

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Tue - 09/04/2018																	
* Ele Breakfast	Total	100															
*French Toast Sticks WG, Rich	1 Each	50	270	0	280	3.00	2.00	235.0	0	431.0	11	6.0	35.0	12.0	2.00	0.00	0.000
Muffin Top, Chocolate Chip	1 Each	50	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
Syrup, Maple	1.5 oz	50	120	0	30	0.00	0.00	0.0	0	0.0	21	0.0	30.0	0.0	0.00	0.00	0.201
Cheese, String Mozz	Serving	50	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Pears (Fresh)	1 Cup	50	79	0	1	4.31	0.25	12.5	35	5.98	14	0.5	21.17	0.19	0.03	*N/A*	0.007
Juice, Fruit, Assorted 2018	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			503	27	419	5.20	1.72	395.2	1139	249.36	47	15.45	81.08	13.35	4.21	*0.00	0.356
% of Calories											37.3%	12.3%	64.5%	23.9%	7.5%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Wed - 09/05/2018																	
* Ele Breakfast	Total	100															
Parfait, Berry - (Ele)	serving	75	246	10	179	2.70	*0.56	*200.0	*250	*1.2	24	7.56	39.35	6.89	1.77	0.00	0.207
Burrito,Egg & Cheese	1 ea	25	200	66	299	3.06	1.69	141.2	282	3.39	0	10.59	20.45	8.66	3.83	0.00	0.000
Fruit, Cocktail, canned	4 oz	50	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*	0.018
Juice, Fruit, Assorted 2018	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			378	29	322	3.36	*1.01	*448.2	*987	*32.99	41	15.79	60.09	8.62	3.04	*0.00	0.317
% of Calories											43.7%	16.7%	63.6%	20.5%	7.2%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Thu - 09/06/2018																	
* Ele Breakfast	Total	100															
*Sandwich, Breakfast	1 Each	50	386	84	621	3.00	3.39	54.9	3	0.0	*3	23.21	34.8	17.01	7.01	0.00	0.009
Cinnamon Swirl Dough, WG	1 Each	50	234	6	182	3.90	1.30	26.5	498	0.49	13	6.5	48.1	1.3	0.65	0.00	0.000
Cheese, String Mozz	Serving	50	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Apple Slices	1 Each	50	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Weighted Daily Average % of Calories			486	58	613	4.45	2.52	340.2	1012	48.42	*28 *23.2%	25.10 20.7%	64.95 53.5%	13.41 24.8%	6.58 12.2%	0.00 0.0%	0.257
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Fri - 09/07/2018																	
* Ele Breakfast	Total	100															
Brk Bowl Waffles ELE	Serving	75	210	29	244	3.02	2.74	95.1	378	0.0	8	8.88	26.46	7.68	2.11	0.00	0.000
Cereal, Assorted 2018	1 Each	25	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Yogurt, Nonfat Recipe	1 Each	50	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00	0.000
Plum	1 Each	50	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average % of Calories			355	27	361	4.35	3.35	512.8	1121	35.10	34 38.0%	15.95 18.0%	55.49 62.6%	7.57 19.2%	2.40 6.1%	0.00 0.0%	0.152
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Mon - 09/10/2018																	
* Ele Breakfast	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	60	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	30	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Peanut Butter	1 Each	30	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
Cereal, Assorted 2018	1 Each	40	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Yogurt, Nonfat Recipe	1 Each	50	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00	0.000
Apple, Fresh	1 Each	50	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
Juice, Fruit, Assorted 2018	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average % of Calories			413	10	354	7.16	3.39	492.6	892	36.21	37 36.1%	16.53 16.0%	69.10 67.0%	8.71 19.0%	2.34 5.1%	*0.00 *0.0%	0.284
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Tue - 09/11/2018																	
* Ele Breakfast	Total	100															
*French Toast Sticks WG, Rich	1 Each	50	270	0	280	3.00	2.00	235.0	0	431.0	11	6.0	35.0	12.0	2.00	0.00	0.000
