

# Health Curriculum Presentation

DAC Health Education Committee  
April 27, 2021





# Today's Discussion


## Outline of Topics

- 01 **Committee Formation & Actions**
- 02 **DAC Member Feedback**
- 03 **Observations on Proposed Curricula:**
  - **Positive Prevention Plus**
  - **Rights, Respect, Responsibility**
  - **Teen Talk**
- 04 **Moving Forward & Next Steps**



## **Why did the DAC Executive Board form this Committee?**

We wanted to continue the conversation from the previous DAC meeting, look at feedback solicited from DAC members, and explore how the different curricula meet the needs of our community.





# DAC Committee Formation

## Timing was crucial

- Formed committee at last Executive Board meeting
- Initial work needed to be completed by April DAC meeting to give meaningful feedback to district within the current adoption timeline

## Current Committee Members

- Liz Beaven, Committee Chair, DAC Secretary
- Heather Skelly, DAC Chair
- Lee Ann Holland, Member At Large
- Alexandra Kitchell, Member At Large

# DAC Committee Actions

- ✓ Met once per week between March and April DAC meetings
- ✓ Reviewed DAC feedback from survey given at March meeting (14 responses out of 33 sent)
- ✓ Reviewed three proposed curricula
- ✓ Attended or viewed Parent Information Webinars
- ✓ Attended or viewed Board of Education Study Session on Comprehensive Sexual Health Curriculum
- ✓ Attended or viewed presentation to all DACs and PTAs on Comprehensive Sexual Health Curriculum
- ✓ Prepared report for April DAC meeting



# DAC Member Feedback

## Update Videos for 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> Grades

- Should be more than one-day lesson
- Students should be able to ask questions anonymously
- Elementary health curriculum will be revisited after secondary level adoption

## Equity and Access for All Learners

- PPP and TT have modified versions for all abilities
- All three curricula have Spanish versions

## Continuity through Grade Levels

- PPP and TT have 6-12 curriculum (younger grades available)
- RRR has K-12

## LGBTQ+ Inclusive

- All three are LGBTQ+ inclusive and CHYA compliant

# DAC Member Feedback

## Consent and Healthy Relationships

- All three curricula address these topics

## Parent Involvement

- All three curricula encourage communication with parents or trusted adults

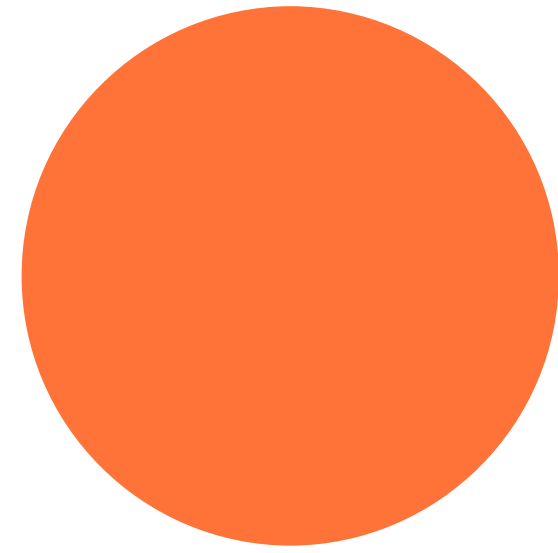
## Age-Appropriate Instruction on Pornography and Sexting

- None address these topics directly, but some address internet safety
- Students should be aware of laws and legal consequences of viewing and sending certain content

## Access to Opt-Out

- Parents can opt out of content, but not people
  - Can opt out of sexual health content, such as contraception, STIs, adoption, etc.
  - Cannot opt out of content related to people, such as gender, gender identity, gender expression, sexual orientation, etc.

