

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Tue - 09/04/2018																	
*Ele Lunch	Total	100															
*Brk Bowl Pancakes Elementar	Serving	75	287	249	410	1.89	1.96	66.1	330	0.0	8	14.38	26.61	13.69	3.29	0.00	0.194
Sandwich, Grilled Cheese CC	Sandwich	25	285	23	845	4.00	2.16	380.0	450	0.0	*7	16.5	39.0	8.0	3.75	0.00	0.255
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Applesauce, Unsweetened Cups	1 each	75	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Condiment Variety@\$\$^+	serving	25	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Syrup, Maple	1.5 oz	75	120	0	30	0.00	0.00	0.0	0	0.0	21	0.0	30.0	0.0	0.00	0.00	0.201
Weighted Daily Average % of Calories			618	202	862	4.73	3.39	494.5	3294	14.37	*54 *35.0%	25.50 16.5%	94.86 61.4%	16.42 23.9%	4.30 6.3%	*0.00 *0.0%	0.759
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Wed - 09/05/2018																	
*Ele Lunch	Total	100															
*Salad, Beef Taco - Satellite	1 each	75	311	45	350	2.76	*4.41	*226.2	*518	2.37	*2	17.68	28.94	14.14	4.05	0.00	0.286
Sandwich, PBJ, Grape @\$^+	1 Each	25	397	0	465	6.21	*2.96	*102.1	*0	*0.0	15	13.75	51.17	18.61	2.77	0.00	0.348
Breadstick, Cheese Stuffed	1 Each	75	193	7	296	2.96	1.60	59.3	0	0.0	0	8.89	34.07	1.48	0.00	0.00	0.000
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Canned Mix	1/2 cup serving	50	63	0	6	1.46	0.35	5.4	86	1.88	10	0.39	16.85	0.05	0.00	*0.00	0.018
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			702	48	907	8.05	*6.78	*592.2	*3359	*6.97	*31 *17.8%	34.15 19.5%	98.81 56.3%	20.27 26.0%	4.62 5.9%	*0.00 *0.0%	0.708
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 09/06/2018																	
*Ele Lunch	Total	100															
Chicken, Nuggets, ELE	Serving (5 Ea)	75	214	39	379	0.00	1.29	14.3	71	0.0	0	10.71	12.14	14.29	3.21	0.00	0.000
Burrito, Bean & Ch.(Ele)	Burrito 5.5oz	25	222	11	359	6.07	2.70	150.0	200	1.2	1	11.84	31.39	6.28	2.71	0.00	0.000
Potato, Tater Tots	1 Each	75	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Canned Mix	1/2 cup serving	50	63	0	6	1.46	0.35	5.4	86	1.88	10	0.39	16.85	0.05	0.00	*0.00	0.018
Brownie Bites	1 Each	75	100	0	105	1.00	1.08	20.0	0	0.0	10	1.0	18.0	3.0	1.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			614	41	991	5.97	3.98	415.8	3074	8.19	*34 *22.1%	24.03 15.7%	81.21 52.9%	22.94 33.6%	5.48 8.0%	*0.00 *0.0%	0.406
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Fri - 09/07/2018																	
*Ele Lunch	Total	100															
Pizza,(Ele)	Servings	75	220	10	502	2.89	*0.99	*9.9	*93	*1.01	*3	11.22	27.25	7.2	2.67	*0.00	0.286
Sandwich, PBJ, Grape @\$^+	1 Each	25	397	0	465	6.21	*2.96	*102.1	*0	*0.0	15	13.75	51.17	18.61	2.77	0.00	0.348
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Cookie, Choc Chip IW 1 Oz	1 each	75	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00	0.178
Pears (Fresh)	.5 Cup	75	40	0	1	2.15	0.13	6.3	17	2.99	7	0.25	10.58	0.1	0.02	*N/A*	0.003
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average % of Calories			570	24	841	7.56	*3.47	*387.6	*3010	*8.15	*39 *27.2%	24.14 16.9%	84.99 59.6%	17.00 26.8%	4.35 6.9%	*0.00 *0.0%	0.835
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 09/10/2018																	
*Ele Lunch	Total	100															
Hot Dog, Turkey FF -ELE	2 oz	75	238	50	460	1.82	2.39	96.4	0	9.06	4	12.55	25.59	10.82	2.50	0.00	0.203
Chip, Variety	1 Each	75	127	0	150	6.03	0.16	8.0	20	0.72	1	2.03	20.93	3.66	0.10	0.00	0.168