Muffin Top, Chocolate Chip	1 Each	50	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
Syrup, Maple	1.5 oz	50	120	0	30	0.00	0.00	0.0	0	0.0	21	0.0	30.0	0.0	0.00	0.00	0.201
Cheese, String Mozz	Serving	50	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Pears (Fresh)	1 Cup	50	79	0	1	4.31	0.25	12.5	35	5.98	14	0.5	21.17	0.19	0.03	*N/A*	0.007
Juice, Fruit, Assorted 2018	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			503	27	419	5.20	1.72	395.2	1139	249.36	47	15.45	81.08	13.35	4.21	*0.00	0.356
% of Calories											37.3%	12.3%	64.5%	23.9%	7.5%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Wed - 09/12/2018																	
* Ele Breakfast	Total	100															
Pizza, Breakfast	1 EACH	75	182	19	373	2.49	1.76	181.0	49	6.25	3	11.0	22.0	5.47	2.36	0.00	0.000
Parfait, Berry - (Ele)	serving	25	246	10	179	2.70	*0.56	*200.0	*250	*1.2	24	7.56	39.35	6.89	1.77	0.00	0.207
Cheese, Cream	1 Each	50	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
*Bagel, WW 1 oz.	1 Each	50	72	0	77	1.45	0.82	0.0	0	0.0	1	2.6	15.0	0.28	0.00	0.00	0.000
Fruit, Cocktail, canned	4 oz	50	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*	0.018
Juice, Fruit, Assorted 2018	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			407	30	518	4.33	*2.03	*478.6	*929	*36.23	33	20.92	60.30	9.25	3.97	*0.00	0.213
% of Calories											32.8%	20.5%	59.2%	20.5%	8.8%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Thu - 09/13/2018																	
* Ele Breakfast	Total	100															
*Sandwich, Breakfast	1 Each	50	386	84	621	3.00	3.39	54.9	3	0.0	*3	23.21	34.8	17.01	7.01	0.00	0.009
Cinnamon Swirl Dough, WG	1 Each	50	234	6	182	3.90	1.30	26.5	498	0.49	13	6.5	48.1	1.3	0.65	0.00	0.000
Cheese, String Mozz	Serving	50	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Apple Slices	1 Each	50	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Weighted Daily Average % of Calories			486	58	613	4.45	2.52	340.2	1012	48.42	*28 *23.2%	25.10 20.7%	64.95 53.5%	13.41 24.8%	6.58 12.2%	0.00 0.0%	0.257
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Fri - 09/14/2018																	
* Ele Breakfast	Total	100															
*Brk Bowl Pancakes Elementar	Serving	75	287	249	410	1.89	1.96	66.1	330	0.0	8	14.38	26.61	13.69	3.29	0.00	0.194
Cereal, Assorted 2018	1 Each	25	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Yogurt, Nonfat Recipe	1 Each	50	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00	0.000
Plum	1 Each	50	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average % of Calories			413	192	485	3.51	2.76	491.0	1085	35.10	34 32.6%	20.08 19.5%	55.60 53.9%	12.08 26.3%	3.28 7.2%	0.00 0.0%	0.298
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Mon - 09/17/2018																	
* Ele Breakfast	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	60	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	30	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Peanut Butter	1 Each	30	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
Cereal, Assorted 2018	1 Each	40	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Yogurt, Nonfat Recipe	1 Each	50	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00	0.000
Apple, Fresh	1 Each	50	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
Juice, Fruit, Assorted 2018	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average % of Calories			413	10	354	7.16	3.39	492.6	892	36.21	37 36.1%	16.53 16.0%	69.10 67.0%	8.71 19.0%	2.34 5.1%	*0.00 *0.0%	0.284
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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Tue - 09/18/2018																	
* Ele Breakfast	Total	100															
*French Toast Sticks WG, Rich	1 Each	50	270	0	280	3.00	2.00	235.0	0	431.0	11	6.0	35.0	12.0	2.00	0.00	0.000
