

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 03/01/2018																	
* HS lunch	Total	100															
Nachos w/meat&Chips(SEC)	servings	40	482	24	769	6.92	*1.36	*63.4	*50	*0.6	2	14.78	52.9	21.6	2.75	0.54	0.371
Chicken Fritter WG	1 Each	50	291	40	791	1.61	2.32	16.1	0	0.0	2	12.91	22.6	17.76	4.04	0.00	0.000
GRAB N GO LUNCH	1 EACH	10	884	96	1658	13.74	*4.93	*507.3	*13533	*59.37	*43	46.58	122.18	26.53	7.40	*0.00	3.449
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	1 ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
Potato, Tater Tots	1 Each	75	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@\$\$%^+	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			788	50	1464	10.60	*3.88	*459.4	*5976	*50.27	*37 *19.0%	30.00 15.2%	102.80 52.2%	29.64 33.8%	5.54 6.3%	*0.21 *0.2%	1.060
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Fri - 03/02/2018																	
* HS lunch	Total	100															
Quesadilla, Chi & Cheese	1 Each	40	450	84	791	6.97	*2.16	*311.7	*850	*0.0	2	27.84	42.27	18.58	8.00	0.00	0.000
Pizza, French bread Variety	Servings	50	307	29	588	3.38	0.31	371.3	432	9.36	2	17.12	31.66	13.95	6.38	0.00	0.807
GRAB N GO LUNCH	1 EACH	10	884	96	1658	13.74	*4.93	*507.3	*13533	*59.37	*43	46.58	122.18	26.53	7.40	*0.00	3.449
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
Brownie Bites	1 Each	75	100	0	105	1.00	1.08	20.0	0	0.0	10	1.0	18.0	3.0	1.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@\$\$%^+	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			761	68	1217	10.75	*4.00	*751.2	*6512	*52.01	*45 *23.7%	36.58 19.2%	104.58 55.0%	24.28 28.7%	8.81 10.4%	*0.00 *0.0%	1.315
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 03/05/2018																	
* HS lunch	Total	100															
Sandwich, Spicy Chic (SEC)	Sandwich	40	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00	0.350
Pizza, Cheese 8 cut WG	Slice	50	340	35	670	4.00	1.80	350.0	400	0.0	*N/A*	18.0	36.0	15.0	7.00	0.00	0.015
GRAB N GO LUNCH	1 EACH	10	884	96	1658	13.74	*4.93	*507.3	*13533	*59.37	*43	46.58	122.18	26.53	7.40	*0.00	3.449
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
Fruit, Fresh (.5 c serv)	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Fruit, Frozen Sorbet, AllFlav.	1 Each	80	70	0	10	0.00	0.00	800.0	0	60.0	15	0.0	20.0	0.0	0.00	0.00	0.000
Chip, Variety	1 Each	75	127	0	150	6.03	0.16	8.0	20	0.72	1	2.03	20.93	3.66	0.10	0.00	0.168
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			814	46	1192	13.38	*4.44	*1276.0	*6379	*84.27	*46	34.95	120.89	23.79	6.46	*0.00	1.145
Nutrient Guideline			750-850		1420						*22.4%	17.2%	59.4%	26.3%	7.1%	*0.0%	

Tue - 03/06/2018																	
* HS lunch	Total	100															
Burrito Bar (HS)	Servings	40	638	113	789	12.08	*5.84	*474.4	*628	*0.0	*2	45.19	73.93	17.62	6.18	*0.00	0.085
Sandwich, Meatball (SEC)	1 each	50	514	60	654	5.33	*3.45	*261.4	*346	*6.14	4	22.63	39.61	29.65	13.06	0.00	5.273
GRAB N GO LUNCH	1 EACH	10	884	96	1658	13.74	*4.93	*507.3	*13533	*59.37	*43	46.58	122.18	26.53	7.40	*0.00	3.449
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
Cheese Bites	Ounce	90	70	5	135	1.00	0.36	60.0	100	0.0	0	4.0	7.0	3.0	1.00	0.00	0.000
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@\$\$^+	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			928	100	1292	13.92	*6.56	*800.4	*6470	*50.40	*38	49.12	114.02	32.20	11.57	*0.00	3.582
Nutrient Guideline			750-850		1420						*16.4%	21.2%	49.2%	31.2%	11.2%	*0.0%	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Wed - 03/07/2018																	
* HS lunch	Total	100															
Chicken, Nuggets (SEC)	Serving (7 Ea)	50	286	52	505	0.00	1.71	19.0	95	0.0	0	14.29	16.19	19.05	4.29	0.00	0.000
*Cheeseburger With The Works	Cheeseburger	40	331	38	531	3.97	3.40	165.3	554	14.17	*4	21.07	33.85	13.03	4.90	*0.00	0.131
GRAB N GO LUNCH	1 EACH	10	884	96	1658	13.74	*4.93	*507.3	*13533	*59.37	*43	46.58	122.18	26.53	7.40	*0.00	3.449
