

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 09/03/2018																	
*HS Breakfast	Total	100															
*Bagel, WG 2.6 oz.	1 Each	50	200	0	360	4.00	2.70	20.0	0	3.6	5	9.0	39.0	2.0	0.50	0.00	0.000
Cheese, Cream	1 Each	25	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Peanut Butter	1 Each	25	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
Burrito, Egg & Cheese	1 ea	50	200	66	299	3.06	1.69	141.2	282	3.39	0	10.59	20.45	8.66	3.83	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Potato, Tri Tater (1 ea)	Tri Tater	75	110	0	225	1.50	0.36	0.0	0	0.6	0	1.0	14.5	5.5	0.75	0.00	0.118
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			496	42	650	6.40	2.76	374.6	1018	61.29	*26	21.09	70.12	15.99	4.69	*0.00	0.335
% of Calories											*20.7%	17.0%	56.5%	29.0%	8.5%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Tue - 09/04/2018																	
*HS Breakfast	Total	100															
Sandwich, Hot Ham & Cheese	Sandwich	50	300	68	867	1.92	1.45	188.4	147	8.65	3	24.69	28.37	11.6	5.34	0.00	0.000
*Bread, Brk Strawberry Banana	Servings	50	205	16	244	2.01	0.52	26.0	*16	*14.2	*4	2.48	35.9	5.42	2.67	*0.00	0.854
Yogurt, Nonfat Peach	4 oz	50	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Potato, Tri Tater (1 ea)	Tri Tater	75	110	0	225	1.50	0.36	0.0	0	0.6	0	1.0	14.5	5.5	0.75	0.00	0.118
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			663	48	946	4.03	1.35	980.7	*908	*69.22	*55	27.92	107.51	13.99	5.33	*0.00	0.735
% of Calories											*33.0%	16.8%	64.8%	19.0%	7.2%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Wed - 09/05/2018																	
*HS Breakfast	Total	100															
*Pizza, Breakfast Turkey Saus	1 Each	50	240	15	500	3.00	1.80	150.0	0	2.4	8	11.0	32.0	7.0	2.50	0.00	0.000
Parfait, Berry - Entree	50 serving	50	364	20	260	3.85	*0.56	*400.0	*500	*2.4	39	13.06	59.12	9.14	3.01	0.00	0.414
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Potato, Tri Tater (1 ea)	Tri Tater	75	110	0	225	1.50	0.36	0.0	0	0.6	0	1.0	14.5	5.5	0.75	0.00	0.118
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			533	23	661	5.49	*1.54	*548.4	*1077	*60.19	*45	20.37	82.94	13.55	4.09	*0.00	0.515
% of Calories											*34.0%	15.3%	62.2%	22.9%	6.9%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Thu - 09/06/2018																	
*HS Breakfast	Total	100															
Bagel,T Ham & Cheese 2018	1 EACH	50	320	35	713	4.36	2.71	206.5	300	0.39	5	11.9	46.93	6.29	2.99	0.00	0.000
Muffin Top, Orange Blossom	1 Each	50	222	29	108	3.30	1.10	9.0	148	4.6	17	3.9	39.0	5.5	0.90	0.00	0.000
Yogurt, Nonfat Peach	4 oz	25	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Potato, Tri Tater (1 ea)	Tri Tater	50	110	0	225	1.50	0.36	0.0	0	0.6	0	1.0	14.5	5.5	0.75	0.00	0.118
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			565	37	690	5.52	2.17	681.2	1051	60.14	*48	18.99	95.72	10.00	3.09	*0.00	0.278
% of Calories											*33.7%	13.5%	67.8%	15.9%	4.9%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Fri - 09/07/2018																	
*HS Breakfast	Total	100															
Brk Bowl Pancake (SEC)	Serving	50	311	310	661	2.00	*1.70	*62.0	*413	*0.0	6	17.36	28.51	15.4	3.48	0.00	0.583
Cinnamon Swirl Dough, WG	1 Each	50	234	6	182	3.90	1.30	26.5	498	0.49	13	6.5	48.1	1.3	0.65	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Potato, Tri Tater (1 ea)	Tri Tater	50	110	0	225	1.50	0.36	0.0	0	0.6	0	1.0	14.5	5.5	0.75	0.00	0.118
