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Tue - 01/28/2020																	
*Ele Lunch	Total	100															
*Sandwich, Chicken(ele)*	Sandwich	75	420	25	640	5.00	3.06	80.0	100	9.0	4	21.0	45.0	17.0	2.50	0.00	0.000
*Burrito, Bean & Ch.(Ele)*	Burrito 3.	25	222	11	359	6.07	2.70	150.0	200	1.2	1	11.84	31.39	6.28	2.71	0.00	0.000
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Fresh (.5 c serv)*	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety @\$%^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Weighted Daily Average % of Calories			597	32	905	7.68	4.46	456.7	3162	24.29	*28 *18.7%	29.64 19.9%	78.96 52.9%	18.87 28.4%	3.46 5.2%	*0.00 *0.0%	0.469
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Wed - 01/29/2020																	
*Ele Lunch	Total	100															
*Double Dogs*	1 Each	75	260	30	449	2.00	5.00	132.0	55	0.0	3	15.0	31.5	8.0	2.00	0.00	0.000
*Sandwich, PBJ, Grape @\$^+*	1 Each	25	394	0	267	5.55	1.20	599.9	0	0.0	11	12.64	49.78	18.83	2.77	0.00	0.114
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Canned Mix	1/2 cup s	50	63	0	6	1.46	0.35	5.4	86	1.88	10	0.39	16.85	0.05	0.00	*0.00	0.018
*Cookie, Choc Chip IW 1 Oz*	1 each	75	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			602	39	754	5.84	6.12	601.6	3011	6.09	*38 *25.1%	26.70 17.8%	88.32 58.7%	17.61 26.3%	3.84 5.7%	*0.00 *0.0%	0.568
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Thu - 01/30/2020																	
*Ele Lunch	Total	100															
*Sandwich, Turkey*	Sandwich	75	240	56	703	2.98	0.45	484.8	82	0.4	*2	22.29	26.38	5.91	2.05	0.00	0.022
*Chips, Tortilla, Pkg	1 Each	75	140	0	100	3.00	1.80	40.0	100	0.0	0	2.0	19.0	6.0	1.00	0.00	0.000
*Burrito, Bean & Ch.(Ele)*	Burrito 3.	25	222	11	359	6.07	2.70	150.0	200	1.2	1	11.84	31.39	6.28	2.71	0.00	0.000
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Cookie, Dick & Jane Capitals	1 Each	75	130	0	95	1.00	1.80	0.0	0	0.0	8	2.0	22.0	4.0	1.00	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			632	54	1066	8.22	5.07	781.0	3114	4.85	*29 *18.5%	33.27 21.1%	88.71 56.1%	17.38 24.7%	4.60 6.6%	*0.00 *0.0%	0.414
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Fri - 01/31/2020																	
*Ele Lunch	Total	100															
*Pizza,(Ele)*	Servings	75	220	10	502	2.89	*0.99	*9.9	*93	*1.01	*3	11.22	27.25	7.2	2.67	*0.00	0.286
*Sandwich, PBJ, Grape @\$^+*	1 Each	25	394	0	267	5.55	1.20	599.9	0	0.0	11	12.64	49.78	18.83	2.77	0.00	0.114
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Frozen Bar Orange*	1 Each	75	50	0	10	0.00	0.00	0.0	0	0.0	11	0.0	12.0	0.0	0.00	0.00	0.000
*Chip, Variety*	1 Each	75	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00	0.185
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			596	17	873	6.39	*2.56	*513.3	*3027	*5.37	*36	23.69	88.63	17.25	3.75	*0.00	0.779
% of Calories											*23.9%	15.9%	59.5%	26.1%	5.7%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Weighted Average			610	45	878	7.02	*3.94	*572.5	*3015	*14.35	*34	27.38	85.26	19.16	4.56	*0.03	0.602
											*49.7%	17.9%	55.9%	28.3%	6.7%	*0.0%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	610		550 - 650	100%				
Cholesterol (mg)	45							
Sodium (mg)	878		1230					
Fiber (g)	7.02							
Iron (mg)	3.94				Missing			
Calcium (mg)	572.5				Missing			
Vitamin A (IU)	3015				Missing			
Sugars (g)	34	22.08%			Missing			
Vitamin C (mg)	14.35				Missing			
Protein (g)	27.38	17.94%						
Carbohydrate (g)	85.26	55.87%						
Total Fat (g)	19.16	28.25%	<=35.00%					
Saturated Fat (g)	4.56	6.73%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.03	0.04%			Missing			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**