Potato, Tater Tots	1 Each	90	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@%^+*	serving	20	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			735	60	1237	8.91	*4.34	*501.6	*6211	*56.24	*37	33.50	93.24	27.14	6.68	*0.00	0.959
% of Calories											*20.1%	18.2%	50.8%	33.2%	8.2%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Thu - 03/08/2018																	
* HS lunch	Total	100															
Sandwich, Hot Ham & Cheese	Sandwich	40	300	68	867	1.92	1.45	188.4	147	8.65	3	24.69	28.37	11.6	5.34	0.00	0.000
Chicken, Baked W/Seasoning	Servings	50	483	125	388	0.00	0.77	2.9	*0	0.02	0	36.59	0.62	36.52	11.52	0.00	0.020
GRAB N GO LUNCH	1 EACH	10	884	96	1658	13.74	*4.93	*507.3	*13533	*59.37	*43	46.58	122.18	26.53	7.40	*0.00	3.449
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	1 ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Cookie, Dough Cho Chp 1.5oz	1 Each	75	160	10	90	1.00	1.08	0.0	0	1.2	15	2.0	27.0	6.0	1.50	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@%^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			834	118	1136	7.05	*3.95	*502.7	*6014	*51.70	*48	45.80	90.25	35.02	10.69	*0.00	0.922
% of Calories											*23.1%	22.0%	43.3%	37.8%	11.5%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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Fri - 03/09/2018																	
* HS lunch	Total	100															
Enchilada, 3 Cheese	3 Each	40	394	50	603	2.67	0.60	640.7	704	0.0	3	22.83	35.19	19.5	12.48	0.00	0.000
Pizza, French bread Variety	Servings	50	307	29	588	3.38	0.31	371.3	432	9.36	2	17.12	31.66	13.95	6.38	0.00	0.807
GRAB N GO LUNCH	1 EACH	10	884	96	1658	13.74	*4.93	*507.3	*13533	*59.37	*43	46.58	122.18	26.53	7.40	*0.00	3.449
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
Brownie Bites	1 Each	75	100	0	105	1.00	1.08	20.0	0	0.0	10	1.0	18.0	3.0	1.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@%^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			738	55	1142	9.03	*3.38	*882.8	*6453	*52.01	*45	34.57	101.75	24.65	10.60	*0.00	1.315
											*24.5%	18.7%	55.1%	30.0%	12.9%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Mon - 03/12/2018																	
* HS lunch	Total	100															
Quesadilla, Chi & Cheese	1 Each	40	450	84	791	6.97	*2.16	*311.7	*850	*0.0	2	27.84	42.27	18.58	8.00	0.00	0.000
*Pizza, French Bread	1 Each	50	310	30	380	3.00	1.80	500.0	500	15.0	4	23.0	33.0	11.0	6.00	0.00	0.000
GRAB N GO LUNCH	1 EACH	10	884	96	1658	13.74	*4.93	*507.3	*13533	*59.37	*43	46.58	122.18	26.53	7.40	*0.00	3.449
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Cookie, Dough Cho Chp 1.5oz	1 Each	75	160	10	90	1.00	1.08	0.0	0	1.2	15	2.0	27.0	6.0	1.50	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@%^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch	2 oz Serv ings	75	86	9	243	0.11	0.05	5.8	23	0.21	0	0.18	0.6	9.21	0.93	0.00	0.078
Weighted Daily Average % of Calories			830	81	1185	10.57	*4.72	*787.1	*6528	*55.64	*49	39.84	109.39	28.92	9.21	*0.00	0.869
											*23.5%	19.2%	52.7%	31.3%	10.0%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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Tue - 03/13/2018																	
* HS lunch	Total	100															
Burrito Bar (HS)	Servings	50	638	113	789	12.08	*5.84	*474.4	*628	*0.0	*2	45.19	73.93	17.62	6.18	*0.00	0.085
Sandwich, Spicy Chic (SEC)	Sandwich	40	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00	0.350
GRAB N GO LUNCH	1 EACH	10	884	96	1658	13.74	*4.93	*507.3	*13533	*59.37	*43	46.58	122.18	26.53	7.40	*0.00	3.449
*Potato, Wedges Frz (SEC)	5 oz	75	229	0	197	3.68	3.04	23.8	181	33.33	*0	7.03	51.52	0.52	0.12	*0.00	0.164
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@\$\$%^+	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			1014	87	1327	16.58	*8.78	*716.1	*6589	*77.67	*38 *15.1%	52.54 20.7%	152.55 60.2%	23.64 21.0%	6.08 5.4%	*0.00 *0.0%	1.217