Burrito, Bean & Ch.(Ele)	Burrito 5.5oz	25	222	11	359	6.07	2.70	150.0	200	1.2	1	11.84	31.39	6.28	2.71	0.00	0.000
Apple, Fresh	1 Each	80	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
*Salad Bar (ELE)	.5 Cup	75	48	0	166	3.50	0.89	28.3	1056	14.81	*0	2.56	8.22	0.73	0.20	*0.00	0.102
Cookie, Choc Chip IW 1 Oz	1 each	75	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00	0.178
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Milk, Variety	8 oz	75	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Weighted Daily Average			637	55	926	13.72	4.00	393.4	1332	26.87	*38	24.57	96.17	19.54	4.24	*0.00	0.889
% of Calories											*23.8%	15.4%	60.4%	27.6%	6.0%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Tue - 09/11/2018																	
*Ele Lunch	Total	100															
Sandwich, Chicken(ele)	Sandwich	75	322	28	602	4.93	3.01	78.6	100	8.7	4	17.83	39.02	9.48	2.00	0.00	0.000
Sandwich, Grilled Cheese CC	Sandwich	25	285	23	845	4.00	2.16	380.0	450	0.0	*7	16.5	39.0	8.0	3.75	0.00	0.255
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Raisels	1 Each	75	140	0	5	1.00	0.72	20.0	0	60.0	28	1.0	36.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Condiment Variety@\$%^+	serving	50	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			621	37	1001	6.92	4.74	518.9	3127	55.77	*47	28.84	97.37	13.55	3.33	*0.00	0.466
% of Calories											*30.6%	18.6%	62.8%	19.7%	4.8%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

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Wed - 09/12/2018																	
*Ele Lunch	Total	100															
Nachos w/meat-POK	servings	75	338	31	425	3.91	1.72	52.9	25	1.78	1	12.41	34.74	15.99	3.93	*0.72	0.004
Sandwich, PBJ, Grape @\$^+	1 Each	25	397	0	465	6.21	*2.96	*102.1	*0	*0.0	15	13.75	51.17	18.61	2.77	0.00	0.348
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Pears, Diced	1 Each	75	60	0	5	2.00	0.00	0.0	0	0.0	12	0.0	16.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			592	33	742	7.46	*3.38	*415.2	*2946	*5.59	*34	23.34	81.17	20.52	4.54	*0.54	0.487
% of Calories											*23.3%	15.8%	54.9%	31.2%	6.9%	*0.8%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 09/13/2018																	
*Ele Lunch	Total	100															
Picnic in a Box!	1 Each	75	586	66	1162	13.90	3.57	164.6	336	39.12	*26	28.58	90.24	13.72	3.14	0.00	0.602
Burrito, Bean & Ch.(Ele)	Burrito 5.5oz	25	222	11	359	6.07	2.70	150.0	200	1.2	1	11.84	31.39	6.28	2.71	0.00	0.000
*Salad Bar	.5 cups	25	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Chip, Variety	1 Each	25	127	0	150	6.03	0.16	8.0	20	0.72	1	2.03	20.93	3.66	0.10	0.00	0.168
Cookie, Choc Chip IW 1 Oz	1 each	25	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00	0.178
Apple Slices	1 Each	25	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
Milk, Chocolate Non Fat	8 oz	25	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Taco sauce	Packet	25	5	0	110	0.00	0.00	0.0	0	1.2	0	0.0	1.0	0.0	0.00	0.00	0.022
Dressing, Ranch POK	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			727	66	1276	14.72	4.14	533.9	1653	42.52	*42	35.79	108.97	17.75	4.77	*0.00	0.850
% of Calories											*22.9%	19.7%	60.0%	22.0%	5.9%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

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Fri - 09/14/2018																	
*Ele Lunch	Total	100															
Pizza Bagel, Cheese	1 Each	75	260	20	560	4.00	1.80	350.0	750	6.0	4	21.0	24.0	9.0	5.00	0.00	0.000