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Weighted Daily Average % of Calories			476	164	646	4.64	*1.77	*317.7	*1282	*57.89	*31 *26.1%	20.02 16.8%	72.06 60.5%	12.46 23.5%	3.21 6.1%	*0.00 *0.0%	0.569
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Tue - 09/11/2018																	
*HS Breakfast	Total	100															
Sandwich, Hot Ham & Cheese	Sandwich	50	300	68	867	1.92	1.45	188.4	147	8.65	3	24.69	28.37	11.6	5.34	0.00	0.000
*Bread, Brk Strawberry Banana	Servings	50	205	16	244	2.01	0.52	26.0	*16	*14.2	*4	2.48	35.9	5.42	2.67	*0.00	0.854
Yogurt, Nonfat Peach	4 oz	50	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Potato, Tri Tater (1 ea)	Tri Tater	75	110	0	225	1.50	0.36	0.0	0	0.6	0	1.0	14.5	5.5	0.75	0.00	0.118
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average % of Calories			663	48	946	4.03	1.35	980.7	*908	*69.22	*55 *33.0%	27.92 16.8%	107.51 64.8%	13.99 19.0%	5.33 7.2%	*0.00 *0.0%	0.735
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Wed - 09/12/2018																	
*HS Breakfast	Total	100															
*Pizza, Breakfast Turkey Saus	1 Each	50	240	15	500	3.00	1.80	150.0	0	2.4	8	11.0	32.0	7.0	2.50	0.00	0.000
Parfait, Berry - Entree	serving	50	364	20	260	3.85	*0.56	*400.0	*500	*2.4	39	13.06	59.12	9.14	3.01	0.00	0.414
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Potato, Tri Tater (1 ea)	Tri Tater	75	110	0	225	1.50	0.36	0.0	0	0.6	0	1.0	14.5	5.5	0.75	0.00	0.118
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average % of Calories			533	23	661	5.49	*1.54	*548.4	*1077	*60.19	*45 *34.0%	20.37 15.3%	82.94 62.2%	13.55 22.9%	4.09 6.9%	*0.00 *0.0%	0.515
Nutrient Guideline			450-600		640									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 09/13/2018																	
*HS Breakfast	Total	100															
Bagel, T Ham & Cheese 2018	1 EACH	50	320	35	713	4.36	2.71	206.5	300	0.39	5	11.9	46.93	6.29	2.99	0.00	0.000
Muffin Top, Orange Blossom	1 Each	50	222	29	108	3.30	1.10	9.0	148	4.6	17	3.9	39.0	5.5	0.90	0.00	0.000
Yogurt, Nonfat Peach	4 oz	25	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Potato, Tri Tater (1 ea)	Tri Tater	50	110	0	225	1.50	0.36	0.0	0	0.6	0	1.0	14.5	5.5	0.75	0.00	0.118
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			565	37	690	5.52	2.17	681.2	1051	60.14	*48	18.99	95.72	10.00	3.09	*0.00	0.278
% of Calories											*33.7%	13.5%	67.8%	15.9%	4.9%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Fri - 09/14/2018																	
*HS Breakfast	Total	100															
Brk Bowl Pancake (SEC)	Serving	50	311	310	661	2.00	*1.70	*62.0	*413	*0.0	6	17.36	28.51	15.4	3.48	0.00	0.583
Cinnamon Swirl Dough, WG	1 Each	50	234	6	182	3.90	1.30	26.5	498	0.49	13	6.5	48.1	1.3	0.65	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Potato, Tri Tater (1 ea)	Tri Tater	50	110	0	225	1.50	0.36	0.0	0	0.6	0	1.0	14.5	5.5	0.75	0.00	0.118
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			476	164	646	4.64	*1.77	*317.7	*1282	*57.89	*31	20.02	72.06	12.46	3.21	*0.00	0.569
% of Calories											*26.1%	16.8%	60.5%	23.5%	6.1%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 09/17/2018																	
*HS Breakfast	Total	100															
*Bagel, WG 2.6 oz.	1 Each	50	200	0	360	4.00	2.70	20.0	0	3.6	5	9.0	39.0	2.0	0.50	0.00	0.000
Cheese, Cream	1 Each	25	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Peanut Butter	1 Each	25	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
Burrito, Egg & Cheese	1 ea	50	200	66	299	3.06	1.69	141.2	282	3.39	0	10.59	20.45	8.66	3.83	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Potato, Tri Tater (1 ea)	Tri Tater	75	110	0	225	1.50	0.36	0.0	0	0.6	0	1.0	14.5	5.5	0.75	0.00	0.118