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Wed - 03/14/2018																	
* HS lunch	Total	100															
*Ravioli w/ Red Sauce@^+ (SE	Portion	40	297	55	690	2.84	*2.47	*206.7	*648	*11.2	4	20.12	34.05	8.78	4.19	0.00	0.726
Chicken, Sriracha Honey	1 Each	50	167	55	446	1.00	1.08	0.0	350	1.2	14	14.0	22.0	3.0	3.00	0.00	0.000
GRAB N GO LUNCH	1 EACH	10	884	96	1658	13.74	*4.93	*507.3	*13533	*59.37	*43	46.58	122.18	26.53	7.40	*0.00	3.449
Cheese Bites	Ounce	80	70	5	135	1.00	0.36	60.0	100	0.0	0	4.0	7.0	3.0	1.00	0.00	0.000
Chip, Variety	1 Each	50	127	0	150	6.03	0.16	8.0	20	0.72	1	2.03	20.93	3.66	0.10	0.00	0.168
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@\$\$%^+	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			674	74	1210	10.98	*4.07	*560.6	*6480	*52.77	*45 *26.6%	35.40 21.0%	99.03 58.7%	16.86 22.5%	5.70 7.6%	*0.00 *0.0%	1.286
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 03/15/2018																	
* HS lunch	Total	100															
Chicken Fritter WG	1 Each	40	291	40	791	1.61	2.32	16.1	0	0.0	2	12.91	22.6	17.76	4.04	0.00	0.000
*Cheeseburger With The Works	Cheeseburger	50	331	38	531	3.97	3.40	165.3	554	14.17	*4	21.07	33.85	13.03	4.90	*0.00	0.131
GRAB N GO LUNCH	1 EACH	10	884	96	1658	13.74	*4.93	*507.3	*13533	*59.37	*43	46.58	122.18	26.53	7.40	*0.00	3.449
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	1 ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
Potato, Tater Tots	1 Each	75	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@%^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			732	55	1342	9.66	*4.80	*515.0	*6233	*57.11	*38	33.33	96.31	25.74	6.49	*0.00	0.977
% of Calories											*21.0%	18.2%	52.6%	31.7%	8.0%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Fri - 03/16/2018																	
* HS lunch	Total	100															
Nachos w/meat&Chips(SEC)	servings	40	482	24	769	6.92	*1.36	*63.4	*50	*0.6	2	14.78	52.9	21.6	2.75	0.54	0.371
Pizza, Big Daddy's 4 Cheese	1 Each	50	279	23	484	2.79	1.67	418.5	697	8.37	4	17.67	30.69	13.02	4.65	0.00	0.000
GRAB N GO LUNCH	1 EACH	10	884	96	1658	13.74	*4.93	*507.3	*13533	*59.37	*43	46.58	122.18	26.53	7.40	*0.00	3.449
*Salad Bar	Servings	50	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Apple, Fresh	1 Each	50	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
Milk, 1%	8 oz	30	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	50	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Milk, Non Fat	8 oz	30	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Condiment Variety@%^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			641	40	1006	8.31	*2.91	*659.8	*3943	*17.66	*35	30.70	85.72	21.41	4.98	*0.21	0.946
% of Calories											*21.8%	19.2%	53.5%	30.1%	7.0%	*0.3%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 03/19/2018																	
* HS lunch	Total	100															
Chicken, Nuggets (SEC)	Serving (7 Ea)	40	286	52	505	0.00	1.71	19.0	95	0.0	0	14.29	16.19	19.05	4.29	0.00	0.000
Sandwich, Hot Ham & Cheese	Sandwich	50	300	68	867	1.92	1.45	188.4	147	8.65	3	24.69	28.37	11.6	5.34	0.00	0.000
GRAB N GO LUNCH	1 EACH	10	884	96	1658	13.74	*4.93	*507.3	*13533	*59.37	*43	46.58	122.18	26.53	7.40	*0.00	3.449
Cheese Bites	Ounce	75	70	5	135	1.00	0.36	60.0	100	0.0	0	4.0	7.0	3.0	1.00	0.00	0.000
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Cookie, Dough Cho Chp 1.5oz	1 Each	75	160	10	90	1.00	1.08	0.0	0	1.2	15	2.0	27.0	6.0	1.50	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@%^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch	2 oz Servings	75	86	9	243	0.11	0.05	5.8	23	0.21	0	0.18	0.6	9.21	0.93	0.00	0.078
Weighted Daily Average % of Calories			812	91	1415	7.99	*4.64	*559.2	*6124	*52.47	*47	38.26	101.89	31.65	8.14	*0.00	0.869
Nutrient Guideline			750-850		1420						*23.3%	18.9%	50.2%	35.1%	9.0%	*0.0%	

Tue - 03/20/2018																	
* HS lunch	Total	100															
Burrito Bar (HS)	Servings	40	638	113	789	12.08	*5.84	*474.4	*628	*0.0	*2	45.19	73.93	17.62	6.18	*0.00	0.085
