

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Mon - 01/06/2020																	
* HS lunch	Total	100															
*Hot Dog, Secondary	1 Each	20	273	20	714	2.04	2.19	40.8	100	6.12	4	12.1	28.55	13.04	4.00	0.00	0.000
*Pizza, Domino's Ch & Pepp	1 Each	70	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (.5 c serv)*	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
*Fruit, Frozen Sorbet, All Flav.	1 Each	80	70	0	10	0.00	0.00	800.0	0	60.0	15	0.0	20.0	0.0	0.00	0.00	0.000
*Chip, Variety*	1 Each	75	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00	0.185
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			757	36	1181	9.41	*4.63	*1403.3	*6520	*85.03	*48	34.78	118.77	18.44	5.30	*0.00	0.769
Nutrient Guideline			750-850		1420						*25.2%	18.4%	62.8%	21.9%	6.3%	*0.0%	
														<=35.0	<10.00		

Tue - 01/07/2020																	
* HS lunch	Total	100															
*Burrito Bar (HS)*	Servings	40	638	113	789	12.08	*5.84	*474.4	*628	*0.0	*2	45.19	73.93	17.62	6.18	*0.00	0.085
*Cheeseburger, Bacon Ranch	Cheeseburger	50	501	83	1467	3.50	3.40	165.3	554	13.32	*9	30.83	42.36	23.58	7.28	*0.00	0.131
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Fruit, Frozen Bar Orange*	1 Each	75	50	0	10	0.00	0.00	0.0	0	0.0	11	0.0	12.0	0.0	0.00	0.00	0.000
Weighted Daily Average % of Calories			898	106	1563	12.35	*6.32	*695.2	*6449	*54.85	*49	49.53	118.83	26.36	7.83	*0.00	0.771
Nutrient Guideline			750-850		1420						*22.0%	22.1%	52.9%	26.4%	7.8%	*0.0%	
														<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Wed - 01/08/2020																	
* HS lunch	Total	100															
*Chicken Fritter WG*	1 Each	50	291	40	791	1.61	2.32	16.1	0	0.0	2	12.91	22.6	17.76	4.04	0.00	0.000
*Chicken, Mandarin Orange*	1 Each	40	163	44	305	0.00	0.78	0.0	0	1.31	11	11.98	20.69	3.27	0.54	0.00	0.000
*Rice, Brown, (H.S.)*	.5 Cup	40	224	0	9	2.11	0.91	17.6	0	0.0	*N/A*	4.82	46.9	1.77	0.36	*0.00	0.012
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Potato, Tater Tots*	1 Each	90	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@%*^+*	serving	20	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			762	56	1271	9.22	*4.08	*437.9	*5907	*51.95	*41	31.01	110.68	23.19	4.99	*0.00	0.670
% of Calories											*21.3%	16.3%	58.1%	27.4%	5.9%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Thu - 01/09/2020																	
* HS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	60	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*Quesadilla, Secondary	1 Each	30	451	92	1055	2.77	*3.64	*371.2	*943	*1.36	*2	35.69	33.13	19.74	8.23	*0.00	0.064
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	50	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Chip, Variety*	1 Each	75	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00	0.185
*Milk, 1%*	8 oz	30	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	50	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Milk, Non Fat*	8 oz	30	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Condiment Variety@%*^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			697	58	1257	7.19	*4.44	*819.9	*4262	*15.04	*29	40.78	89.44	20.32	6.46	*0.00	0.617
% of Calories											*16.5%	23.4%	51.3%	26.2%	8.3%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Fri - 01/10/2020																	
* HS lunch	Total	100															
*Enchiladas, Cheese (SEC)*	3-each	40	327	55	884	1.30	0.29	512.5	1893	18.0	2	19.14	21.17	20.01	12.09	0.00	0.000
*Chicken, Nuggets (SEC)*	Serving (7 Ea)	50	286	52	505	0.00	1.71	19.0	95	0.0	0	14.29	16.19	19.05	4.29	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	50	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Cookie, Chocolate Chip Dough	1 Each	75	166	26	157	0.80	0.54	10.0	200	0.0	14	1.5	22.5	8.0	4.90	0.00	0.000
*Corn, Mini Cob	1 Each	75	100	0	0	1.00	0.00	0.0	0	3.6	5	3.0	21.0	1.0	0.00	0.00	0.000
*Apple, Fresh*	1 Each	50	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
*Milk, 1%*	8 oz	30	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	50	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Milk, Non Fat*	8 oz	30	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Condiment Variety@%*^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			784	86	1159	6.26	*3.02	*644.1	*4495	*24.00	*47	34.02	99.14	30.44	12.25	*0.00	0.558