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			496	42	650	6.40	2.76	374.6	1018	61.29	*26	21.09	70.12	15.99	4.69	*0.00	0.335
% of Calories											*20.7%	17.0%	56.5%	29.0%	8.5%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Tue - 09/18/2018																	
*HS Breakfast	Total	100															
Sandwich, Hot Ham & Cheese	Sandwich	50	300	68	867	1.92	1.45	188.4	147	8.65	3	24.69	28.37	11.6	5.34	0.00	0.000
*Bread, Brk Strawberry Banana	Servings	50	205	16	244	2.01	0.52	26.0	*16	*14.2	*4	2.48	35.9	5.42	2.67	*0.00	0.854
Yogurt, Nonfat Peach	4 oz	50	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Potato, Tri Tater (1 ea)	Tri Tater	75	110	0	225	1.50	0.36	0.0	0	0.6	0	1.0	14.5	5.5	0.75	0.00	0.118
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			663	48	946	4.03	1.35	980.7	*908	*69.22	*55	27.92	107.51	13.99	5.33	*0.00	0.735
% of Calories											*33.0%	16.8%	64.8%	19.0%	7.2%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 09/20/2018																	
*HS Breakfast	Total	100															
Bagel, T Ham & Cheese 2018	1 EACH	50	320	35	713	4.36	2.71	206.5	300	0.39	5	11.9	46.93	6.29	2.99	0.00	0.000
Muffin Top, Orange Blossom	1 Each	50	222	29	108	3.30	1.10	9.0	148	4.6	17	3.9	39.0	5.5	0.90	0.00	0.000
Yogurt, Nonfat Peach	4 oz	25	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Potato, Tri Tater (1 ea)	Tri Tater	50	110	0	225	1.50	0.36	0.0	0	0.6	0	1.0	14.5	5.5	0.75	0.00	0.118
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			565	37	690	5.52	2.17	681.2	1051	60.14	*48	18.99	95.72	10.00	3.09	*0.00	0.278
% of Calories											*33.7%	13.5%	67.8%	15.9%	4.9%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Fri - 09/21/2018																	
*HS Breakfast	Total	100															
Brk Bowl Pancake (SEC)	Serving	50	311	310	661	2.00	*1.70	*62.0	*413	*0.0	6	17.36	28.51	15.4	3.48	0.00	0.583
Cinnamon Swirl Dough, WG	1 Each	50	234	6	182	3.90	1.30	26.5	498	0.49	13	6.5	48.1	1.3	0.65	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Potato, Tri Tater (1 ea)	Tri Tater	50	110	0	225	1.50	0.36	0.0	0	0.6	0	1.0	14.5	5.5	0.75	0.00	0.118
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			476	164	646	4.64	*1.77	*317.7	*1282	*57.89	*31	20.02	72.06	12.46	3.21	*0.00	0.569
% of Calories											*26.1%	16.8%	60.5%	23.5%	6.1%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 09/24/2018																	
*HS Breakfast	Total	100															
*Bagel, WG 2.6 oz.	1 Each	50	200	0	360	4.00	2.70	20.0	0	3.6	5	9.0	39.0	2.0	0.50	0.00	0.000
Cheese, Cream	1 Each	25	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Peanut Butter	1 Each	25	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
Burrito, Egg & Cheese	1 ea	50	200	66	299	3.06	1.69	141.2	282	3.39	0	10.59	20.45	8.66	3.83	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Potato, Tri Tater (1 ea)	Tri Tater	75	110	0	225	1.50	0.36	0.0	0	0.6	0	1.0	14.5	5.5	0.75	0.00	0.118
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			496	42	650	6.40	2.76	374.6	1018	61.29	*26	21.09	70.12	15.99	4.69	*0.00	0.335
% of Calories											*20.7%	17.0%	56.5%	29.0%	8.5%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Tue - 09/25/2018																	
*HS Breakfast	Total	100															
*Pizza, Breakfast Turkey Saus	1 Each	50	240	15	500	3.00	1.80	150.0	0	2.4	8	11.0	32.0	7.0	2.50	0.00	0.000
