

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 01/06/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Cereal, Asst. w/String Cheese	1 Each	100	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Applesauce, Unsweetened Cup	1 each	100	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00	0.000
Weighted Daily Average			387	16	510	7.91	4.89	640.0	1643	83.34	46	17.25	66.85	5.95	3.00	0.00	0.200
% of Calories											47.5%	17.8%	69.0%	13.8%	7.0%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Tue - 01/07/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Pillsbury Mini Cinnis	1 Each	100	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			452	6	445	3.88	1.62	403.5	1194	88.38	*46	15.18	79.82	9.46	2.79	*0.00	0.333
% of Calories											*40.7%	13.4%	70.6%	18.8%	5.5%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Wed - 01/08/2020																	
Elem. Grab & Go Breakfast	Total	100															
Muffin, Apple Cinnamon WG	1 Each	100	250	25	270	2.00	*N/A*	20.0	0	0.0	17	4.0	44.0	7.0	0.50	0.00	0.000
Apple Slices	1 Each	100	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			465	31	419	4.00	*0.36	425.0	1100	98.40	51	13.50	83.80	8.25	1.25	0.00	0.200
% of Calories											43.9%	11.6%	72.1%	16.0%	2.4%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 01/09/2020																	
Elem. Grab & Go Breakfast	Total	100															
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Cereal, Asst. w/String Cheese	1 Each	100	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
Banana	1 Each	100	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00	0.002
Weighted Daily Average			420	16	508	9.41	5.15	645.0	1708	78.63	46	18.35	74.17	6.28	3.11	0.00	0.202
% of Calories											43.8%	17.5%	70.6%	13.5%	6.7%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Fri - 01/10/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Cinnamon Raisin	1 Each	100	230	0	280	3.00	2.70	20.0	0	0.0	0	8.0	47.0	1.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			442	6	425	4.88	2.88	383.5	1194	88.38	*31	18.18	86.82	2.46	0.79	*0.00	0.333
% of Calories											*28.1%	16.4%	78.5%	5.0%	1.6%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Mon - 01/13/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Cereal, Asst. w/String Cheese	1 Each	100	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Applesauce, Unsweetened Cups	1 each	100	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00	0.000
Weighted Daily Average			387	16	510	7.91	4.89	640.0	1643	83.34	46	17.25	66.85	5.95	3.00	0.00	0.200
% of Calories											47.5%	17.8%	69.0%	13.8%	7.0%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Tue - 01/14/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Pillsbury Mini Cinnis	1 Each	100			300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	240	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			452	6	445	3.88	1.62	403.5	1194	88.38	*46	15.18	79.82	9.46	2.79	*0.00	0.333
% of Calories											*40.7%	13.4%	70.6%	18.8%	5.5%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Wed - 01/15/2020																	
Elem. Grab & Go Breakfast	Total	100															
Muffin, Apple Cinnamon WG	1 Each	100	250	25	270	2.00	*N/A*	20.0	0	0.0	17	4.0	44.0	7.0	0.50	0.00	0.000
Apple Slices	1 Each	100	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			465	31	419	4.00	*0.36	425.0	1100	98.40	51	13.50	83.80	8.25	1.25	0.00	0.200
% of Calories											43.9%	11.6%	72.1%	16.0%	2.4%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Thu - 01/16/2020																	
Elem. Grab & Go Breakfast	Total	100															
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Cereal, Asst. w/String Cheese	1 Each	100	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
Banana	1 Each	100	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00	0.002
Weighted Daily Average			420	16	508	9.41	5.15	645.0	1708	78.63	46	18.35	74.17	6.28	3.11	0.00	0.202
% of Calories											43.8%	17.5%	70.6%	13.5%	6.7%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Fri - 01/17/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Cinnamon Raisin	1 Each	100	230	0	280	3.00	2.70	20.0	0	0.0	0	8.0	47.0	1.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			442	6	425	4.88	2.88	383.5	1194	88.38	*31	18.18	86.82	2.46	0.79	*0.00	0.333
% of Calories											*28.1%	16.4%	78.5%	5.0%	1.6%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Mon - 01/20/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Cereal, Asst. w/String Cheese	1 Each	100	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Applesauce, Unsweetened Cups	1 each	100	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00	0.000
Weighted Daily Average			387	16	510	7.91	4.89	640.0	1643	83.34	46	17.25	66.85	5.95	3.00	0.00	0.200
% of Calories											47.5%	17.8%	69.0%	13.8%	7.0%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Tue - 01/21/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Pillsbury Mini Cinnis	1 Each	100	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			452	6	445	3.88	1.62	403.5	1194	88.38	*46	15.18	79.82	9.46	2.79	*0.00	0.333