# Curriculum Information and Options





# California Healthy Youth Act

## 9<sup>th</sup> Grade Curriculum Content Currently Not Compliant Under CHYA

- Sexual orientation
- Gender
- Reducing risk of HIV and STI
- Treatment of HIV and STI
- Local resources

- Contraception
- Parenting, adoption and abortion
- Human trafficking
- Prenatal care
- Relationship abuse

All three curricula would bring district into compliance with CHYA.



# Curricula Under Consideration

## Positive Prevention Plus

**Authors:** Public health education professor and nurse who has worked in education for 25 years

**Partners:** Cardea Services, American Red Cross and CA Department of Education

## Rights, Respect, Responsibility

**Authors:** National expert with EdD in Human Sexuality Education, public health professor, one with Master's in Public Health and one with Master's in School Health Education

**Partners:** WestWind Foundation, Open Road Alliance and Tuner Foundation  
Created by Advocates for Youth.

## Teen Talk

**Authors:** Four lead authors, one with Master's in Public Health, medical review team with two doctors, many contributing authors

Teen Talk is a program of nonprofit Health Connected.



# Positive Prevention Plus (PPP)

## Overview

- Encourages parent involvement in lessons
- Interactive lessons
- Gives resources for more information or other explanations
- Cultural sensitivity
- NGSS aligned
- Positive research findings from five-year research study in six Southern California school districts



# Rights, Respect, Responsibility (RRR)

## Overview

- Internet-based lessons, available online any time
- Uses many websites and YouTube videos
- Interactive lessons and role playing
- Family homework activities
- Comprehensive approach from K-12
- No cost curriculum
- Curriculum also reviewed by Advocates for Youth team of six youth reviewers



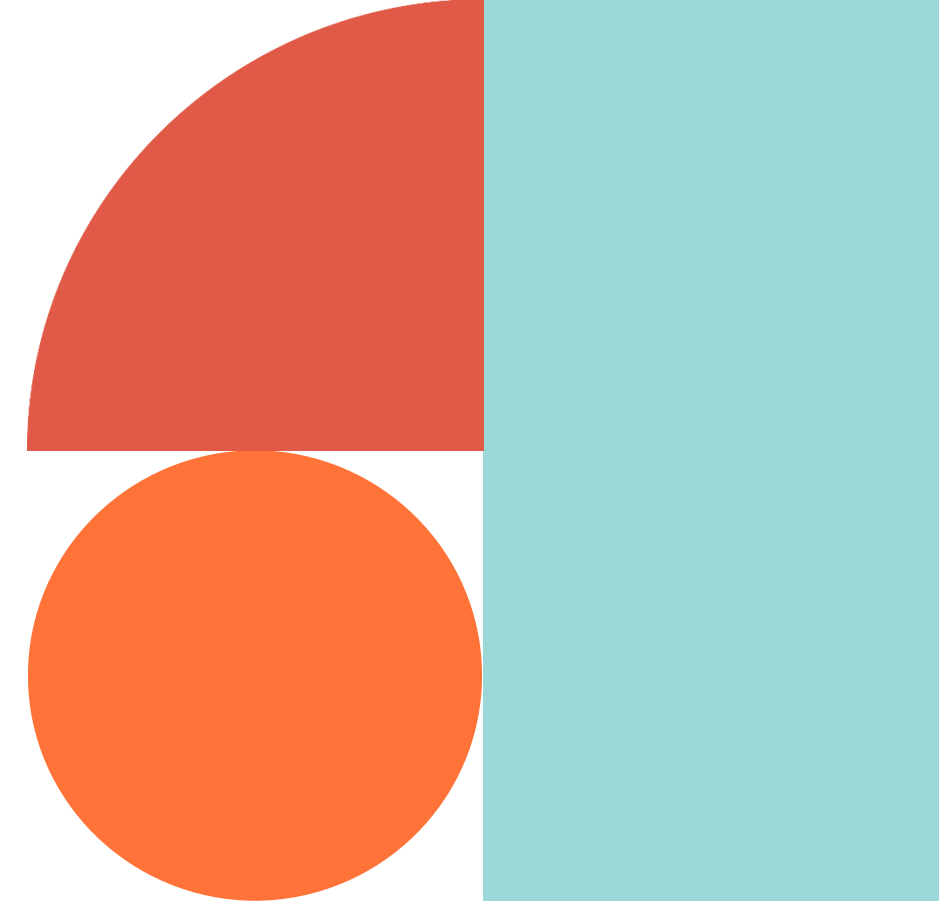
# Teen Talk (TT)

