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# Decision Making and Conception

## **Session 4:**

### Decision Making and Conception

#### **Goals:**

- Describe the reproductive process
- Learn what abstinence is

#### **Objectives:**

- Describe the biological process of conception in general terms
- Describe the role of menstruation in the reproductive process
- Learn about ways to protect themselves from STIs and/or pregnancy

# Anonymous Question Box

## **Introduction to the Anonymous Question Box:**

The Anonymous Question Box is a way for students to ask questions that they may not feel comfortable asking during class time, though students are encouraged to ask lots of questions during class time as well.

## **Anonymous Question Box Guidelines:**

- Everyone must put a paper in the box. If students do not have a question at that time, they can write a statement about what they learned in class that day, a specific topic of interest, or write "no question". This ensures questions remain anonymous.
- No Names. Questions are anonymous and are not to be used to hurt or embarrass others. Questions with names on them will not be read out loud.
- No Personal Questions of the Instructor
- Nobody can take anything out of the Question Box, except for the instructor

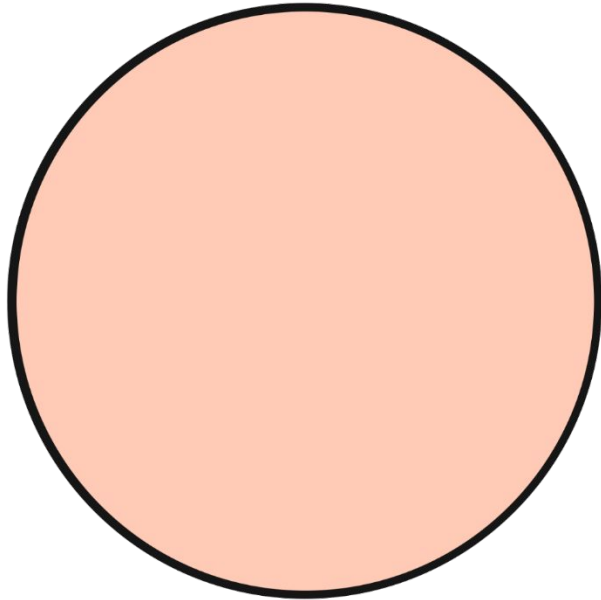
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# Ovulation, Menstruation, Conception

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# Ovulation

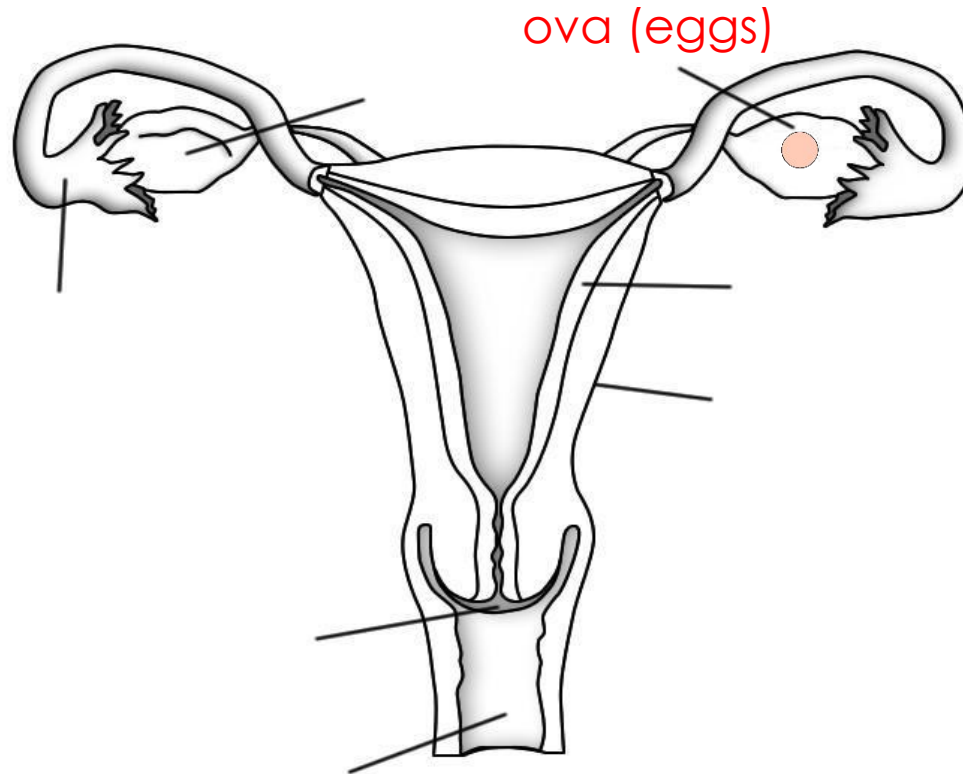
# Ovulation



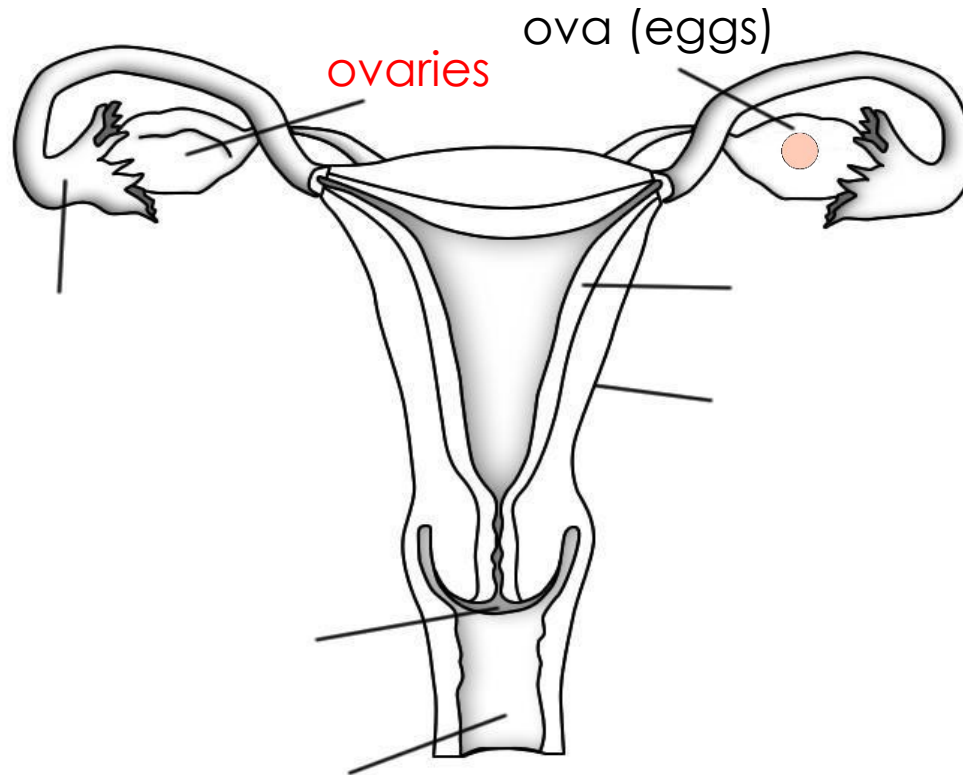
This is an  
**egg cell**

A female body has about 400,000 eggs  
when they are born

# Ovulation

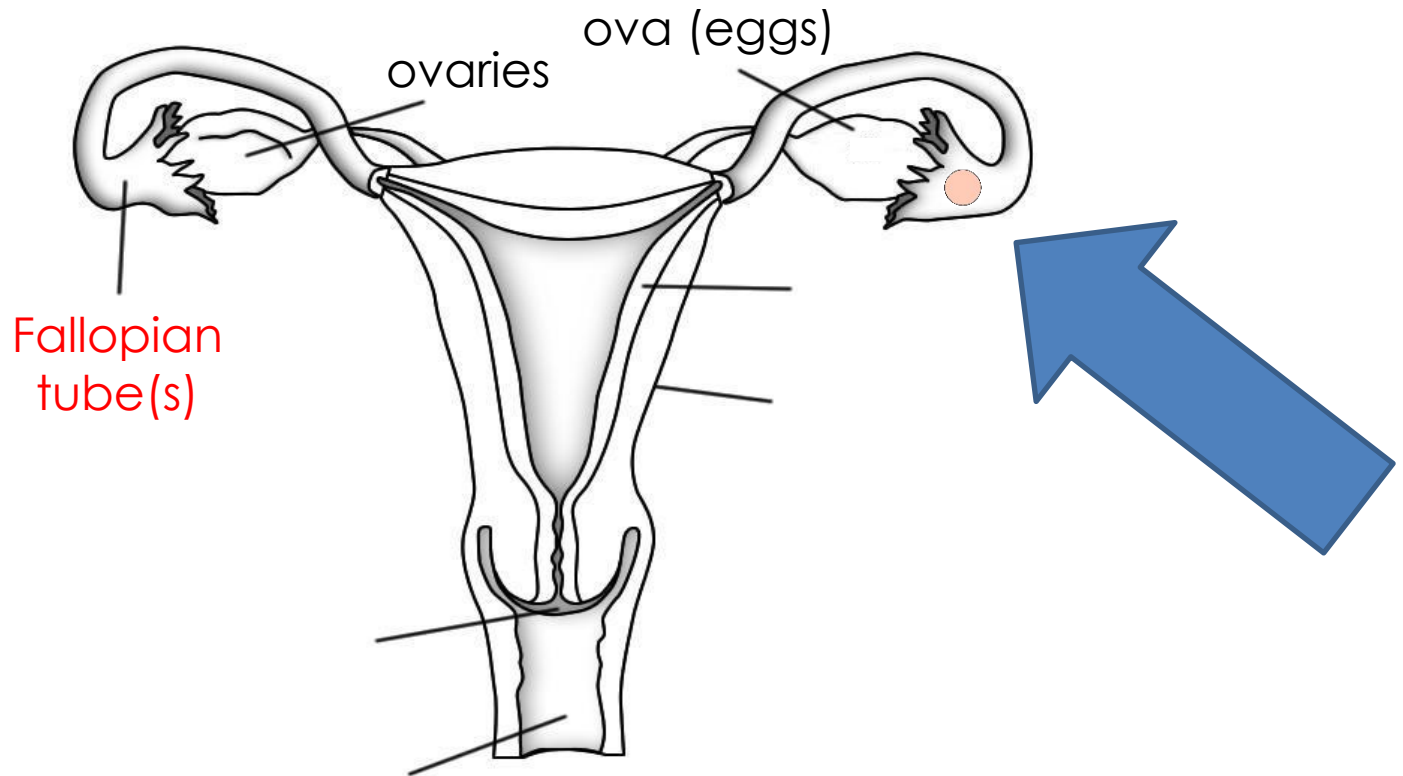


# Ovulation

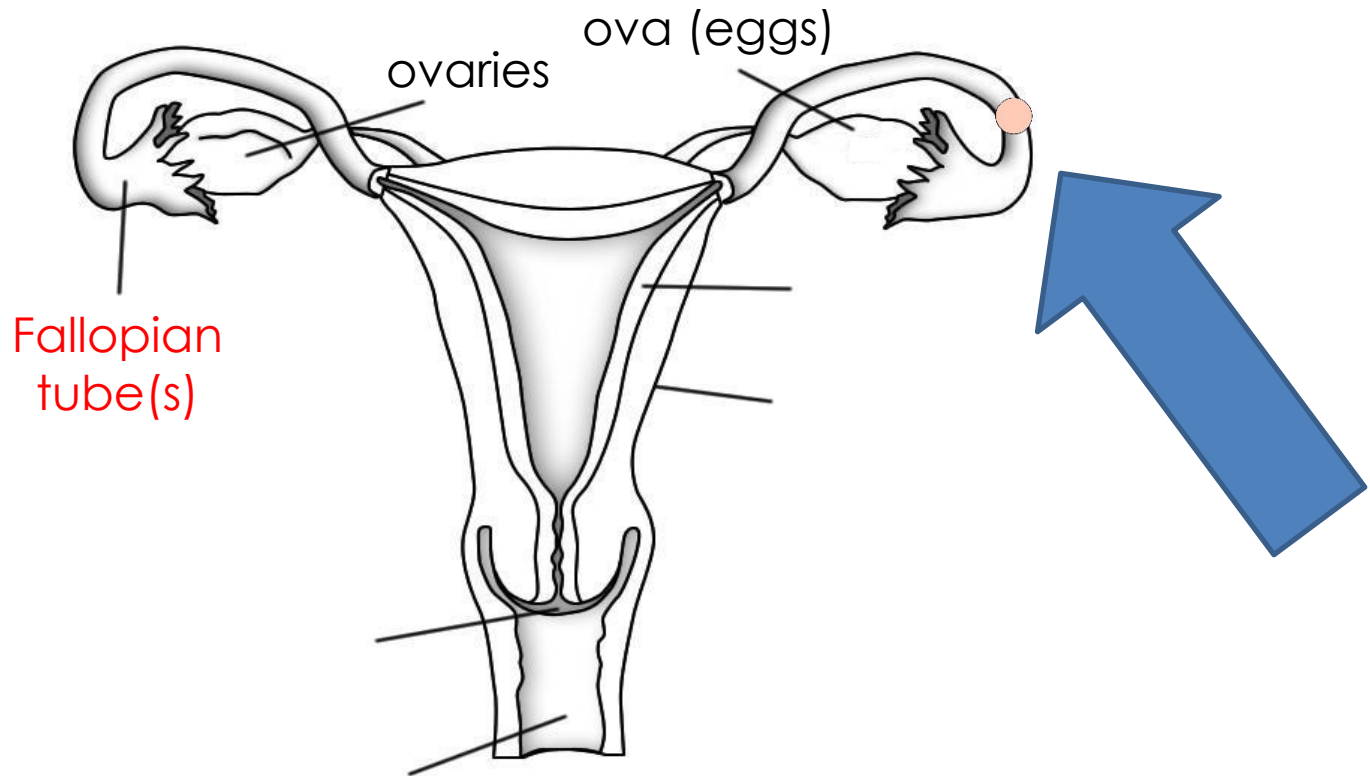




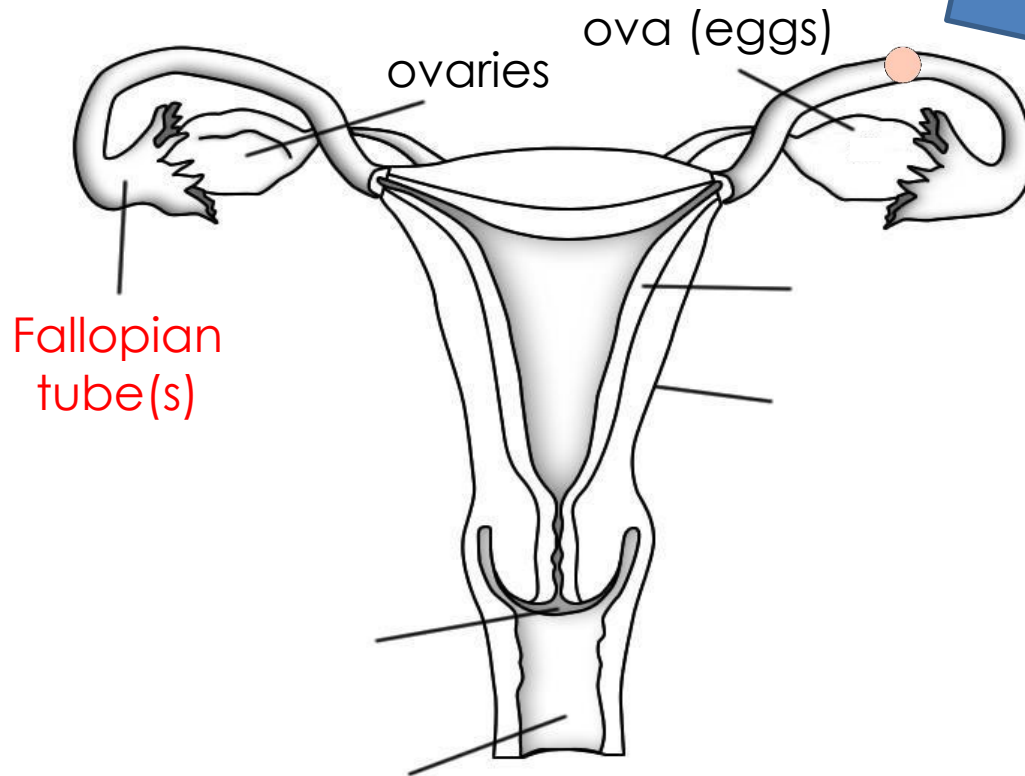
# Ovulation



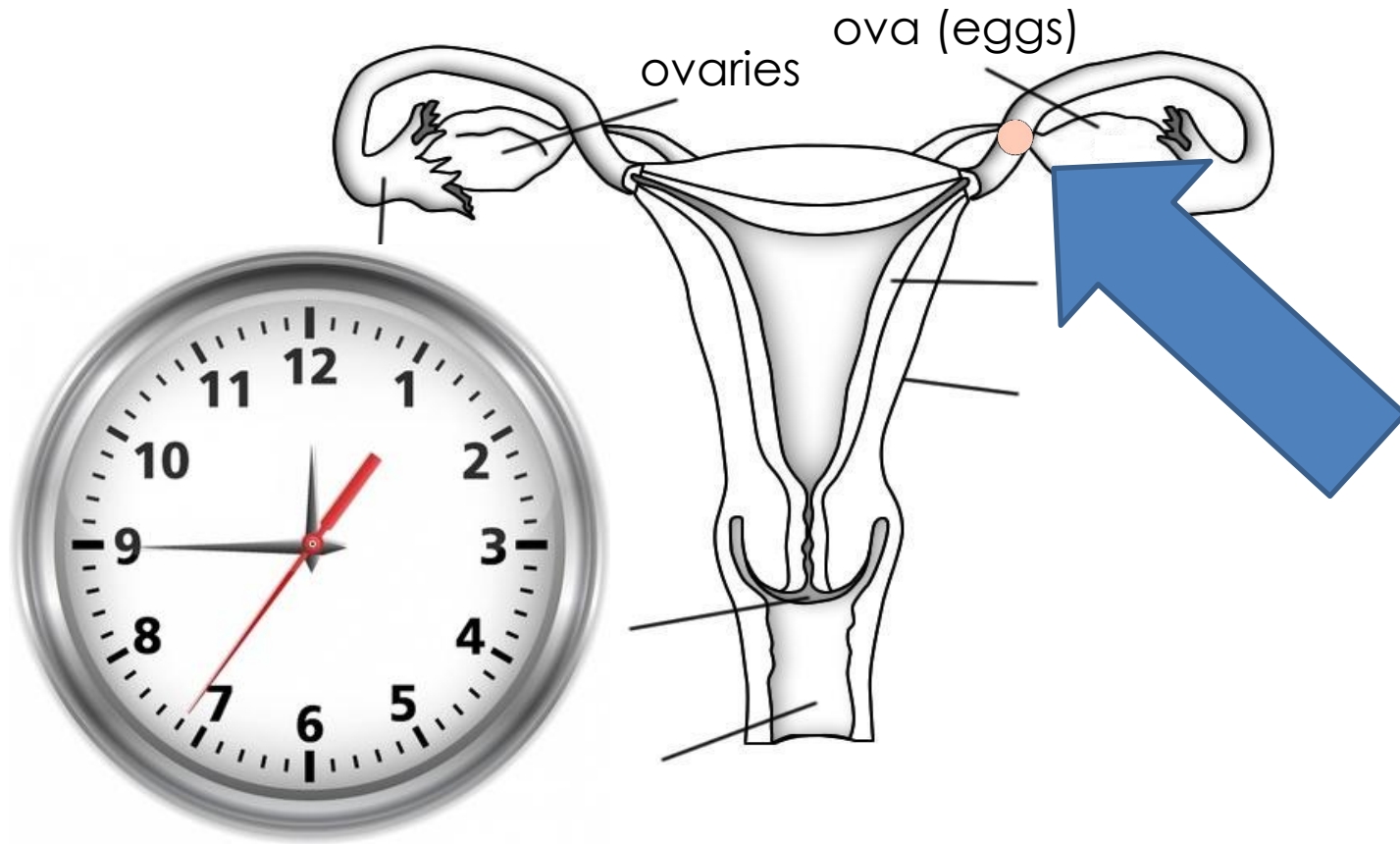
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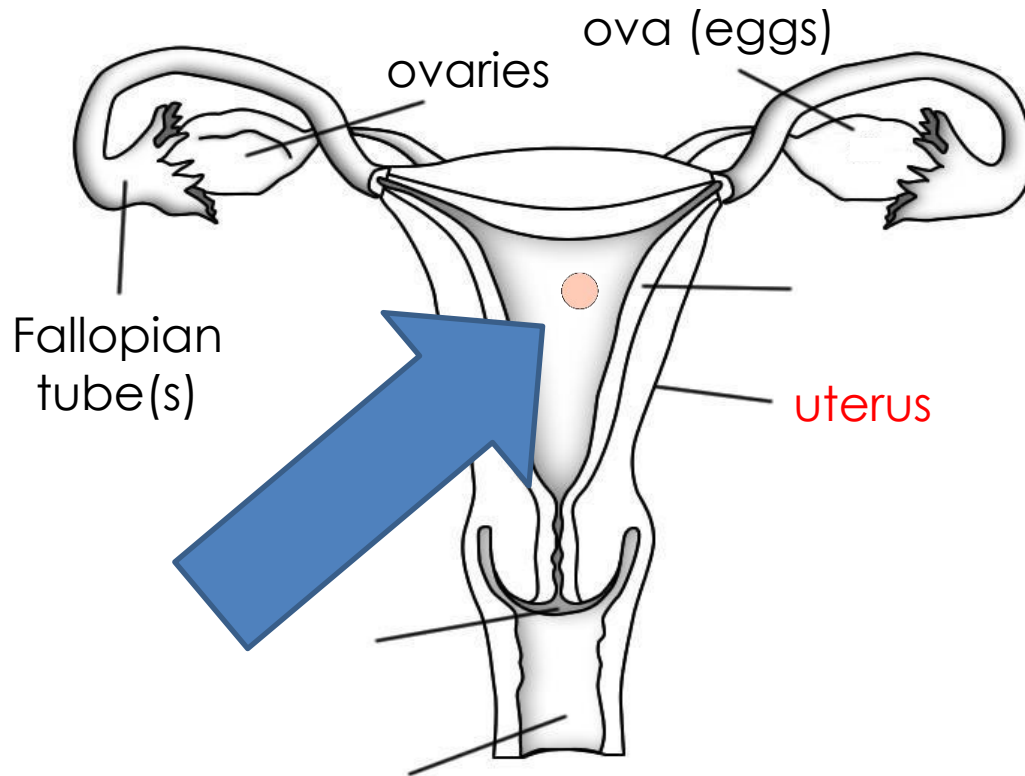
# Ovulation



