

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Tue - 05/01/2018																	
Breakfast, Sycamore	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	75	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			387	19	507	8.38	5.13	489.9	1817	90.52	*37	17.18	61.01	8.71	4.66	*0.00	0.528
% of Calories											*37.9%	17.8%	63.1%	20.3%	10.9%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Wed - 05/02/2018																	
Breakfast, Sycamore	Total	100															
Muffin Top, Chocolate Chip	1 Each	100	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			452	37	260	4.98	1.38	378.9	1987	86.52	*48	14.33	80.51	8.09	2.06	*0.00	0.338
% of Calories											*42.4%	12.7%	71.3%	16.1%	4.1%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Thu - 05/03/2018																	
Breakfast, Sycamore	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			440	23	409	5.88	1.98	444.9	1367	85.12	*36	20.33	75.01	6.70	3.22	*0.00	0.338
% of Calories											*32.7%	18.5%	68.3%	13.7%	6.6%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Fri - 05/04/2018																	
Breakfast, Sycamore	Total	100															
Bar, Cinnamon Apple Chewie	1 Each	100	298	29	192	5.50	1.98	80.0	300	0.6	23	4.9	51.6	9.5	2.90	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			515	37	344	7.38	2.15	454.9	1467	85.72	*54	15.33	91.11	11.59	4.06	*0.00	0.338
% of Calories											*41.8%	11.9%	70.8%	20.3%	7.1%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Mon - 05/07/2018																	
Breakfast, Sycamore	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			440	23	409	5.88	1.98	444.9	1367	85.12	*36	20.33	75.01	6.70	3.22	*0.00	0.338
% of Calories											*32.7%	18.5%	68.3%	13.7%	6.6%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Tue - 05/08/2018																	
Breakfast, Sycamore	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	75	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			387	19	507	8.38	5.13	489.9	1817	90.52	*37	17.18	61.01	8.71	4.66	*0.00	0.528
% of Calories											*37.9%	17.8%	63.1%	20.3%	10.9%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Wed - 05/09/2018																	
Breakfast, Sycamore	Total	100															
Muffin Top, Chocolate Chip	1 Each	100	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			452	37	260	4.98	1.38	378.9	1987	86.52	*48	14.33	80.51	8.09	2.06	*0.00	0.338
% of Calories											*42.4%	12.7%	71.3%	16.1%	4.1%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Thu - 05/10/2018																	
Breakfast, Sycamore	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			440	23	409	5.88	1.98	444.9	1367	85.12	*36	20.33	75.01	6.70	3.22	*0.00	0.338
% of Calories											*32.7%	18.5%	68.3%	13.7%	6.6%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Fri - 05/11/2018																	
Breakfast, Sycamore	Total	100															
Bar, Cinnamon Apple Chewie	1 Each	100	298	29	192	5.50	1.98	80.0	300	0.6	23	4.9	51.6	9.5	2.90	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			515	37	344	7.38	2.15	454.9	1467	85.72	*54	15.33	91.11	11.59	4.06	*0.00	0.338
% of Calories											*41.8%	11.9%	70.8%	20.3%	7.1%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 05/14/2018																	
Breakfast, Sycamore	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			440	23	409	5.88	1.98	444.9	1367	85.12	*36	20.33	75.01	6.70	3.22	*0.00	0.338
% of Calories											*32.7%	18.5%	68.3%	13.7%	6.6%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Tue - 05/15/2018																	
Breakfast, Sycamore	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	75	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			387	19	507	8.38	5.13	489.9	1817	90.52	*37	17.18	61.01	8.71	4.66	*0.00	0.528
% of Calories											*37.9%	17.8%	63.1%	20.3%	10.9%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Wed - 05/16/2018																	
Breakfast, Sycamore	Total	100															
Muffin Top, Chocolate Chip	1 Each	100	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			452	37	260	4.98	1.38	378.9	1987	86.52	*48	14.33	80.51	8.09	2.06	*0.00	0.338
% of Calories											*42.4%	12.7%	71.3%	16.1%	4.1%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 05/17/2018																	
Breakfast, Sycamore	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			440	23	409	5.88	1.98	444.9	1367	85.12	*36	20.33	75.01	6.70	3.22	*0.00	0.338
% of Calories											*32.7%	18.5%	68.3%	13.7%	6.6%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Fri - 05/18/2018																	
Breakfast, Sycamore	Total	100															
Bar, Cinnamon Apple Chewie	1 Each	100	298	29	192	5.50	1.98	80.0	300	0.6	23	4.9	51.6	9.5	2.90	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			515	37	344	7.38	2.15	454.9	1467	85.72	*54	15.33	91.11	11.59	4.06	*0.00	0.338
% of Calories											*41.8%	11.9%	70.8%	20.3%	7.1%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Mon - 05/21/2018																	
Breakfast, Sycamore	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			440	23	409	5.88	1.98	444.9	1367	85.12	*36	20.33	75.01	6.70	3.22	*0.00	0.338
% of Calories											*32.7%	18.5%	68.3%	13.7%	6.6%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Tue - 05/22/2018																	
Breakfast, Sycamore	Total	100															
Muffin Top, Chocolate Chip	1 Each	100	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average % of Calories			452	37	260	4.98	1.38	378.9	1987	86.52	*48 *42.4%	14.33 12.7%	80.51 71.3%	8.09 16.1%	2.06 4.1%	*0.00 *0.0%	0.338
Nutrient Guideline			400-550		600										<10.00		

