

CHILD CARE AM SNACK

January

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6	7	8	9	10
Animal Crackers ^{^+} 1ozG Milk @ 8ozM	Honey Grahams ^{^+} 1ozG Yogurt @ 4ozM	Peaches 1/2cupF Muffin Top ^{^+} 1ozG	MiniMuffin 1ozG Milk @ 8ozM	Cereal Bowl 1ozG Milk @ 8ozM
13	14	15	16	17
Bagel ^{^+} 2ozG Cream Cheese @ 1ozM Applesauce 1/2 ozF	Apple Slices 1/2 cupF String Cheese @ 1ozM	Fruit 1/2 cupF Milk @ 8ozM	Carrots 1/2 cupV Yogurt @ 4ozM	Applesauce 1/2 ozF Honey Grahams ^{^+} 1ozG
20	21	22	23	24
NO SCHOOL	Apple Slices 1/2 cupF Yogurt @ 4ozM	Peaches 1/2cupF Muffin ^{^+} 2ozG	Bagel ^{^+} 2ozG Milk @ 8ozM	Cereal Bowl 1ozG Milk @ 8ozM
27	28	29	30	31
Bagel ^{^+} 2ozG Cream Cheese @ 1ozM Applesauce 1/2 ozF	Milk @ 8ozM Cinnamon Toast 1ozG	Yogurt @ 4ozM Apple Slices 1/2 cupF	Bagel ^{^+} 2ozG Milk @ 8ozM Cream Cheese @ 1ozM	Apple Slices 1/2 cupF String Cheese @ 1ozM

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ALL GRAINS ARE WHOLE GRAIN RICH

MILK IS NON FAT OR 1%