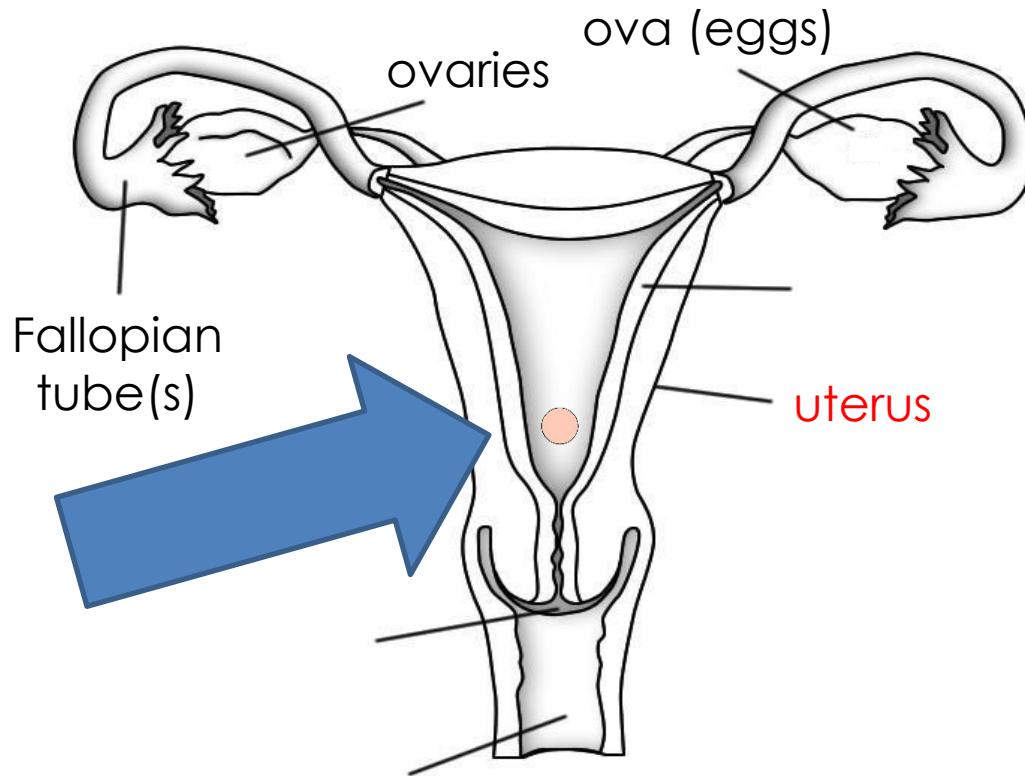
# Ovulation



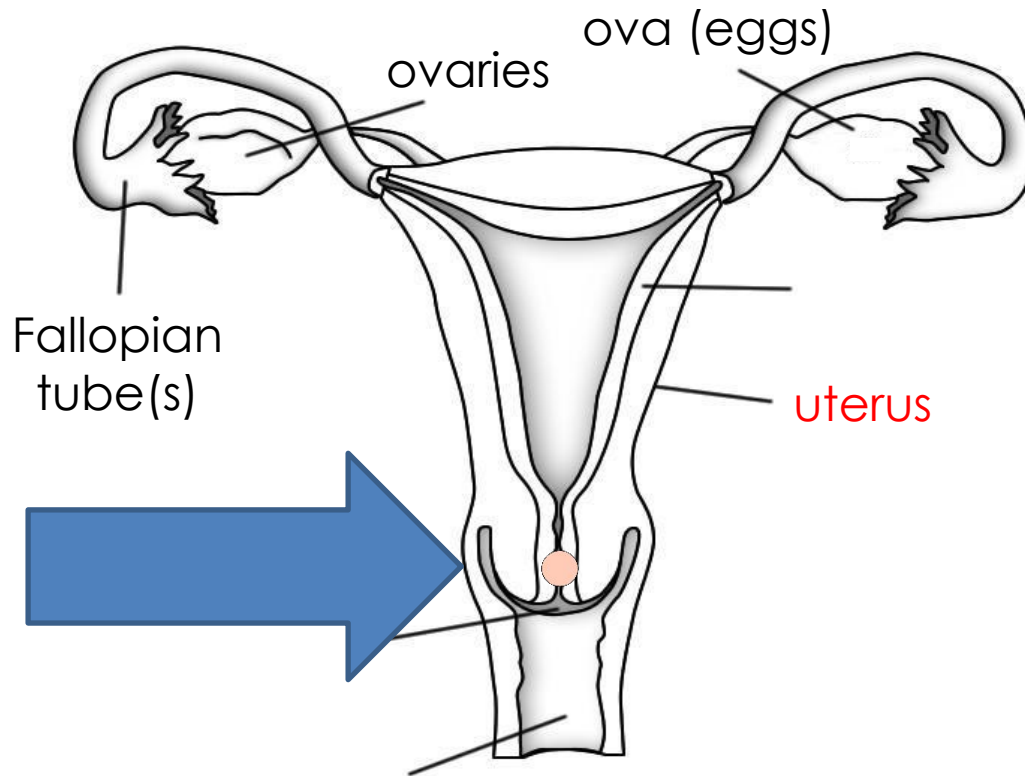
# Ovulation



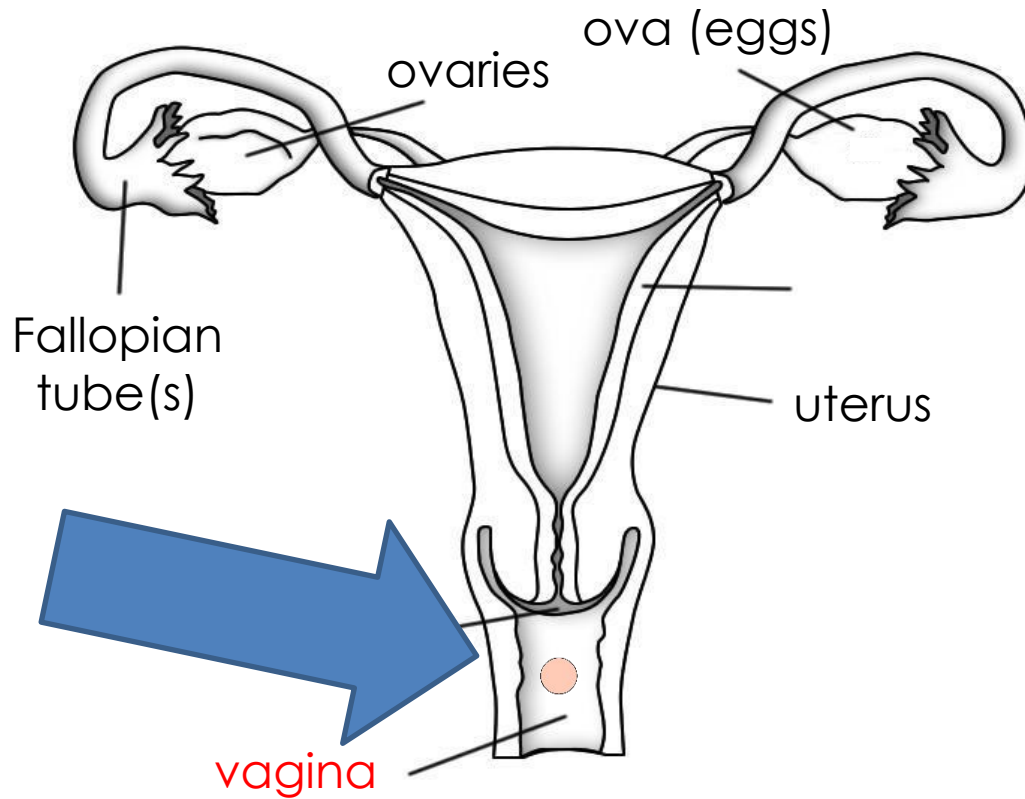
# Ovulation



# Ovulation



# Ovulation

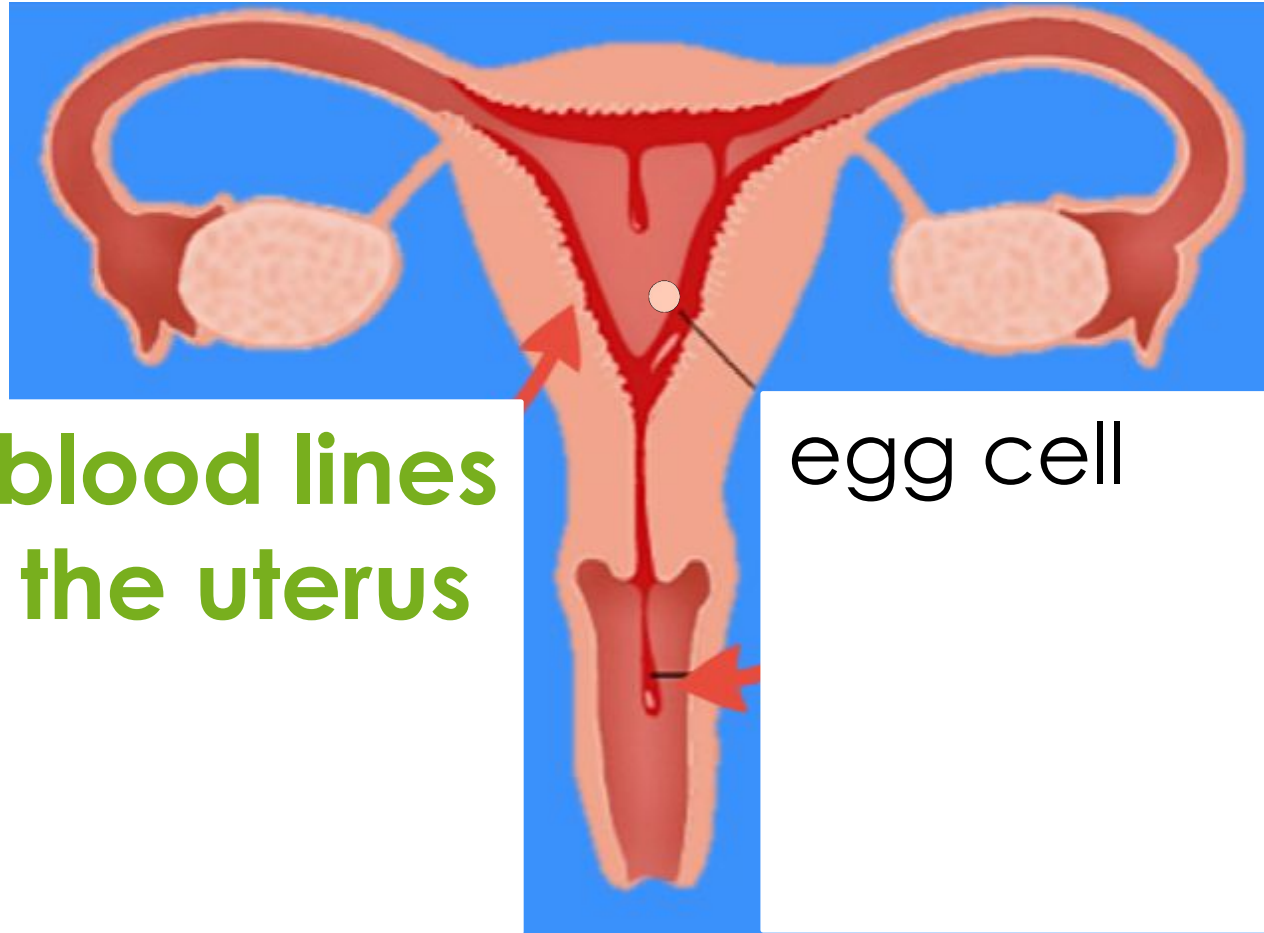




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# Menstruation

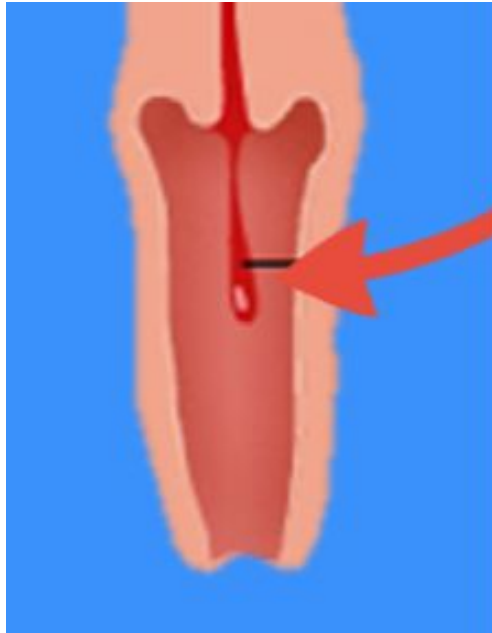
# Menstruation



blood lines  
the uterus

egg cell

# Menstruation



This is called having a “period” and it happens a few days each month

# Menstruation

## Hygiene Products



Pad



Tampon

# Menstruation

## Hygiene Products

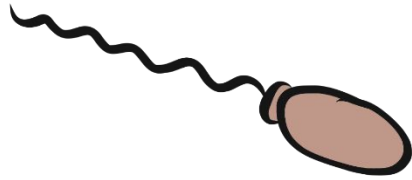


New and reusable!

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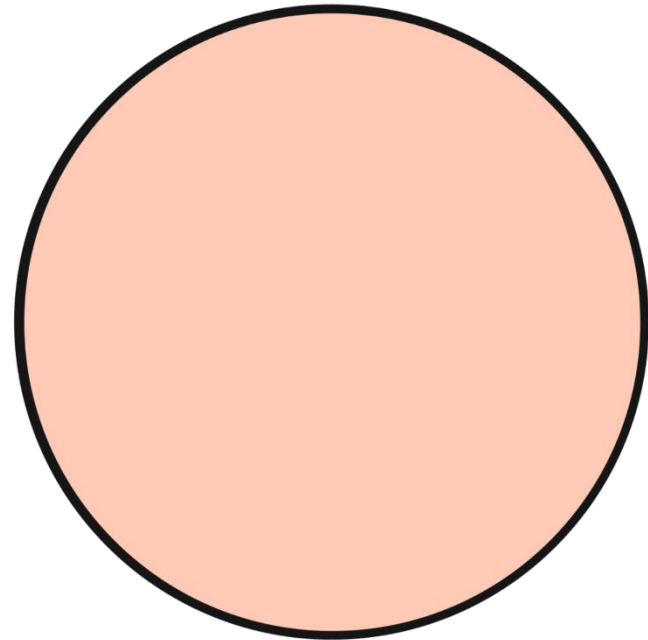
# Conception