% of Calories											*40.7%	13.4%	70.6%	18.8%	5.5%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Wed - 01/22/2020																	
Elem. Grab & Go Breakfast	Total	100															
Muffin, Apple Cinnamon WG	1 Each	100	250	25	270	2.00	*N/A*	20.0	0	0.0	17	4.0	44.0	7.0	0.50	0.00	0.000
Apple Slices	1 Each	100	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			465	31	419	4.00	*0.36	425.0	1100	98.40	51	13.50	83.80	8.25	1.25	0.00	0.200
% of Calories											43.9%	11.6%	72.1%	16.0%	2.4%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Thu - 01/23/2020																	
Elem. Grab & Go Breakfast	Total	100															
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Cereal, Asst. w/String Cheese	1 Each	100	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
Banana	1 Each	100	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00	0.002
Weighted Daily Average			420	16	508	9.41	5.15	645.0	1708	78.63	46	18.35	74.17	6.28	3.11	0.00	0.202
% of Calories											43.8%	17.5%	70.6%	13.5%	6.7%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Fri - 01/24/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Cinnamon Raisin	1 Each	100	230	0	280	3.00	2.70	20.0	0	0.0	0	8.0	47.0	1.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			442	6	425	4.88	2.88	383.5	1194	88.38	*31	18.18	86.82	2.46	0.79	*0.00	0.333
% of Calories											*28.1%	16.4%	78.5%	5.0%	1.6%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 01/27/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Cereal, Asst. w/String Cheese	1 Each	100	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Applesauce, Unsweetened Cup ^s *	1 each	100	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00	0.000
Weighted Daily Average			387	16	510	7.91	4.89	640.0	1643	83.34	46	17.25	66.85	5.95	3.00	0.00	0.200
% of Calories											47.5%	17.8%	69.0%	13.8%	7.0%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Tue - 01/28/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Pillsbury Mini Cinnis	1 Each	100	240	0	300	2.00	1.44	40.0	0	0.0	15	5.0	40.0	8.0	2.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			452	6	445	3.88	1.62	403.5	1194	88.38	*46	15.18	79.82	9.46	2.79	*0.00	0.333
% of Calories											*40.7%	13.4%	70.6%	18.8%	5.5%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Wed - 01/29/2020																	
Elem. Grab & Go Breakfast	Total	100															
Muffin, Apple Cinnamon WG	1 Each	100	250	25	270	2.00	*N/A*	20.0	0	0.0	17	4.0	44.0	7.0	0.50	0.00	0.000
Apple Slices	1 Each	100	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			465	31	419	4.00	*0.36	425.0	1100	98.40	51	13.50	83.80	8.25	1.25	0.00	0.200
% of Calories											43.9%	11.6%	72.1%	16.0%	2.4%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 01/30/2020																	
Elem. Grab & Go Breakfast	Total	100															
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Cereal, Asst. w/String Cheese	1 Each	100	165	10	363	6.79	4.89	295.0	643	7.44	9	7.75	23.3	4.7	2.25	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
Banana	1 Each	100	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00	0.002
Weighted Daily Average			420	16	508	9.41	5.15	645.0	1708	78.63	46	18.35	74.17	6.28	3.11	0.00	0.202
% of Calories											43.8%	17.5%	70.6%	13.5%	6.7%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Fri - 01/31/2020																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Cinnamon Raisin	1 Each	100	230	0	280	3.00	2.70	20.0	0	0.0	0	8.0	47.0	1.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	100	60	0	9	0.00	0.00	20.0	500	60.0	12	0.0	14.8	0.0	0.00	0.00	0.000
Fruit, Fresh (.5 c serv)	.5 Cups	100	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, Non Fat	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			442	6	425	4.88	2.88	383.5	1194	88.38	*31	18.18	86.82	2.46	0.79	*0.00	0.333
% of Calories											*28.1%	16.4%	78.5%	5.0%	1.6%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Weighted Average			433	15	461	6.02	*2.98	499.4	1368	87.43	*44	16.49	78.29	6.48	2.19	*0.00	0.254
											*91.4%	15.2%	72.3%	13.5%	4.5%	*0.0%	

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	433		350 - 500		100%													
Cholesterol (mg)	15																	
Sodium (mg)	461		540															
Fiber (g)	6.02																	
Iron (mg)	2.98					Missing												
Calcium (mg)	499.4																	
Vitamin A (IU)	1368																	
Sugars (g)	44	40.63%				Missing												
Vitamin C (mg)	87.43																	
Protein (g)	16.49	15.22%																
Carbohydrate (g)	78.29	72.25%																
Total Fat (g)	6.48	13.46%			<=35.00%													
Saturated Fat (g)	2.19	4.54%			<10.00%													
Trans Fat ¹ (g)	0.00	0.00%				Missing												

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