Sandwich, PBJ, Grape @\$^+	1 Each	25	397	0	465	6.21	*2.96	*102.1	*0	*0.0	15	13.75	51.17	18.61	2.77	0.00	0.348
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Fruit, Fresh (.5 c serv)	.5 Cups	75	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00	0.133
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
*Cookie, Snickerdoodle IW 1Oz	1 Each	80	100	0	95	1.00	0.72	0.0	0	0.0	8	1.0	17.0	3.5	0.50	0.00	0.000
Weighted Daily Average			604	24	916	8.23	*4.15	*651.9	*3635	*28.24	*39	31.09	83.73	18.24	5.76	*0.00	0.584
% of Calories											*25.8%	20.6%	55.5%	27.2%	8.6%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Mon - 09/17/2018																	
*Ele Lunch	Total	100															
Cheeseburger Twins	1 Each	75	331	38	579	2.91	3.77	139.2	96	12.55	3	22.72	36.33	10.97	3.66	0.00	0.000
Sandwich, PBJ, Grape @\$^+	1 Each	25	397	0	465	6.21	*2.96	*102.1	*0	*0.0	15	13.75	51.17	18.61	2.77	0.00	0.348
*Salad Bar (ELE)	.5 cup	75	52	0	140	3.74	0.97	24.6	1157	11.19	*0	2.94	9.05	0.61	0.17	*0.00	0.062
Peaches, Diced	1 Each	50	60	0	5	1.00	0.00	0.0	300	1.2	13	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	15	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	70	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Milk, Non Fat	8 oz	15	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Cookie, Choc Chip IW 1 Oz	1 each	95	110	10	60	1.00	0.72	0.0	0	1.2	9	2.0	18.0	4.0	1.00	0.00	0.178
Dressing, Ranch POK	1 ounce	50	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			664	45	926	8.04	*5.02	*467.8	*1613	*21.69	*40	33.41	92.27	19.53	5.06	*0.00	0.557
% of Calories											*24.2%	20.1%	55.6%	26.5%	6.9%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Tue - 09/18/2018																	
*Ele Lunch	Total	100															
Brk Bowl Waffles ELE	Serving	75	210	29	244	3.02	2.74	95.1	378	0.0	8	8.88	26.46	7.68	2.11	0.00	0.000
Burrito, Bean & Ch.(Ele)	Burrito 5.5oz	25	222	11	359	6.07	2.70	150.0	200	1.2	1	11.84	31.39	6.28	2.71	0.00	0.000
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Applesauce, Unsweetened CUPS	1 each	75	57	0	2	1.13	0.00	0.0	0	13.5	12	0.0	15.75	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Condiment Variety@\$\$^+	serving	25	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Syrup, Maple	1.5 oz	75	120	0	30	0.00	0.00	0.0	0	0.0	21	0.0	30.0	0.0	0.00	0.00	0.201
Weighted Daily Average			544	35	616	6.10	4.11	458.8	3267	14.68	*52	20.21	92.84	11.49	3.15	*0.00	0.550
% of Calories											*38.5%	14.9%	68.2%	19.0%	5.2%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Wed - 09/19/2018																	
*Ele Lunch	Total	100															
Double Dogs	1 Each	75	260	30	449	2.00	5.00	132.0	55	0.0	3	15.0	31.5	8.0	2.00	0.00	0.000
Sandwich, PBJ, Grape @\$^+	1 Each	25	397	0	465	6.21	*2.96	*102.1	*0	*0.0	15	13.75	51.17	18.61	2.77	0.00	0.348
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
*Fruit, Canned Mix	1/2 cup serving	50	63	0	6	1.46	0.35	5.4	86	1.88	10	0.39	16.85	0.05	0.00	*0.00	0.018
Brownie, Fudge WG	1 Each	75	150	0	160	2.00	1.80	20.0	0	0.0	16	2.0	28.0	4.5	1.50	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			632	32	879	6.76	*7.37	*492.1	*3011	*5.19	*44	26.98	96.17	17.93	4.21	*0.00	0.493
% of Calories											*27.7%	17.1%	60.8%	25.5%	6.0%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 09/20/2018																	
*Ele Lunch	Total	100															
Chicken Fritter WG	1 Each	75	291	40	791	1.61	2.32	16.1	0	0.0	2	12.91	22.6	17.76	4.04	0.00	0.000