# Conception

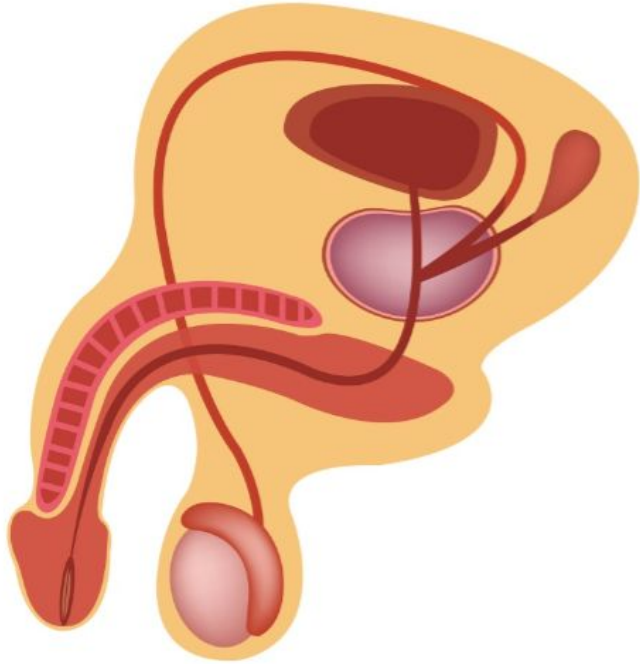


Sperm cell

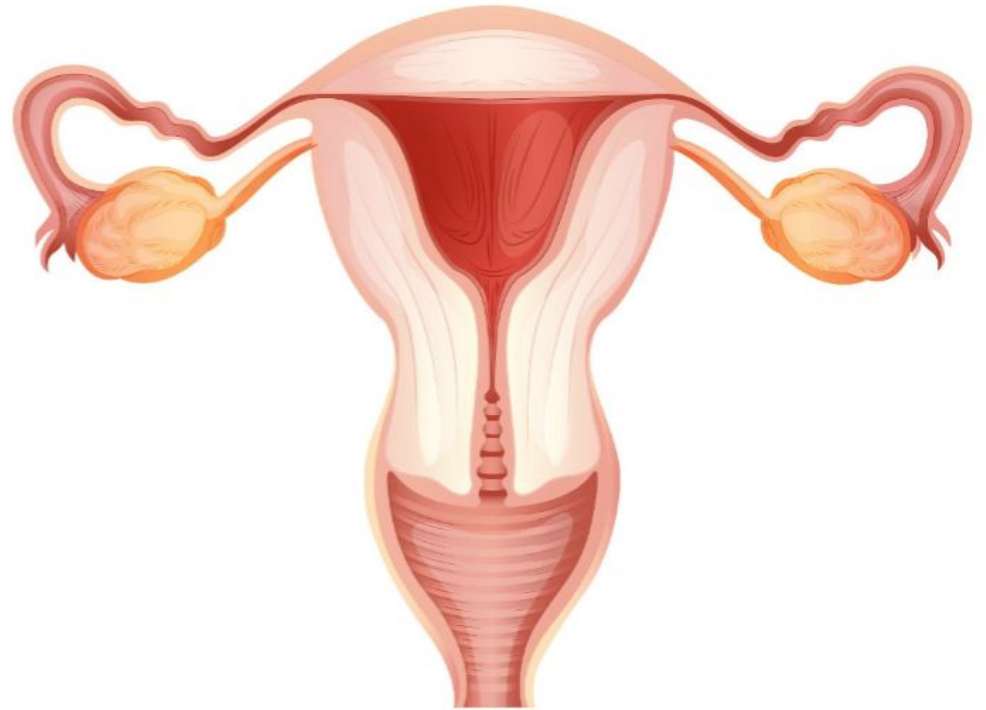
Egg cell



# Conception



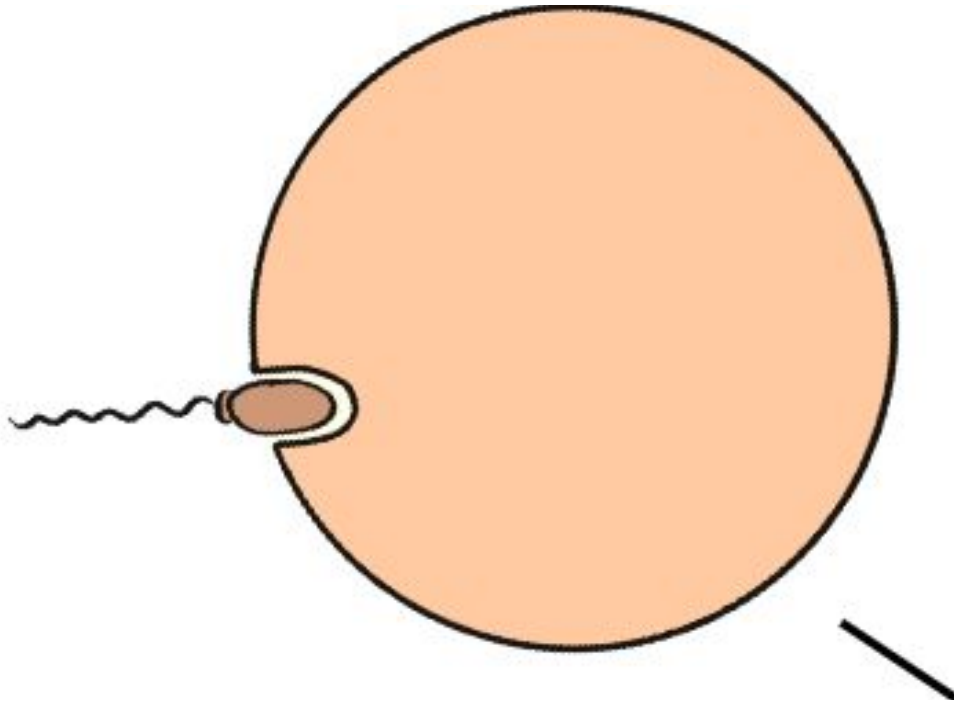
Male Body



Female Body



# Conception



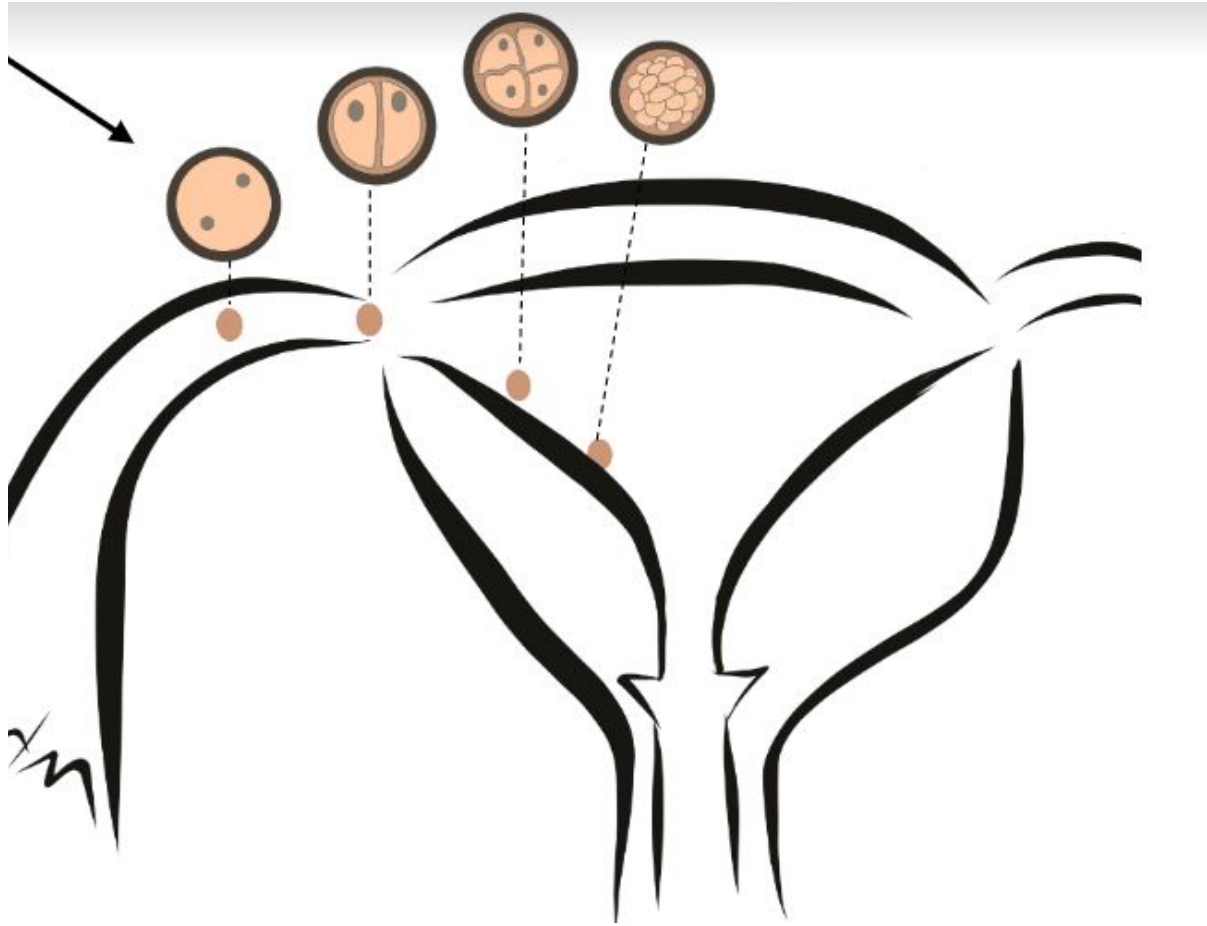
Fertilization

# Conception

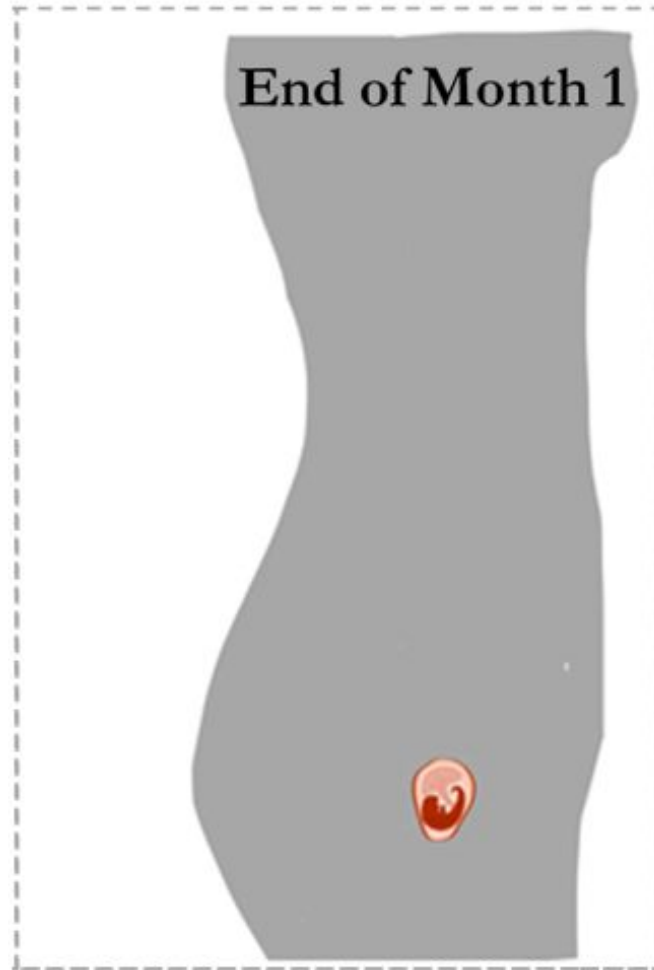
## Other ways of having a baby:



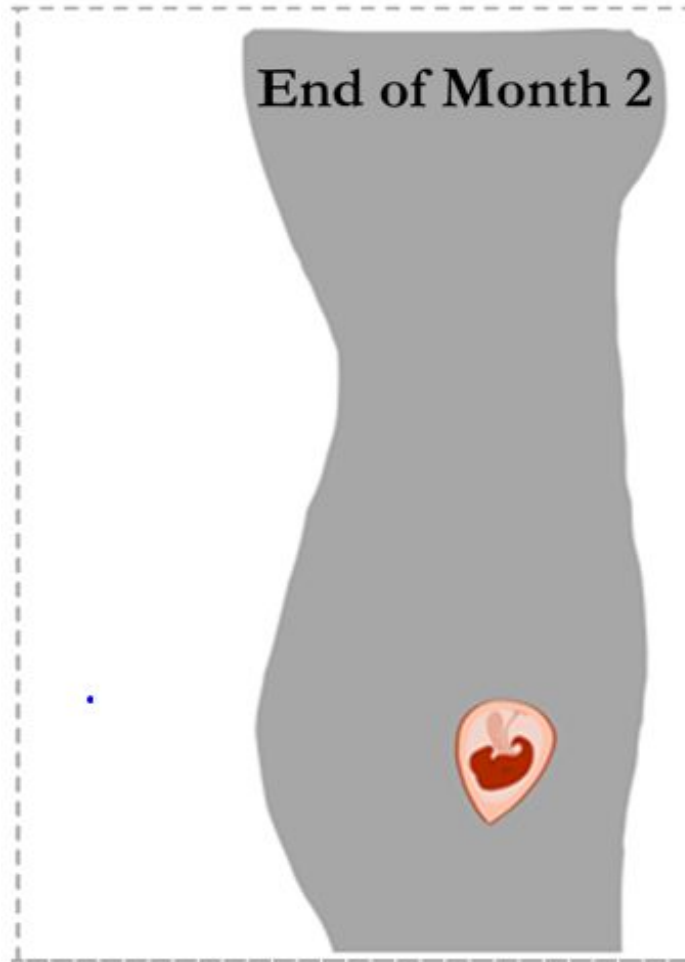
# Conception



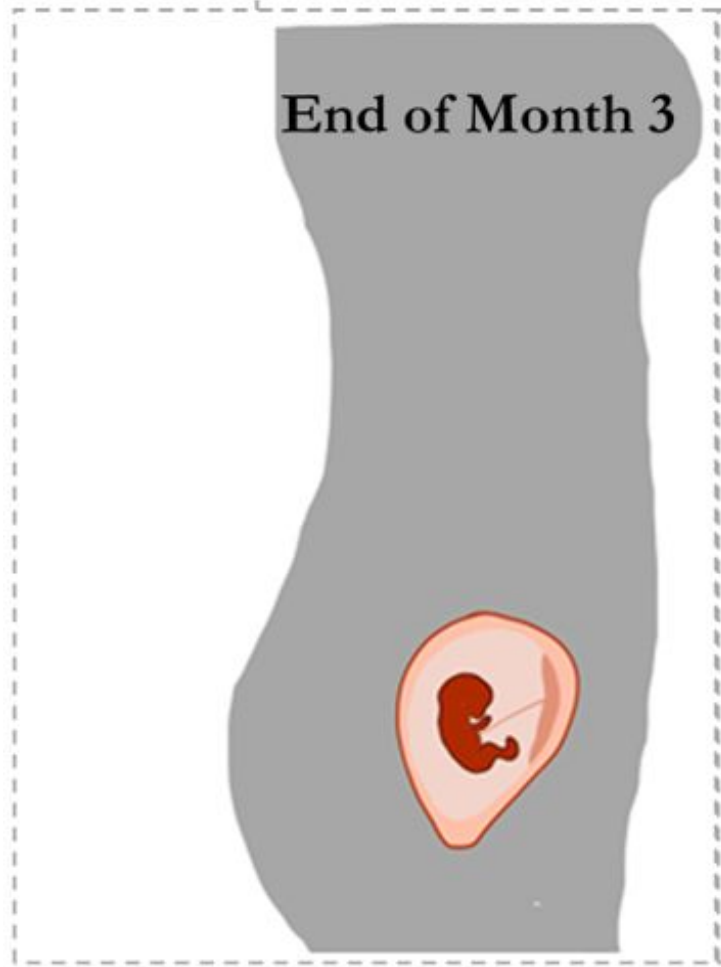
# Fetal Development



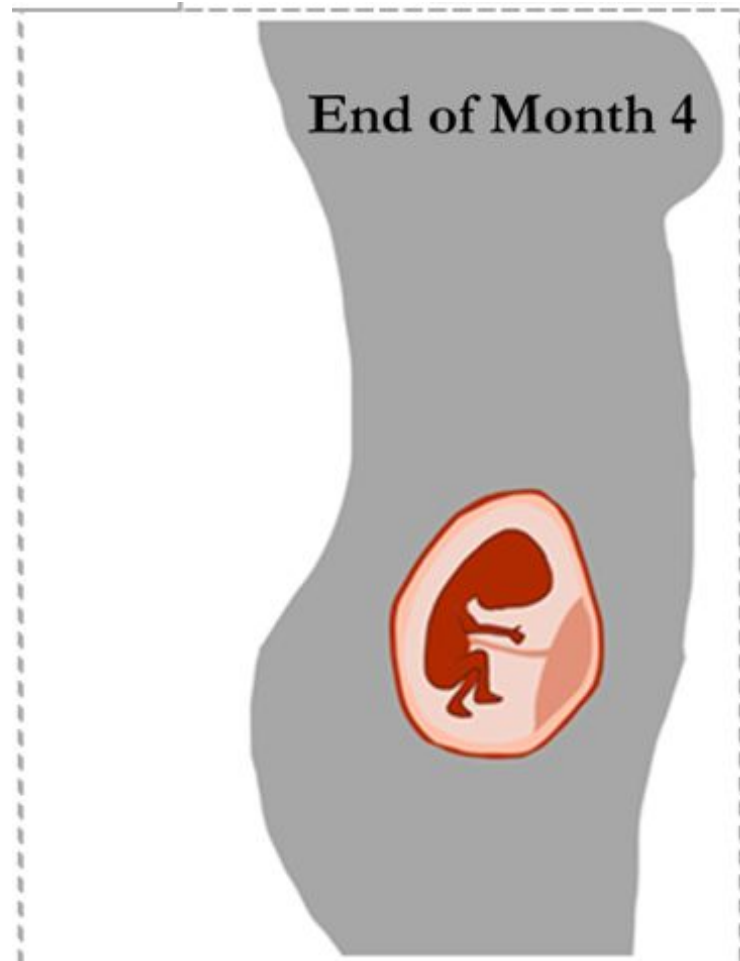
# Fetal Development



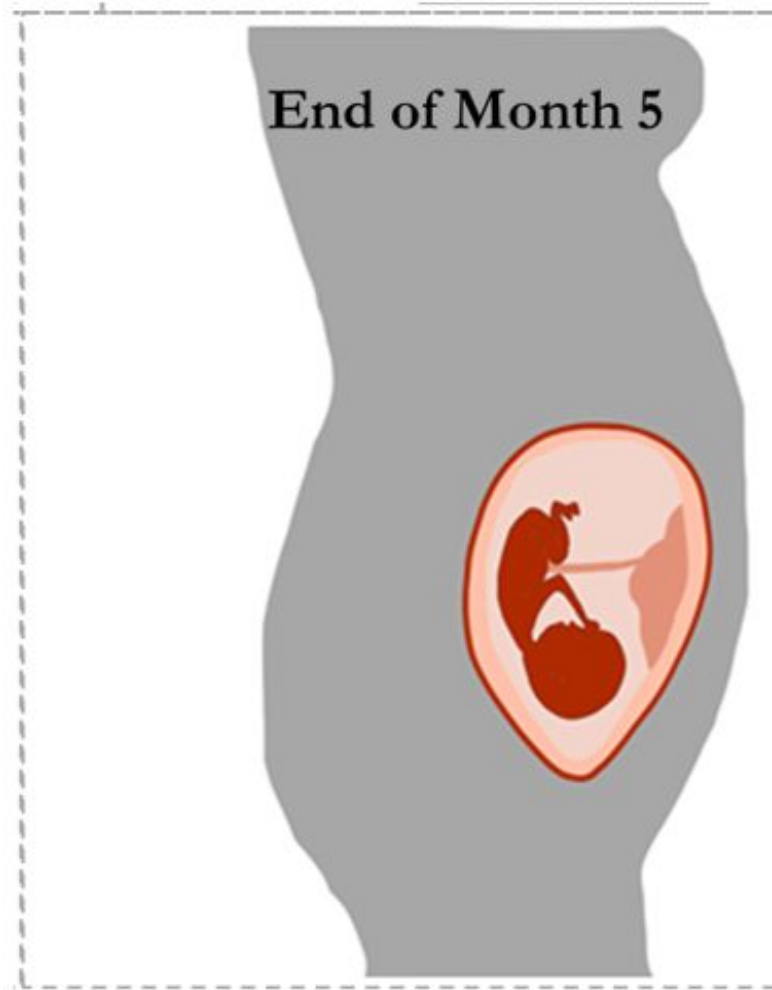
# Fetal Development



# Fetal Development

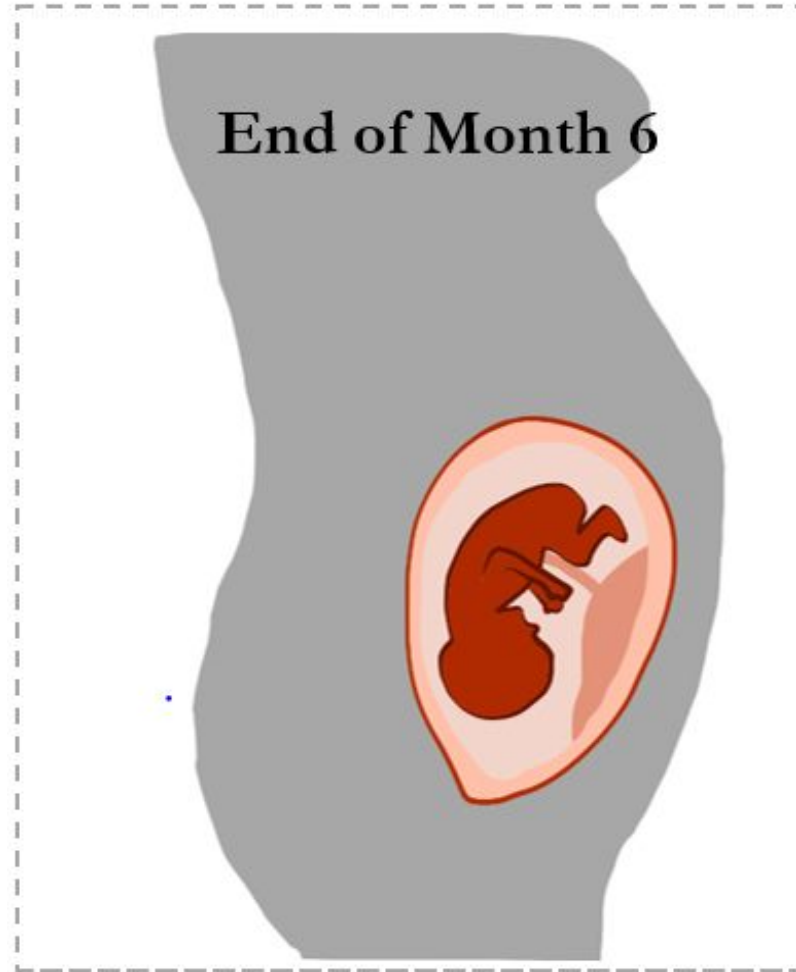


# Fetal Development

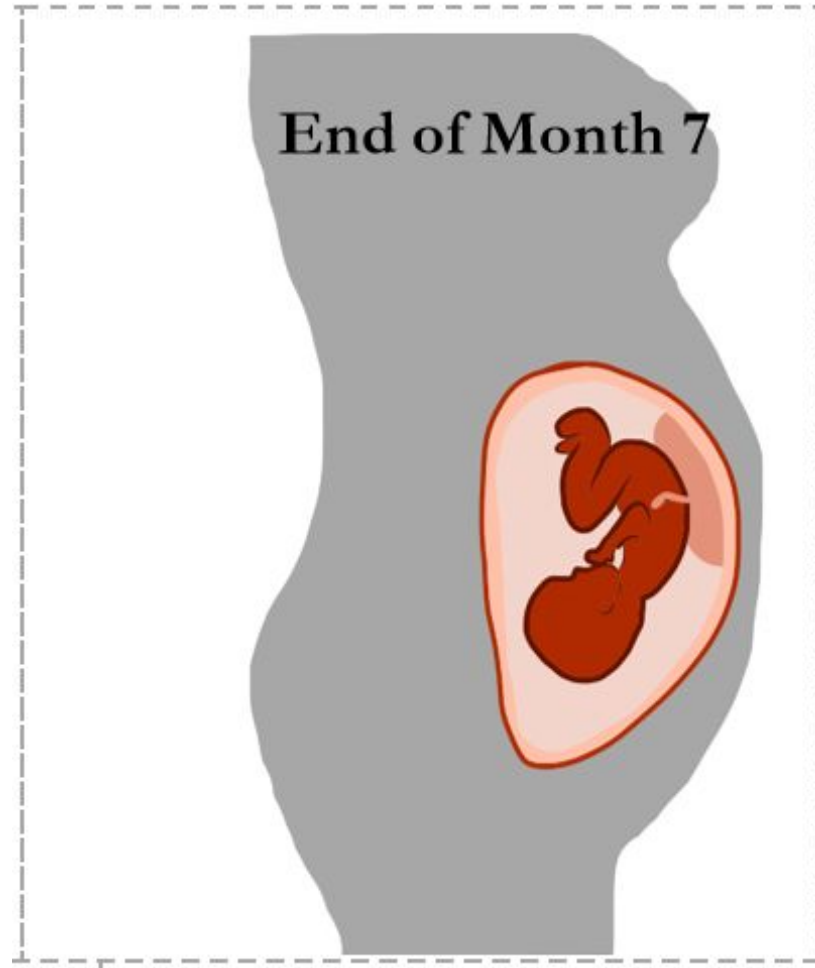




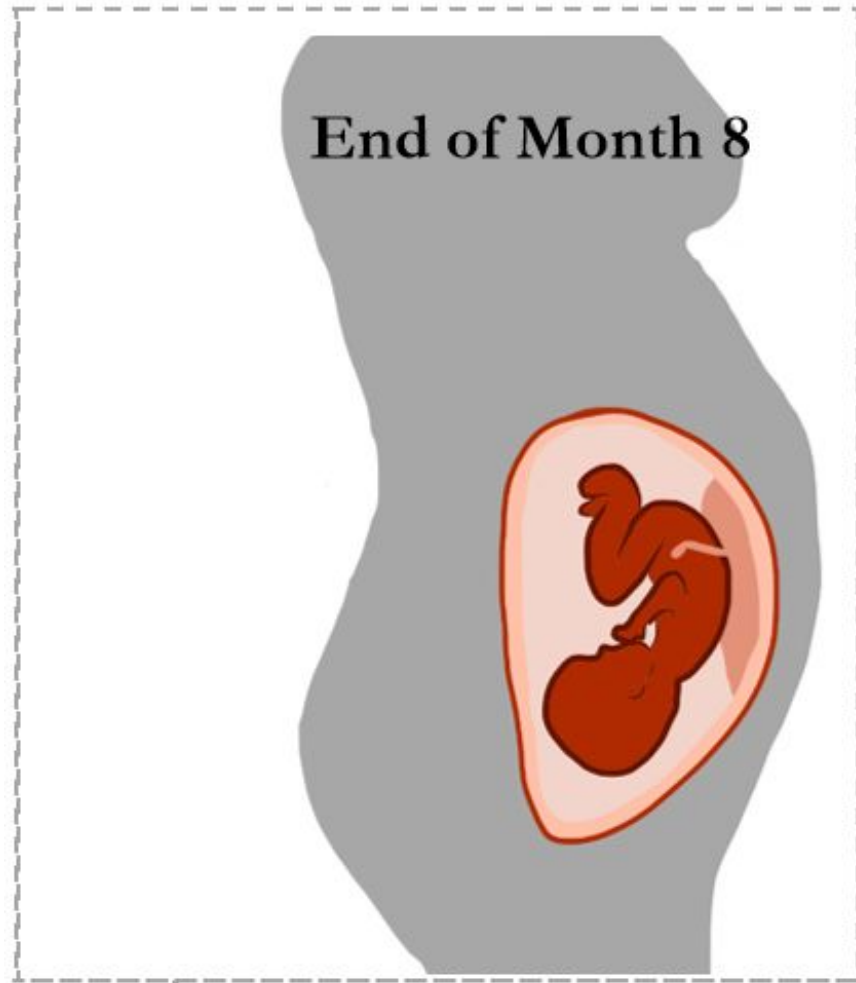
# Fetal Development



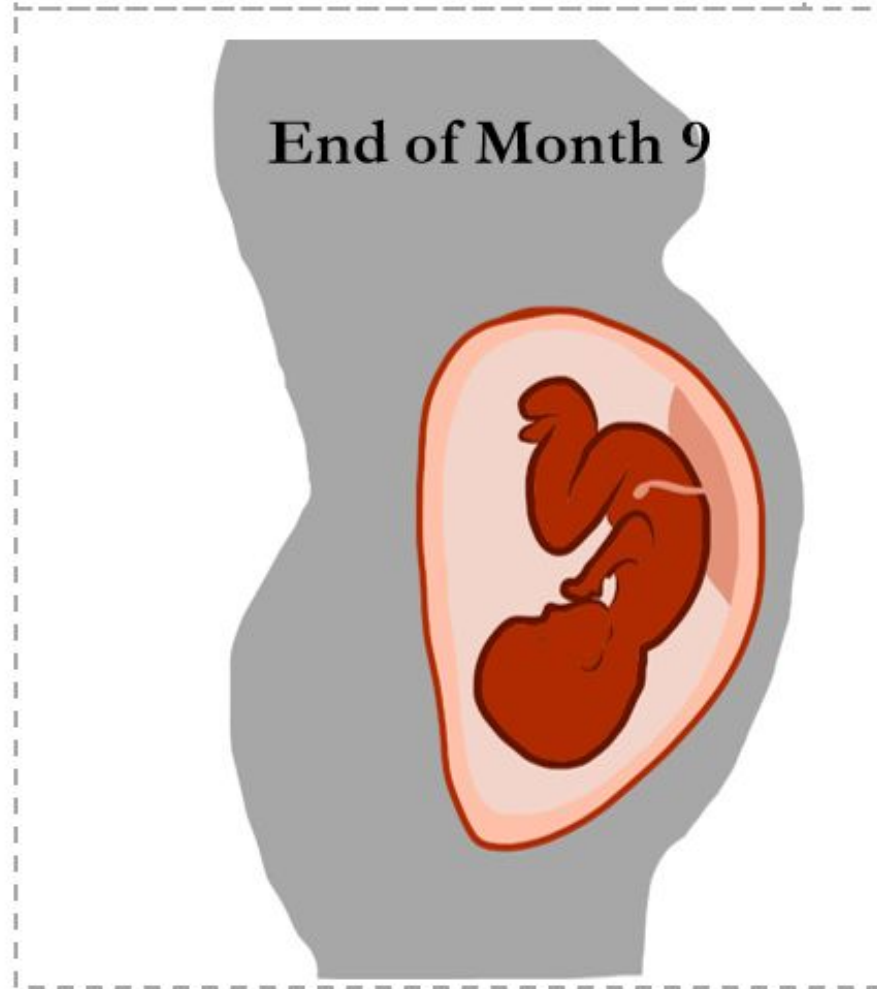
# Fetal Development



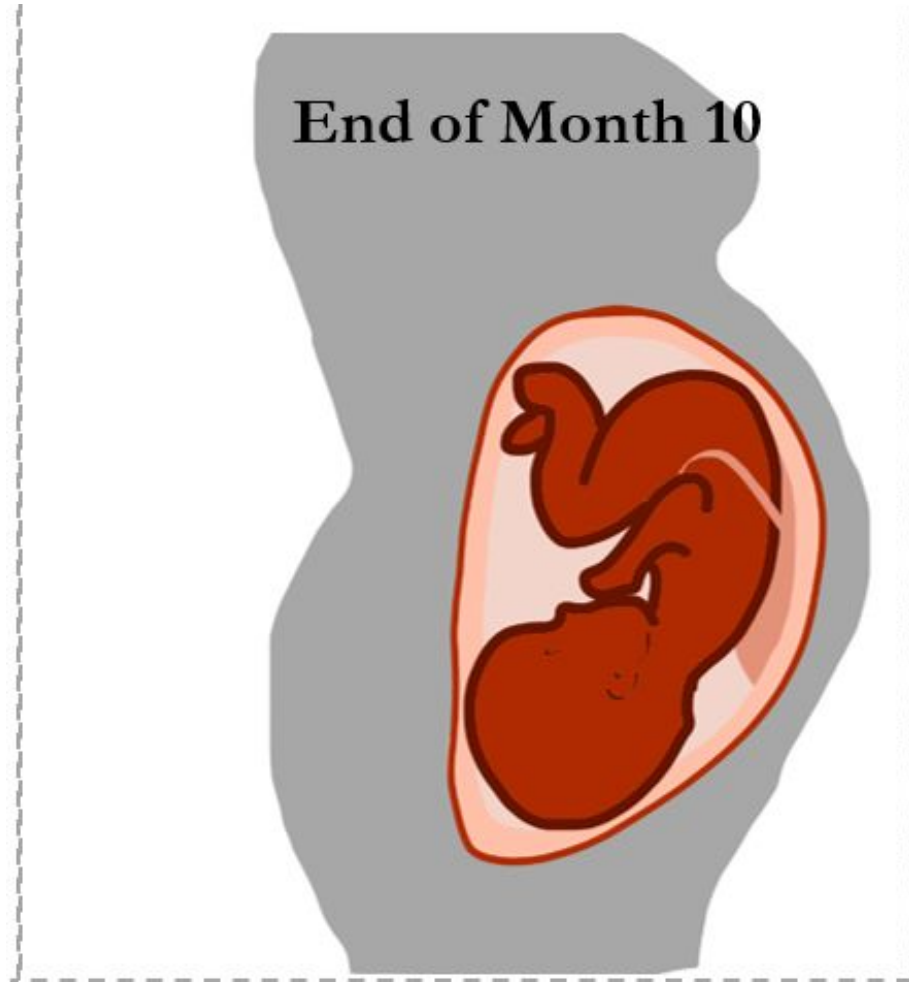
# Fetal Development



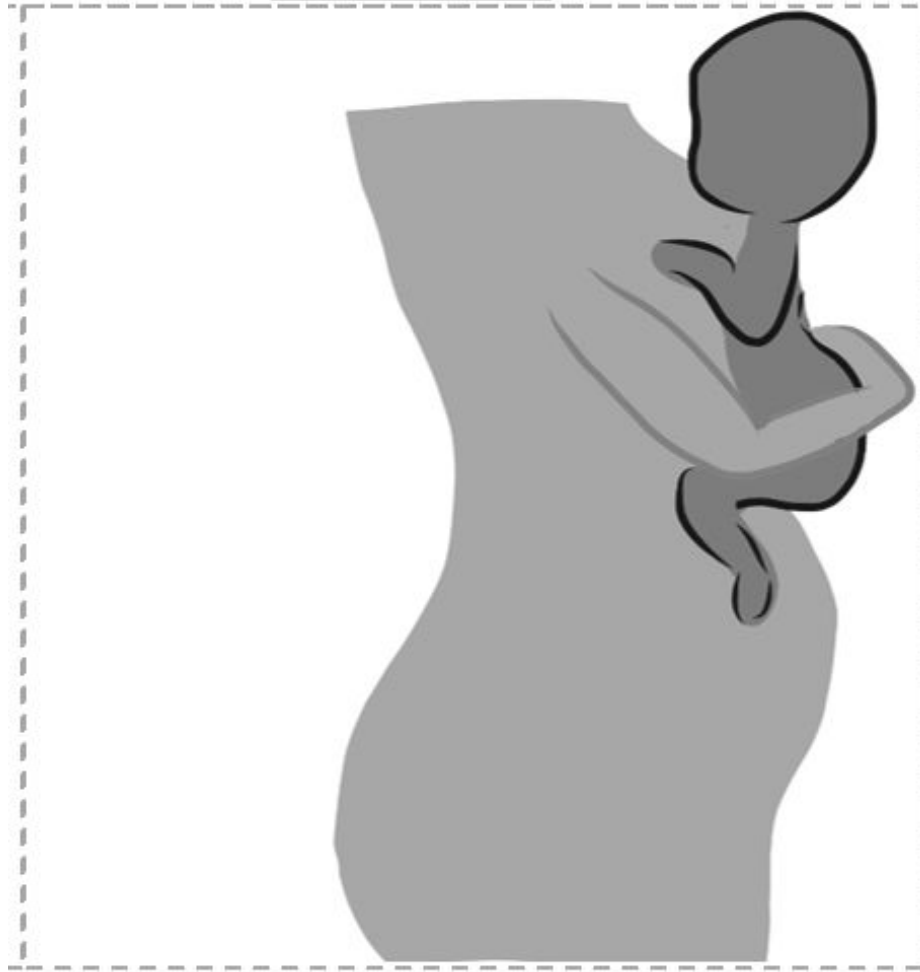
# Fetal Development



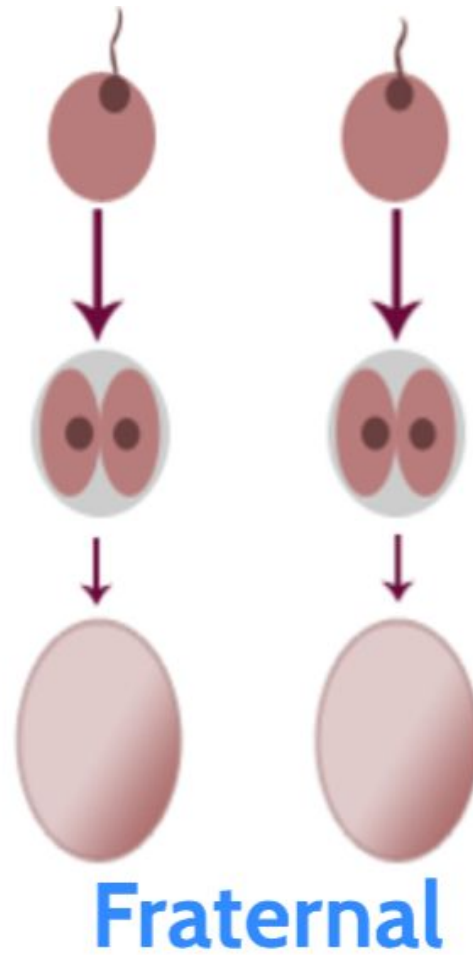