*Cheeseburger With The Works	Cheeseburger	50	331	38	531	3.97	3.40	165.3	554	14.17	*4	21.07	33.85	13.03	4.90	*0.00	0.131
GRAB N GO LUNCH	1 EACH	10	884	96	1658	13.74	*4.93	*507.3	*13533	*59.37	*43	46.58	122.18	26.53	7.40	*0.00	3.449
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
Cheese Bites	Ounce	90	70	5	135	1.00	0.36	60.0	100	0.0	0	4.0	7.0	3.0	1.00	0.00	0.000
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@%^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			836	89	1230	13.24	*6.54	*752.3	*6574	*54.41	*38	48.34	111.14	23.88	7.49	*0.00	1.011
Nutrient Guideline			750-850		1420						*18.4%	23.1%	53.2%	25.7%	8.1%	*0.0%	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Wed - 03/21/2018																	
* HS lunch	Total	100															
Pizza, Cheese 8 cut WG	Slice	50	340	35	670	4.00	1.80	350.0	400	0.0	*N/A*	18.0	36.0	15.0	7.00	0.00	0.015
Sandwich, Meatball (SEC)	1 each	40	514	60	654	5.33	*3.45	*261.4	*346	*6.14	4	22.63	39.61	29.65	13.06	0.00	5.273
GRAB N GO LUNCH	1 EACH	10	884	96	1658	13.74	*4.93	*507.3	*13533	*59.37	*43	46.58	122.18	26.53	7.40	*0.00	3.449
Cookie, Dough Sugar 1.5oz	1 Each	90	160	0	140	1.00	0.72	0.0	0	0.0	12	2.0	26.0	6.0	1.00	0.00	0.000
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@%^+*	serving	20	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			862	61	1215	10.56	*5.05	*705.5	*6280	*49.78	*47	35.98	114.45	31.77	11.30	*0.00	3.023
											*22.0%	16.7%	53.1%	33.2%	11.8%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Thu - 03/22/2018																	
* HS lunch	Total	100															
Sandwich, Spicy Chic (SEC)	Sandwich	40	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00	0.350
Nachos w/meat&Chips(SEC)	servings	50	482	24	769	6.92	*1.36	*63.4	*50	*0.6	2	14.78	52.9	21.6	2.75	0.54	0.371
GRAB N GO LUNCH	1 EACH	10	884	96	1658	13.74	*4.93	*507.3	*13533	*59.37	*43	46.58	122.18	26.53	7.40	*0.00	3.449
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	1 ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
Potato, Tater Tots	1 Each	75	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@%^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			862	43	1401	12.74	*4.25	*492.8	*6164	*55.67	*39	33.57	115.39	29.75	5.02	*0.27	1.237
											*18.0%	15.6%	53.6%	31.1%	5.2%	*0.3%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Fri - 03/23/2018																	
* HS lunch	Total	100															
Enchilada, 3 Cheese	3 Each	40	394	50	603	2.67	0.60	640.7	704	0.0	3	22.83	35.19	19.5	12.48	0.00	0.000
Pizza, French bread Variety	Servings	50	307	29	588	3.38	0.31	371.3	432	9.36	2	17.12	31.66	13.95	6.38	0.00	0.807
GRAB N GO LUNCH	1 EACH	10	884	96	1658	13.74	*4.93	*507.3	*13533	*59.37	*43	46.58	122.18	26.53	7.40	*0.00	3.449
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
Brownie Bites	1 Each	75	100	0	105	1.00	1.08	20.0	0	0.0	10	1.0	18.0	3.0	1.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@\$\$^+	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			738	55	1142	9.03	*3.38	*882.8	*6453	*52.01	*45	34.57	101.75	24.65	10.60	*0.00	1.315
% of Calories											*24.5%	18.7%	55.1%	30.0%	12.9%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Weighted Average			800	69	1244	10.78	*4.69	*694.4	*6199	*54.24	*42	38.06	106.78	26.76	7.96	*0.04	1.356
											*47.6%	19.0%	53.4%	30.1%	9.0%	*0.0%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	800		750 - 850	100%				
Cholesterol (mg)	69							
Sodium (mg)	1244		1420					
Fiber (g)	10.78							
Iron (mg)	4.69				Missing			
Calcium (mg)	694.4				Missing			
Vitamin A (IU)	6199				Missing			
Sugars (g)	42	21.14%			Missing			
Vitamin C (mg)	54.24				Missing			
Protein (g)	38.06	19.03%						
Carbohydrate (g)	106.78	53.38%						
Total Fat (g)	26.76	30.11%	<=35.00%					
Saturated Fat (g)	7.96	8.96%	<10.00%					
Trans Fat ¹ (g)	0.04	0.05%			Missing			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.