

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Tue - 05/01/2018																	
Elem. Grab & Go Breakfast	Total	100															
*Cereal, Assorted 2018*	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
*Cheese, String Mozz*	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
*Fruit, Cocktail, canned*	4 oz	100	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*	0.018
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			411	21	520	7.63	5.28	490.7	1859	66.69	47	17.20	66.43	9.20	5.01	*0.00	0.418
% of Calories											45.6%	16.7%	64.6%	20.1%	11.0%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Wed - 05/02/2018																	
Elem. Grab & Go Breakfast	Total	100															
*Muffin Top, Orange Blossom*	1 Each	100	222	29	108	3.30	1.10	9.0	148	4.6	17	3.9	39.0	5.5	0.90	0.00	0.000
*Apple Slices*	1 Each	100	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			434	35	257	5.30	1.46	412.9	1221	99.74	50	13.40	78.00	6.75	1.65	0.00	0.200
% of Calories											46.4%	12.4%	71.9%	14.0%	3.4%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Thu - 05/03/2018																	
Elem. Grab & Go Breakfast	Total	100															
*Cereal, Assorted 2018*	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
*Cheese, String Mozz*	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Apple, Fresh*	1 Each	100	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			424	21	515	10.08	5.13	492.9	1703	71.39	47	17.14	70.07	9.38	5.04	*0.00	0.596
% of Calories											43.9%	16.2%	66.1%	19.9%	10.7%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Fri - 05/04/2018																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Tony Roberts 2.24 Oz.*	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
*Cheese, Cream*	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Plum*	1 Each	100	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			415	21	401	4.92	1.91	417.9	1401	65.41	36	19.86	70.03	6.04	2.82	0.00	0.200
% of Calories											34.6%	19.1%	67.5%	13.1%	6.1%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Mon - 05/07/2018																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Tony Roberts 2.24 Oz.*	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
*Cheese, Cream*	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Pears (Fresh)*	1 Each	100	79	0	1	4.31	0.25	12.5	35	5.98	14	0.5	21.17	0.19	0.03	*N/A*	0.007
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			464	21	402	8.31	2.05	426.4	1208	65.11	43	19.90	83.67	6.05	2.84	*0.00	0.207
% of Calories											37.0%	17.2%	72.1%	11.7%	5.5%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Tue - 05/08/2018																	
Elem. Grab & Go Breakfast	Total	100															
*Cereal, Assorted 2018*	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
*Cheese, String Mozz*	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
*Fruit, Cocktail, canned*	4 oz	100	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*	0.018
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			411	21	520	7.63	5.28	490.7	1859	66.69	47	17.20	66.43	9.20	5.01	*0.00	0.418
% of Calories											45.6%	16.7%	64.6%	20.1%	11.0%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Wed - 05/09/2018																	
Elem. Grab & Go Breakfast	Total	100															
*Muffin Top, Orange Blossom*	1 Each	100	222	29	108	3.30	1.10	9.0	148	4.6	17	3.9	39.0	5.5	0.90	0.00	0.000
*Apple Slices*	1 Each	100	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			434	35	257	5.30	1.46	412.9	1221	99.74	50	13.40	78.00	6.75	1.65	0.00	0.200
% of Calories											46.4%	12.4%	71.9%	14.0%	3.4%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Thu - 05/10/2018																	
Elem. Grab & Go Breakfast	Total	100															
*Cereal, Assorted 2018*	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
*Cheese, String Mozz*	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Apple, Fresh*	1 Each	100	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			424	21	515	10.08	5.13	492.9	1703	71.39	47	17.14	70.07	9.38	5.04	*0.00	0.596
% of Calories											43.9%	16.2%	66.1%	19.9%	10.7%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Fri - 05/11/2018																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Tony Roberts 2.24 Oz.*	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
*Cheese, Cream*	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Plum*	1 Each	100	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			415	21	401	4.92	1.91	417.9	1401	65.41	36	19.86	70.03	6.04	2.82	0.00	0.200
% of Calories											34.6%	19.1%	67.5%	13.1%	6.1%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
<b>Mon - 05/14/2018</b>																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Tony Roberts 2.24 Oz.*	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
*Cheese, Cream*	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Pears (Fresh)*	1 Each	100	79	0	1	4.31	0.25	12.5	35	5.98	14	0.5	21.17	0.19	0.03	*N/A*	0.007
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			464	21	402	8.31	2.05	426.4	1208	65.11	43	19.90	83.67	6.05	2.84	*0.00	0.207
% of Calories											37.0%	17.2%	72.1%	11.7%	5.5%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

<b>Tue - 05/15/2018</b>																	
Elem. Grab & Go Breakfast	Total	100															
*Cereal, Assorted 2018*	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
*Cheese, String Mozz*	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
*Fruit, Cocktail, canned*	4 oz	100	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*	0.018
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			411	21	520	7.63	5.28	490.7	1859	66.69	47	17.20	66.43	9.20	5.01	*0.00	0.418
% of Calories											45.6%	16.7%	64.6%	20.1%	11.0%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

<b>Wed - 05/16/2018</b>																	
Elem. Grab & Go Breakfast	Total	100															
*Muffin Top, Orange Blossom*	1 Each	100	222	29	108	3.30	1.10	9.0	148	4.6	17	3.9	39.0	5.5	0.90	0.00	0.000
*Apple Slices*	1 Each	100	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			434	35	257	5.30	1.46	412.9	1221	99.74	50	13.40	78.00	6.75	1.65	0.00	0.200
% of Calories											46.4%	12.4%	71.9%	14.0%	3.4%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
<b>Thu - 05/17/2018</b>																	
Elem. Grab & Go Breakfast	Total	100															
*Cereal, Assorted 2018*	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
*Cheese, String Mozz*	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Apple, Fresh*	1 Each	100	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			424	21	515	10.08	5.13	492.9	1703	71.39	47	17.14	70.07	9.38	5.04	*0.00	0.596
% of Calories											43.9%	16.2%	66.1%	19.9%	10.7%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