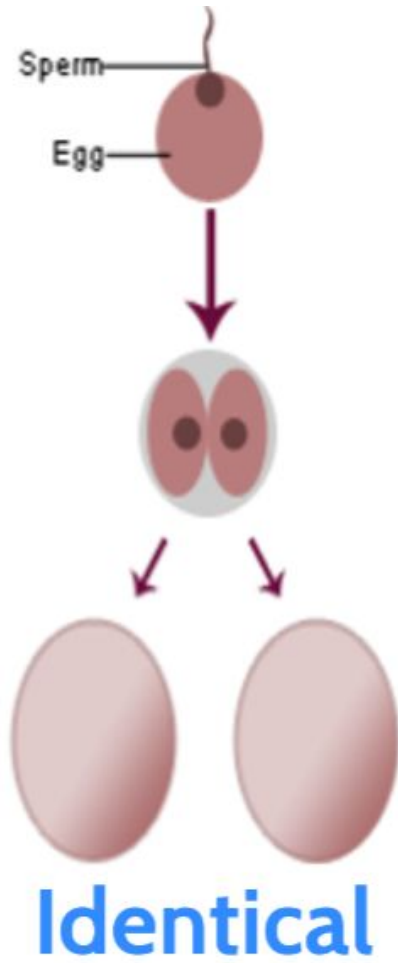
# Fetal Development



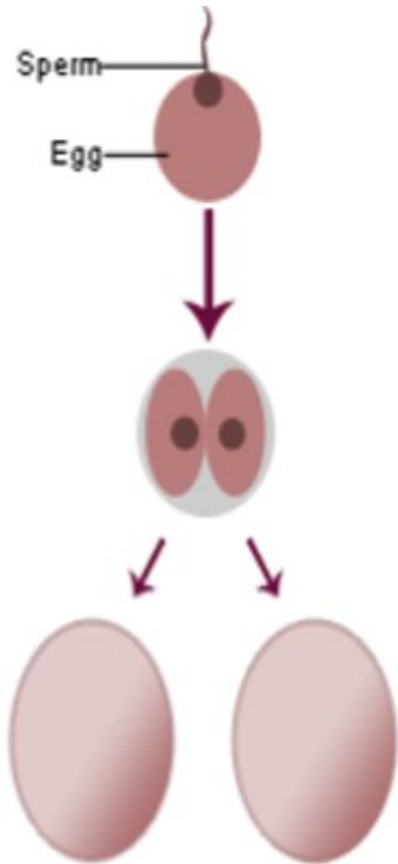
# Fetal Development



# Twins

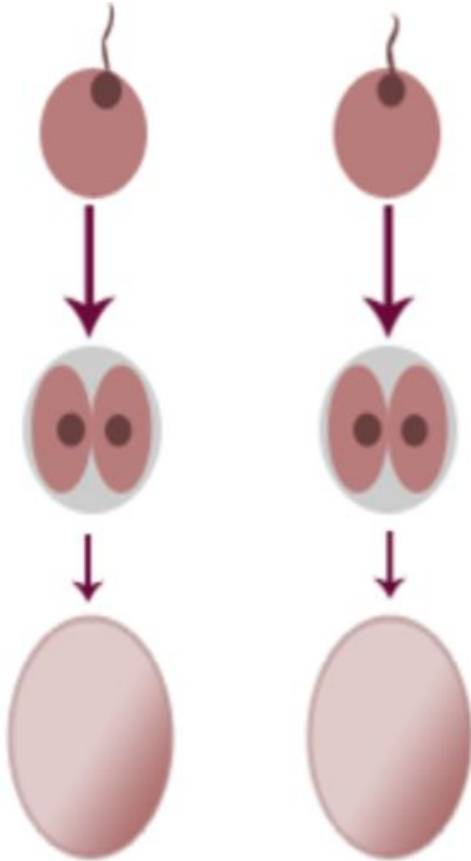


# Identical Twins





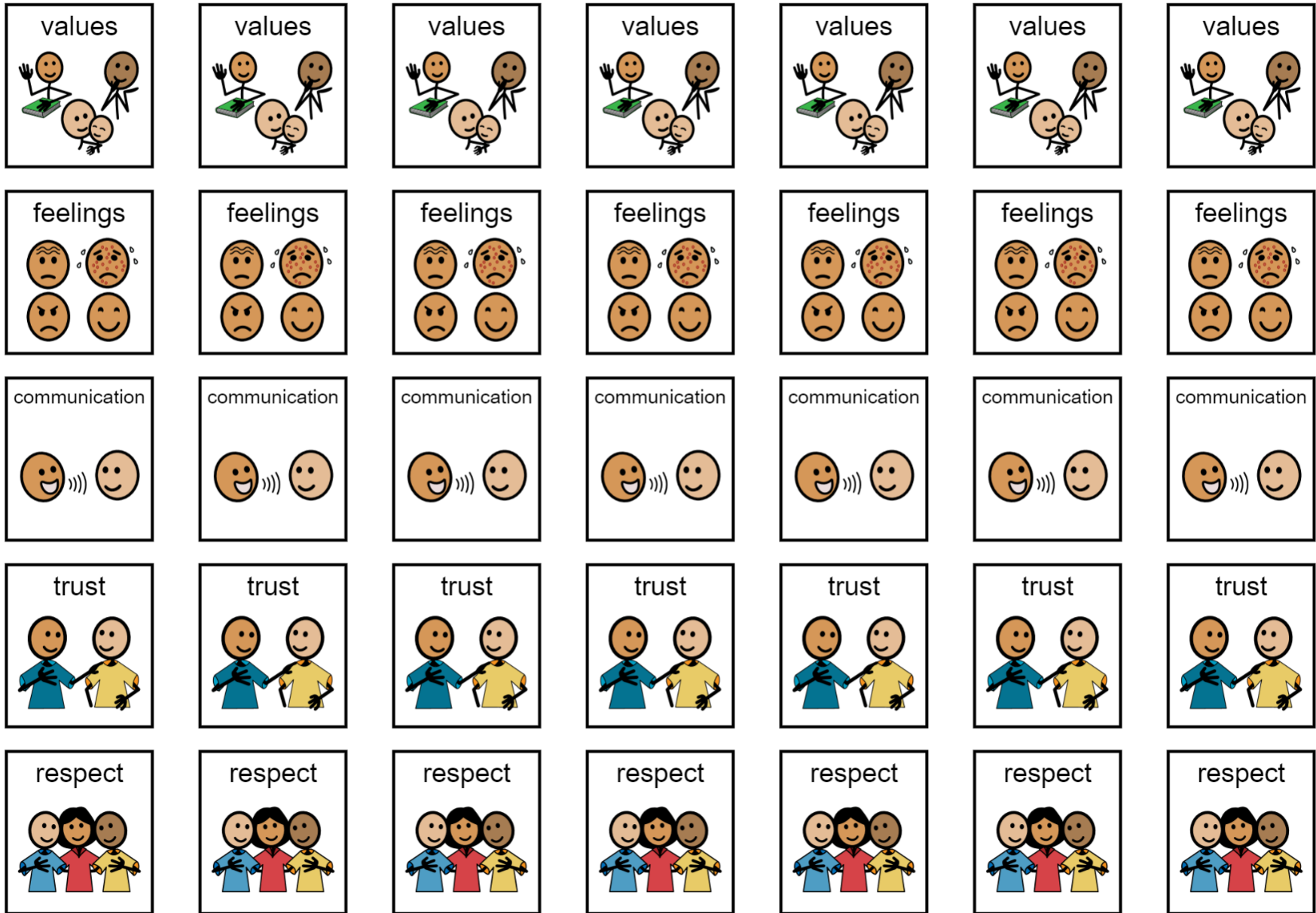
# Fraternal Twins



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# Sexual Behaviors

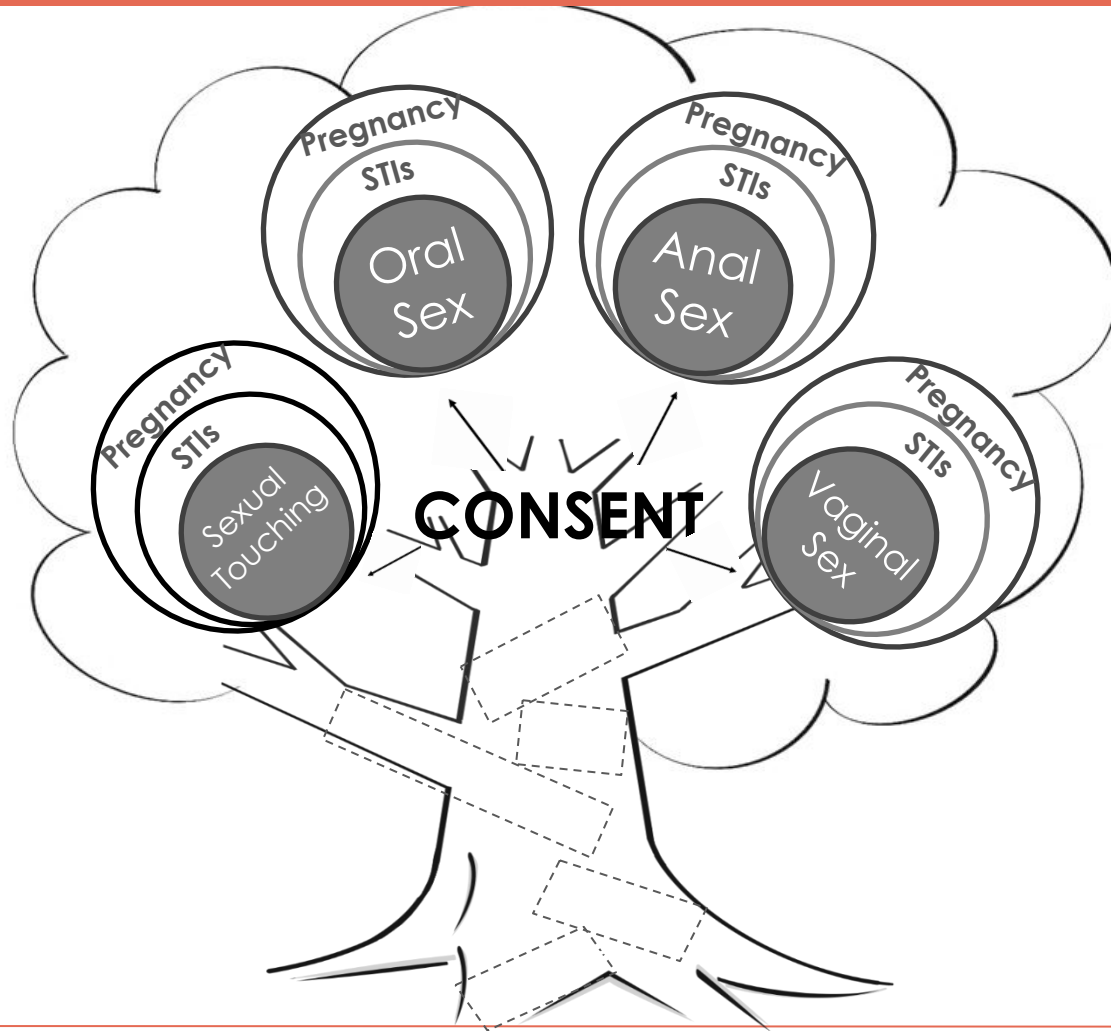
# 4.4 - Sexual Behaviors (Tree) Choices



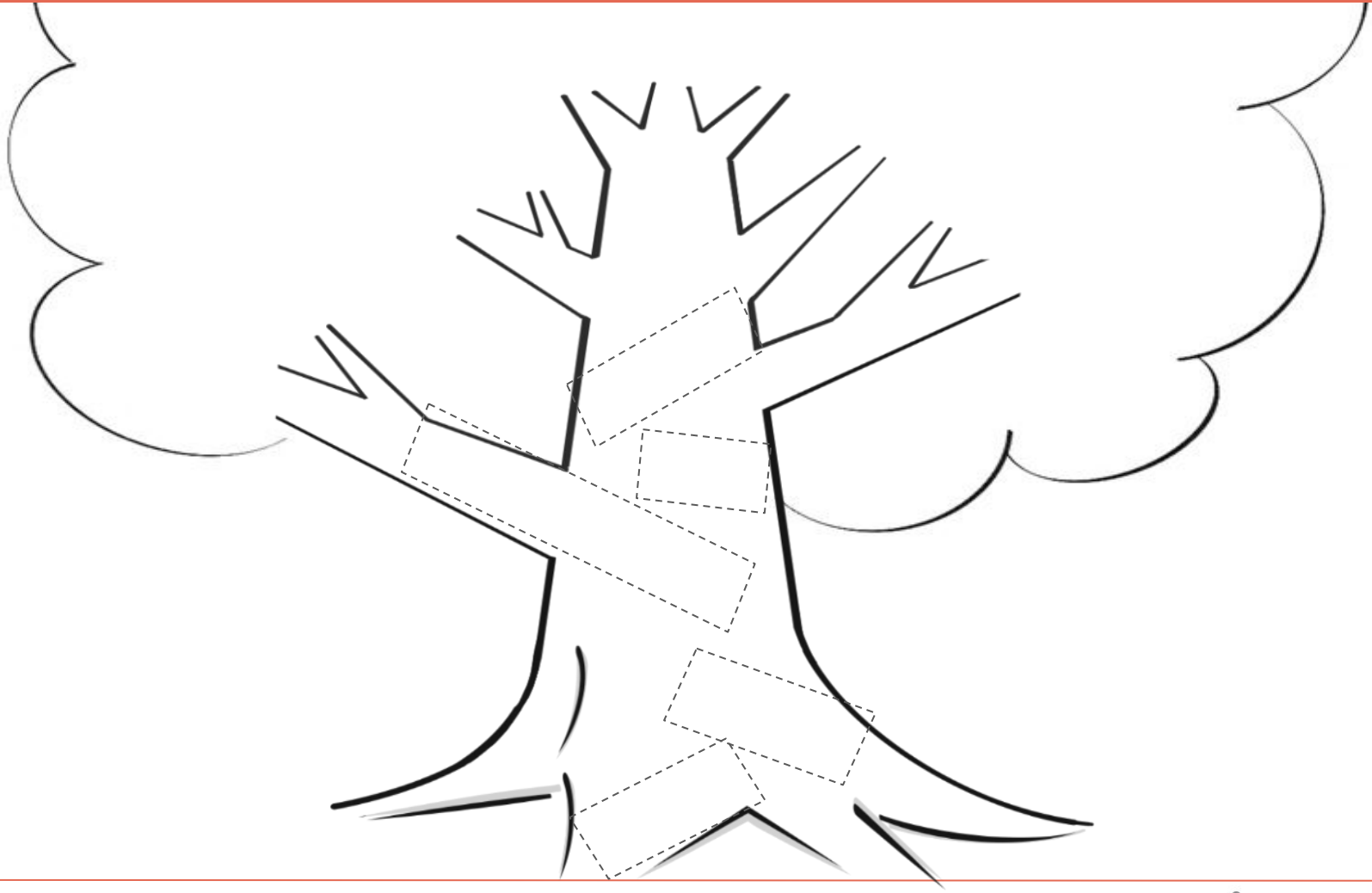
# Sexual Consent

- 1) Both partners are 18 or older**  
(in CA)
- 2) Both partners are sober**  
(not drunk or high)
- 3) Both partners verbally agree**  
("Yes!")