% of Calories											*24.2%	17.4%	50.6%	34.9%	14.1%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Mon - 01/13/2020																	
* HS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	60	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*Burrito, Chicken, Chs & Rice	1 Each	40	338	55	478	5.00	2.84	752.0	259	2.51	0	22.0	37.0	9.5	3.00	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Chip, Variety*	1 Each	50	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00	0.185
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@%*^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch	2 oz Servings	75	86	9	243	0.11	0.05	5.8	23	0.21	0	0.18	0.6	9.21	0.93	0.00	0.078
Weighted Daily Average			769	58	1247	11.08	*5.13	*999.1	*6477	*52.95	*38	38.32	105.62	22.46	5.48	*0.00	0.721
% of Calories											*19.8%	19.9%	54.9%	26.3%	6.4%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Tue - 01/14/2020																	
* HS lunch	Total	100															
*Chicken, Spicy Popcorn	1 Each	50	280	40	820	2.00	1.80	0.0	0	0.0	1	15.0	15.0	17.0	3.00	0.00	0.000
*Cheeseburger, Bacon Ranch	Cheeseburger	40	501	83	1467	3.50	3.40	165.3	554	13.32	*9	30.83	42.36	23.58	7.28	*0.00	0.131
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Cookie, Chocolate Chip Dough	1 Each	75	166	26	157	0.80	0.54	10.0	200	0.0	14	1.5	22.5	8.0	4.90	0.00	0.000
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@%*^+*	serving	20	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			810	91	1586	8.77	*4.90	*496.5	*6279	*53.52	*50	36.99	99.26	30.84	9.80	*0.00	0.718
% of Calories											*24.7%	18.3%	49.0%	34.3%	10.9%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Wed - 01/15/2020																	
* HS lunch	Total	100															
*Chicken, Nuggets (SEC)*	Serving (7 Ea)	50	286	52	505	0.00	1.71	19.0	95	0.0	0	14.29	16.19	19.05	4.29	0.00	0.000
*Nachos w/meat&Chips(SEC)*	servings	40	482	24	769	6.92	*1.36	*63.4	*50	*0.6	2	14.78	52.9	21.6	2.75	0.54	0.371
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Chip, Variety*	1 Each	90	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00	0.185
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@%*^+*	serving	20	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			802	54	1175	10.17	*3.84	*464.9	*6011	*48.86	*38	30.92	106.92	28.99	5.15	*0.21	0.981
% of Calories											*18.9%	15.4%	53.3%	32.5%	5.8%	*0.2%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Thu - 01/16/2020																	
* HS lunch	Total	100															
*Sandwich, Meatball (SEC)*	1 each	40	514	60	654	5.33	*3.45	*261.4	*346	*6.14	4	22.63	39.61	29.65	13.06	0.00	5.273
*Pizza, Domino's Ch & Pepp	1 Each	50	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	1 ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$%^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			718	54	1090	9.90	*5.02	*764.9	*6434	*53.65	*39	35.84	94.42	23.63	8.81	*0.00	2.781
% of Calories											*21.9%	20.0%	52.6%	29.6%	11.0%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Fri - 01/17/2020																	
* HS lunch	Total	100															
*Chicken Fritter WG*	1 Each	40	291	40	791	1.61	2.32	16.1	0	0.0	2	12.91	22.6	17.76	4.04	0.00	0.000
*Sandwich, Spicy Chic (SEC)*	Sandwich	50	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00	0.350
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Chip, Variety*	1 Each	75	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00	0.185
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Brownie Bites*	1 Each	75	100	0	105	1.00	1.08	20.0	0	0.0	10	1.0	18.0	3.0	1.00	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$%^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			861	48	1342	11.35	*5.95	*494.3	*6181	*55.23	*48	34.15	121.30	28.68	5.77	*0.00	0.985
% of Calories											*22.1%	15.9%	56.4%	30.0%	6.0%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Mon - 01/20/2020																	
* HS lunch	Total	100															
*Enchiladas, Cheese (SEC)*	3-each	50	327	55	884	1.30	0.29	512.5	1893	18.0	2	19.14	21.17	20.01	12.09	0.00	0.000
*Pizza, Domino's Ch & Pepp	1 Each	40	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Potatoes, Oven fries (Sec)*	1 Cup	90	86	0	20	0.99	0.00	0.0	0	0.0	0	0.99	14.88	2.98	0.99	0.00	0.157