Muffin Top, Chocolate Chip	1 Each	50	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
Syrup, Maple	1.5 oz	50	120	0	30	0.00	0.00	0.0	0	0.0	21	0.0	30.0	0.0	0.00	0.00	0.201
Cheese, String Mozz	Serving	50	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Pears (Fresh)	1 Cup	50	79	0	1	4.31	0.25	12.5	35	5.98	14	0.5	21.17	0.19	0.03	*N/A*	0.007
Juice, Fruit, Assorted 2018	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			503	27	419	5.20	1.72	395.2	1139	249.36	47	15.45	81.08	13.35	4.21	*0.00	0.356
% of Calories											37.3%	12.3%	64.5%	23.9%	7.5%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Wed - 09/19/2018																	
* Ele Breakfast	Total	100															
Parfait, Berry - (Ele)	serving	75	246	10	179	2.70	*0.56	*200.0	*250	*1.2	24	7.56	39.35	6.89	1.77	0.00	0.207
Burrito,Egg & Cheese	1 ea	25	200	66	299	3.06	1.69	141.2	282	3.39	0	10.59	20.45	8.66	3.83	0.00	0.000
Fruit, Cocktail, canned	4 oz	50	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*	0.018
Juice, Fruit, Assorted 2018	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			378	29	322	3.36	*1.01	*448.2	*987	*32.99	41	15.79	60.09	8.62	3.04	*0.00	0.317
% of Calories											43.7%	16.7%	63.6%	20.5%	7.2%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Thu - 09/20/2018																	
* Ele Breakfast	Total	100															
*Sandwich, Breakfast	1 Each	50	386	84	621	3.00	3.39	54.9	3	0.0	*3	23.21	34.8	17.01	7.01	0.00	0.009
Cinnamon Swirl Dough, WG	1 Each	50	234	6	182	3.90	1.30	26.5	498	0.49	13	6.5	48.1	1.3	0.65	0.00	0.000
Cheese, String Mozz	Serving	50	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Apple Slices	1 Each	50	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Weighted Daily Average % of Calories			486	58	613	4.45	2.52	340.2	1012	48.42	*28 *23.2%	25.10 20.7%	64.95 53.5%	13.41 24.8%	6.58 12.2%	0.00 0.0%	0.257
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Fri - 09/21/2018																	
* Ele Breakfast	Total	100															
Brk Bowl Waffles ELE	Serving	75	210	29	244	3.02	2.74	95.1	378	0.0	8	8.88	26.46	7.68	2.11	0.00	0.000
Cereal, Assorted 2018	1 Each	25	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Yogurt, Nonfat Recipe	1 Each	50	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00	0.000
Plum	1 Each	50	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average % of Calories			355	27	361	4.35	3.35	512.8	1121	35.10	34 38.0%	15.95 18.0%	55.49 62.6%	7.57 19.2%	2.40 6.1%	0.00 0.0%	0.152
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Mon - 09/24/2018																	
* Ele Breakfast	Total	100															
Bagel, Tony Roberts 2.24 Oz.	1 Each	60	163	0	172	3.00	1.80	10.0	0	0.0	3	5.9	33.5	0.61	0.06	0.00	0.000
Cheese, Cream	1 Each	30	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
Peanut Butter	1 Each	30	201	0	73	2.23	0.80	22.3	0	0.0	4	7.81	10.04	16.74	2.79	0.00	0.110
Cereal, Assorted 2018	1 Each	40	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Yogurt, Nonfat Recipe	1 Each	50	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00	0.000
Apple, Fresh	1 Each	50	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
Juice, Fruit, Assorted 2018	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average % of Calories			413	10	354	7.16	3.39	492.6	892	36.21	37 36.1%	16.53 16.0%	69.10 67.0%	8.71 19.0%	2.34 5.1%	*0.00 *0.0%	0.284
Nutrient Guideline			350-500		540									<=35.0	<10.00		

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Tue - 09/25/2018																	
* Ele Breakfast	Total	100															
*French Toast Sticks WG, Rich	1 Each	50	270	0	280	3.00	2.00	235.0	0	431.0	11	6.0	35.0	12.0	2.00	0.00	0.000
Muffin Top, Chocolate Chip	1 Each	50	235	29	108	3.10	1.20	4.0	820	1.4	17	3.9	41.0	6.0	0.90	0.00	0.000