*Sandwich, Grilled Cheese	Sandwich	25	285	23	845	4.00	2.16	380.0	450	0.0	*7	16.5	39.0	8.0	3.75	0.00	0.255
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Apple Slices	1 Each	75	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
Potato, Tater Tots	1 Each	90	130	0	310	2.00	0.00	0.0	0	3.6	0	2.0	16.0	6.0	1.00	0.00	0.000
Milk, Chocolate Non Fat	8 oz	25	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Milk, 1%	8 oz	75	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Taco sauce	Packet	50	5	0	110	0.00	0.00	0.0	0	1.2	0	0.0	1.0	0.0	0.00	0.00	0.022
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			640	47	1445	6.98	3.91	527.0	3115	35.39	*28	27.21	76.92	25.84	6.51	*0.00	0.486
% of Calories											*17.6%	17.0%	48.1%	36.3%	9.2%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Fri - 09/21/2018																	
*Ele Lunch	Total	100															
Pizza,(Ele)	Servings	75	220	10	502	2.89	*0.99	*9.9	*93	*1.01	*3	11.22	27.25	7.2	2.67	*0.00	0.286
Sandwich, PBJ, Grape @\$^+	1 Each	25	397	0	465	6.21	*2.96	*102.1	*0	*0.0	15	13.75	51.17	18.61	2.77	0.00	0.348
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Fruit, Frozen Bar Strawbry	1 Each	75	60	0	5	0.00	0.00	0.0	0	0.0	13	0.0	14.0	0.0	0.00	0.00	0.000
Breadstick, Mozzarella WG	1 Each	50	240	10	360	3.00	1.80	250.0	200	0.0	3	12.0	30.0	8.0	4.00	0.00	0.000
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			623	22	979	6.69	*3.73	*507.9	*3097	*5.01	*38	28.45	89.05	17.92	5.59	*0.00	0.699
% of Calories											*24.6%	18.3%	57.2%	25.9%	8.1%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Mon - 09/24/2018																	
*Ele Lunch	Total	100															
Chicken, Mandarin Orange	1 Each	75	163	44	305	0.00	0.78	0.0	0	1.31	11	11.98	20.69	3.27	0.54	0.00	0.000
Rice,Brown(M.S&Ele)	2/3 cup	75	167	0	18	2.78	0.67	22.6	0	0.0	*0	3.89	34.55	1.36	0.27	*0.00	0.000
*Sandwich, Grilled Cheese	1 Each	25	248	23	596	2.95	1.60	367.9	456	0.0	6	15.27	30.49	8.0	4.24	0.00	0.000
Roll, WG Dinner 1.1 Oz	1 Each	50	91	0	121	1.01	0.73	0.0	0	0.0	2	2.03	17.21	1.01	0.00	0.00	0.000
Pineapple Tidbits	.5 Each	80	30	0	5	1.00	0.36	10.0	50	4.5	5	0.5	7.0	0.0	0.00	0.00	0.000
*Salad Bar (ELE)	.5 Cup	75	48	0	166	3.50	0.89	28.3	1056	14.81	*0	2.56	8.22	0.73	0.20	*0.00	0.102
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Milk,Variety	8 oz	75	115	5	145	0.00	0.00	308.3	500	2.0	18	8.5	19.0	0.42	0.25	0.00	0.188
Brownie Bites	1 Each	75	100	0	105	1.00	1.08	20.0	0	0.0	10	1.0	18.0	3.0	1.00	0.00	0.000
Weighted Daily Average			618	45	867	7.58	3.68	402.3	1356	17.43	*37	26.73	100.23	12.13	3.25	*0.00	0.319
% of Calories											*24.1%	17.3%	64.9%	17.7%	4.7%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Tue - 09/25/2018																	
*Ele Lunch	Total	100															
*Mac & Cheese, POK	# 6 Scoop	75	246	25	171	3.00	1.61	141.1	316	0.09	*2	9.48	33.34	9.15	5.32	*0.00	0.094
Sandwich, PBJ, Grape @\$^+	1 Each	25	397	0	465	6.21	*2.96	*102.1	*0	*0.0	15	13.75	51.17	18.61	2.77	0.00	0.348
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Apple Slices	1 Each	75	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Breadstick, WG Twisted	1 Each	75	80	0	105	1.00	0.72	0.0	0	0.0	1	2.0	13.0	2.5	0.00	0.00	0.000
Weighted Daily Average			575	28	630	7.53	*4.11	*526.3	*3240	*31.32	*34	22.65	86.87	17.26	5.57	*0.00	0.555
% of Calories											*23.8%	15.8%	60.5%	27.0%	8.7%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Wed - 09/26/2018																	