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$^+*	serving	20	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Cookie, Choc Chip, 1.3 Oz IW*	1 Each	75	140	0	100	2.00	1.08	20.0	0	0.0	12	2.0	26.0	4.0	1.50	0.00	0.000
Weighted Daily Average			817	54	1264	10.41	*4.27	*884.1	*7154	*59.59	*47	36.60	117.02	25.99	11.28	*0.00	0.807
% of Calories											*23.1%	17.9%	57.3%	28.6%	12.4%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Tue - 01/21/2020																	
* HS lunch	Total	100															
*Burrito Bar (HS)*	Servings	40	638	113	789	12.08	*5.84	*474.4	*628	*0.0	*2	45.19	73.93	17.62	6.18	*0.00	0.085
*Chicken, Nuggets (SEC)*	Serving (7 Ea)	50	286	52	505	0.00	1.71	19.0	95	0.0	0	14.29	16.19	19.05	4.29	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Chip, Variety*	1 Each	75	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00	0.185
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			854	91	1194	11.96	*5.65	*628.1	*6250	*48.55	*38	42.78	113.18	27.36	6.49	*0.00	0.844
% of Calories											*17.7%	20.0%	53.0%	28.8%	6.8%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Wed - 01/22/2020																	
* HS lunch	Total	100															
*Cheeseburger With The Works	Cheeseburger	50	331	38	531	3.97	3.40	165.3	554	14.17	*4	21.07	33.85	13.03	4.90	*0.00	0.131
*Chicken, Popcorn Orange	1 Each	40	150	40	280	0.00	0.72	0.0	0	1.2	10	11.0	19.0	3.0	0.50	0.00	0.000
*Rice, Brown, (H.S.)*	.5 Cup	40	224	0	9	2.11	0.91	17.6	0	0.0	*N/A*	4.82	46.9	1.77	0.36	*0.00	0.012
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@%*^+*	serving	20	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Cookie, Choc Chip, 1.3 Oz IW*	1 Each	75	140	0	100	2.00	1.08	20.0	0	0.0	12	2.0	26.0	4.0	1.50	0.00	0.000
Weighted Daily Average			765	53	927	10.10	*5.40	*527.5	*6184	*55.76	*51	34.40	120.73	18.32	5.63	*0.00	0.736
% of Calories											*26.4%	18.0%	63.1%	21.6%	6.6%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Thu - 01/23/2020																	
* HS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	70	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*Hot Dog, Secondary	1 Each	20	273	20	714	2.04	2.19	40.8	100	6.12	4	12.1	28.55	13.04	4.00	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	1 ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Chip, Variety*	1 Each	75	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00	0.185
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@%*^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			731	38	1220	10.34	*4.78	*769.4	*6496	*53.97	*41	35.03	108.52	19.35	5.30	*0.00	0.810
% of Calories											*22.3%	19.2%	59.4%	23.8%	6.5%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Fri - 01/24/2020																	
* HS lunch	Total	100															
*Enchiladas, Cheese (SEC)*	3-each	40	327	55	884	1.30	0.29	512.5	1893	18.0	2	19.14	21.17	20.01	12.09	0.00	0.000
*Chicken, Spicy Popcorn	1 Each	50	280	40	820	2.00	1.80	0.0	0	0.0	1	15.0	15.0	17.0	3.00	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Chip, Variety*	1 Each	75	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00	0.185
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@%*^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			727	62	1390	8.65	*3.47	*633.8	*6708	*55.75	*39	32.71	91.48	27.29	8.21	*0.00	0.810
Nutrient Guideline			750-850		1420						*21.2%	18.0%	50.3%	33.8%	10.2%	*0.0%	
														<=35.0	<10.00		

Mon - 01/27/2020																	
* HS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	60	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*Burrito, Chicken, Chs & Rice	1 Each	40	338	55	478	5.00	2.84	752.0	259	2.51	0	22.0	37.0	9.5	3.00	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Chip, Variety*	1 Each	50	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00	0.185
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@%*^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch	2 oz Serv ings	75	86	9	243	0.11	0.05	5.8	23	0.21	0	0.18	0.6	9.21	0.93	0.00	0.078
Weighted Daily Average % of Calories			769	58	1247	11.08	*5.13	*999.1	*6477	*52.95	*38	38.32	105.62	22.46	5.48	*0.00	0.721
Nutrient Guideline			750-850		1420						*19.8%	19.9%	54.9%	26.3%	6.4%	*0.0%	
														<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Tue - 01/28/2020																	
* HS lunch	Total	100															