## Overview

- Encourages parent communication
- Provides anonymous question box for students daily
- Interactive lessons
- Some use of videos and film
- Teachers can choose between several activities for each lesson, including alternate approaches
- Encourages responsible decisions and discusses consequences of certain choices
  - Based on Health Belief Model and Social Learning Theory

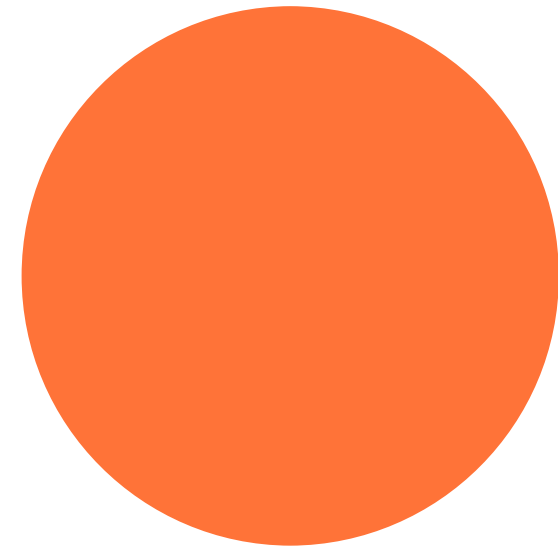
# Teacher Feedback

Results taken from sample of 13-14 CVUSD teachers of 16 on articulation committee



Curriculum	Would use with NO reservation	Would use with SOME reservation	Would NOT use this curriculum
Positive Prevention Plus	61.5%	38.5%	0%
Rights, Respect, Responsibility	0%	64.3%	35.7%
Teen Talk	30.8%	61.5%	7.7%

Next Steps



# Moving Forward

- Need to update elementary curriculum:
  - Parents and students need more support than a single video can provide – need resources and a supportive school network
  - Developmentally appropriate instruction to address boundaries, safety, privacy
  - Need greater continuity across the grade spans
  - Make use of UDL and new technologies to broaden access and approach to this subject
  - Could health be its own subject?
  - If not, could it be part of another subject, such as science or social emotional learning?
  - Much work is needed here, so please continue engagement with all stakeholders





# Moving Forward

- All three curricula and California Health Framework emphasize communication with home and the importance of building bridges between teachers, parents/guardians and students
  - Not all students will be able to discuss sexual health with a parent, so schools need a supportive network of trusted adults for students to access
- Create Parent Information Nights for each school site for opportunities to meet teacher, review materials and open the lines of communication
- Make materials available year-round, to the maximum extent possible
- Build a process to review and update curriculum to meet the evolving needs of students and community





# Further Engagement

- Review materials at school sites and webinar recordings
- Once a curriculum is recommended, there will be additional parent information nights and additional material to review
- Email comments to district leadership or submit a question on the FAQ page of the CVUSD Health Education webpage
- If the DAC Health Education Committee continues, join the committee

## California Health Education Framework

<https://californiahealtheducation.org/Pages/Home.aspx>

## Conejo Valley USD Health Education Webpage

<https://www.conejousd.org/Departments/Instructional-Services/Health-Education>

### Available on CVUSD Website

- Recordings of Parent Information Webinars for all three curricula
- Recording of Board Study Session
- Recording of Presentation to DACs and PTAs
- FAQ and opportunity to submit questions

# Resources

# **DAC**

# **Discussion**