Wed - 05/23/2018																	
Breakfast, Sycamore	Total	100															
Muffin Top, Chocolate Chip	1 Each	100	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average % of Calories			452	37	260	4.98	1.38	378.9	1987	86.52	*48 *42.4%	14.33 12.7%	80.51 71.3%	8.09 16.1%	2.06 4.1%	*0.00 *0.0%	0.338
Nutrient Guideline			400-550		600										<10.00		

Thu - 05/24/2018																	
Breakfast, Sycamore	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average % of Calories			440	23	409	5.88	1.98	444.9	1367	85.12	*36 *32.7%	20.33 18.5%	75.01 68.3%	6.70 13.7%	3.22 6.6%	*0.00 *0.0%	0.338
Nutrient Guideline			400-550		600										<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Fri - 05/25/2018																	
Breakfast, Sycamore	Total	100															
Bar, Cinnamon Apple Chewie	1 Each	100	298	29	192	5.50	1.98	80.0	300	0.6	23	4.9	51.6	9.5	2.90	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			515	37	344	7.38	2.15	454.9	1467	85.72	*54	15.33	91.11	11.59	4.06	*0.00	0.338
% of Calories											*41.8%	11.9%	70.8%	20.3%	7.1%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Tue - 05/29/2018																	
Breakfast, Sycamore	Total	100															
Cereal, Assorted 2018	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Cheese, String Mozz	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	75	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			387	19	507	8.38	5.13	489.9	1817	90.52	*37	17.18	61.01	8.71	4.66	*0.00	0.528
% of Calories											*37.9%	17.8%	63.1%	20.3%	10.9%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Wed - 05/30/2018																	
Breakfast, Sycamore	Total	100															
Muffin Top, Chocolate Chip	1 Each	100	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			452	37	260	4.98	1.38	378.9	1987	86.52	*48	14.33	80.51	8.09	2.06	*0.00	0.338
% of Calories											*42.4%	12.7%	71.3%	16.1%	4.1%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 05/31/2018																	
Breakfast, Sycamore	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Juice, Fruit, Assorted 2018	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			440	23	409	5.88	1.98	444.9	1367	85.12	*36	20.33	75.01	6.70	3.22	*0.00	0.338
% of Calories											*32.7%	18.5%	68.3%	13.7%	6.6%	*0.0%	
Nutrient Guideline			400-550		600										<10.00		

Weighted Average			447	29	374	6.36	2.42	436.9	1636	86.59	*43	17.21	76.89	8.33	3.32	*0.00	0.373
											*85.7%	15.4%	68.8%	16.8%	6.7%	*0.0%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	447		400 - 550	100%				
Cholesterol (mg)	29							
Sodium (mg)	374		600					
Fiber (g)	6.36							
Iron (mg)	2.42							
Calcium (mg)	436.9							
Vitamin A (IU)	1636							
Sugars (g)	43	38.09%			Missing			
Vitamin C (mg)	86.59							
Protein (g)	17.21	15.40%						
Carbohydrate (g)	76.89	68.83%						
Total Fat (g)	8.33	16.78%						
Saturated Fat (g)	3.32	6.69%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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