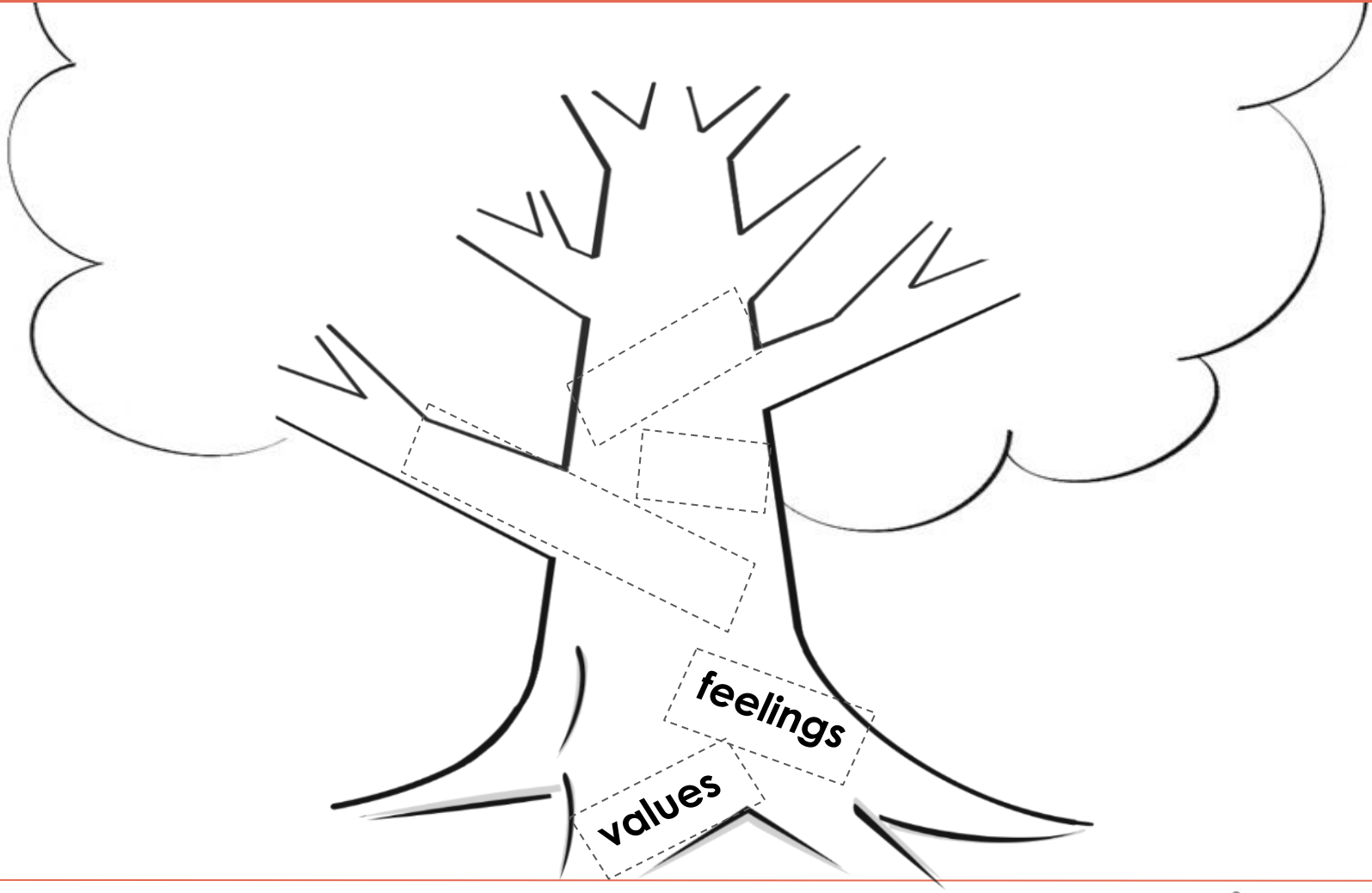
# Sexual Behaviors Tree



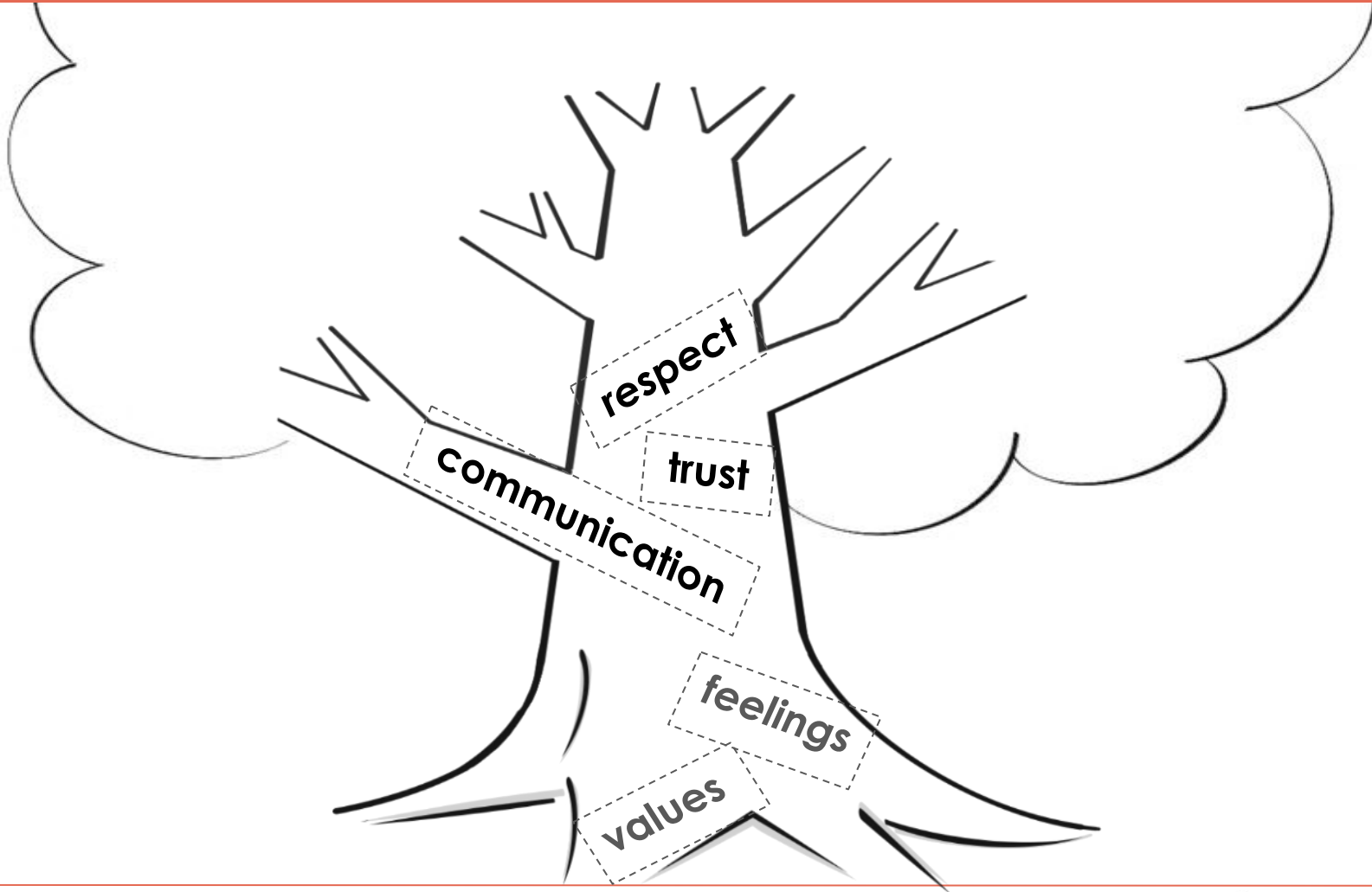
# Sexual Behaviors Tree



# Sexual Behaviors Tree

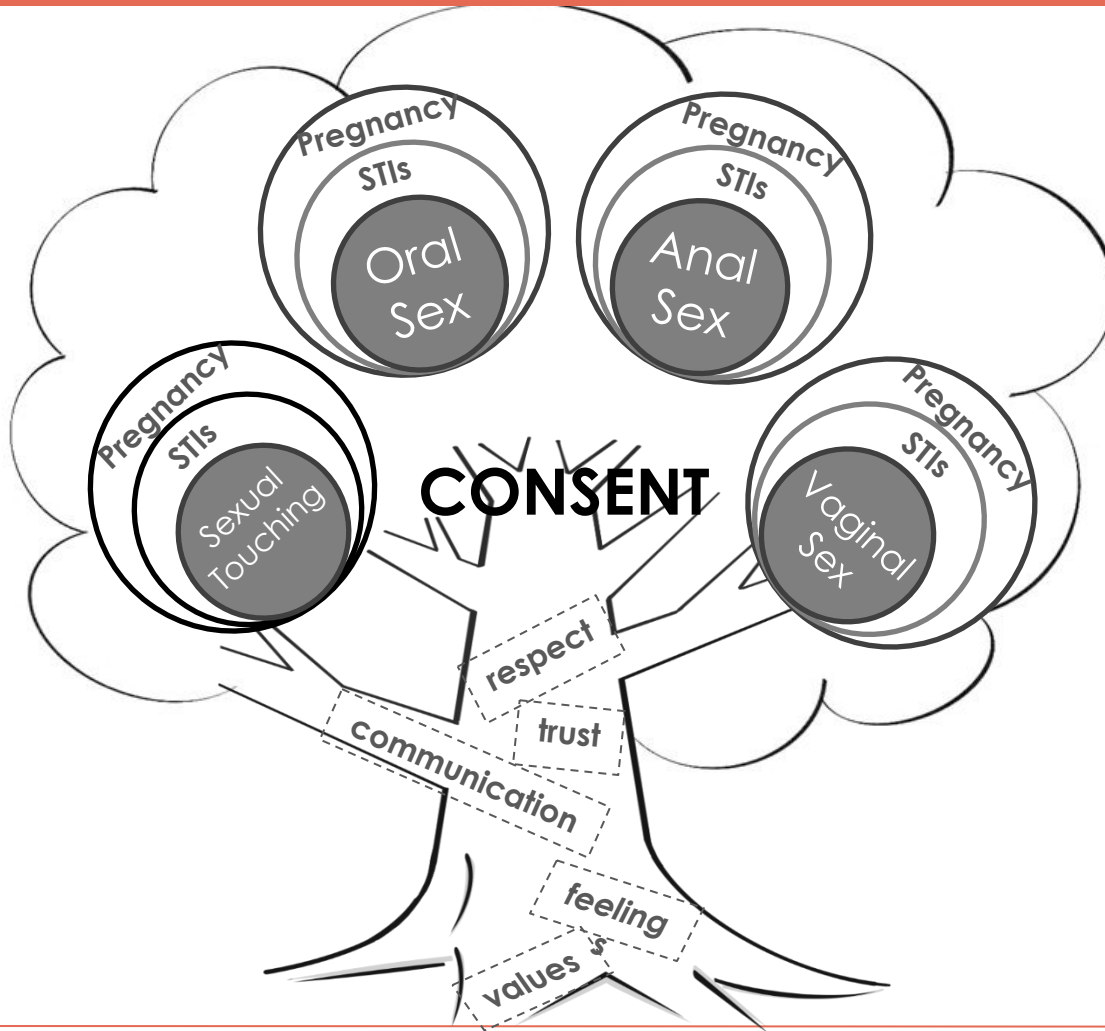


# Sexual Behaviors Tree

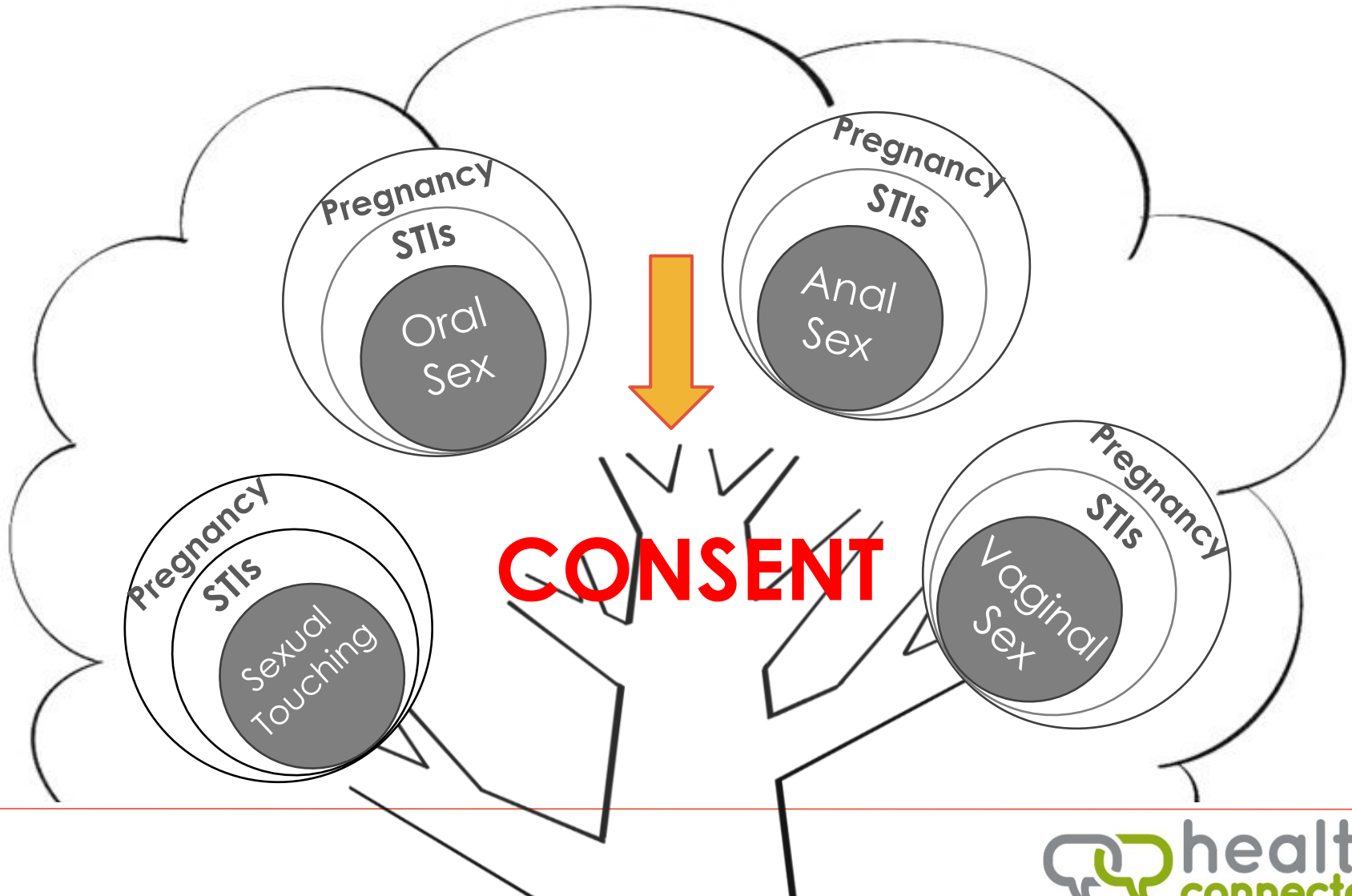




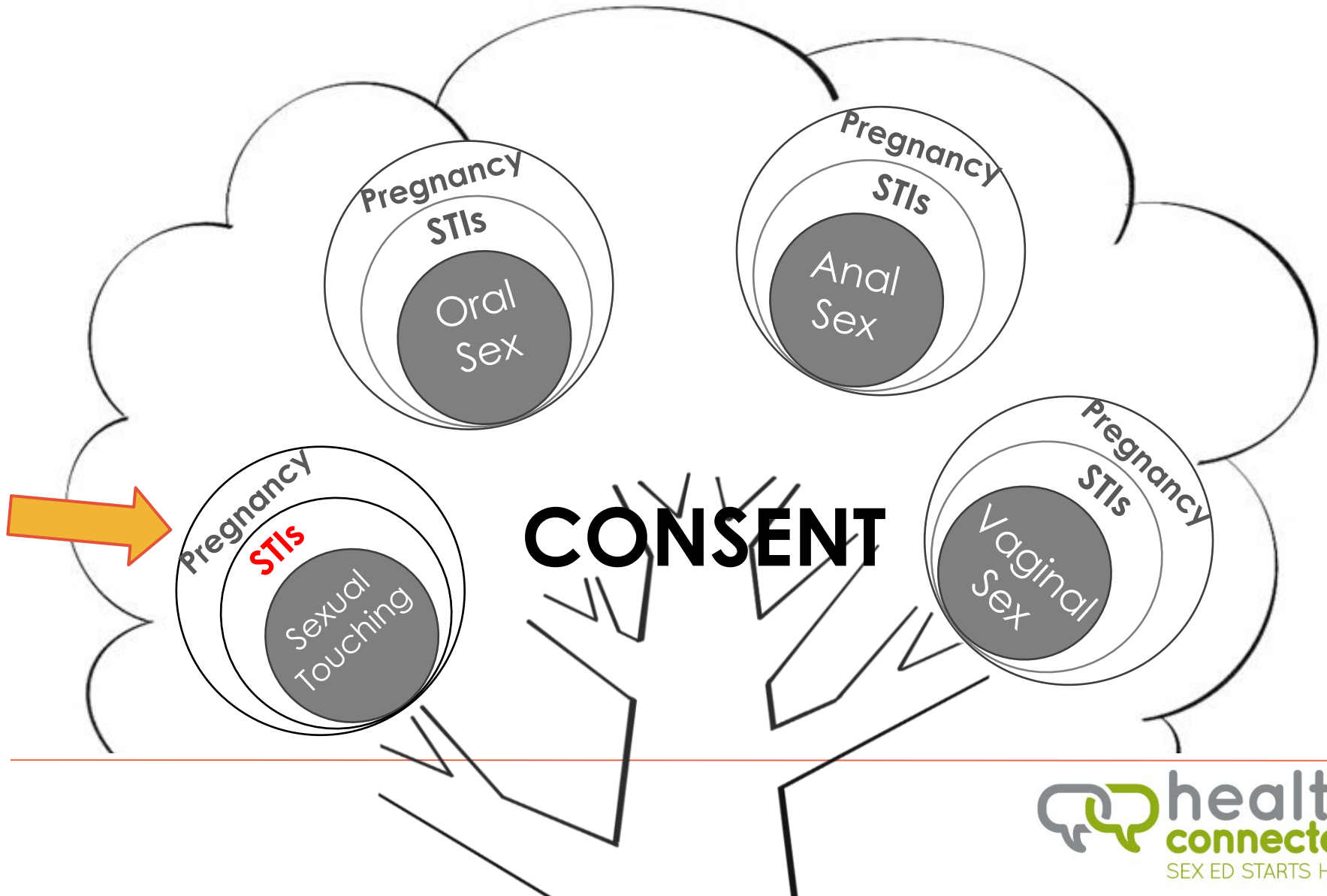
# Sexual Behaviors Tree



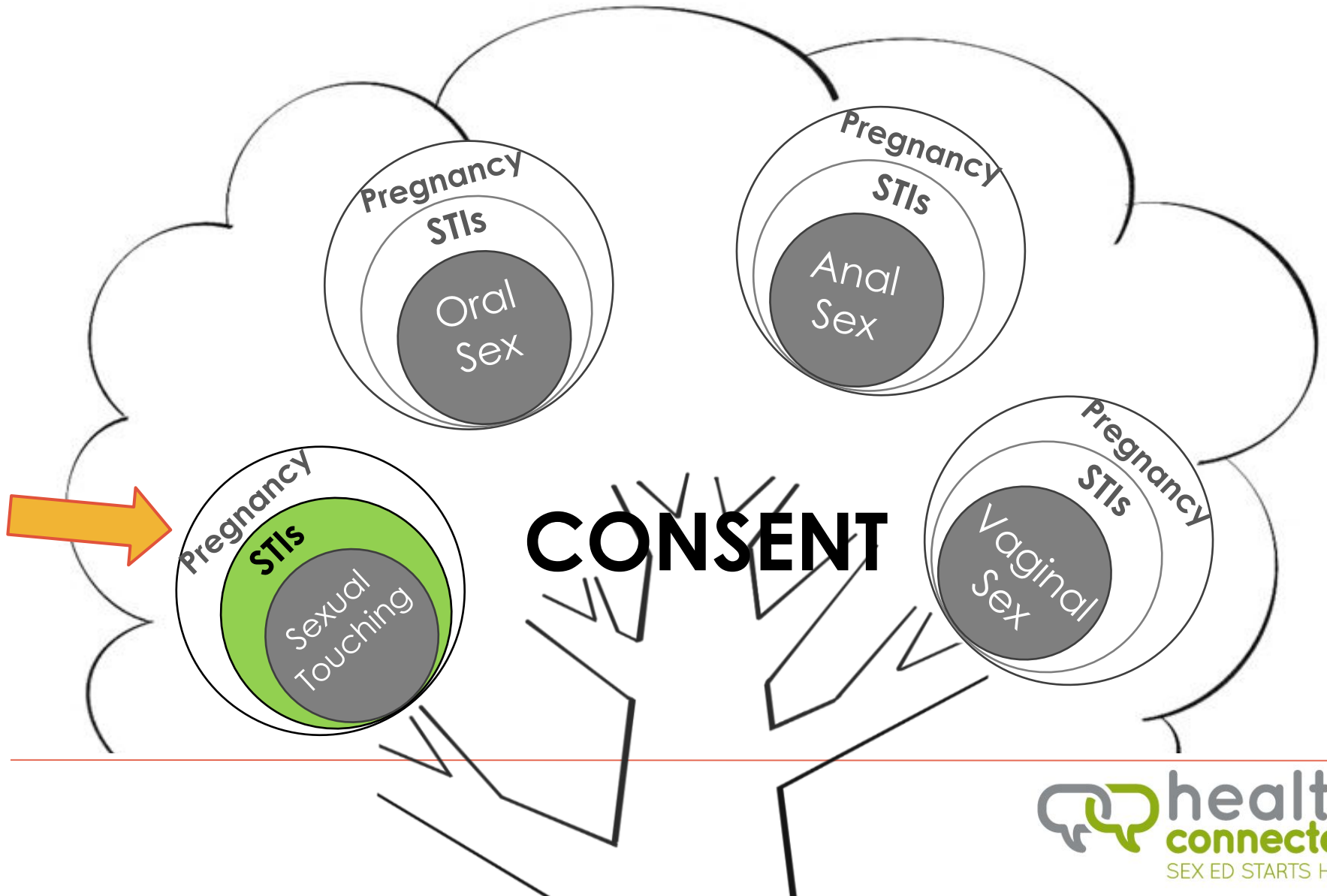
# Sexual Behaviors Tree



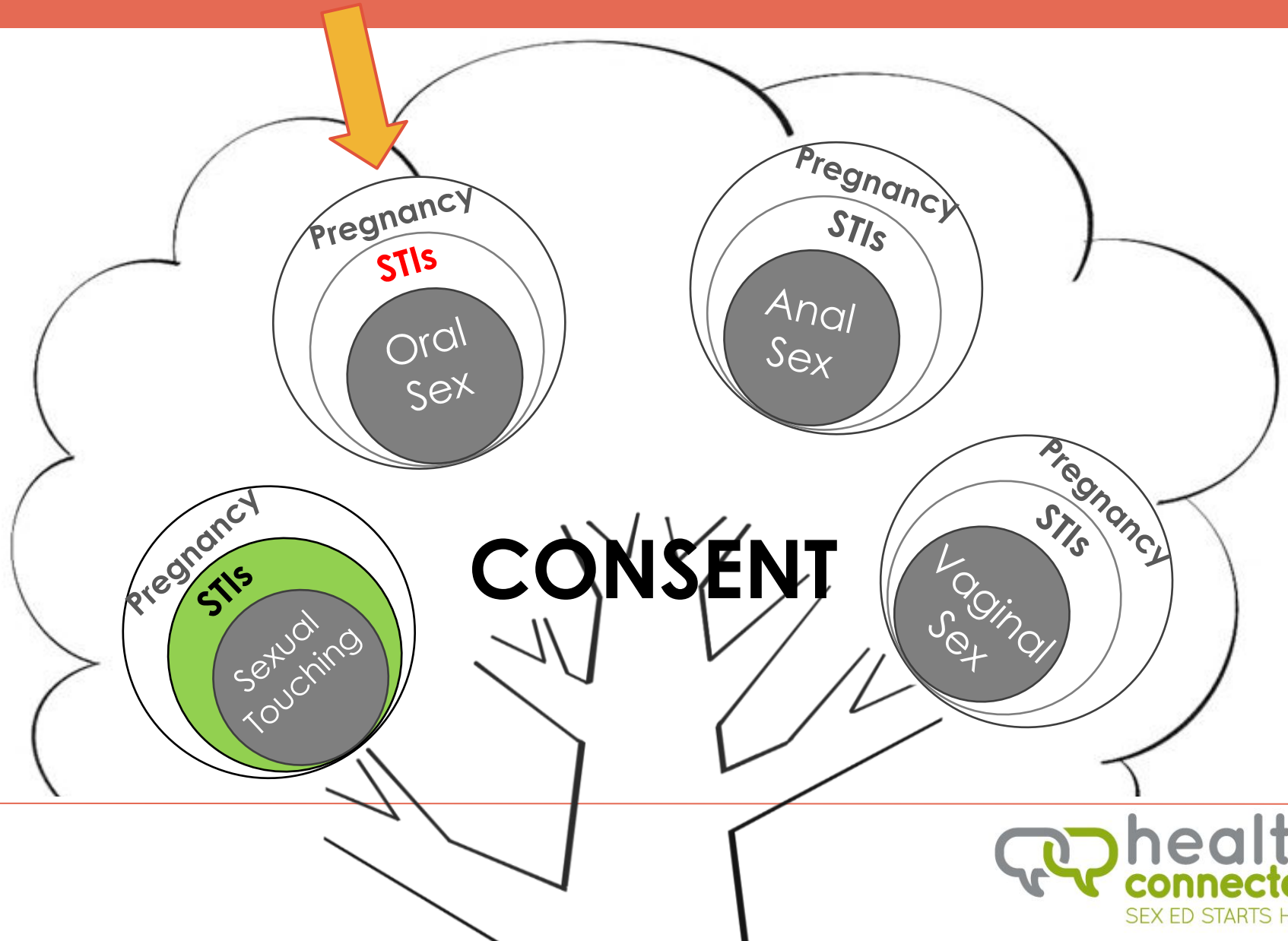
# Sexual Behaviors Tree



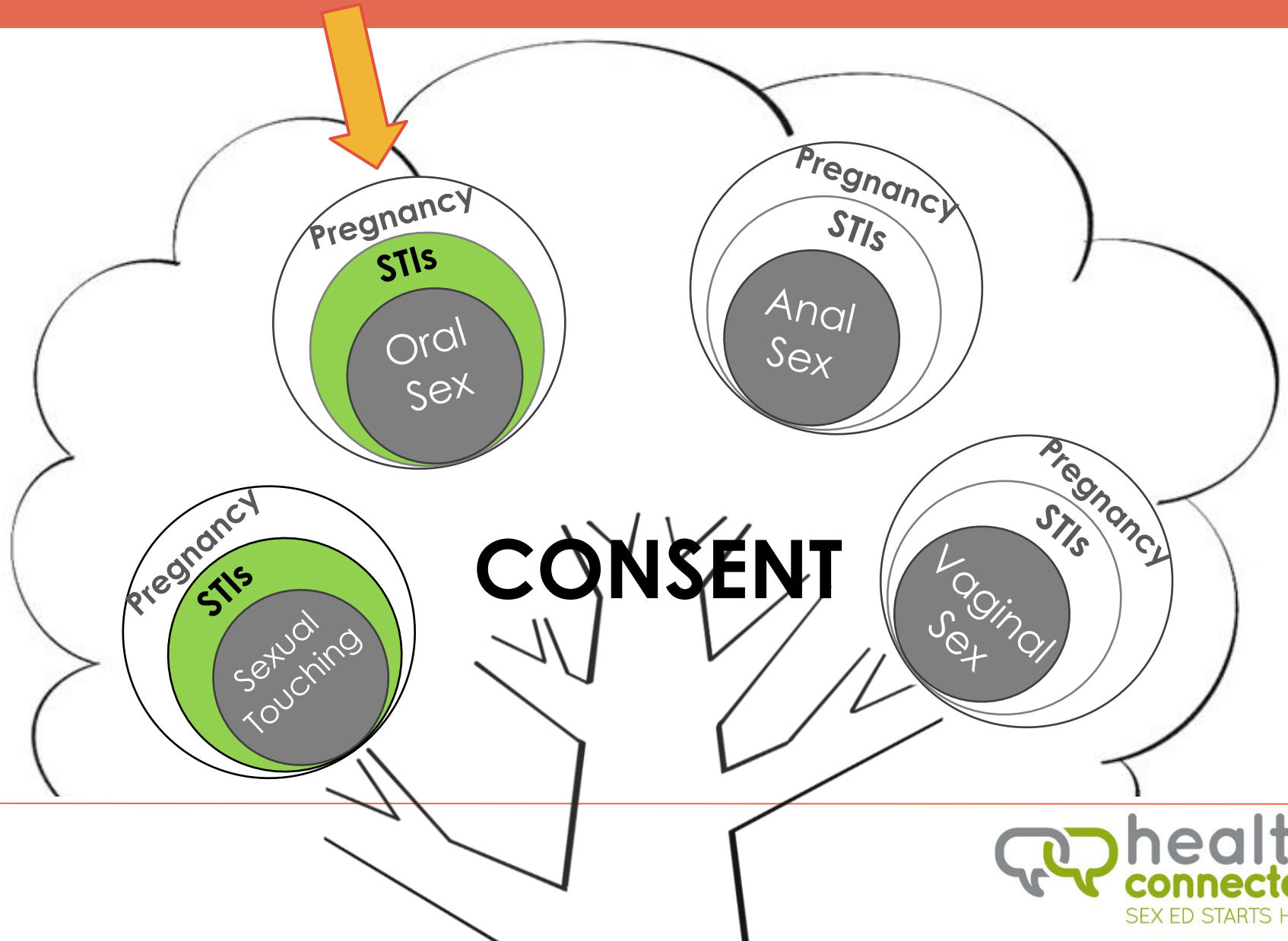
# Sexual Behaviors Tree



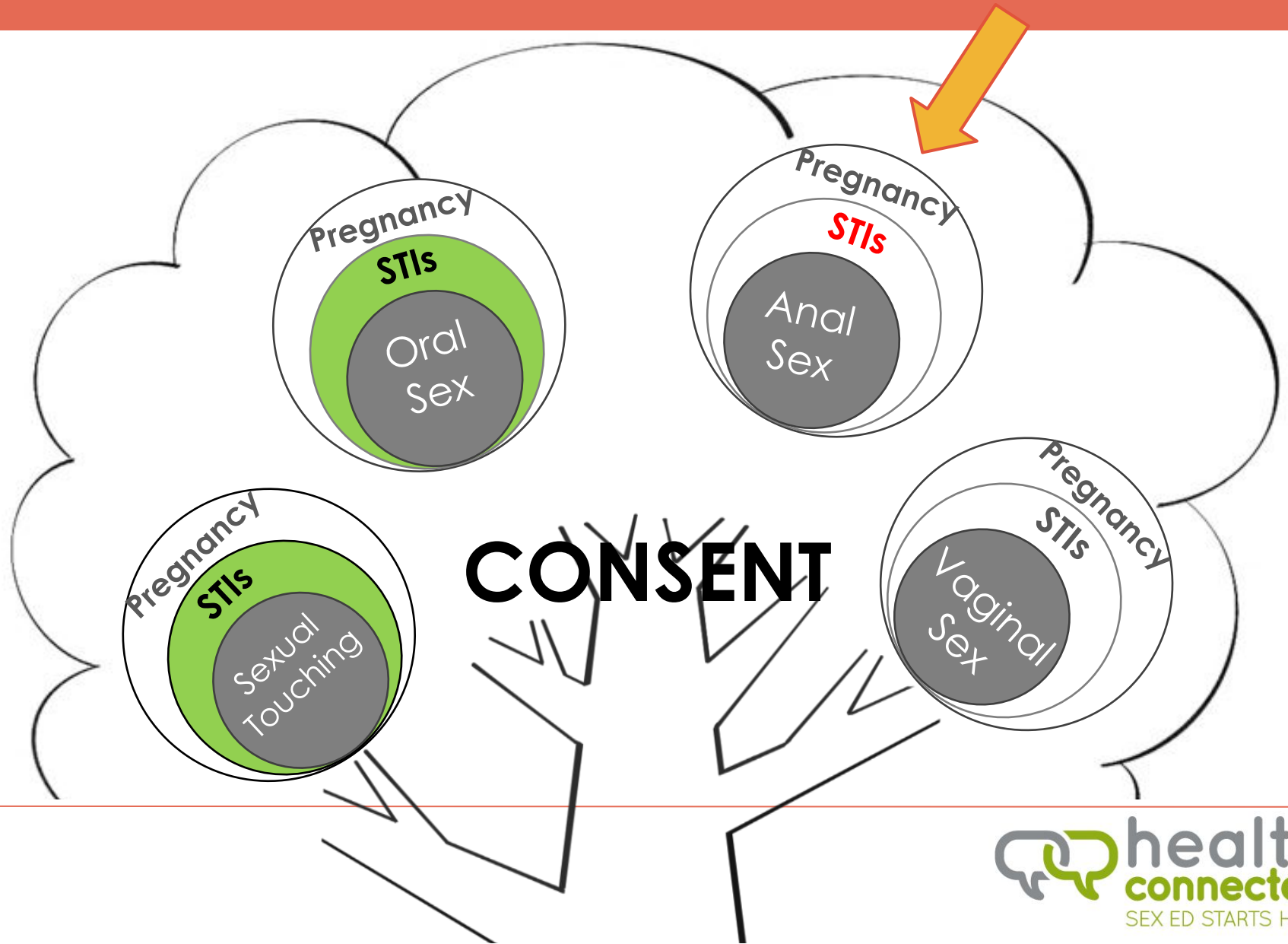
# Sexual Behaviors Tree



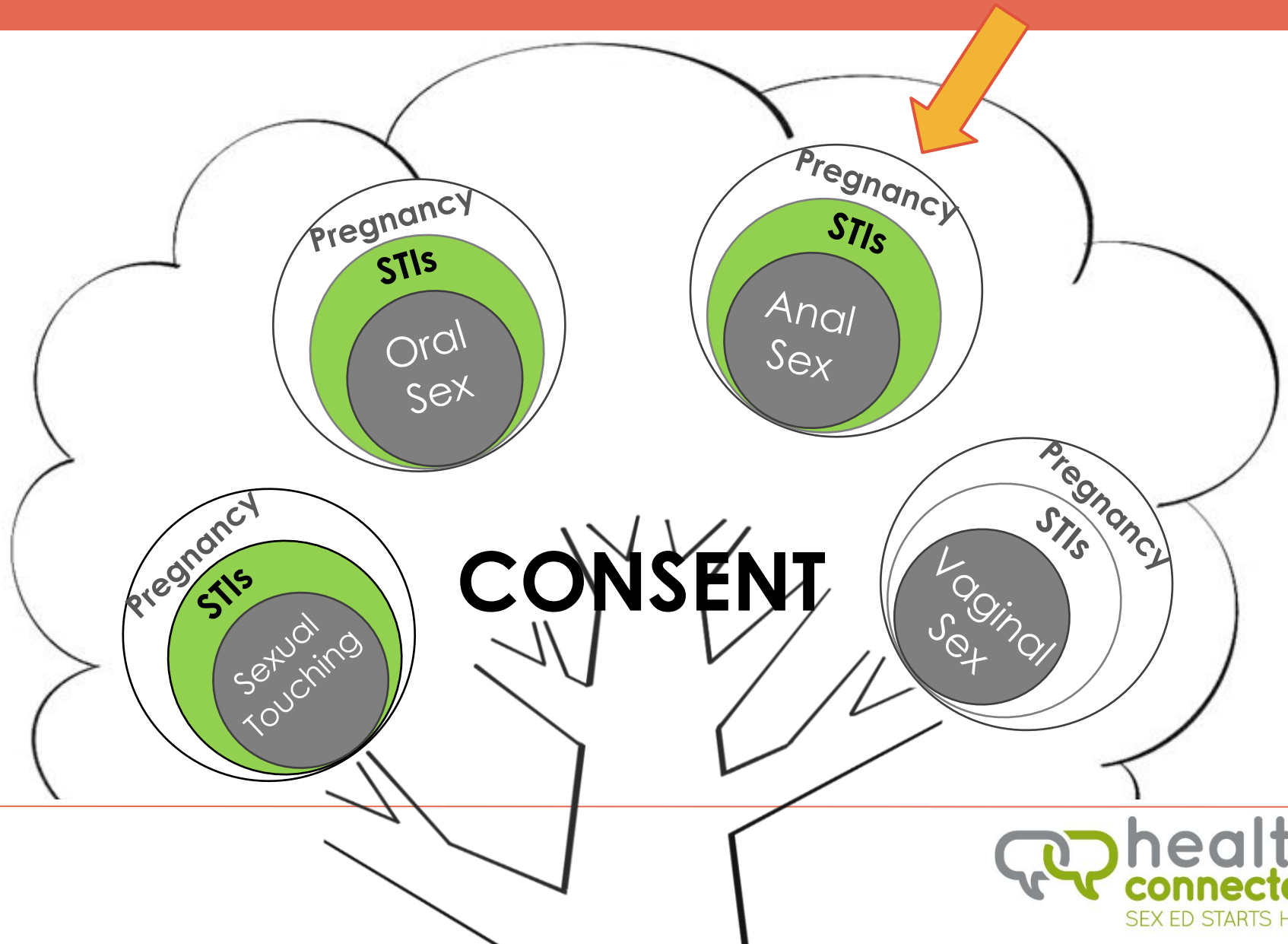
# Sexual Behaviors Tree



# Sexual Behaviors Tree

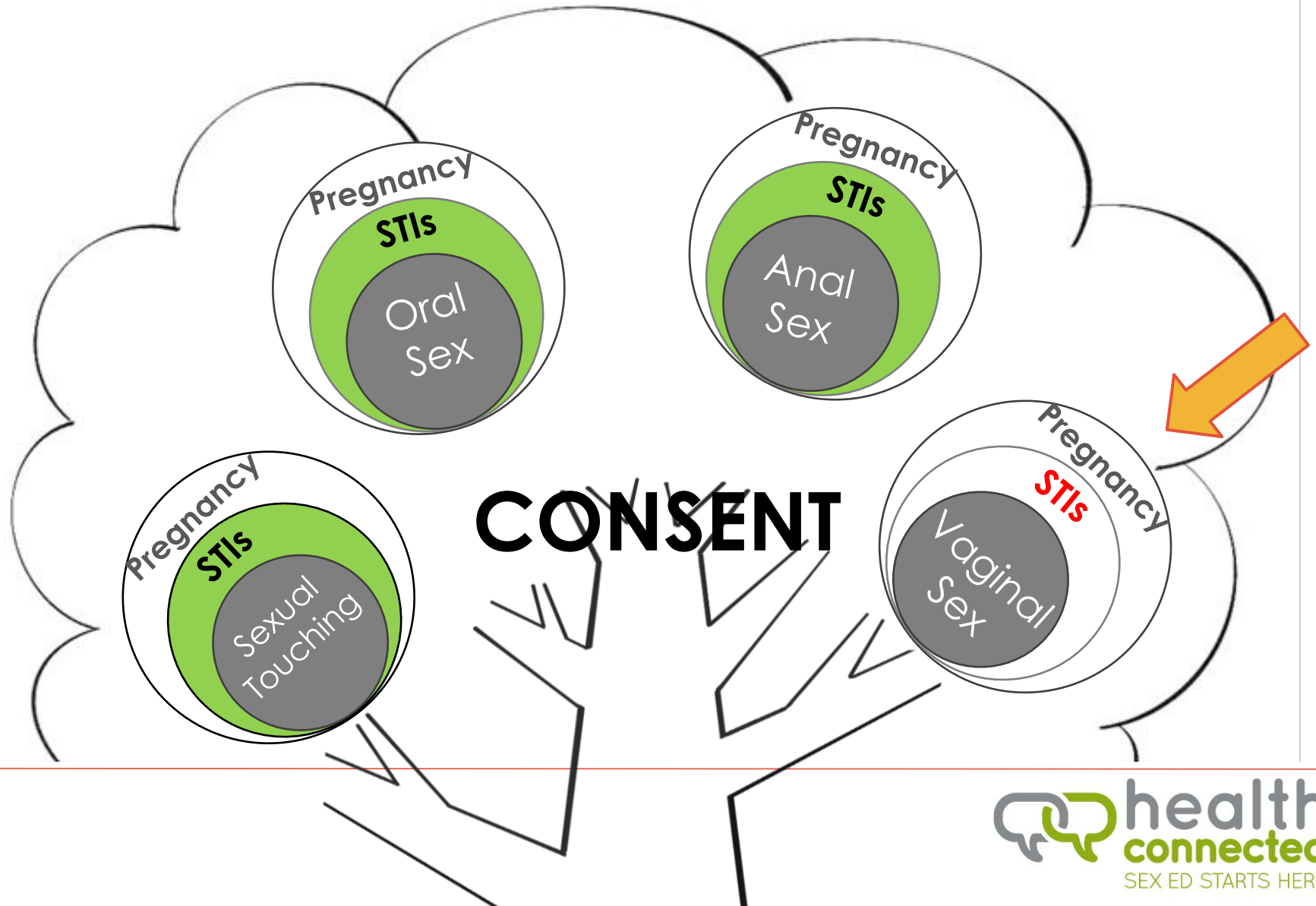


# Sexual Behaviors Tree

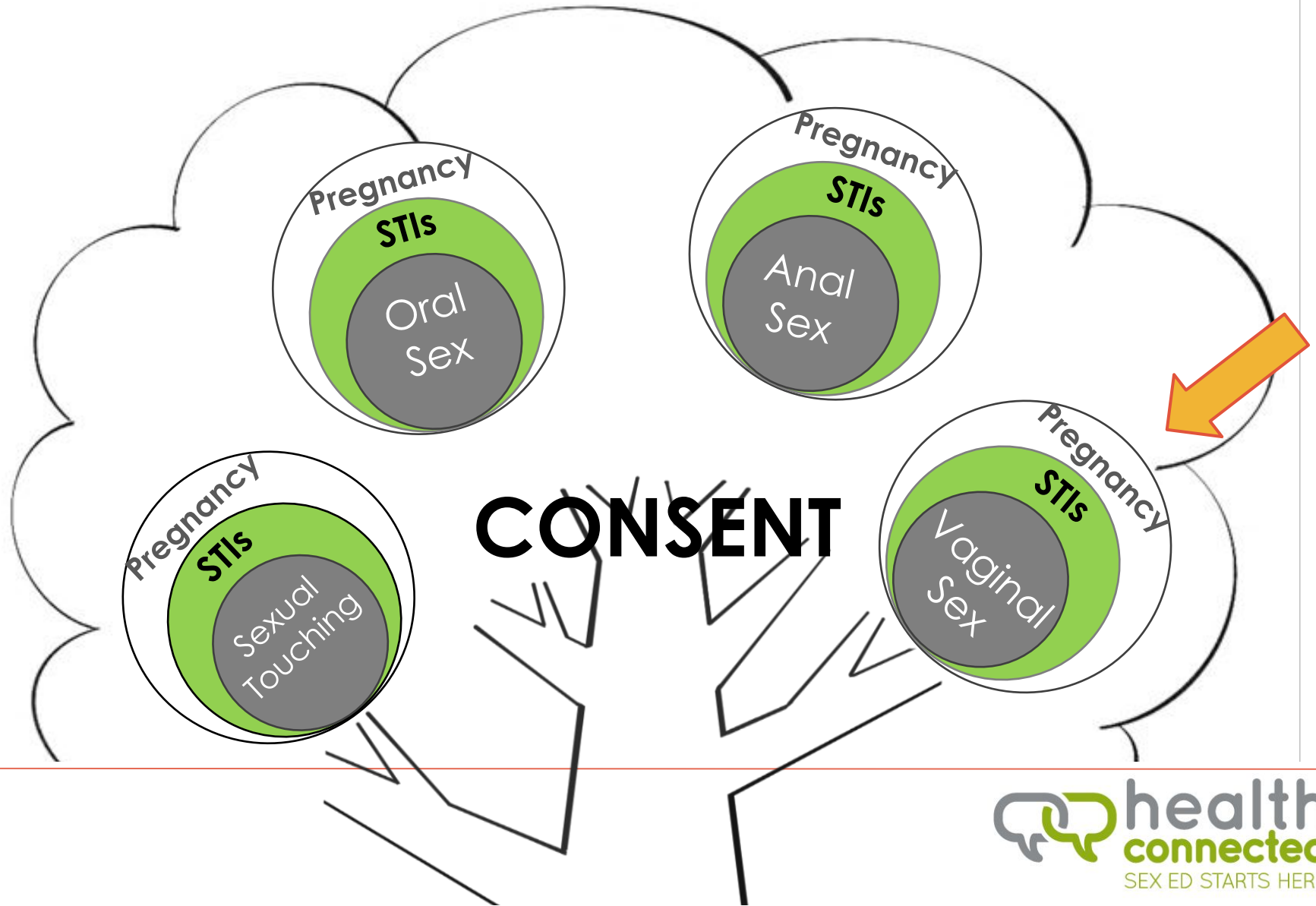




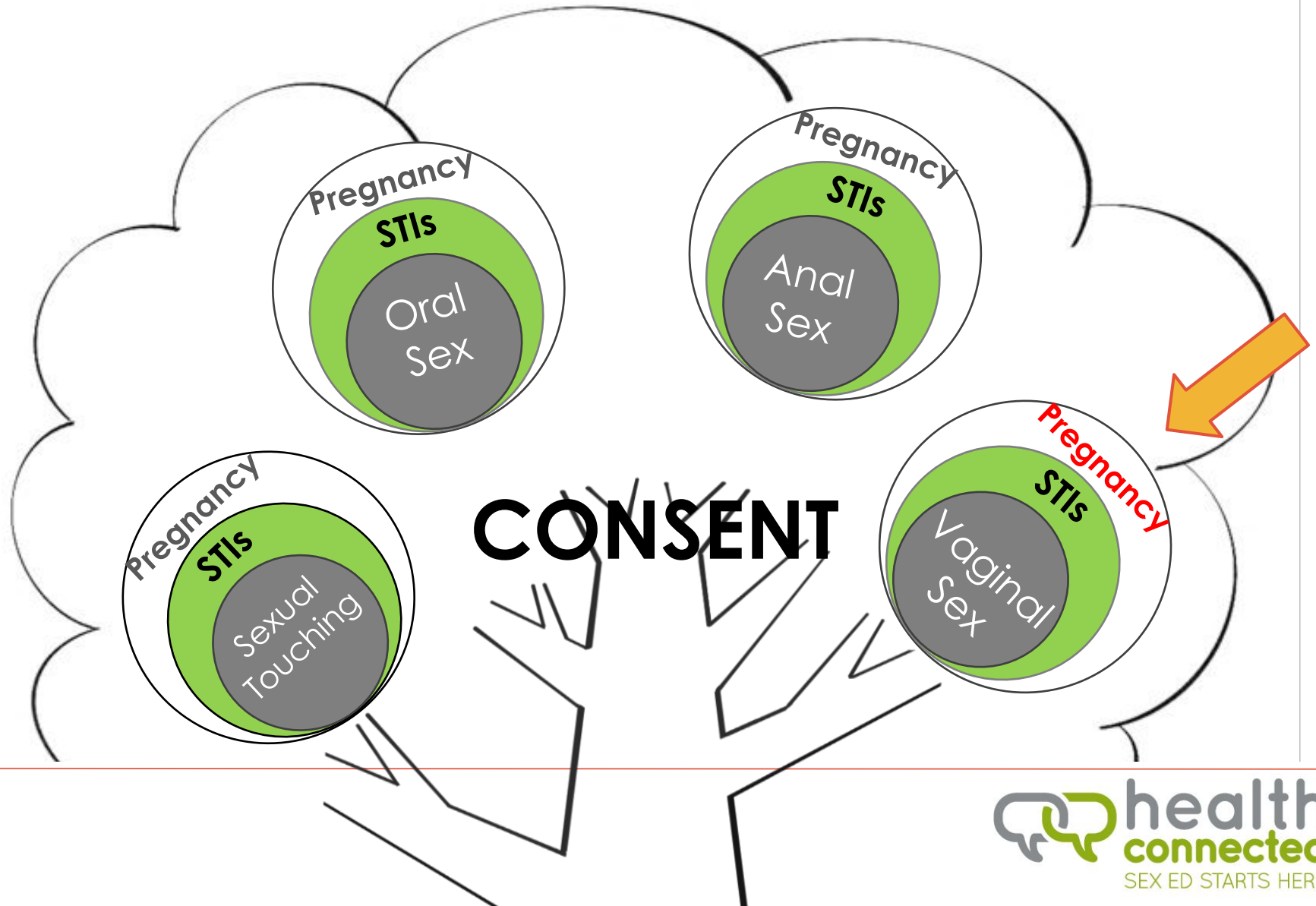
# Sexual Behaviors Tree



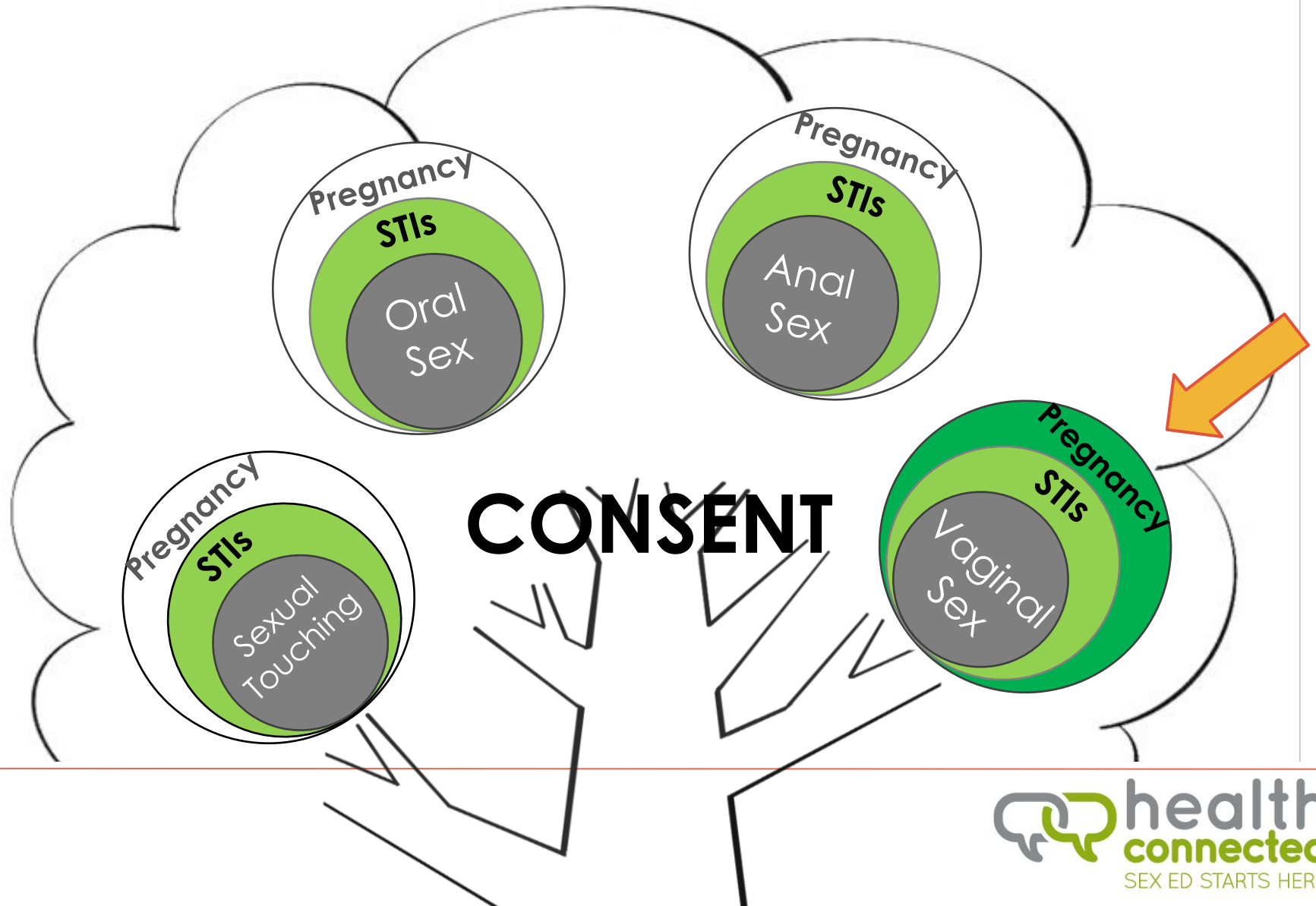
# Sexual Behaviors Tree



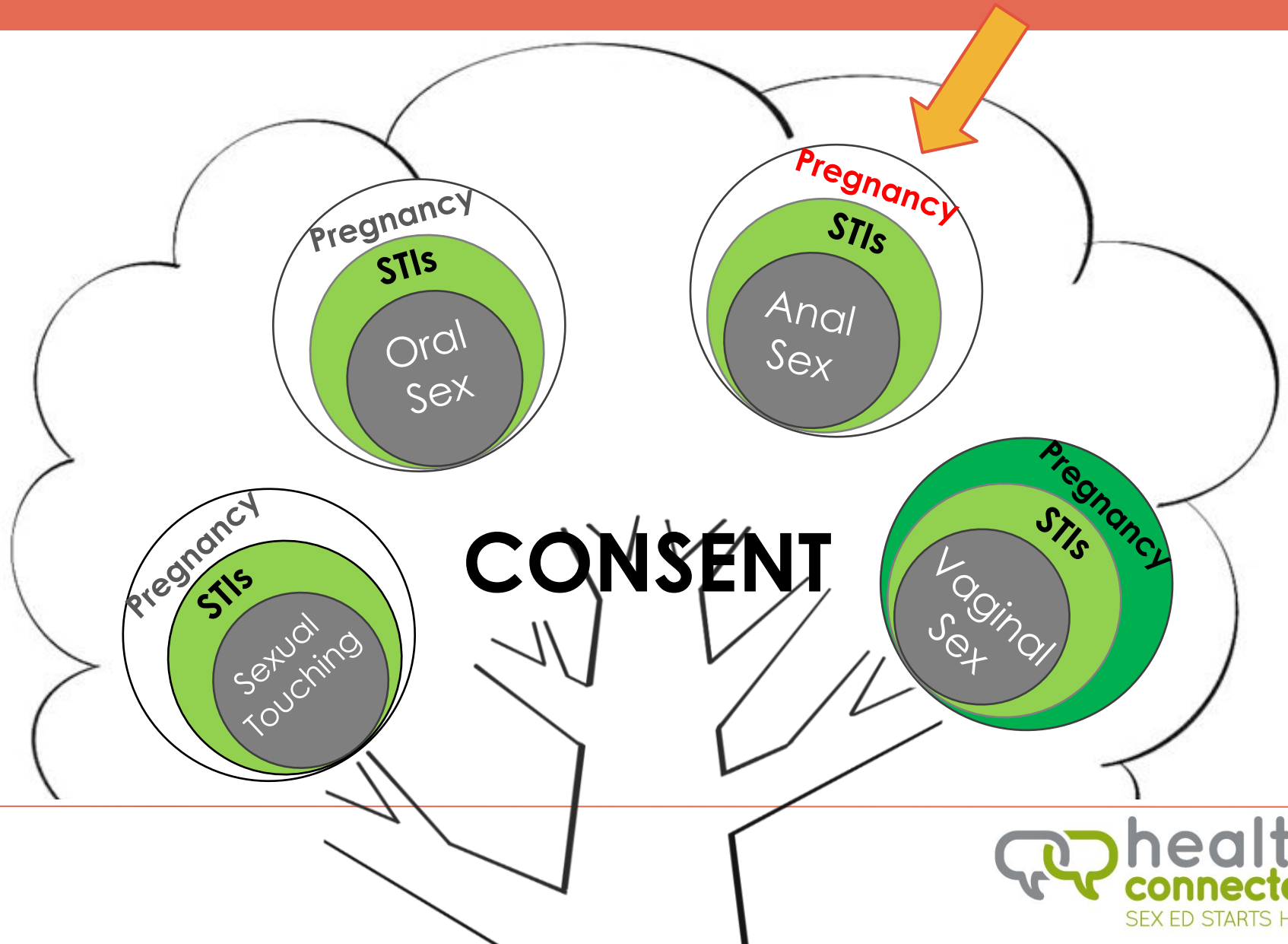
# Sexual Behaviors Tree



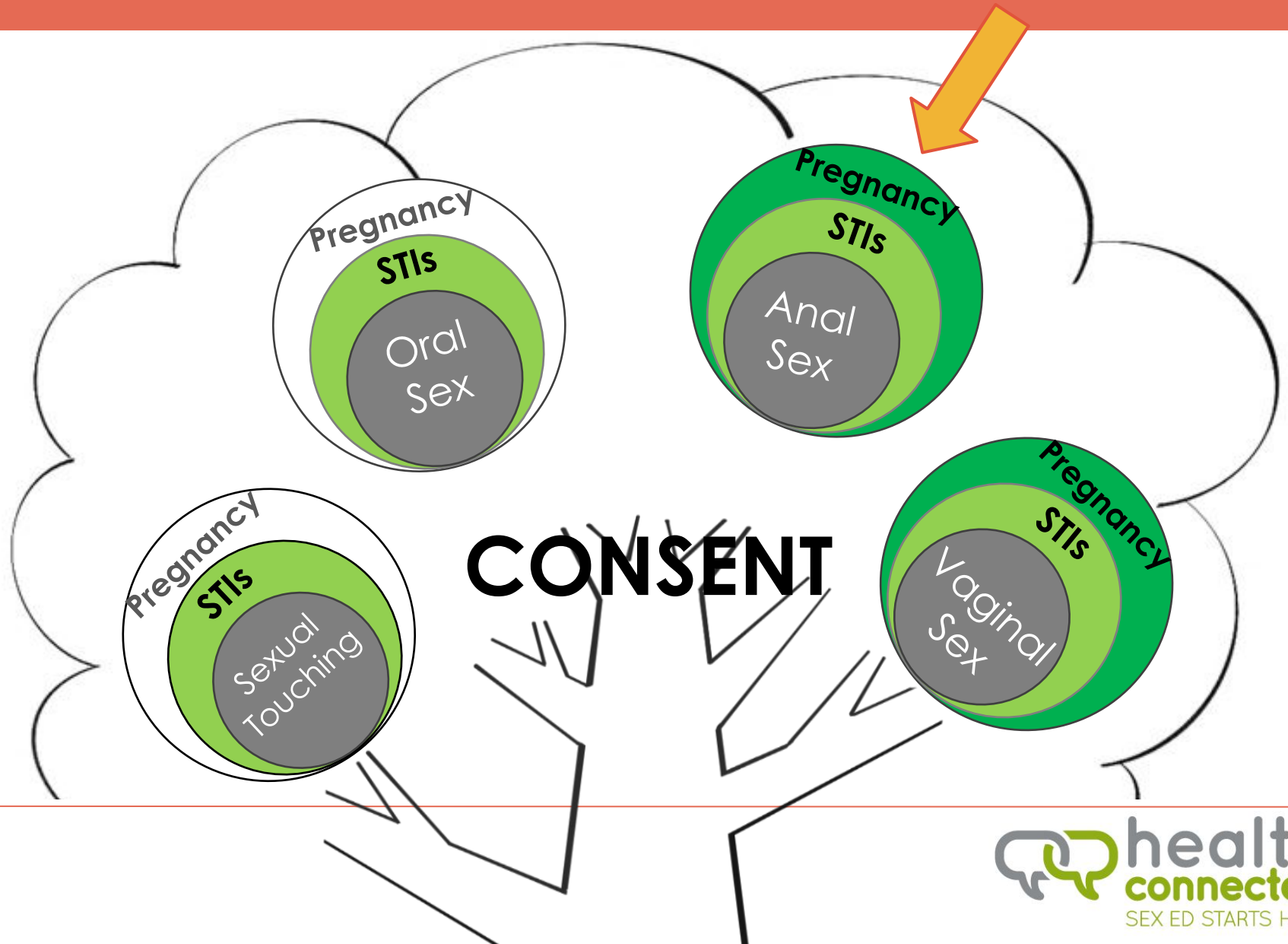
# Sexual Behaviors Tree



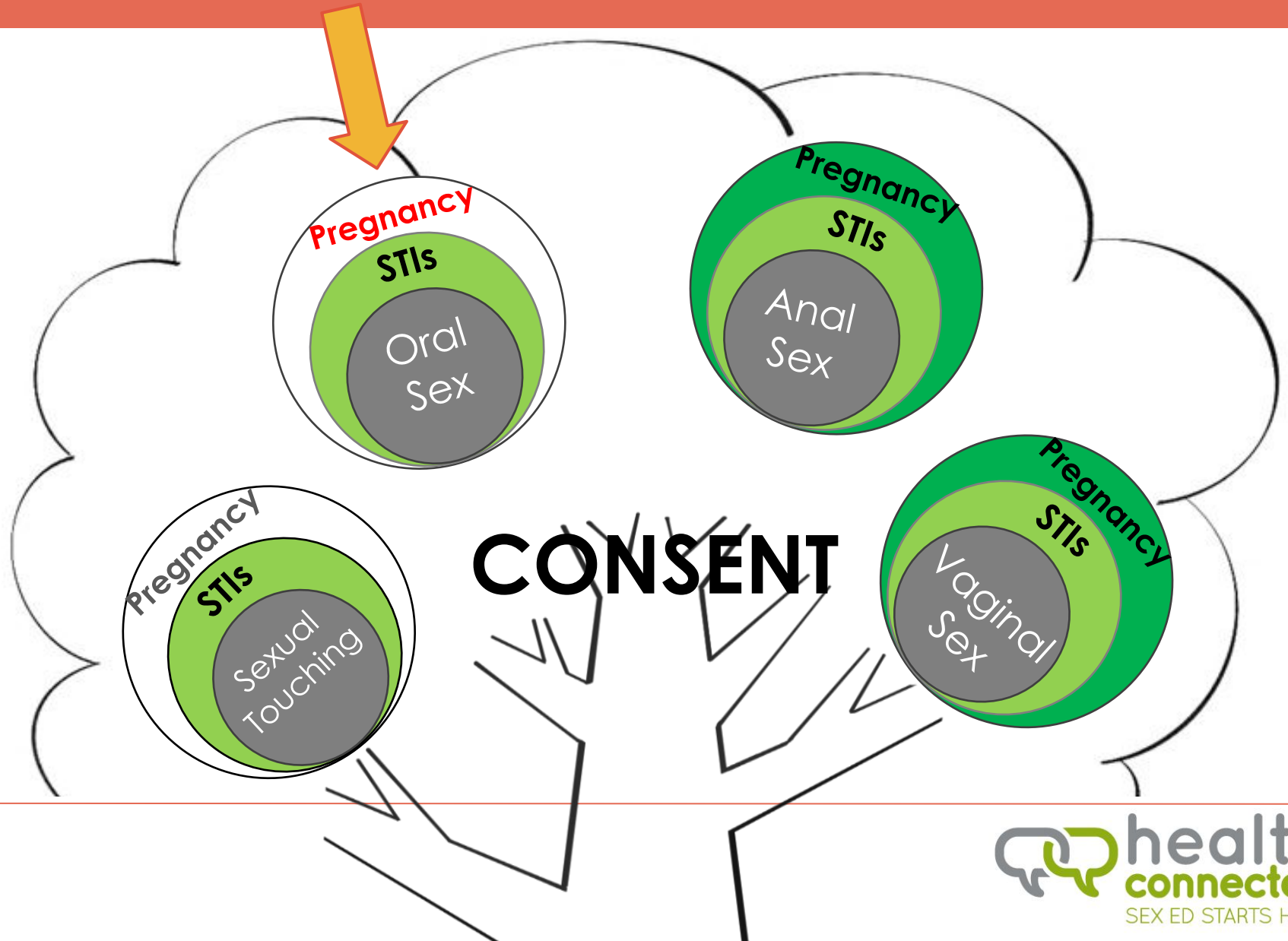
# Sexual Behaviors Tree



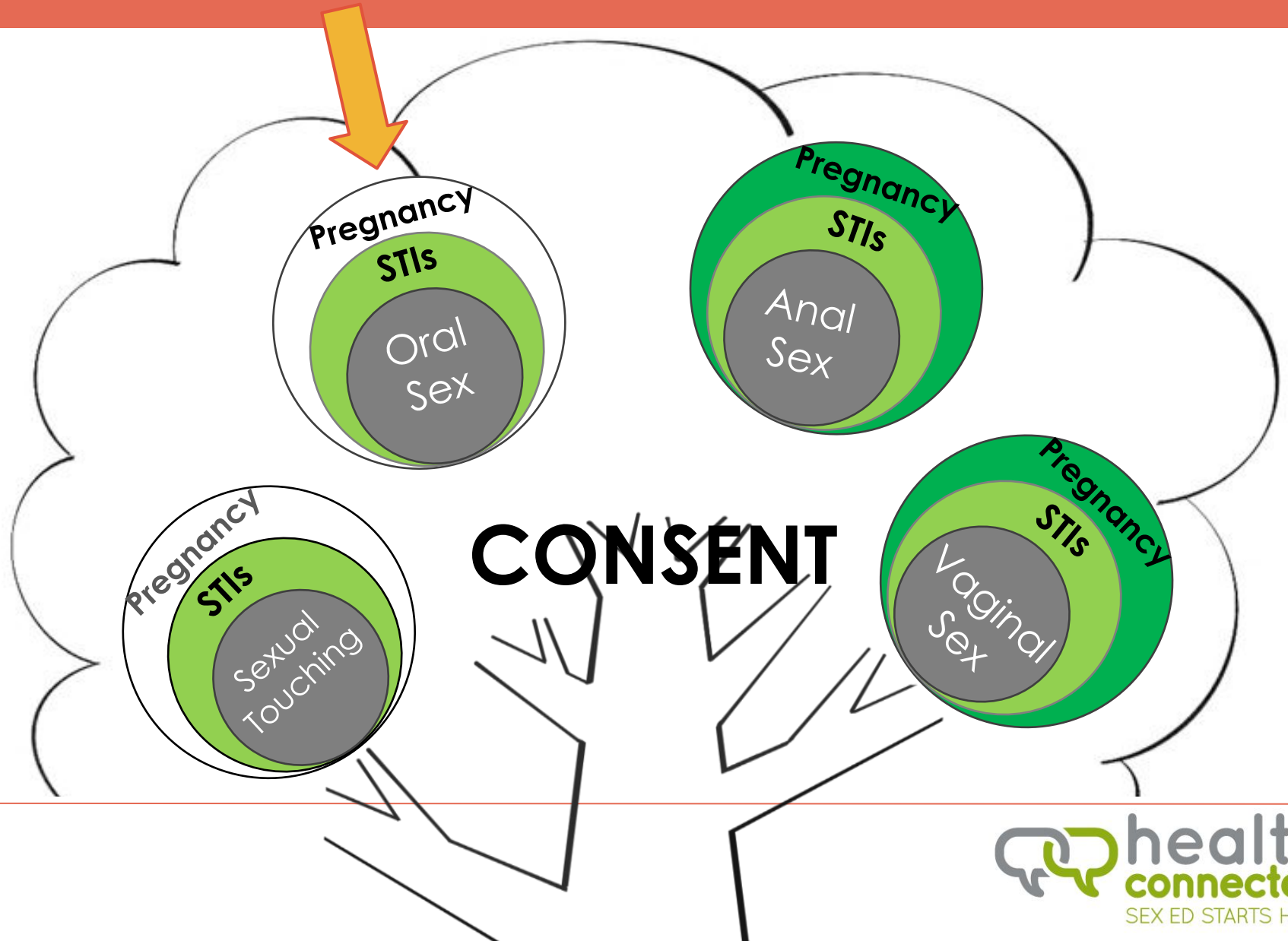