<b>Fri - 05/18/2018</b>																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Tony Roberts 2.24 Oz.*	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
*Cheese, Cream*	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Plum*	1 Each	100	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			415	21	401	4.92	1.91	417.9	1401	65.41	36	19.86	70.03	6.04	2.82	0.00	0.200
% of Calories											34.6%	19.1%	67.5%	13.1%	6.1%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

<b>Mon - 05/21/2018</b>																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Tony Roberts 2.24 Oz.*	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
*Cheese, Cream*	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Pears (Fresh)*	1 Each	100	79	0	1	4.31	0.25	12.5	35	5.98	14	0.5	21.17	0.19	0.03	*N/A*	0.007
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			464	21	402	8.31	2.05	426.4	1208	65.11	43	19.90	83.67	6.05	2.84	*0.00	0.207
% of Calories											37.0%	17.2%	72.1%	11.7%	5.5%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
<b>Tue - 05/22/2018</b>																	
Elem. Grab & Go Breakfast	Total	100															
*Cereal, Assorted 2018*	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
*Cheese, String Mozz*	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
*Fruit, Cocktail, canned*	4 oz	100	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*	0.018
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			411	21	520	7.63	5.28	490.7	1859	66.69	47	17.20	66.43	9.20	5.01	*0.00	0.418
% of Calories											45.6%	16.7%	64.6%	20.1%	11.0%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		
<b>Wed - 05/23/2018</b>																	
Elem. Grab & Go Breakfast	Total	100															
*Muffin Top, Orange Blossom*	1 Each	100	222	29	108	3.30	1.10	9.0	148	4.6	17	3.9	39.0	5.5	0.90	0.00	0.000
*Apple Slices*	1 Each	100	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			434	35	257	5.30	1.46	412.9	1221	99.74	50	13.40	78.00	6.75	1.65	0.00	0.200
% of Calories											46.4%	12.4%	71.9%	14.0%	3.4%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		
<b>Thu - 05/24/2018</b>																	
Elem. Grab & Go Breakfast	Total	100															
*Cereal, Assorted 2018*	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
*Cheese, String Mozz*	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Apple, Fresh*	1 Each	100	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			424	21	515	10.08	5.13	492.9	1703	71.39	47	17.14	70.07	9.38	5.04	*0.00	0.596
% of Calories											43.9%	16.2%	66.1%	19.9%	10.7%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
<b>Fri - 05/25/2018</b>																	
Elem. Grab & Go Breakfast	Total	100															
*Bagel, Tony Roberts 2.24 Oz.*	1 Each	100	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
*Cheese, Cream*	1 Each	100	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Plum*	1 Each	100	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			415	21	401	4.92	1.91	417.9	1401	65.41	36	19.86	70.03	6.04	2.82	0.00	0.200
% of Calories											34.6%	19.1%	67.5%	13.1%	6.1%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		
<b>Tue - 05/29/2018</b>																	
Elem. Grab & Go Breakfast	Total	100															
*Cereal, Assorted 2018*	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
*Cheese, String Mozz*	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
*Fruit, Cocktail, canned*	4 oz	100	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*	0.018
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			411	21	520	7.63	5.28	490.7	1859	66.69	47	17.20	66.43	9.20	5.01	*0.00	0.418
% of Calories											45.6%	16.7%	64.6%	20.1%	11.0%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		
<b>Wed - 05/30/2018</b>																	
Elem. Grab & Go Breakfast	Total	100															
*Muffin Top, Orange Blossom*	1 Each	100	222	29	108	3.30	1.10	9.0	148	4.6	17	3.9	39.0	5.5	0.90	0.00	0.000
*Apple Slices*	1 Each	100	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			434	35	257	5.30	1.46	412.9	1221	99.74	50	13.40	78.00	6.75	1.65	0.00	0.200
% of Calories											46.4%	12.4%	71.9%	14.0%	3.4%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
<b>Thu - 05/31/2018</b>																	
Elem. Grab & Go Breakfast	Total	100															
*Cereal, Assorted 2018*	1 Each	100	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
*Cheese, String Mozz*	Serving	100	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
*Juice, Fruit, Assorted 2018*	1 Each	100	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Apple, Fresh*	1 Each	100	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
*Milk, Non Fat*	8 oz	50	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
*Milk, 1%*	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Weighted Daily Average			424	21	515	10.08	5.13	492.9	1703	71.39	47	17.14	70.07	9.38	5.04	*0.00	0.596
% of Calories											43.9%	16.2%	66.1%	19.9%	10.7%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Weighted Average			427	24	421	7.26	3.32	451.5	1506	74.82	45	17.17	72.89	7.68	3.56	*0.00	0.341
											94.9%	16.1%	68.2%	16.2%	7.5%	*0.0%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	427		350 - 500	100%				
Cholesterol (mg)	24							
Sodium (mg)	421		540					
Fiber (g)	7.26							
Iron (mg)	3.32							
Calcium (mg)	451.5							
Vitamin A (IU)	1506							
Sugars (g)	45	42.19%						
Vitamin C (mg)	74.82							
Protein (g)	17.17	16.08%						
Carbohydrate (g)	72.89	68.25%						
Total Fat (g)	7.68	16.18%	<=35.00%					
Saturated Fat (g)	3.56	7.50%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.00	0.00%			Missing			

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