

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
Mon - 10/02/2017																	
HS ALC	Total	1															
*Apple, Fresh	1 Each	1	77	0	1	3.58	0.18	8.9	80	6.85	15	0.39	20.58	0.25	0.04	*N/A*	0.197
*Oranges	1 Each	1	85	0	0	4.32	0.18	72.0	405	95.76	17	1.69	21.15	0.22	0.03	*N/A*	0.005
*Plum	1 Each	1	30	0	0	0.92	0.11	4.0	228	6.27	7	0.46	7.54	0.18	0.01	0.00	0.000
*Tangerines, Fresh	1 Each	1	52	0	2	1.76	0.15	36.1	664	26.03	10	0.79	13.01	0.3	0.03	0.00	0.221
*Cheese, String Mozz	Serving	1	80	15	210	0.00	0.00	200.0	100	0.0	*N/A*	7.0	1.0	6.0	3.50	0.00	0.098
*Juice, Fruit, Assorted 2018	1 Each	1	57	0	9	0.00	0.00	18.9	473	56.74	11	0.0	14.0	0.0	0.00	0.00	0.000
*Cereal, Assorted 2018	1 Each	1	104	0	136	5.80	5.58	96.0	360	4.32	7	1.6	22.0	1.5	0.20	0.00	0.000
*Milk, 1%	8 oz	1	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00	0.210
*Milk, Chocolate 12oz	Bottle	1	255	15	270	0.00	0.00	370.0	600	0.0	42	12.0	42.0	5.0	3.00	0.00	0.560
*Bagel & Cream Cheese	serving	1	290	30	455	4.00	2.70	40.0	400	3.6	7	11.0	41.0	11.0	6.50	0.00	0.192
*Cinnamon Swirl Dough, WG	1 Each	1	170	5	135	3.00	1.67	23.9	260	0.42	10	5.0	36.0	1.5	0.50	0.00	0.000
*Chips, Baked Lays 1 oz.	1 Each	1	120	0	210	2.00	0.00	40.0	0	2.4	3	2.0	21.0	3.0	0.50	0.00	0.000
*Chips, Doritos Cool Ranch 1oz	1 Each	1	130	0	160	2.00	0.36	40.0	0	0.0	1	2.0	19.0	5.0	1.00	0.00	0.000
*Chips, Doritos Nacho Ch. 1oz.	1 Each	1	130	0	200	2.00	0.36	0.0	100	0.0	0	2.0	20.0	5.0	0.50	0.00	0.000
*Chips, Sunchips 1 oz.	1 Each	1	140	0	120	3.00	0.36	0.0	0	0.0	2	2.0	18.0	6.0	1.00	0.00	0.288
*Chips, Tortilla, Pkg	1 Each	1	140	0	100	3.00	1.80	40.0	100	0.0	0	2.0	19.0	6.0	1.00	0.00	0.000
*Pretzels, Soft Rods	1 Each	1	70	0	65	1.00	0.72	0.0	0	0.0	0	2.0	14.0	0.5	0.00	0.00	0.191
*Cheese Sauce, Nacho	1 Each	1	80	0	500	0.00	0.00	20.0	0	0.0	2	1.0	6.0	6.0	0.50	0.00	0.000
*Cookie, Variety WG 1.5oz	1 Each	1	168	0	158	1.98	1.07	0.0	0	0.0	14	1.98	27.69	5.93	1.48	0.00	0.149
*Sandwich, PBJ (premade)	Servings	1	300	0	280	4.00	1.44	260.0	0	0.0	14	9.0	32.0	17.0	3.00	0.00	0.000
*Parfait, Berry - Entree	serving	1	493	20	358	5.40	*1.11	*400.0	*500	*2.4	47	15.12	78.71	13.78	3.53	0.00	0.602
*Cheeseburger With The Works	Cheeseburger	1	527	60	775	7.99	4.55	*159.6	*583	*22.57	*5	31.46	38.67	28.16	8.24	*0.00	1.039
*Sandwich, Chicken Variety	Sandwich	1	357	54	576	4.22	3.85	71.1	517	14.44	*4	21.51	45.0	10.7	2.71	*0.00	0.796
*Pizza, Chees French Bread @	1 each	1	261	17	495	2.61	1.56	260.6	434	5.21	3	14.77	29.54	9.56	3.47	0.00	0.768
*Juice, Naked Juice Variety	10 oz	1	167	0	8	0.00	0.48	20.0	2167	9.0	33	1.67	39.67	0.0	0.00	0.00	1.191
*Potato, Tri Tater (1 ea)	Tri Tater	1	98	0	200	1.33	0.32	0.0	0	0.53	0	0.89	12.89	4.89	0.67	0.00	0.077
Weighted Daily Average			4500	226	5574	63.91	*28.56	*2531.1	*8471	*258.95	*268	159.32	653.42	149.97	42.90	*0.00	6.586
% of Calories											*23.8%	14.2%	58.1%	30.0%	8.6%	*0.0%	
Nutrient Guideline			550		1230										<10.00		

Weighted Average			4500	226	5574	63.91	*28.56	*2531.1	*8471	*258.95	*268	159.32	653.42	149.97	42.90	*0.00	6.586
											*53.6%	14.2%	58.1%	30.0%	8.6%	*0.0%	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1- Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	Cost
		% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*										
Calories	4500			550														
Cholesterol (mg)	226																	
Sodium (mg)	5574			1230														
Fiber (g)	63.91																	
Iron (mg)	28.56																	
Calcium (mg)	2531.1																	
Vitamin A (IU)	8471																	
Sugars (g)	268	23.81%																
Vitamin C (mg)	258.95																	
Protein (g)	159.32	14.16%																
Carbohydrate (g)	653.42	58.08%																
Total Fat (g)	149.97	29.99%																
Saturated Fat (g)	42.90	8.58%		<10.00%														
Trans Fat <sup>1</sup> (g)	0.00	0.00%																

\*Data comparisons are not available for one or two day selections

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient  
**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data  
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