# Sexual Behaviors Tree



# Sexual Behaviors Tree

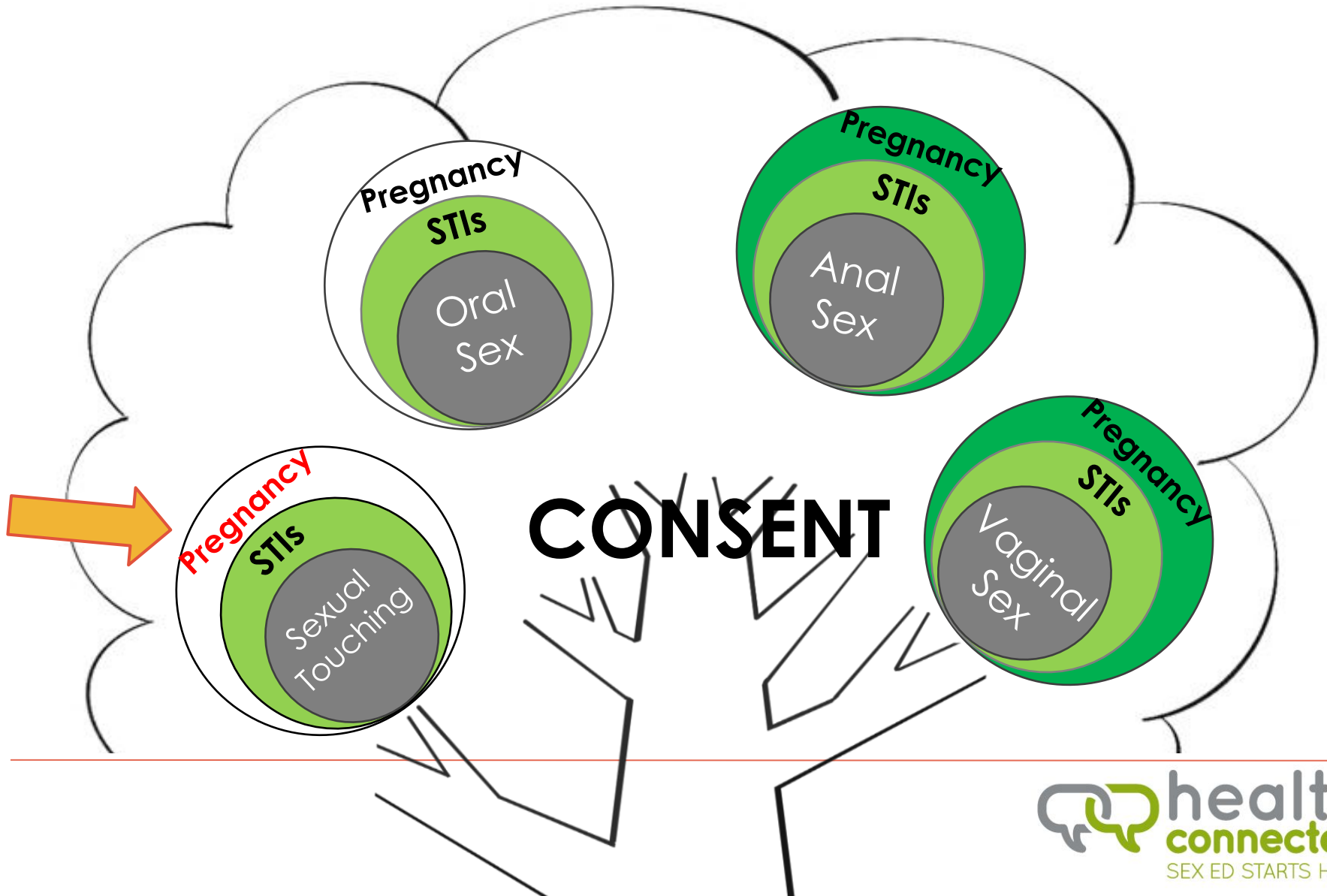


# Sexual Behaviors Tree

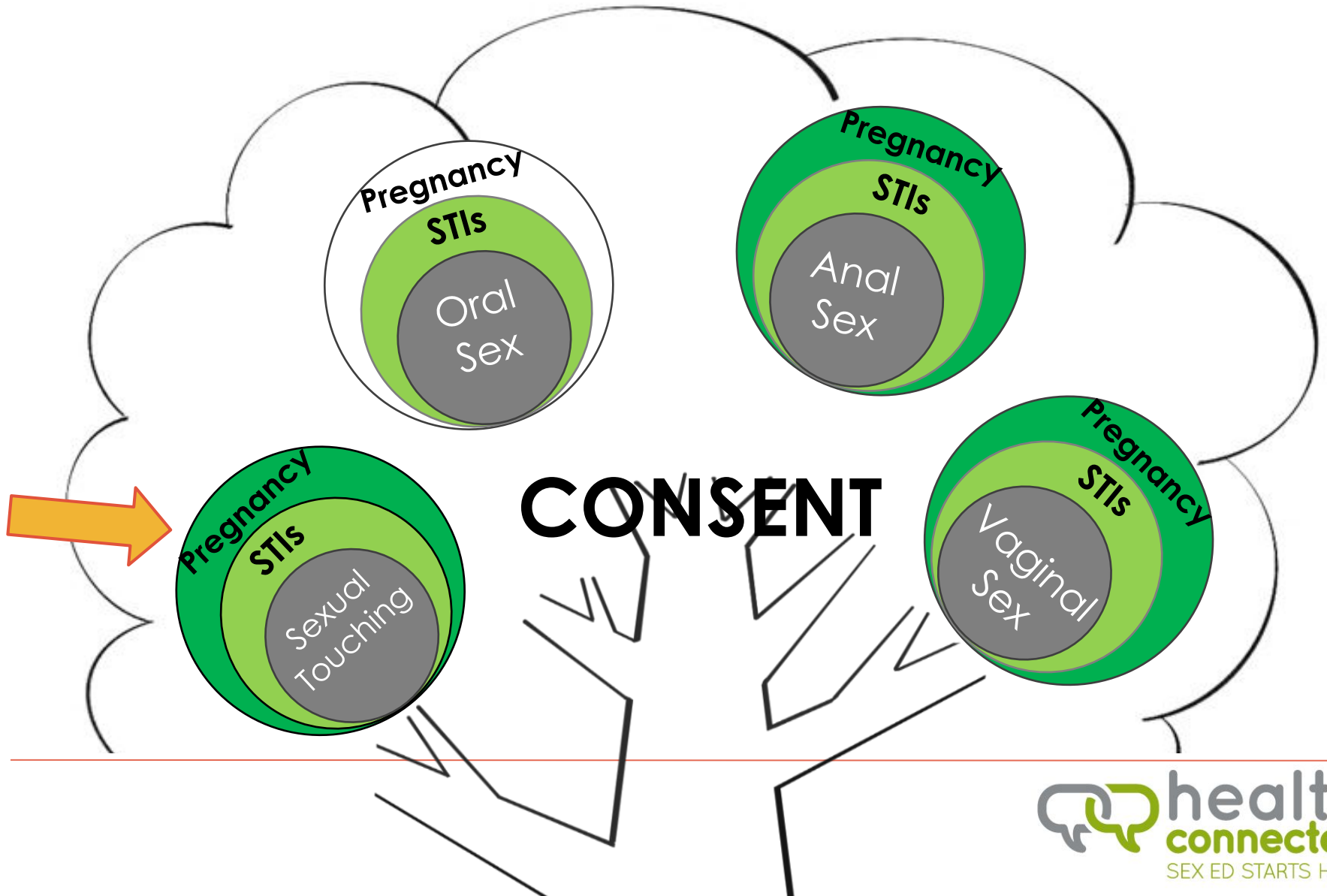




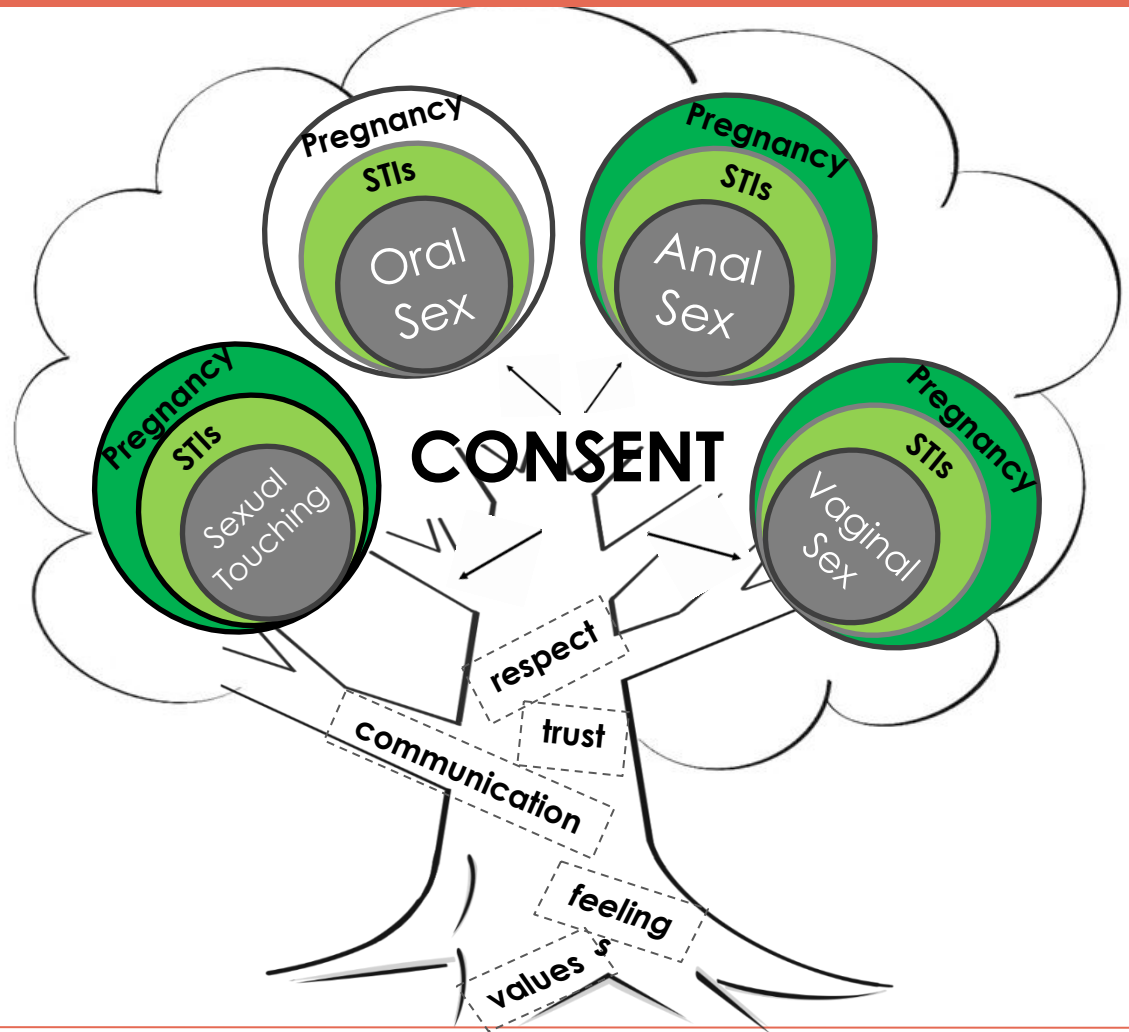
# Sexual Behaviors Tree



# Sexual Behaviors Tree



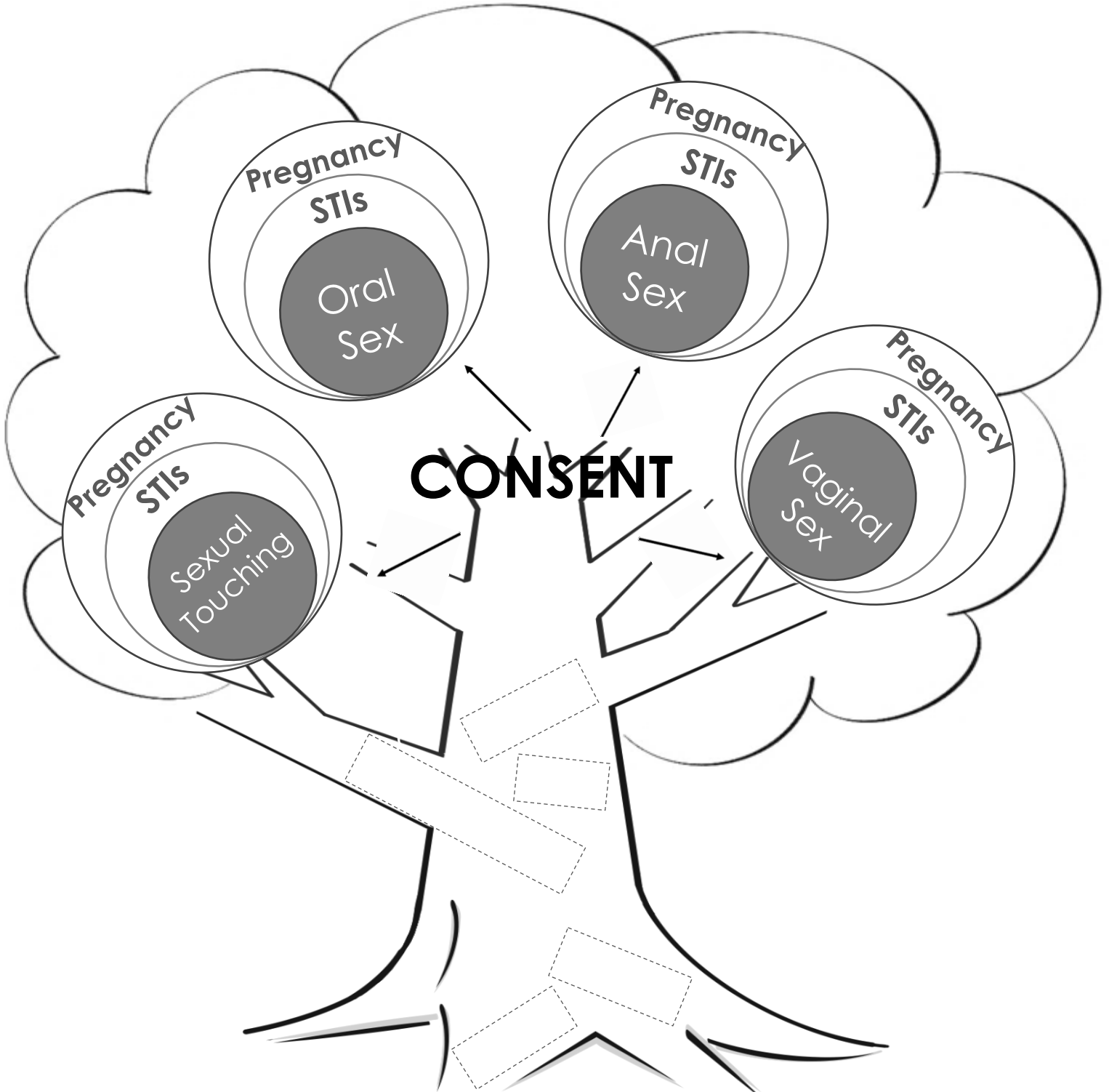
# Sexual Behaviors Tree



In a healthy relationship, each person's body and boundaries should be respected.

# Sexual Behaviors

**Directions:** Label the roots and stem of the tree. Shade in the layers of the leaves to show which sexual behaviors have a chance of causing pregnancy or transmitting Sexually Transmitted Infections (STIs).



**In a healthy relationship, each person's body and boundaries should be respected.**

# Think About It...



1. The ONLY 100% effective way to prevent pregnancy AND the best way to lower your risk of getting an STI is by not engaging in...
2. List as many ways as you can think of to show love or affection to a partner without having any sexual contact:



# Think About It...



3A) Think of at least 2 reasons why **SOME** teens have sex:

3B) Think of at least 2 reasons why **MOST** teens **WAIT** to have sex:

4) What is “consent” and why is it important?



# Think About It

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Period: \_\_\_\_\_

*Directions:* Brainstorm and answer the questions below.

1) The ONLY 100% effective way to prevent pregnancy AND the best way to lower your risk of getting an STI is by not engaging in:

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2) List as many ways as you can think of to show love or affection to a partner without having any sexual contact:

3a) Think of at least 2 reasons why SOME teens have sex:

3b) Think of at least 2 reasons why MOST teens WAIT to have sex:

4) What is “consent” and why is it important?

# Sexual Behaviors – Cut and Paste!

The image consists of three identical horizontal panels stacked vertically. Each panel is designed for a cut-and-paste activity. Inside each panel, there are five dashed rectangular boxes containing the following words: 'respect', 'trust', 'communication', 'values', and 'feelings'. The boxes are arranged in two groups: three on the left and two on the right. The words are: 'communication' (bottom-left), 'respect' (top-left), and 'trust' (middle-left) on the left side; and 'values' (bottom-right) and 'feelings' (top-right) on the right side.