*Ele Lunch	Total	100															
Hamburger, Ele	Burger	75	295	37	471	1.93	3.43	59.2	1	8.7	3	21.97	29.43	8.66	3.19	0.00	0.212
Burrito, Variety	Servings	25	378	17	550	4.58	3.09	90.7	0	0.0	1	17.17	46.9	13.19	4.88	0.00	0.673
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Raisels	1 Each	75	140	0	5	1.00	0.00	20.0	0	60.0	28	1.0	36.0	0.0	0.00	0.00	0.000
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Chips, Tortilla Bulk	ounce	75	135	0	55	2.00	0.00	20.0	0	0.0	0	2.0	19.0	5.0	0.00	0.00	0.127
Condiment Variety@\$\$%^+	serving	75	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00	0.010
Weighted Daily Average			729	43	887	6.31	4.77	447.0	2947	55.77	*45	33.62	106.92	18.26	4.51	*0.00	0.828
% of Calories											*24.9%	18.4%	58.6%	22.5%	5.6%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Thu - 09/27/2018																	
*Ele Lunch	Total	100															
Salad, Caesar Chic ELE	1 cup	50	277	53	655	1.57	*2.36	*149.0	*360	*1.28	*1	19.57	11.61	16.57	4.05	0.00	0.182
Sandwich, Turkey	Sandwich	50	294	56	922	4.20	2.28	83.3	82	0.4	*6	24.21	38.31	6.06	2.05	0.00	0.256
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Breadstick, Cheese Stuffed	1 Each	50	193	7	296	2.96	1.60	59.3	0	0.0	0	8.89	34.07	1.48	0.00	0.00	0.000
Pears (Fresh)	.5 Cup	75	40	0	1	2.15	0.13	6.3	17	2.99	7	0.25	10.58	0.1	0.02	*N/A*	0.003
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Cookie, Party IW 1 Oz	1 Each	75	130	0	120	1.00	0.72	0.0	0	0.0	10	2.0	22.0	5.0	1.00	0.00	0.000
Weighted Daily Average			703	68	1330	8.20	*5.11	*500.4	*3161	*7.33	*38	38.62	96.76	19.76	4.70	*0.00	0.619
% of Calories											*21.4%	22.0%	55.1%	25.3%	6.0%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Fri - 09/28/2018																	
*Ele Lunch	Total	100															
Pizza, French Bread Tony's	1 Each	75	340	45	810	4.00	1.80	400.0	750	0.0	6	18.0	35.0	15.0	8.00	0.00	0.000
Sandwich, PBJ, Grape @\$^+	1 Each	25	397	0	465	6.21	*2.96	*102.1	*0	*0.0	15	13.75	51.17	18.61	2.77	0.00	0.348
*Salad Bar	.5 cups	75	43	0	72	1.86	1.72	26.0	3190	2.74	*2	2.04	9.69	0.28	0.04	*0.00	0.143
Pears (Fresh)	.5 Cup	75	40	0	1	2.15	0.13	6.3	17	2.99	7	0.25	10.58	0.1	0.02	*N/A*	0.003
Milk, 1%	8 oz	25	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Chocolate Non Fat	8 oz	75	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00	0.182
Dressing, Ranch POK	1 ounce	75	56	4	132	0.10	0.08	23.9	47	0.33	2	0.75	4.08	4.06	0.65	0.00	0.135
Weighted Daily Average			578	43	1027	7.64	*3.54	*680.2	*3503	*6.49	*35	27.72	77.30	19.85	7.60	*0.00	0.487
% of Calories											*23.9%	19.2%	53.5%	30.9%	11.8%	*0.0%	
Nutrient Guideline			550-650		1230									<=35.0	<10.00		

Weighted Average			631	49	950	7.85	*4.39	*495.4	*2828	*20.89	*39	28.27	91.72	18.22	4.82	*0.03	0.609
											*56.3%	17.9%	58.1%	26.0%	6.9%	*0.0%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	631		550 - 650	100%				
Cholesterol (mg)	49							
Sodium (mg)	950		1230					
Fiber (g)	7.85							
Iron (mg)	4.39				Missing			
Calcium (mg)	495.4				Missing			
Vitamin A (IU)	2828				Missing			
Sugars (g)	39	25.02%			Missing			
Vitamin C (mg)	20.89				Missing			
Protein (g)	28.27	17.91%						
Carbohydrate (g)	91.72	58.13%						
Total Fat (g)	18.22	25.98%	<=35.00%					
Saturated Fat (g)	4.82	6.87%	<10.00%					
Trans Fat ¹ (g)	0.03	0.04%			Missing			

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