Syrup, Maple	1.5 oz	50	120	0	30	0.00	0.00	0.0	0	0.0	21	0.0	30.0	0.0	0.00	0.00	0.201
Cheese, String Mozz	Serving	50	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Pears (Fresh)	1 Cup	50	79	0	1	4.31	0.25	12.5	35	5.98	14	0.5	21.17	0.19	0.03	*N/A*	0.007
Juice, Fruit, Assorted 2018	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			503	27	419	5.20	1.72	395.2	1139	249.36	47	15.45	81.08	13.35	4.21	*0.00	0.356
% of Calories											37.3%	12.3%	64.5%	23.9%	7.5%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Wed - 09/26/2018																	
* Ele Breakfast	Total	100															
Pizza, Breakfast	1 EACH	75	182	19	373	2.49	1.76	181.0	49	6.25	3	11.0	22.0	5.47	2.36	0.00	0.000
Parfait, Berry - (Ele)	serving	25	246	10	179	2.70	*0.56	*200.0	*250	*1.2	24	7.56	39.35	6.89	1.77	0.00	0.207
Cheese, Cream	1 Each	50	60	15	85	1.00	0.00	60.0	200	0.0	2	4.0	2.0	4.0	2.00	0.00	0.000
*Bagel, WW 1 oz.	1 Each	50	72	0	77	1.45	0.82	0.0	0	0.0	1	2.6	15.0	0.28	0.00	0.00	0.000
Fruit, Cocktail, canned	4 oz	50	65	0	7	1.13	0.33	6.8	236	2.15	16	0.45	16.93	0.08	0.01	*N/A*	0.018
Juice, Fruit, Assorted 2018	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			407	30	518	4.33	*2.03	*478.6	*929	*36.23	33	20.92	60.30	9.25	3.97	*0.00	0.213
% of Calories											32.8%	20.5%	59.2%	20.5%	8.8%	*0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Thu - 09/27/2018																	
* Ele Breakfast	Total	100															
*Sandwich, Breakfast	1 Each	50	386	84	621	3.00	3.39	54.9	3	0.0	*3	23.21	34.8	17.01	7.01	0.00	0.009
Cinnamon Swirl Dough, WG	1 Each	50	234	6	182	3.90	1.30	26.5	498	0.49	13	6.5	48.1	1.3	0.65	0.00	0.000
Cheese, String Mozz	Serving	50	80	15	200	0.00	0.00	20.0	200	0.0	0	6.0	1.0	6.0	4.00	0.00	0.200
Apple Slices	1 Each	50	50	0	5	2.00	0.36	60.0	100	36.0	9	0.0	12.0	0.0	0.00	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Cost
Weighted Daily Average			486	58	613	4.45	2.52	340.2	1012	48.42	*28	25.10	64.95	13.41	6.58	0.00	0.257
% of Calories											*23.2%	20.7%	53.5%	24.8%	12.2%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Fri - 09/28/2018																	
* Ele Breakfast	Total	100															
*Brk Bowl Pancakes Elementar	Serving	75	287	249	410	1.89	1.96	66.1	330	0.0	8	14.38	26.61	13.69	3.29	0.00	0.194
Cereal, Assorted 2018	1 Each	25	105	0	170	6.50	4.95	120.0	450	5.4	7	1.25	21.5	1.87	0.25	0.00	0.000
Yogurt, Nonfat Recipe	1 Each	50	90	0	51	0.00	0.00	300.0	0	0.9	15	3.0	19.0	0.0	0.00	0.00	0.000
Plum	1 Each	50	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
Juice, Fruit, Assorted 2018	1 Each	50	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
Milk, 1%	8 oz	50	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
Milk, Non Fat	8 oz	25	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00	0.190
Weighted Daily Average			413	192	485	3.51	2.76	491.0	1085	35.10	34	20.08	55.60	12.08	3.28	0.00	0.298
% of Calories											32.6%	19.5%	53.9%	26.3%	7.2%	0.0%	
Nutrient Guideline			350-500		540									<=35.0	<10.00		

Weighted Average			437	49	451	4.80	*2.39	*435.8	*1027	*83.08	*37	18.80	66.02	10.96	3.98	*0.00	0.277
											*75.5%	17.2%	60.5%	22.6%	8.2%	*0.0%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	437		350 - 500	100%				
Cholesterol (mg)	49							
Sodium (mg)	451		540					
Fiber (g)	4.80							
Iron (mg)	2.39				Missing			
Calcium (mg)	435.8				Missing			
Vitamin A (IU)	1027				Missing			
Sugars (g)	37	33.56%			Missing			
Vitamin C (mg)	83.08				Missing			
Protein (g)	18.80	17.22%						
Carbohydrate (g)	66.02	60.46%						
Total Fat (g)	10.96	22.58%	<=35.00%					
Saturated Fat (g)	3.98	8.20%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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