*Chicken, Nuggets (SEC)*	Serving ( 7 Ea)	40	286	52	505	0.00	1.71	19.0	95	0.0	0	14.29	16.19	19.05	4.29	0.00	0.000
*Sandwich, Spicy Chic (SEC)*	Sandwich	50	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00	0.350
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Chip, Variety*	1 Each	50	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00	0.185
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$%^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Fruit, Frozen Bar Orange*	1 Each	75	50	0	10	0.00	0.00	0.0	0	0.0	11	0.0	12.0	0.0	0.00	0.00	0.000
Weighted Daily Average			787	53	1116	9.50	*4.84	*478.4	*6209	*55.11	*47	33.44	108.76	25.85	5.06	*0.00	0.939
% of Calories											*24.0%	17.0%	55.2%	29.5%	5.8%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Wed - 01/29/2020																	
* HS lunch	Total	100															
*Burrito, Chicken, Chs & Rice	1 Each	50	338	55	478	5.00	2.84	752.0	259	2.51	0	22.0	37.0	9.5	3.00	0.00	0.000
*Wrap, Spicy Chicken	1 Each	40	639	65	2038	6.40	23.48	236.6	565	0.79	*8	26.2	56.59	33.07	7.57	0.00	0.045
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$%^+*	serving	20	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			770	72	1526	10.83	*13.05	*893.5	*6263	*49.76	*39	37.51	99.08	24.88	6.24	*0.00	0.684
% of Calories											*20.1%	19.5%	51.5%	29.1%	7.3%	*0.0%	
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Thu - 01/30/2020																	
* HS lunch	Total	100															
*Pizza, Domino's Ch & Pepp	1 Each	60	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00	0.000
*Chicken, Spicy Popcorn	1 Each	30	280	40	820	2.00	1.80	0.0	0	0.0	1	15.0	15.0	17.0	3.00	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar (SEC)	portion	75	49	0	86	2.32	1.77	33.0	5261	3.69	*3	2.21	11.08	0.32	0.05	*0.00	0.181
*Fruit, Fresh (1 c serv)	1 ea	75	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00	0.178
*Cookie, Dough Cho Chp 1.5oz	1 Each	80	160	10	90	1.00	1.08	0.0	0	1.2	15	2.0	27.0	6.0	1.50	0.00	0.000
*Milk, 1%*	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Condiment Variety@\$\$%^+*	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			756	52	1211	9.57	*5.31	*707.8	*6371	*52.75	*51 *26.8%	35.03 18.5%	108.58 57.5%	22.52 26.8%	6.07 7.2%	*0.00 *0.0%	0.671
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Fri - 01/31/2020																	
* HS lunch	Total	100															
*Cheeseburger, Bacon Ranch	Cheeseburger	40	501	83	1467	3.50	3.40	165.3	554	13.32	*9	30.83	42.36	23.58	7.28	*0.00	0.131
*Chicken, Nuggets (SEC)*	Serving (7 Ea)	50	286	52	505	0.00	1.71	19.0	95	0.0	0	14.29	16.19	19.05	4.29	0.00	0.000
*GRAB N GO LUNCH*	1 EACH	10	907	88	1442	16.17	*6.07	*476.5	*13188	*68.0	*46	45.6	129.55	25.5	7.82	*0.00	1.043
*Salad Bar	Servings	50	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Corn, Mini Cob	1 Each	75	100	0	0	1.00	0.00	0.0	0	3.6	5	3.0	21.0	1.0	0.00	0.00	0.000
*Apple, Fresh*	1 Each	50	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
*Milk, 1%*	8 oz	30	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate Non Fat*	8 oz	50	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
*Milk, Non Fat*	8 oz	30	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Condiment Variety@\$\$%^+*	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
*Dressing, Ranch POK*	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			729	77	1274	6.53	*3.86	*497.7	*3809	*22.13	*40 *21.9%	37.57 20.6%	90.75 49.8%	25.86 31.9%	6.65 8.2%	*0.00 *0.0%	0.610
Nutrient Guideline			750-850		1420									<=35.0	<10.00		

Weighted Average			778	63	1262	9.73	*5.16	*712.0	*6047	*50.07	*43 *49.5%	36.49 18.8%	106.41 54.7%	24.66 28.5%	6.91 8.0%	*0.01 *0.0%	0.860
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Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	778		750 - 850	100%				
Cholesterol (mg)	63							
Sodium (mg)	1262		1420					
Fiber (g)	9.73							
Iron (mg)	5.16				Missing			
Calcium (mg)	712.0				Missing			
Vitamin A (IU)	6047				Missing			
Sugars (g)	43	22.01%			Missing			
Vitamin C (mg)	50.07				Missing			
Protein (g)	36.49	18.76%						
Carbohydrate (g)	106.41	54.70%						
Total Fat (g)	24.66	28.52%	<=35.00%					
Saturated Fat (g)	6.91	8.00%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.01	0.01%			Missing			

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