Parfait, Berry - Entree	serving	50	364	20	260	3.85	*0.56	*400.0	*500	*2.4	39	13.06	59.12	9.14	3.01	0.00	0.414
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Potato, Tri Tater (1 ea)	Tri Tater	75	110	0	225	1.50	0.36	0.0	0	0.6	0	1.0	14.5	5.5	0.75	0.00	0.118
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			533	23	661	5.49	*1.54	*548.4	*1077	*60.19	*45	20.37	82.94	13.55	4.09	*0.00	0.515
% of Calories											*34.0%	15.3%	62.2%	22.9%	6.9%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Wed - 09/26/2018																	
*HS Breakfast	Total	100															
Bagel, T Ham & Cheese 2018	1 EACH	50	320	35	713	4.36	2.71	206.5	300	0.39	5	11.9	46.93	6.29	2.99	0.00	0.000
Muffin Top, Orange Blossom	1 Each	50	222	29	108	3.30	1.10	9.0	148	4.6	17	3.9	39.0	5.5	0.90	0.00	0.000
Yogurt, Nonfat Peach	4 oz	25	360	0	220	0.00	0.00	1200.0	0	0.0	60	12.0	76.0	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Potato, Tri Tater (1 ea)	Tri Tater	50	110	0	225	1.50	0.36	0.0	0	0.6	0	1.0	14.5	5.5	0.75	0.00	0.118
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			565	37	690	5.52	2.17	681.2	1051	60.14	*48	18.99	95.72	10.00	3.09	*0.00	0.278
% of Calories											*33.7%	13.5%	67.8%	15.9%	4.9%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Thu - 09/27/2018																	
*HS Breakfast	Total	100															
Brk Bowl Pancake (SEC)	Serving	50	311	310	661	2.00	*1.70	*62.0	*413	*0.0	6	17.36	28.51	15.4	3.48	0.00	0.583
Cinnamon Swirl Dough, WG	1 Each	50	234	6	182	3.90	1.30	26.5	498	0.49	13	6.5	48.1	1.3	0.65	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Potato, Tri Tater (1 ea)	Tri Tater	50	110	0	225	1.50	0.36	0.0	0	0.6	0	1.0	14.5	5.5	0.75	0.00	0.118
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			476	164	646	4.64	*1.77	*317.7	*1282	*57.89	*31	20.02	72.06	12.46	3.21	*0.00	0.569
% of Calories											*26.1%	16.8%	60.5%	23.5%	6.1%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Fri - 09/28/2018																	
*HS Breakfast	Total	100															
Brk Bowl Pancake (SEC)	Serving	50	311	310	661	2.00	*1.70	*62.0	*413	*0.0	6	17.36	28.51	15.4	3.48	0.00	0.583
Cinnamon Swirl Dough, WG	1 Each	50	234	6	182	3.90	1.30	26.5	498	0.49	13	6.5	48.1	1.3	0.65	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	50	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	75	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Potato, Tri Tater (1 ea)	Tri Tater	50	110	0	225	1.50	0.36	0.0	0	0.6	0	1.0	14.5	5.5	0.75	0.00	0.118
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Weighted Daily Average			476	164	646	4.64	*1.77	*317.7	*1282	*57.89	*31	20.02	72.06	12.46	3.21	*0.00	0.569
% of Calories											*26.1%	16.8%	60.5%	23.5%	6.1%	*0.0%	
Nutrient Guideline			450-600		640									<=35.0	<10.00		

Weighted Average			540	73	709	5.17	*1.91	*556.9	*1090	*61.23	*40	21.34	84.72	12.94	3.93	*0.00	0.484
											*66.9%	15.8%	62.8%	21.6%	6.6%	*0.0%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	540		450 - 600	100%				
Cholesterol (mg)	73							
Sodium (mg)	709		640				69	Correction Required - Sodium too High
Fiber (g)	5.17							
Iron (mg)	1.91				Missing			
Calcium (mg)	556.9				Missing			
Vitamin A (IU)	1090				Missing			
Sugars (g)	40	29.73%			Missing			
Vitamin C (mg)	61.23				Missing			
Protein (g)	21.34	15.81%						
Carbohydrate (g)	84.72	62.77%						
Total Fat (g)	12.94	21.57%	<=35.00%					
Saturated Fat (g)	3.93	6.55%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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